



**Build a more
inclusive
community
through Makaton
signing
and song**

Come and join The Include Choir
7.30 to 9pm Wednesdays
Hatchlands Primary School
Redhill RH1 6AT

include.org
www.include.org

the
include choir

Email: info@include.org or Phone: 07446 897835


Weston
Foundation


SURREY
COUNCIL


Community
Foundation
for Surrey

Registered Charity No: 117785

The Include Choir provides social, musical and volunteering opportunities (for anyone age 18+), it also teaches inclusive communication skills, including Makaton signing.

No auditions – come as you are!

"You do not need a pitch perfect singing voice. You are most welcome if you have challenges with speech. The key is social inclusion..." **James, Support Worker**

"It is such an inclusive place to be for people with and without learning disabilities. The use of singing and signing, with support workers and volunteers brings everyone together on an equal footing." **MaryClare, Choir Member**

"I have been part of other choirs, and they tried and were nice – but it wasn't like coming to Include...Include people say "Hello" and treat me like my best friends treat me." **Joss, Choir member**

"The Include Choir is fun, and there is something for everyone...you can come and do what you like, take from it what you can." **Helen, Choir Member and Volunteer**

"Whenever I talk to people about Include, I tell them that it feels like a big family, like a big community." **Christian, Volunteer**

"The work that Include does to promote rights, understanding and inclusion is something that is amazing to be a part of." **Mandy, Choir Member**

"Coming to the choir to sing with other people releases endorphins and you feel part of something bigger. I would say that has been a lifeline for me." **Helen, Choir Member and Volunteer**

"The choir and the people in it are awesome!" **Sofia, Volunteer**

**Include is Kind, Empowering, Fun,
Inclusive and Respectful.**

