



Include.org New Year Newsletter



Jan, Hannah, Josh, Ellie, Philip, David, Alix
and Claudia
2025 New Year's Virtual Tea break.



In case you missed it

[Happy New Year
from Include.org](#)



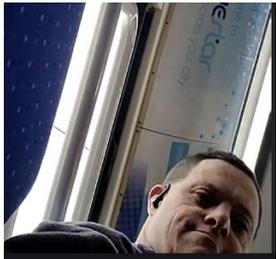
What did we talk about?



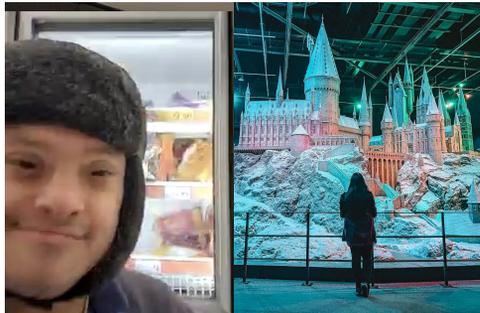
We **asked everyone about** their **Christmas and New Year's Eve**.



Lots of people spent time with **family and friends**.



Philip joined the **tea break** on the **bus!** **Philip** had a **good Christmas**, but his **dad** had a **car accident** before Christmas. **Philip's dad** was **ok**, but the **car** got **very damaged!**



After leaving the bus, **Philip joined** the **tea break** from the **supermarket!** For **Christmas**, **Philip** got tickets to **go** to the **Harry Potter studios** and to **watch** a **Michael Jackson show**.



David spent **Christmas** with his **family**. **David** was really **happy** to get a **selection box** of **Cadbury's chocolate** for **Christmas!**



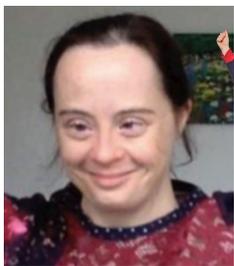
Claudia spent Christmas with her partner, friends, and her cat **Lucky!** The **best part of Christmas** was to **spend time** with friends.



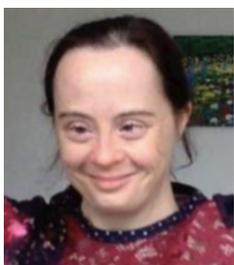
The **best part of Ellie's Christmas** was to **spend time** with her nephew **Zachy** and her family.



For **Christmas, Ellie** got a new **Lego** set.



The **best part of Hannah's Christmas** was also **spending time** with her loved ones.



For Christmas, **Hannah** got some **kitchen utensils**. Hannah **loves** to **cook** from scratch!



Josh spent **Christmas** with his **family**. Josh was quite **happy** to **see** his **baby niece**.



Josh was really **happy** that his favorite **dancer** won **Strictly Come Dancing**.



Jan had a **nice Christmas**. Jan enjoyed spending time and playing games with his family. During the break, **Jan** went to the **cinema** to watch **Better Man**.



Alix had a very **busy Christmas**. **One** of her **children** got **chicken pox**! So, on **Boxing Day**, they watched lots of movies.



Alix's son got **better**, just **in time** to go to **watch Hansel and Gretel** in the **theatre**!



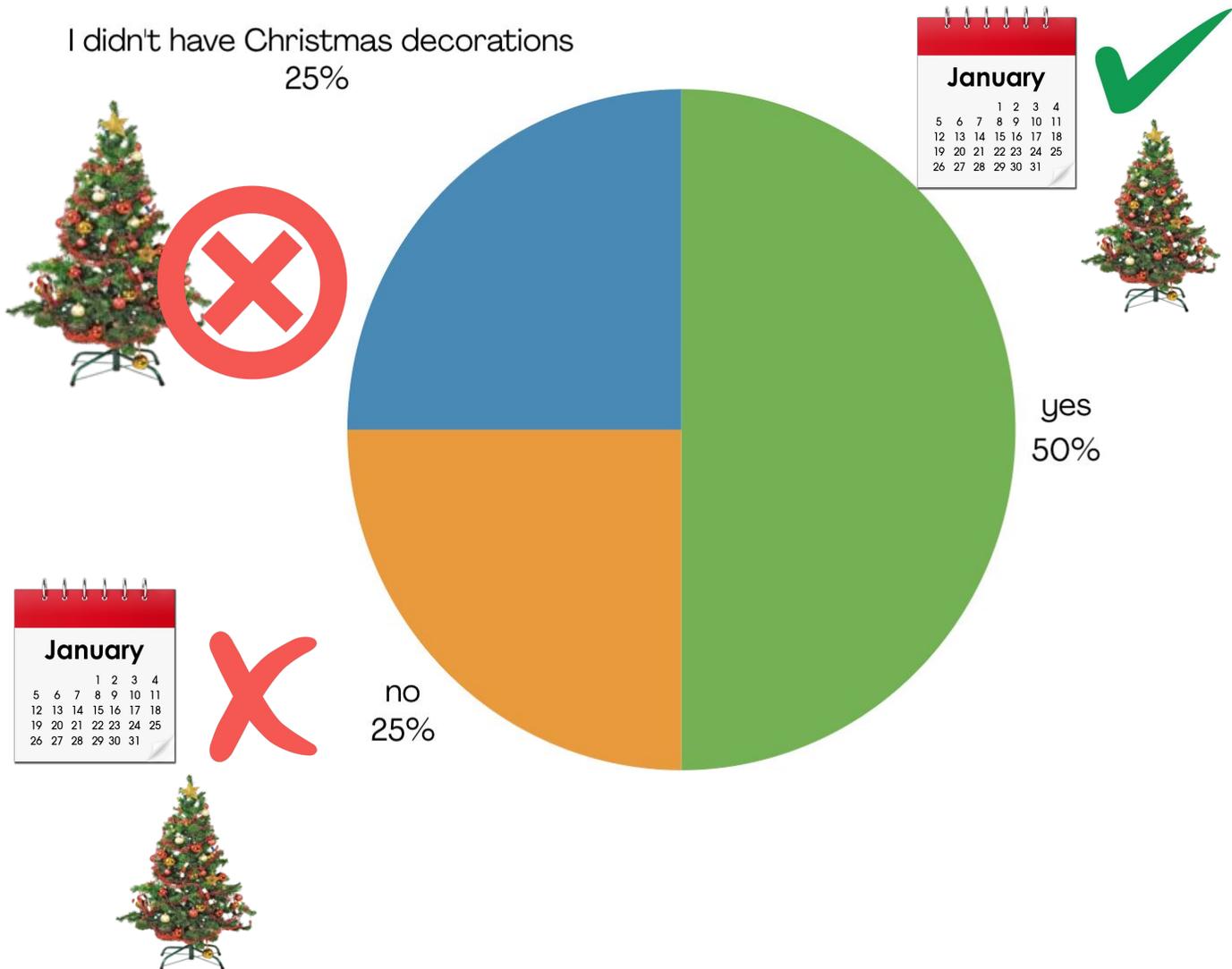
Do people leave their Christmas decorations up until January?



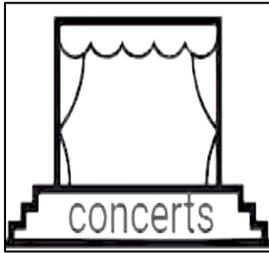
We asked everyone

Do you still have your Christmas decorations up?

Most people still did!



What's On



We already **have lots** of requests for us to **perform** in **2025!**



We will be **adding** these to the **calendar** and **sending out accessible letters.**



For your New Year's resolution PLEASE PLEASE PLEASE **tell us if you can come to events as early as possible** – it really helps us.

To check when **sessions restart** – please remember to **check** the **Calendar Page** on the **website.**



If you are **stuck**, you can **email** **info@include.org** - but try not to call or message Alix (help her stick to her New Year's Resolution!)



We look forward to seeing you soon!

Reminder of the 'Zoom Rules'



1. Be **kind** and **respectful**



2. **Listen** to each other

3. **Take** it in **turns** to talk



4. Go on **mute** when you are not talking **especially** if there is **background noise!**



5. **Unmute** yourself when **you want** to **talk**

6. Have a **drink** with **you**



7. Try and be **on time**



8. Say **goodbye** when it is time to go

If you need some **help** getting on to **Zoom**– please ask somebody around you, email info@include.org or ring **07918 470190**.