

What is a Reasonable Adjustment?



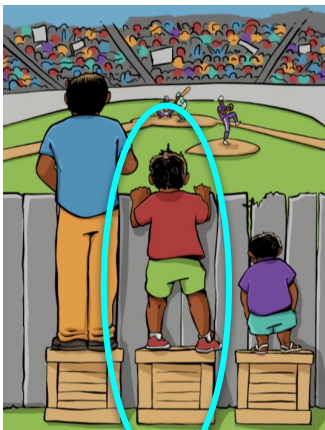
 The right to be treated fairly

A **reasonable adjustment** means making a **fair change** to **services**.

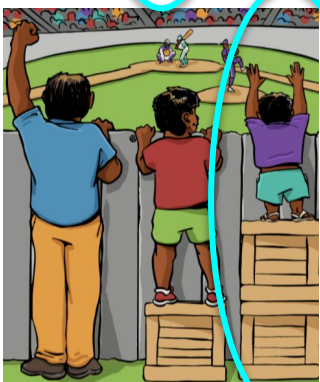
Everybody has a **right** to **good** **healthcare**. But a 'good' service does **not mean** treating **everybody** exactly the **same**.



People have **different needs** - so a **reasonable adjustment** means making the 'fair change' which is **right for them**.

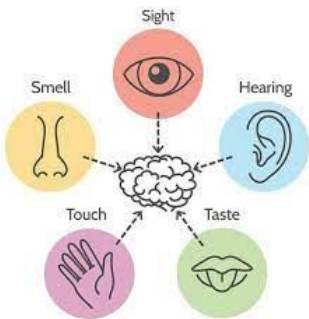


For example, it is a **reasonable adjustment** to **give** the middle person a **box** to stand on, so **he can see**.



But **that change** is **not enough** for the **smallest person** - he **needs** to stand on **2 boxes** so he can **see**. These **different fair changes** make it **fair** for **everyone**.

What are Reasonable Adjustments for Sensory Needs?



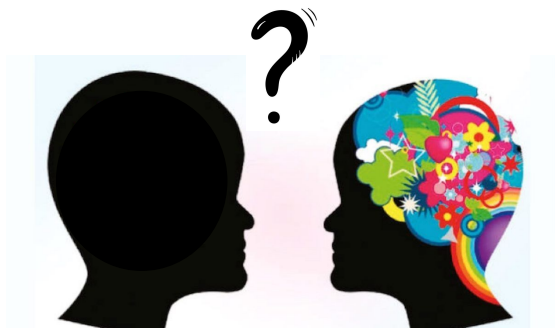
Sensory needs are to do with **our senses** - how we **see, hear, touch, smell** and **taste** things.



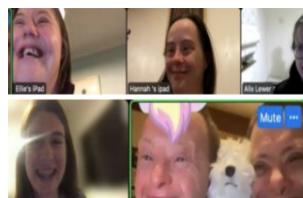
Autistic people often **sense** things **differently** to **other** people.



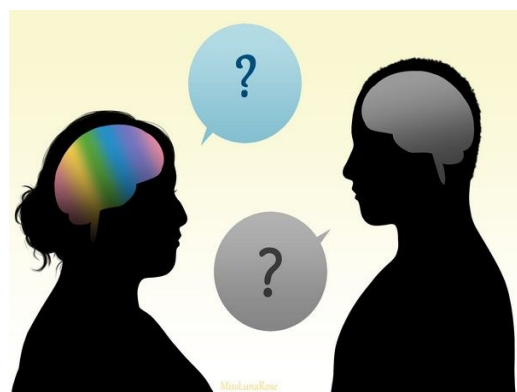
This **can affect** how **anxious** or **stressed** they **feel** at **medical appointments**.



Sensory needs can also **make** **communication** more **difficult**.



The **Champions** met with **Joanna** Grace, from the Sensory Projects to **talk** more **about** the **reasonable adjustments** that **autistic people** may **need** to **help communication** in a healthcare setting.



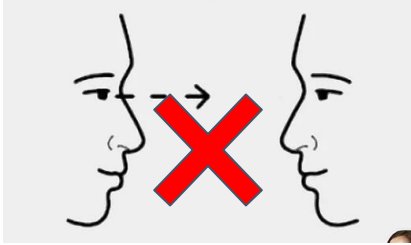
Joanna told us that she **finds** it **difficult** to **listen** and **understand** what **people** **say** if they **look** straight **into** her **eyes**.



A lot of **autistic people** find it **easier** to **listen** and **understand** if they **look away** from the **person** who is **speaking**.



To **help** the **Doctors** make a **reasonable adjustment**, **Joanna** asked the **Doctors** to **speak** to her **husband** on **video phone**, while she was there.



Because the Doctors looked at her husband on screen, and not into her eyes, this meant that Joanna could listen to and understand what the doctors were saying.



Other reasonable adjustments which can help people with sensory needs are:

- Dim lights



- Quiet rooms



- Extra time

Can you think of any other reasonable adjustments for sensory needs?

You have a right to a Reasonable Adjustment



There are **lots** of **things** that **healthcare professionals** can **do** to **make** a **reasonable adjustment** (fair change).



Reasonable adjustments mean that **people** with **disabilities** can **get** the **same** **good service** as **people** without **disabilities**.



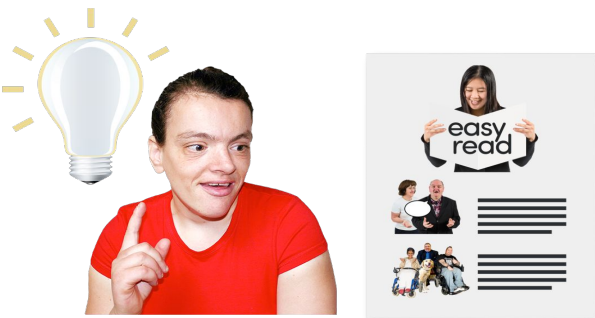
Reasonable adjustments are **fair** and **they** are the **law**. If you **have** a **disability** - you **have** a **right** to **ask** for a **reasonable adjustment**.



You can **ask** your **Doctor** to **put** a **note** on **your** **medical records** so **all** **healthcare staff** **know** that **you** **need** a **fair change**.



We **think** that it **is important** that **everyone knows** about **reasonable adjustments**.



What do you think? We'd love to hear your ideas about this **Easy Read** - or any **ideas** for **topics** we **should cover**.



Just **email** info@include.org or **connect** on **social media** to **get in touch!** .