

## **Driver and Session Volunteer – Saturdays**

### **About Include**

Include is an award-winning charity improving the lives and rights of people with speaking and communication disabilities.

Through various inclusive activities, including two Makaton signing choirs, we provide an invaluable service to many people in Surrey, whatever their ability.

Include's Stroll and Sign service runs on Saturdays. It combines inclusive social opportunities and speech therapy-based communication with gentle exercise in the natural world in Surrey.

People with and without learning disabilities / autism, their support staff, family carers and the wider community are welcomed on short accessible walks which explore the natural environment, enhancing physical and mental wellbeing and promoting calm.

During the walks, we socialise and enjoy relaxed conversation; we also pause to be mindful, observe and discuss the natural world around us – teaching skills to support inclusive communication, including Makaton signing.

### **What you will be doing**

You will be supporting Includes Sign and Stroll sessions by aiding our disabled members through providing them access to transport to and from various locations around Surrey.

You will also have the opportunity to participate in the Sign and Stroll sessions where you will enrich and improve the lives of those involved. For example, you might support someone with a visual impairment or autism. It will give you experience of using various forms of non-verbal communication such as Makaton, which not only provides you with a new skill but also insight into how different people experience the world.

### **Availability**

Saturday (approximately 2.5 hours either am or pm – exact length of time depends on location)

### **Requirements**

- Clean driving licence (and car)

- Possibility of accommodating wheelchairs/other physical aids in car
- Willing to be subject to a full application with two references. An up-to-date DBS or willingness to apply for one (which we will do for you)
- Previous experience not necessary however a kind and caring attitude with the ability to adapt to people's needs essential.
- Commitment to completing Annual Volunteer training, Safeguarding Training and Induction. Along with the opportunity to benefit from in house Makaton training.
- Demonstrate our values which are; Kind, Empowering, Fun, Inclusive and Respectful.

### **Benefits**

- Travel expenses
- Training
- Great experience of learning how a charity works, and how important projects can be in creating inclusive communities
- Pride in your work as you provide an invaluable service
- Possible reference if you commit longer term and get to know the charity.

**CONTACT :** [info@include.org](mailto:info@include.org)



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