

December

2024



Connecting with others during the holidays



Connecting with others **helps** people feel **happy** and **live better** lives.



During the year, **Include** helps people **connect with others** in our **Include Choirs, Stroll and Sign and Champions** group.



Every year in **December**, **Include** also **gives people** the **chance to connect** with **others during** our **fun fundraising activities** for the **Big Give Christmas Challenge**.



A **big thank you**, to everyone who **helped Include** during this year's **Big Give Christmas Challenge**. **Thank you**, for **helping Include** to **keep helping others**.



This Easy Read will **help you connect** with your **friends and family**, over the holidays. **Have fun spotting** the **lies about the holidays**. **At the end of this Easy Read** there's also a **step-by-step guide** on **how to make paper chains**.

Find the lies about holiday celebrations

Round 1: Find the lie



A) In **Romania**, it is a **tradition** for **men** to **dress** as **goats** for **Christmas**.



B) **False:** In **Brazil**, people **eat black beans** on **new year's eve**, to have **good luck**.

Round 2: Find the lie



A) In **Scotland**, people **dive** in **freezing waters** on the **31st January**.

B) **Pig's head with mustard** used to be a **traditional Christmas dinner**.



Round 3: Find the lie



A) In **Japan**, people **eat fried chicken** on **Christmas day**.



B) In **Portugal**, people **eat turkey** on **Christmas day**.

Round 4: Find the lie



A) In **Ukraine**, people use **spiders** as **Christmas decorations**.



B) In **New York**, there's a **tradition** to **drop things** on **new year's eve**.

Round 5: Find the lie



A) Some **zoos** collect **Christmas trees** to **feed Elephants**.



B) In **Spain**, people only get presents on the **25th December**.

Round 6: Find the lie



A) In **Denmark**, people **smash plates** for good luck, on new year's eve.



B) In **Spain**, people **celebrate Boxing day**.

Round 1: Find the lie



A) **True:** In **Romania**, it is a **tradition** for **men** to **dress** as **goats** for **Christmas**.



A) **False:** In **Brazil**, people **eat black beans** on **new year's eve**, to have **good luck**.

Answer: In **Brazil**, people **eat lentils** on **new year's eve**, to have **good luck**. Not black beans!



Round 2: Find the lie



A) **False:** In **Scotland**, people **dive** in **freezing waters** on the **31st December**..

Answer: In **Scotland**, people **dive** in **freezing waters** on the **1st January**. This is a **new year's tradition**, called **Loony Dook**. On Loony Dook, **people dress up** to **dive** in freezing water.



B) **True:** **Pig's head with mustard** used to be a **traditional Christmas dinner**.

Answers

Round 3: Find the lie



A) **Truth:** In Japan, people eat fried chicken on Christmas day.



B) **Lie:** In Portugal, people eat turkey on Christmas day.



Answer: In Portugal, on Christmas day, people eat salted cod fish with boiled potatoes and greens.



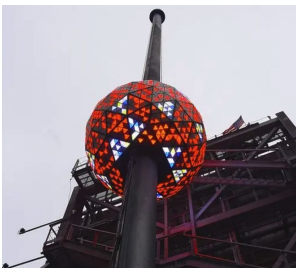
Round 4: Find the lie



A) **True:** In Ukraine, people use spiders as Christmas decorations.



B) **Lie:** In New York, there's a tradition to drop things on new year's eve.



Answer: In New York, there's a ball that drops at midnight on new years eve. It is not a tradition for people to drop things!



Answers

Round 5: Find the lie



A) **True:** Some **zoos** collect **Christmas trees** to **feed Elephants**.



B) **Lie:** In **Spain**, people **only get presents** on the **25th December**.

Answer: In **Spain**, people get **presents** on the **25th December and** on the **6th Jan**. People **get presents** on the **6th January** because that's **when baby Jesus** got his **presents** from the **three kings**.



Round 6: Find the lie



A) **True:** In **Denmark**, people **smash plates** for good luck, on **new year's eve**.



B) **Lie:** In **Spain**, people **celebrate Boxing day**.

Answer: People in **Spain** **don't** **celebrate Boxing day**.



Make you own Christmas paper chains

You will need:



Coloured paper



Scissors



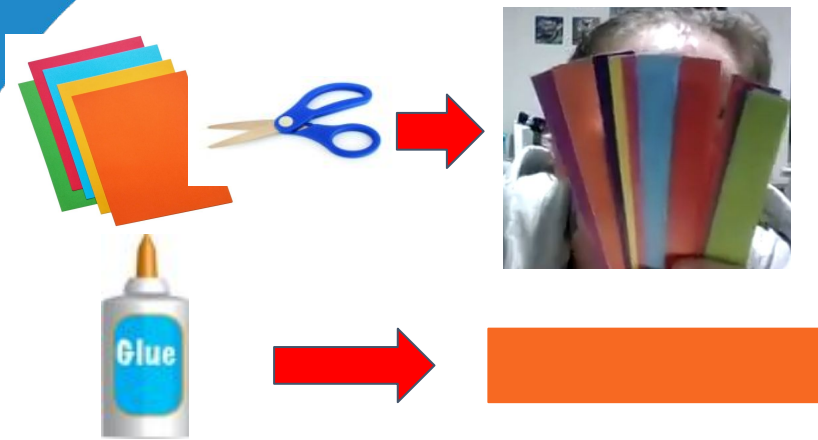
Coloured pens or pencils



Glue

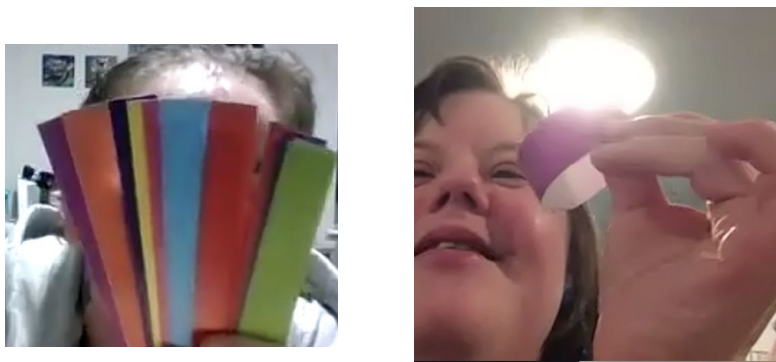


Remember! Try to **have everything** ready **before** you **start**.

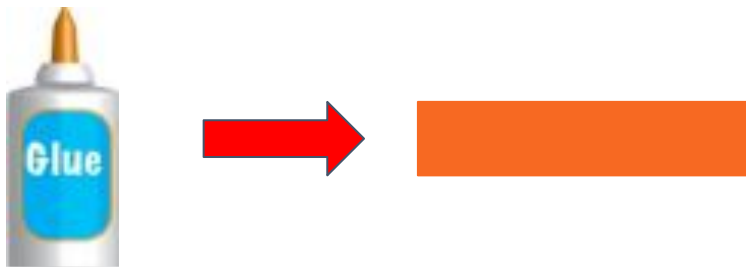


Cut the coloured paper into small rectangle pieces.

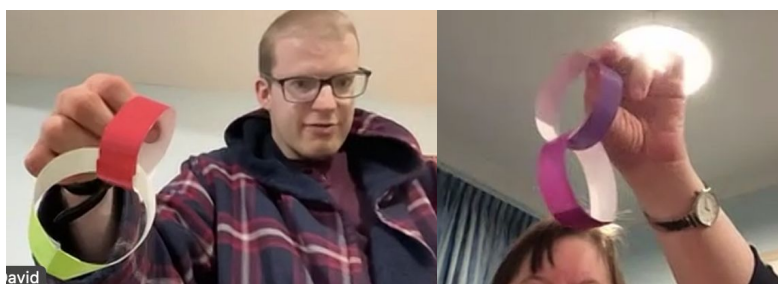
Put glue on one end..



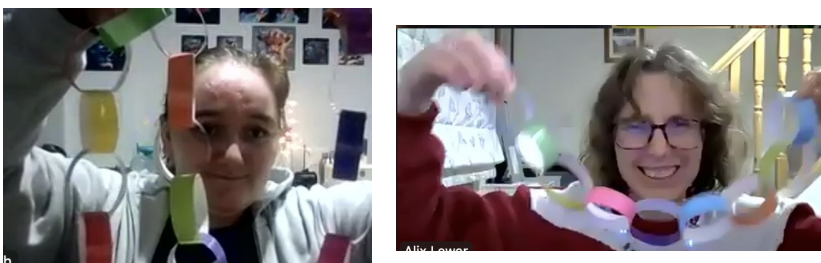
Press the ends together, like Ellie is doing.



Put glue at the end of another piece of paper.



Pass the paper through the first circle and press the ends together again.



Repeat all the steps again and you'll get a nice paper chain.