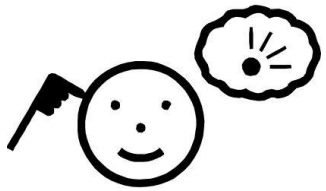
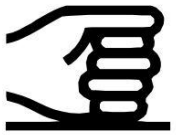
Five Principles



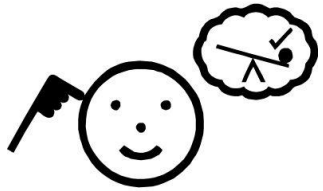
1: I can make a decision

Presumption of Capacity



2: I get help to make a decision

Reasonable Adjustments



3: If I understand, it's up to me

The right to make Unwise Decisions

4: If I don't understand, choose what's best for me

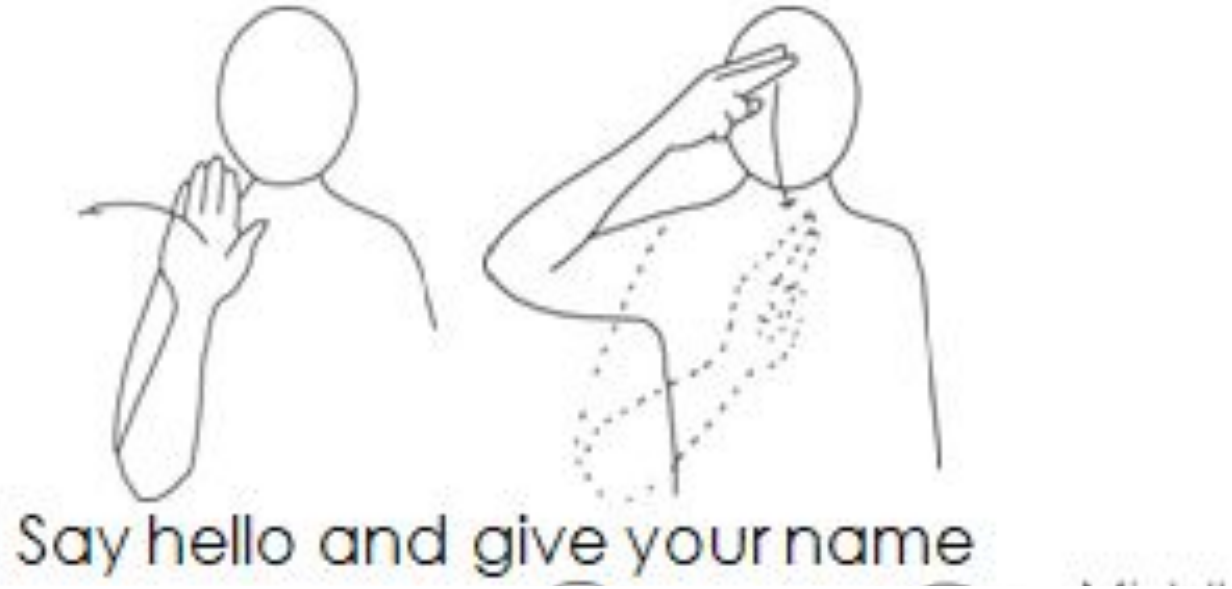
Best Interests

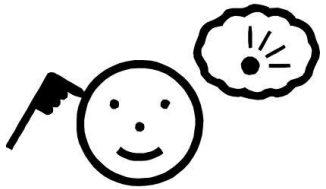
5. Don't interfere more than you have to

Least restrictive option

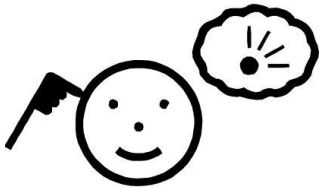
the include choir

The Battle Hymn of the MCA





Middle finger moves up centre of chest

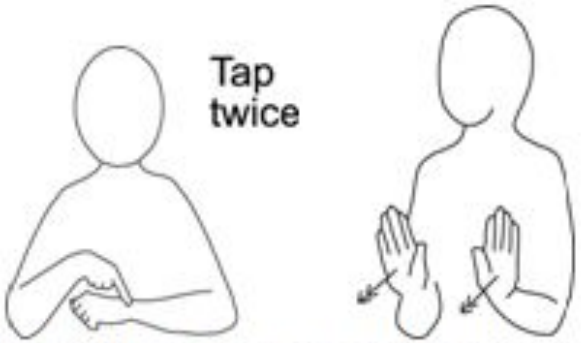


Don't think we have no feelings

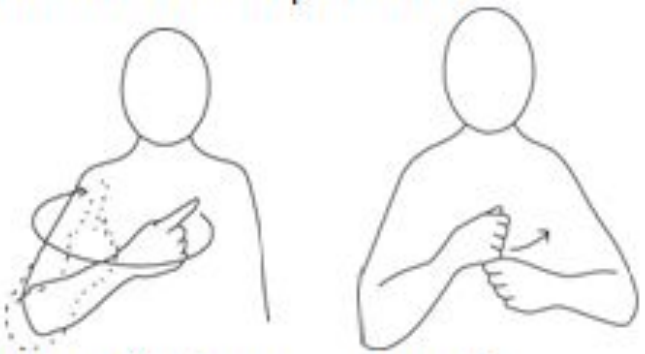
We are people just the same.

Mental Capacity Act

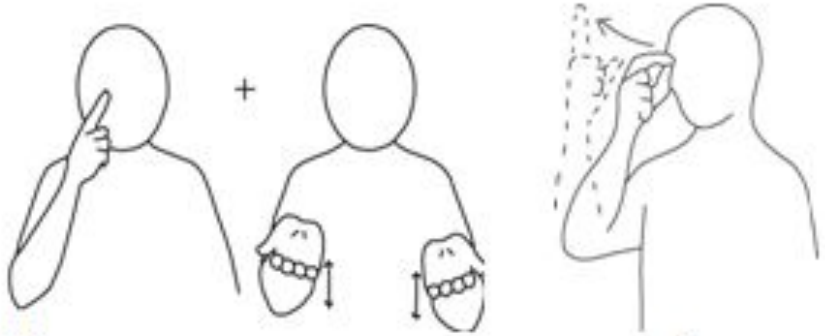
the include choir



With a little time and patience



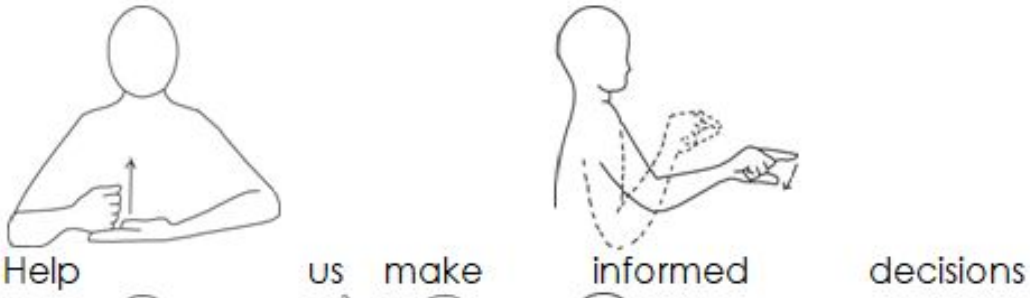
You will see what we can do



When you assess capacity

the include choir

Chorus



Help us make informed decisions

Help us make informed decisions

Help us make informed decisions

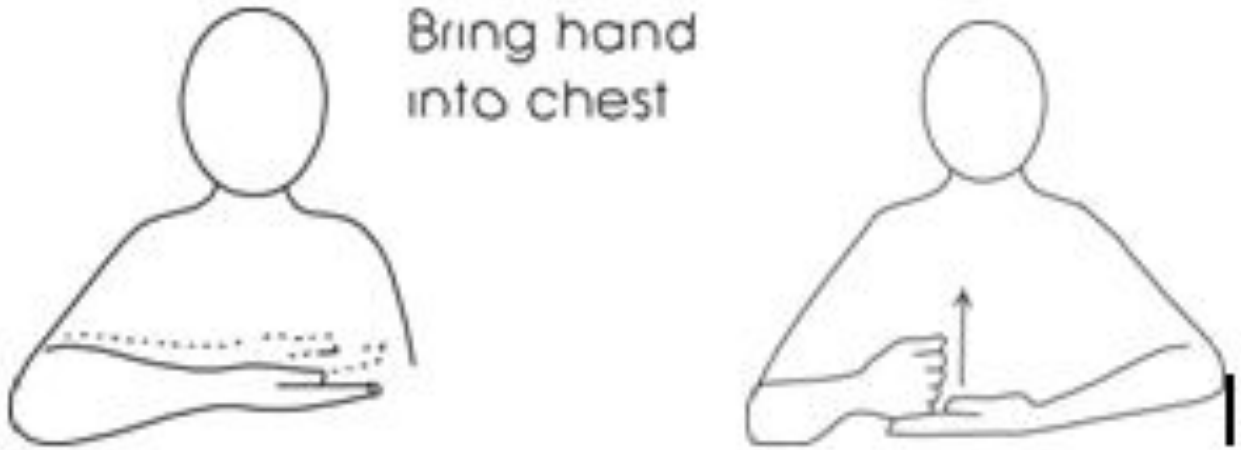
It's our lives after all.

the include choir

2. It's the law! It's not a thing you can

Ignore or can forget

the include choir



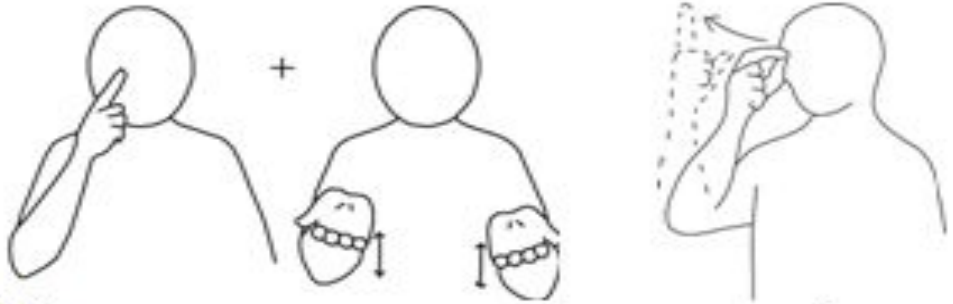
We've a right to get some help

Though we don't always get it yet.

the include choir

There are lots of things that you can do

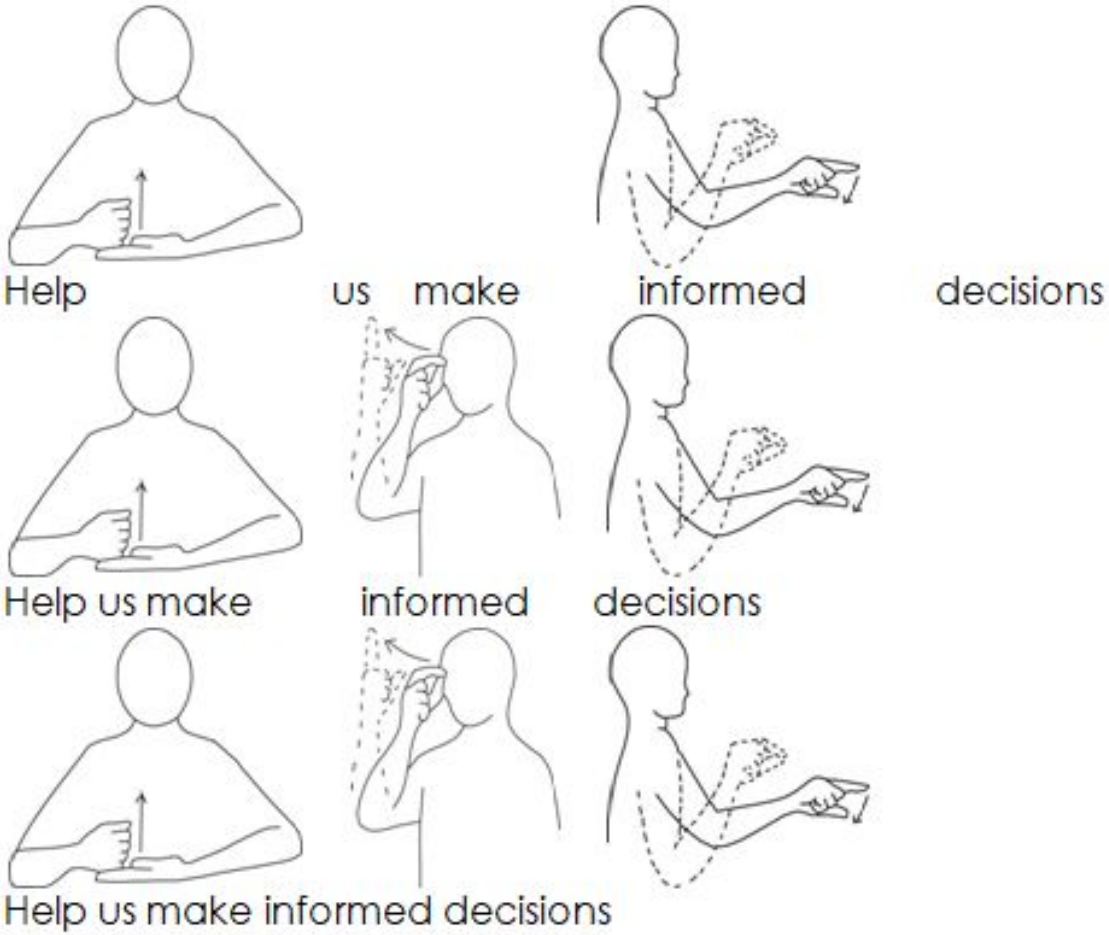
To help us understand



When you assess capacity

Chorus

the include choir

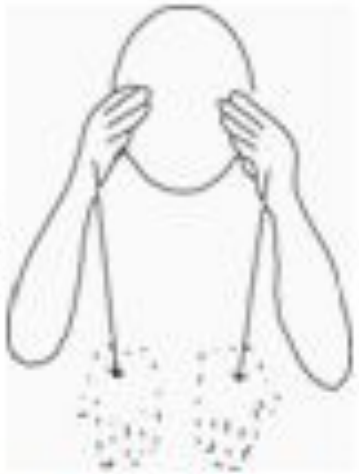


Mental Capacity Act

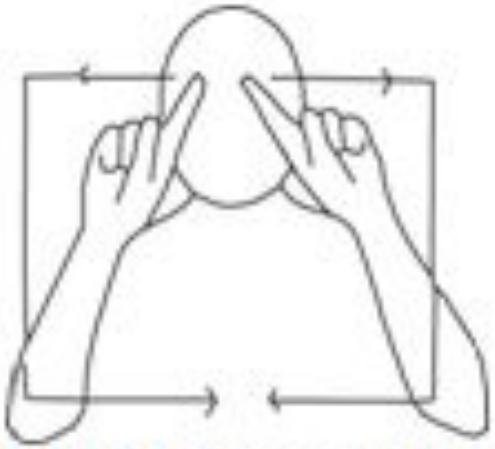
the include choir

3.

Right thumb
tip brushes
left thumb tip
sharply forward
and up



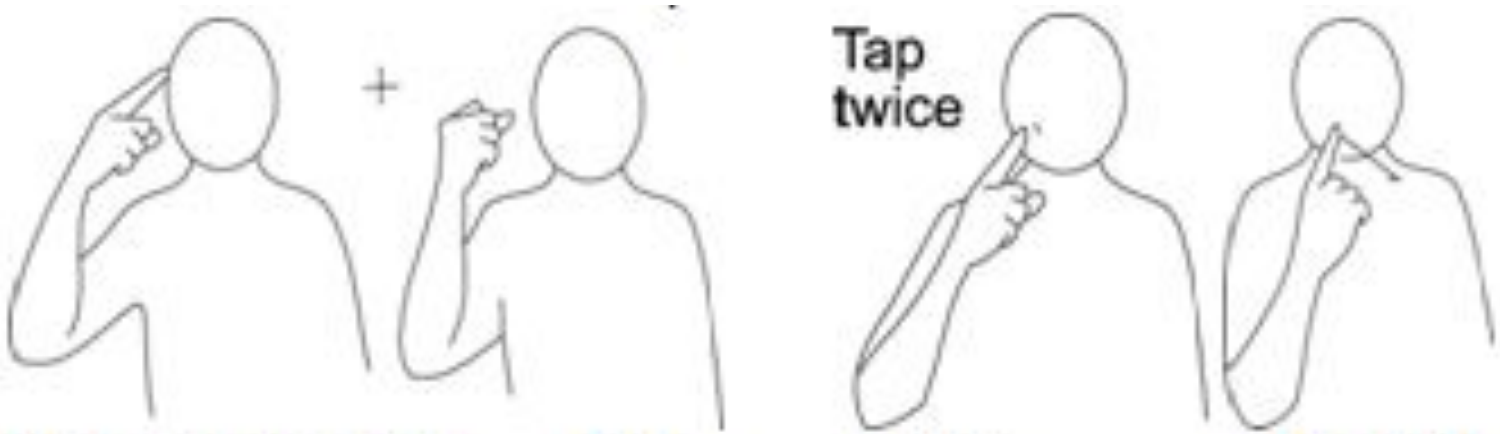
It is best if you can show us,



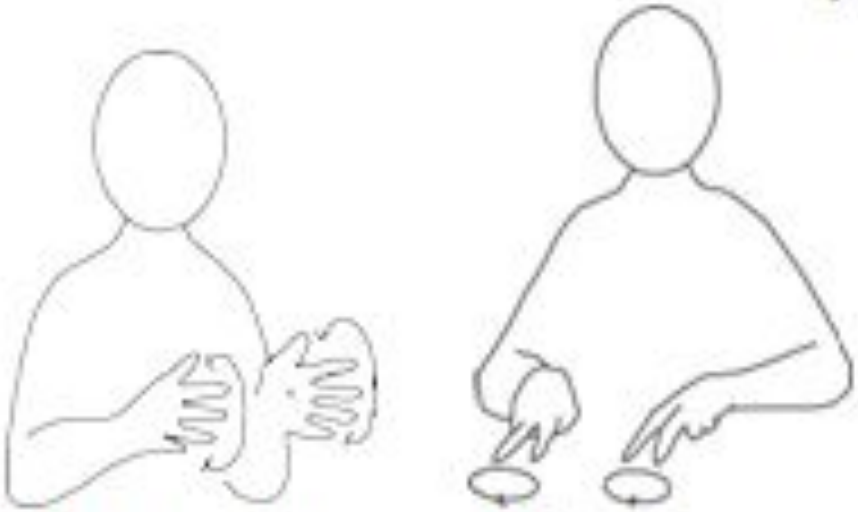
Pictures can be helpful too

Mental Capacity Act

the include choir

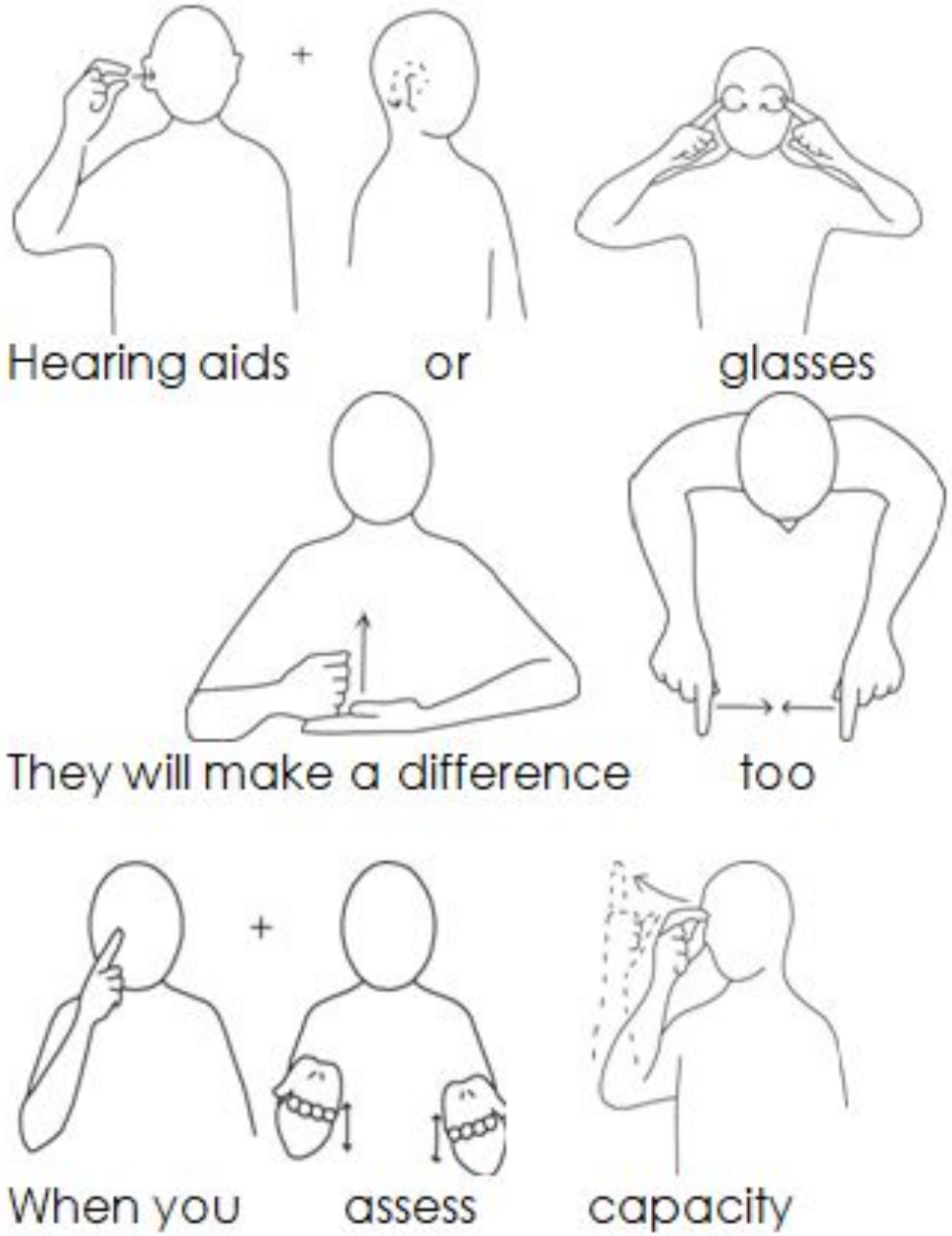


Remember to use easy words,

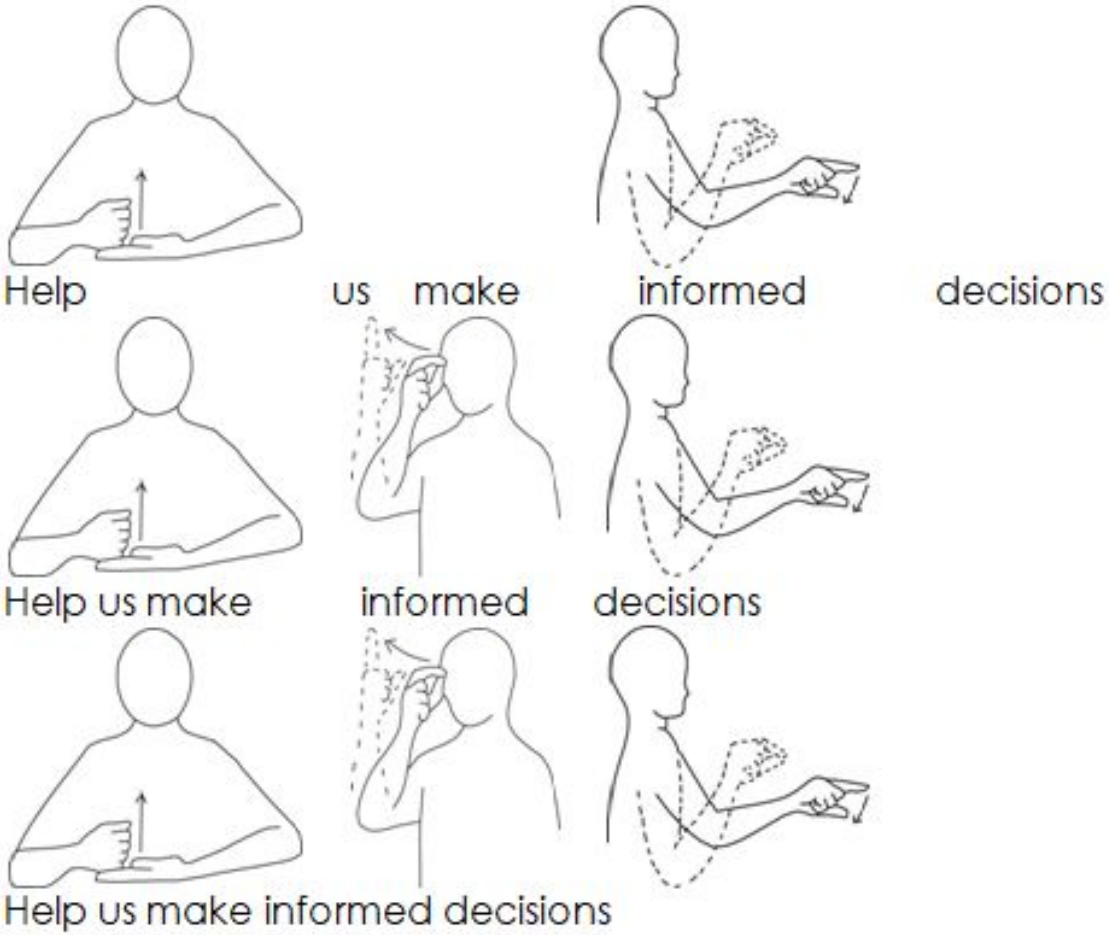


Or signs or video

the include choir

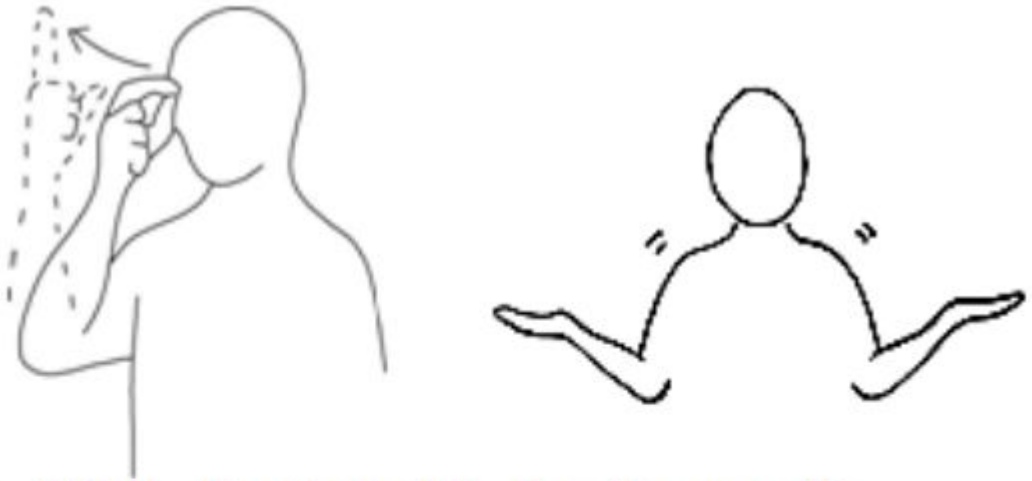


the include choir



Mental Capacity Act

the include choir



4. If I understand, I don't care if

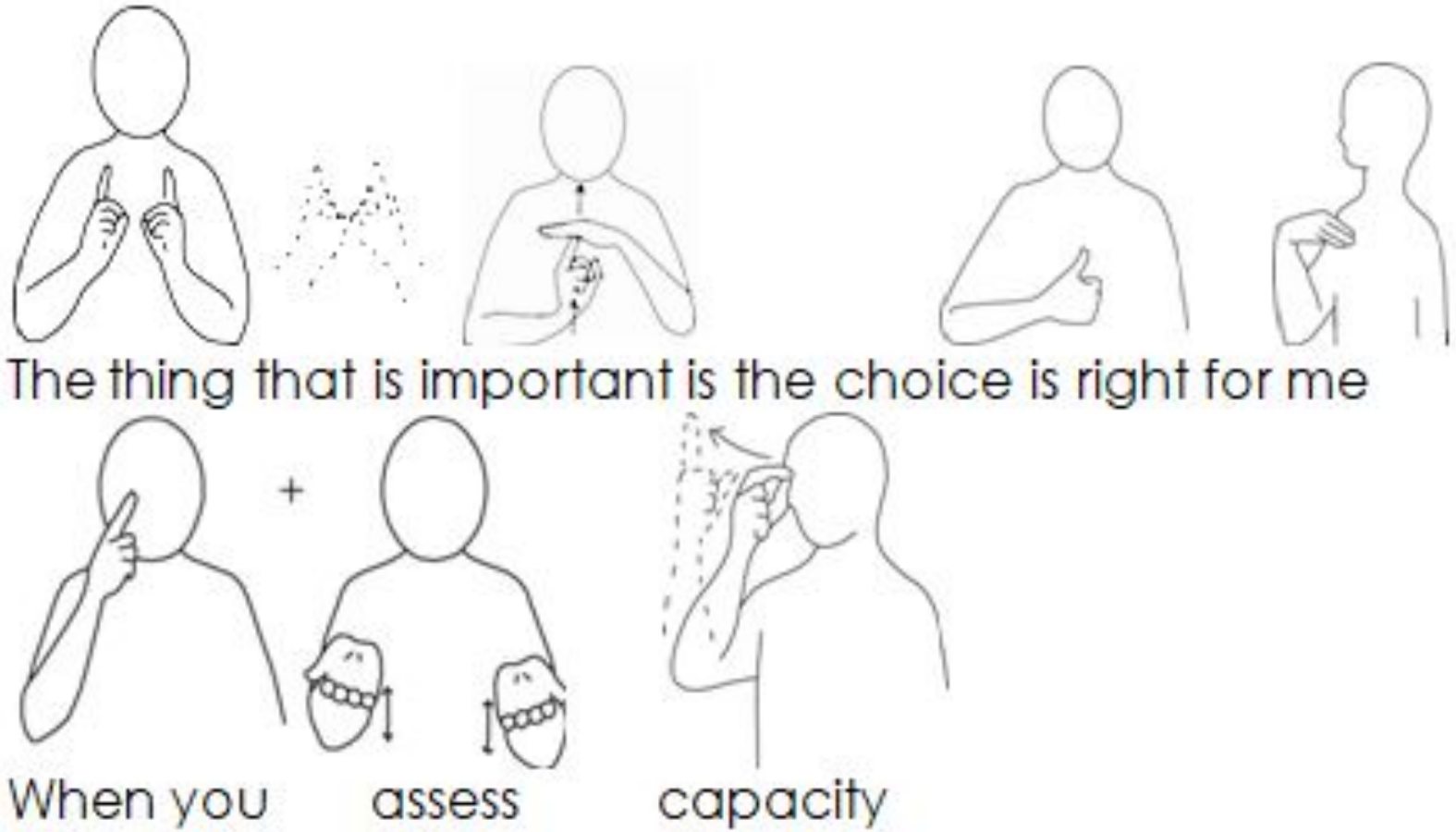
My choice seems unwise to you

the include choir

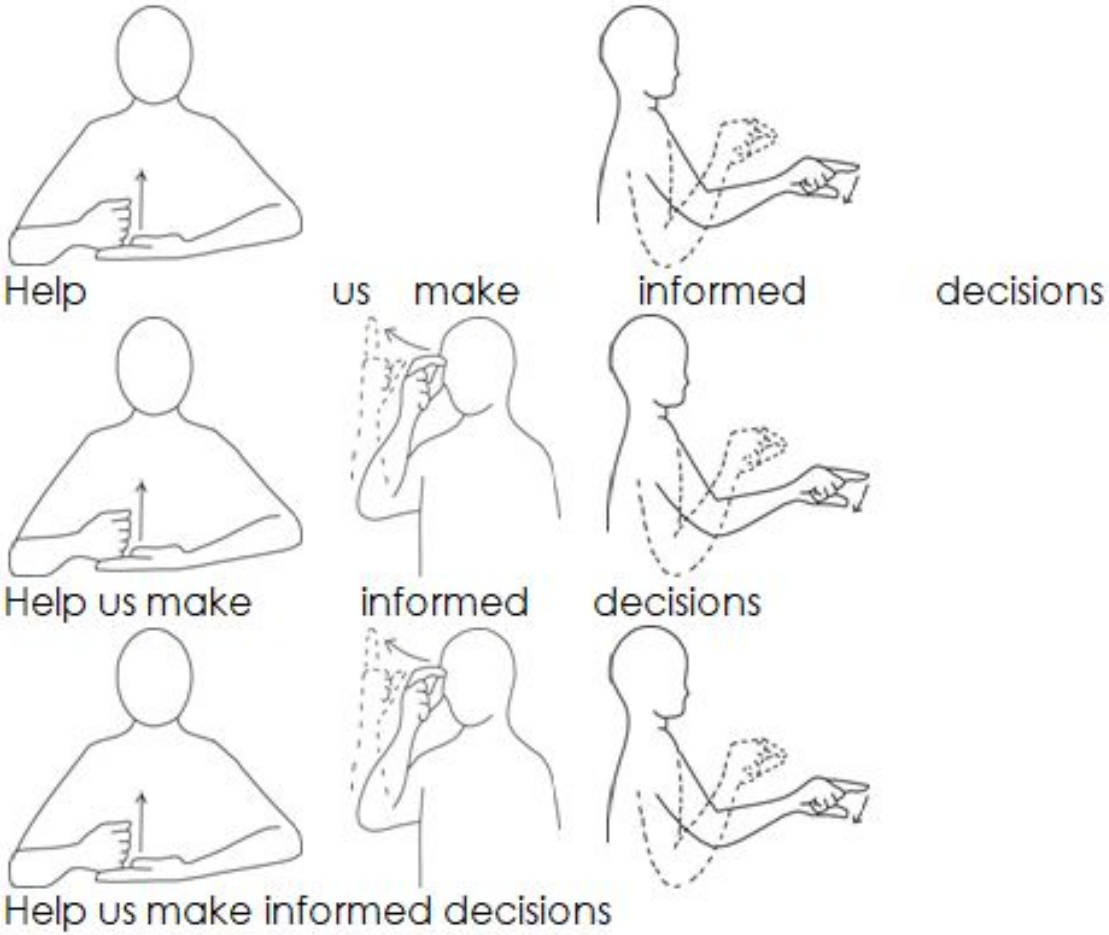
It's not all about avoiding risks

But being happy too

the include choir



the include choir



Mental Capacity Act

the include choir

5. And if I cannot understand

Right thumb tip brushes left thumb tip sharply forward and up

Talk to those who know me best

the include choir

Who will help you make the choice that is

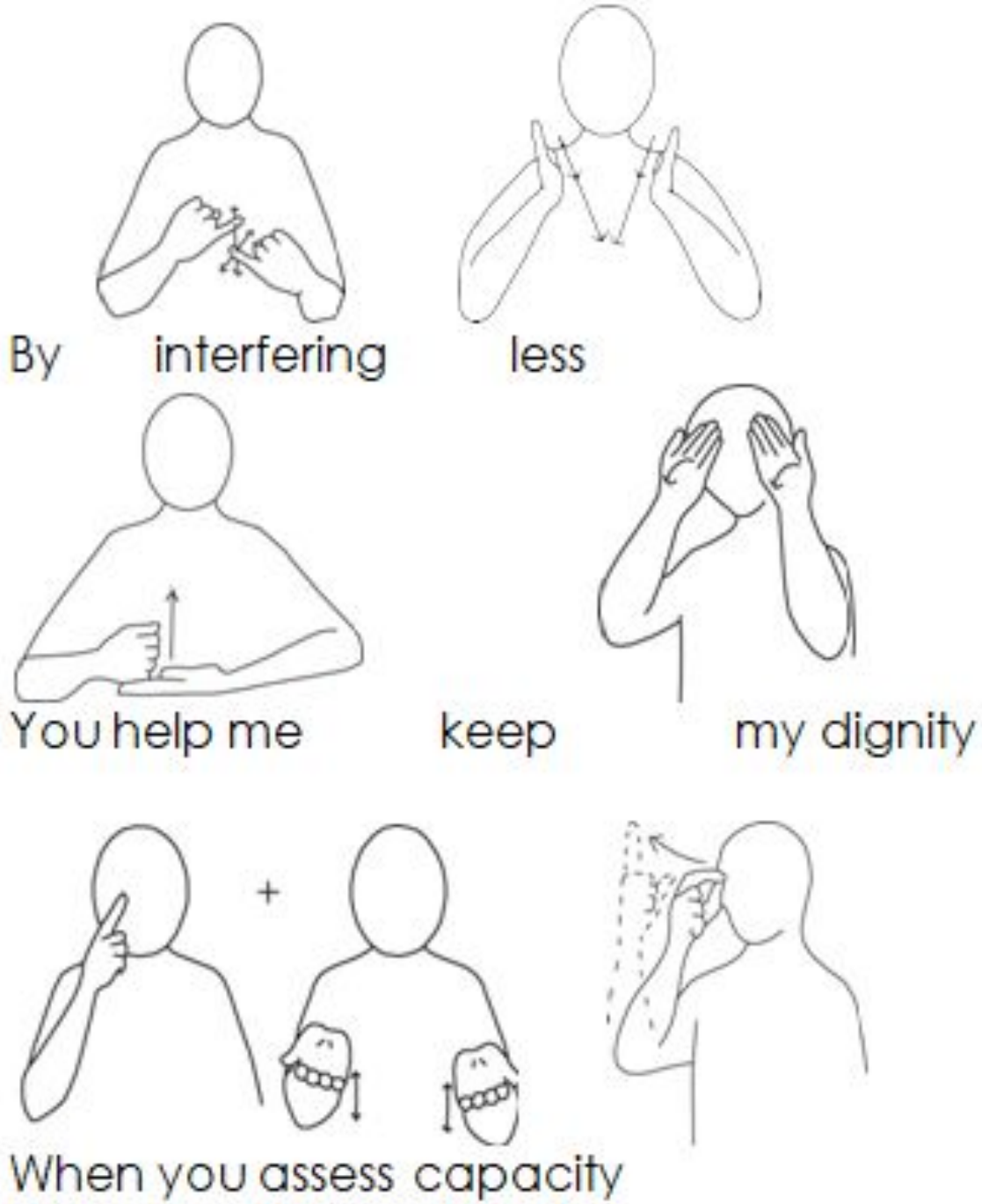
In my

Best

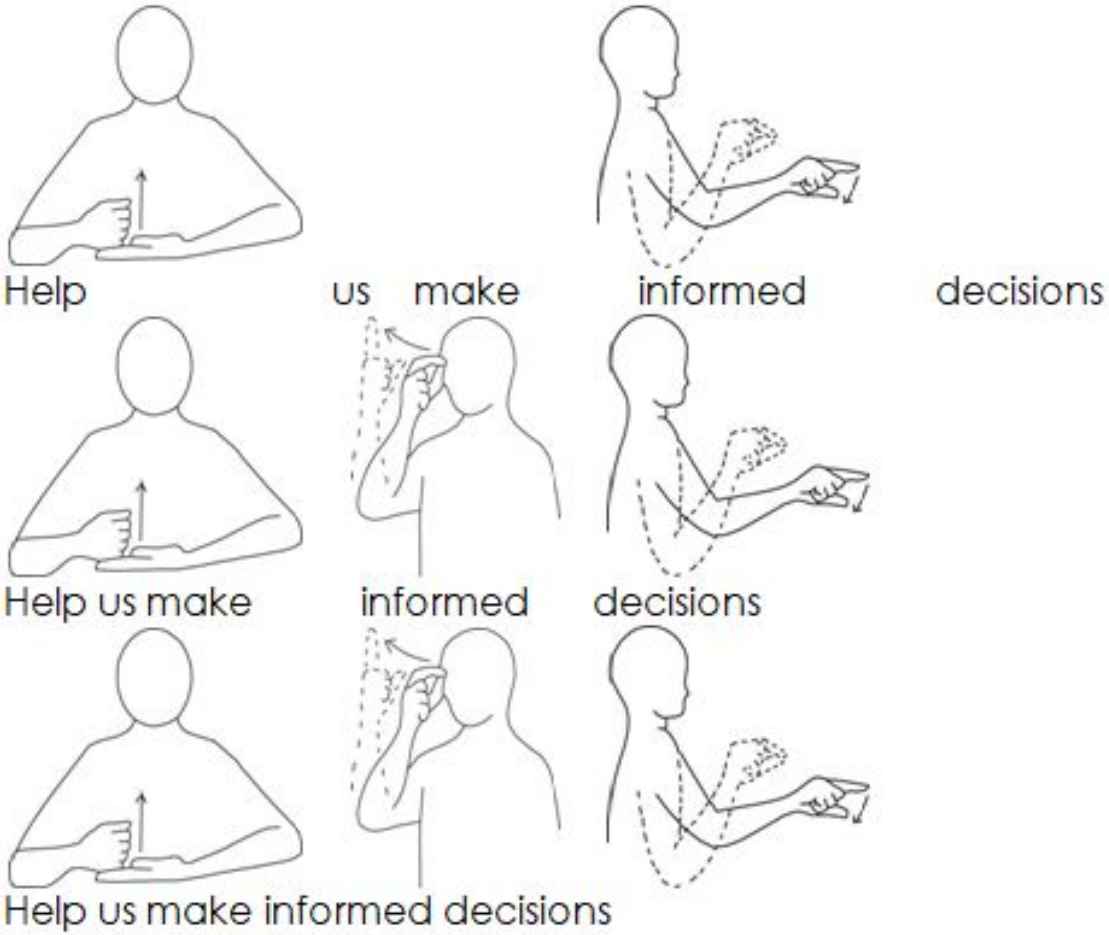
Right thumb
tip brushes
left thumb tip
sharply forward
and up

interest

the include choir



the include choir



Mental Capacity Act

the include choir