

Welcome to the include choir

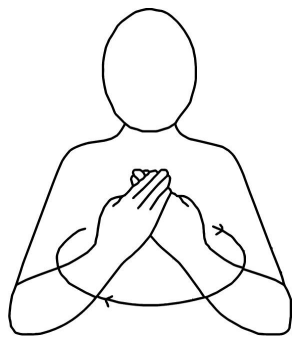


Who will you sing hello to today?

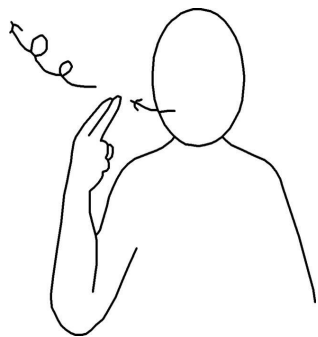


Include Choir Hello Song

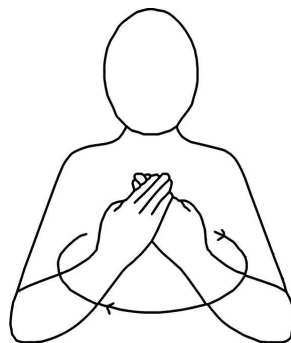




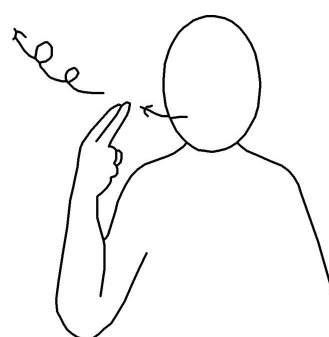
Include



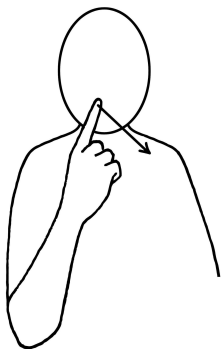
Choir



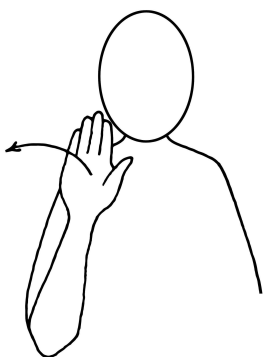
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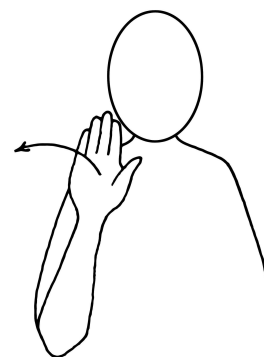
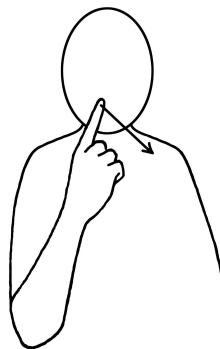
Choir

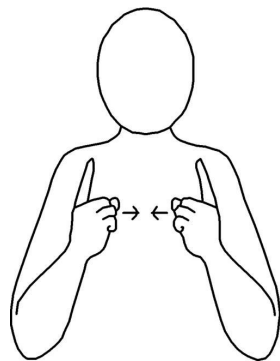
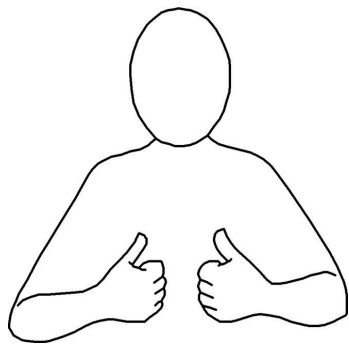
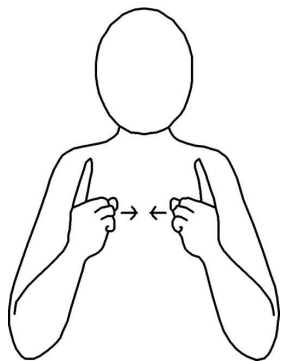
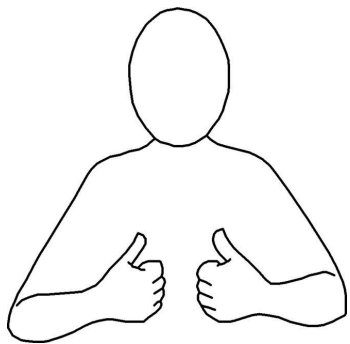


Says hello!

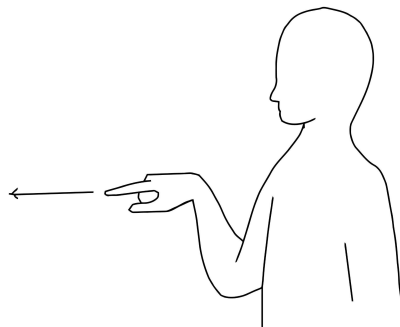
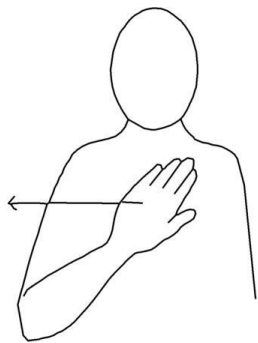
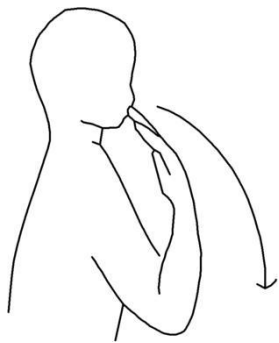


Says hello!





It's really good to meet you, really good to meet you

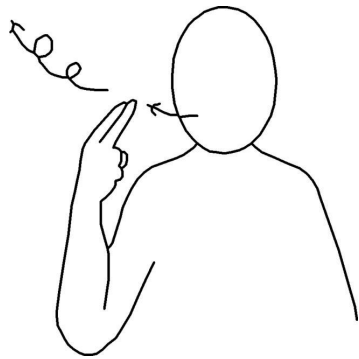


Please don't go, please don't go!

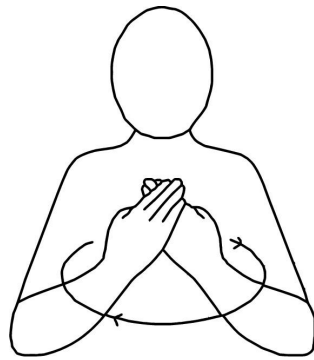




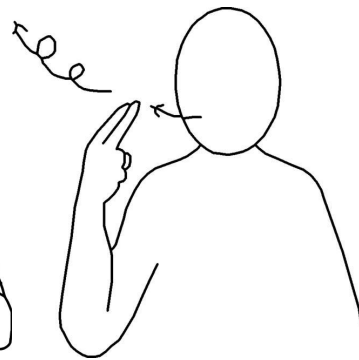
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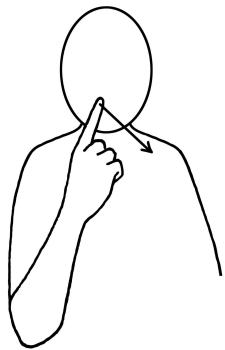
Choir



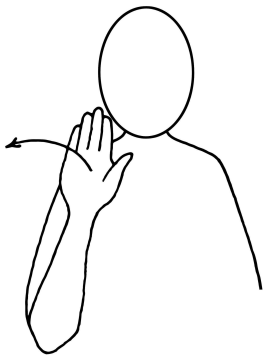
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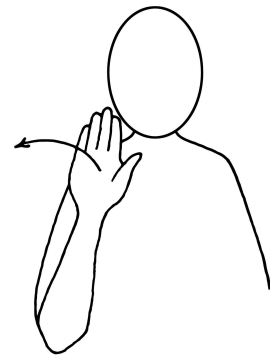
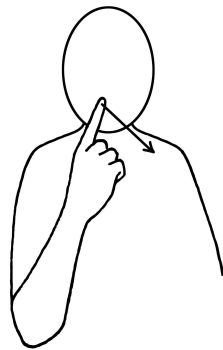
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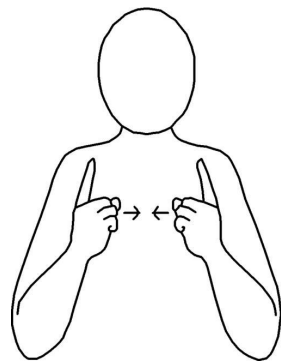
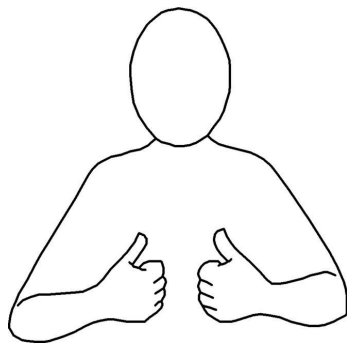
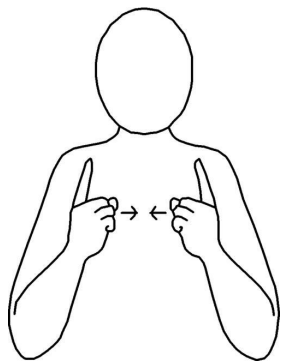
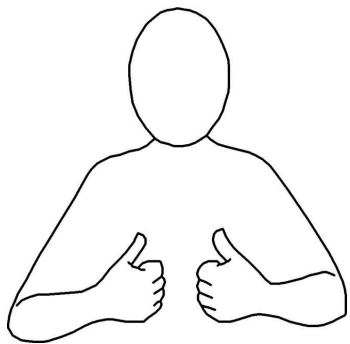


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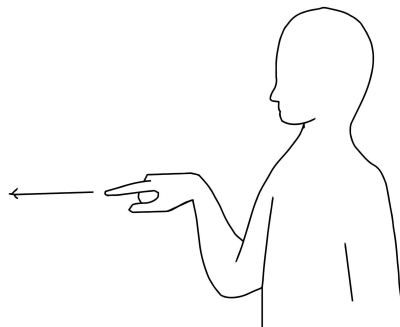
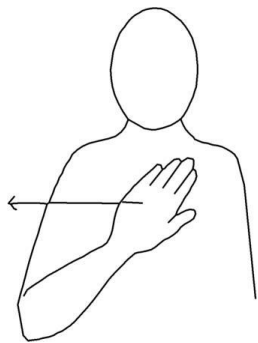
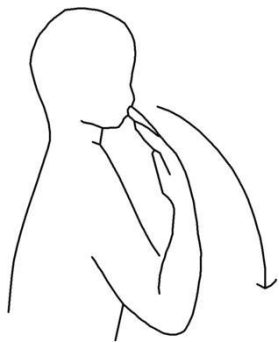


Says hello!





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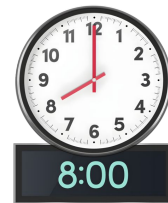




Include Open Mic TONIGHT!

We are **singing together** for the **first half** of the session

We are having an **early break at 8pm**



People who have **signed up** can sing a song on their own or with a friend.

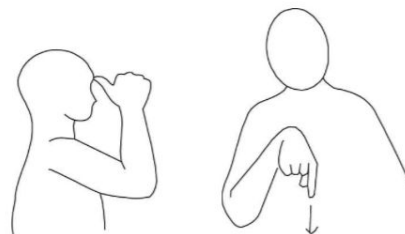
Please stay to listen to the singers and support them!



Rules & Regs



Have you signed in? (repeat) It's important! (repeat)



If there's a fire (repeat) We'll know you're here! (repeat)



Tip of middle
finger makes
contact with
body and
makes repeat
movement

2. Where's the toilet? (repeat)



Through the door there (repeat)

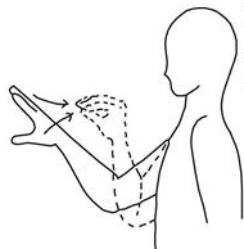


If there's a fire (repeat)

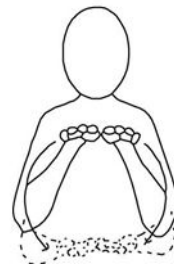


Go outside (repeat)





Direct signs at
object or person
being photographed

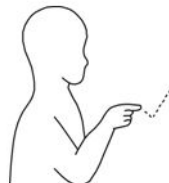


Little fingers
and thumbs
tucked in

3. Can we take a photo? (repeat) Put it on the website? (repeat)



If that's OK (repeat)



Tick the box (repeat)



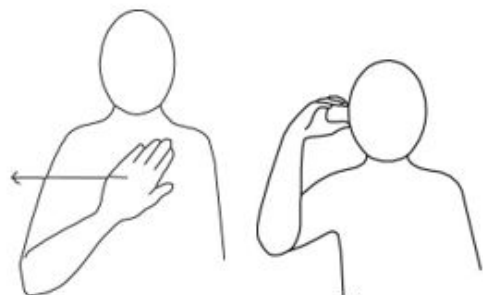


4. Please no talking (repeat)



Thumb tips maintain contact with chest. Hands make two short movements towards each other

That's what the break's for (repeat)

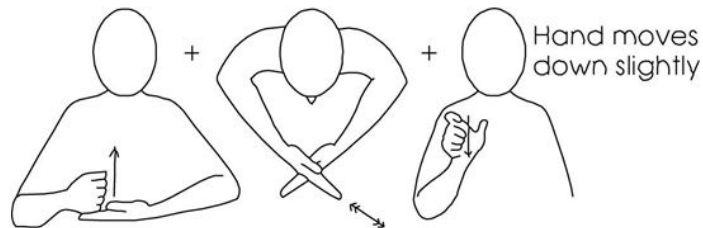
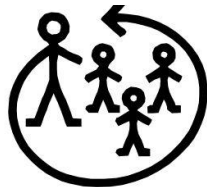


No phones (repeat)



Hand bends sharply from wrist

It's really rude (repeat)

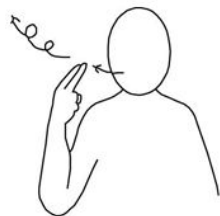
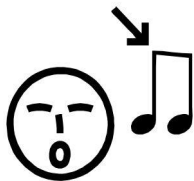


Repeated sawing movement on knuckles of other hand

5. Support workers (repeat)



You're included (repeat)



Sing along (repeat)



Learn some signs





Tense hand
Use both
hands if very
worried

6. If you're worried (repeat)



Tell a helper (repeat)



Most important (repeat)



Hand making
small shaking
movements

Have some fun (repeat)



Hand making
small shaking
movements

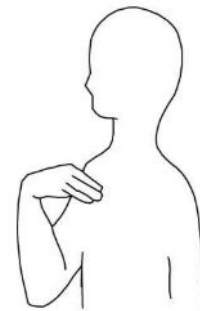
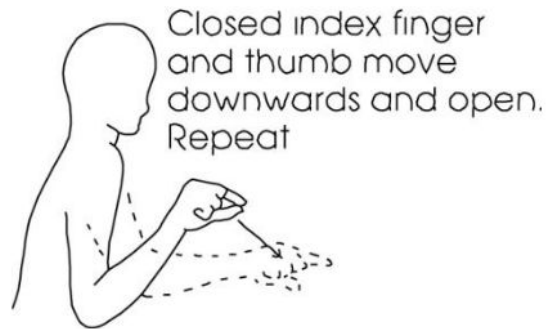
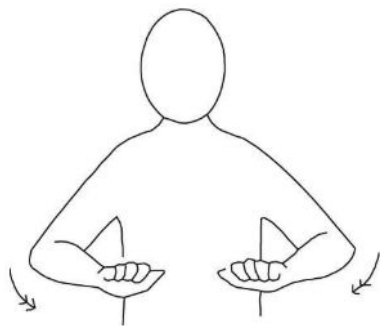
...we all have fun

Warm Up Exercises

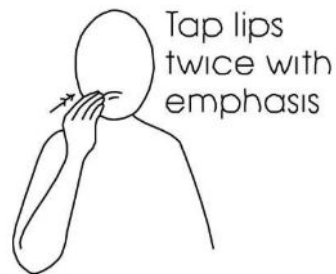
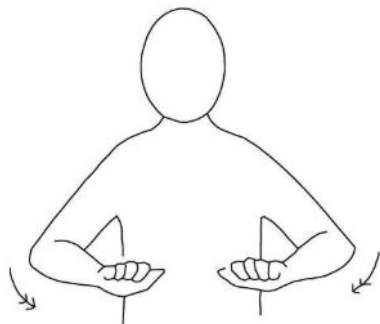


Warm Up Songs

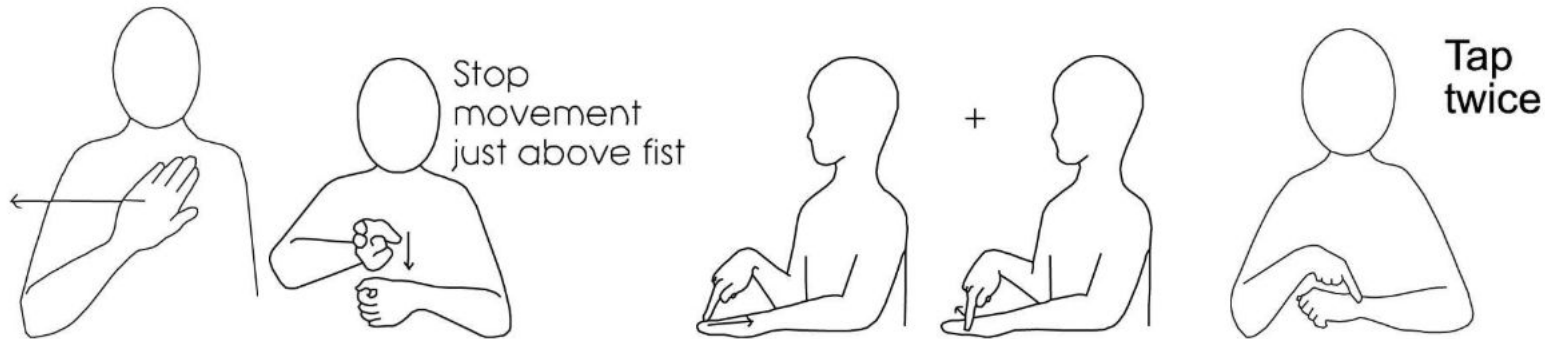




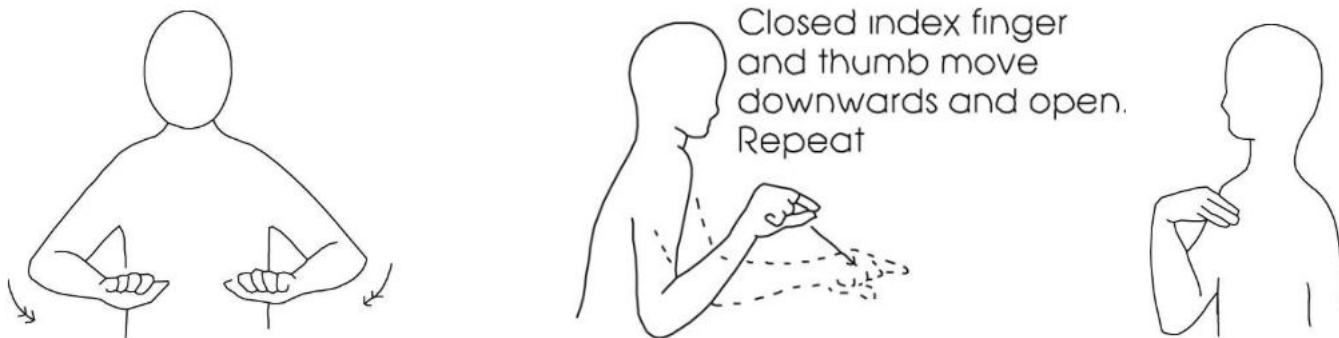
Chick, chick, chick, chick, chicken, Lay a little egg for me!



Chick, chick, chick, chick, chicken, I want one for my tea,



I haven't had an egg since Easter, And now it's half past three,



Chick, chick, chick, chick, chicken, Lay a little egg for me!

the include choir agreement



We don't need no discrimination



We don't need no bullying



We are here to help each other



To have some fun
- and have a si-i-ing





Hey, that's right

We're good at listening



You see the thing is –
we're just here to sing



The Include Choir is here
– so come and join in!



It's OK, we're all supportive



It's OK to take a break



It's OK to ask a question



We have tea and biscuits
and sometimes ca-a-ake





Hey, that's right

Sometimes we have cake

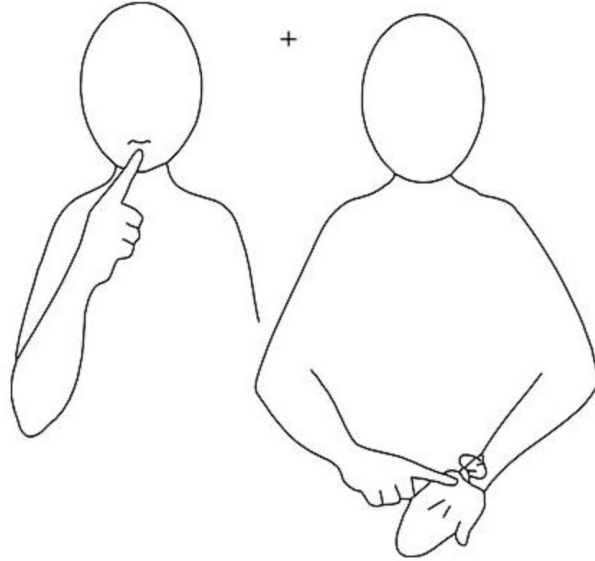


But the thing is –
we're just here to sing



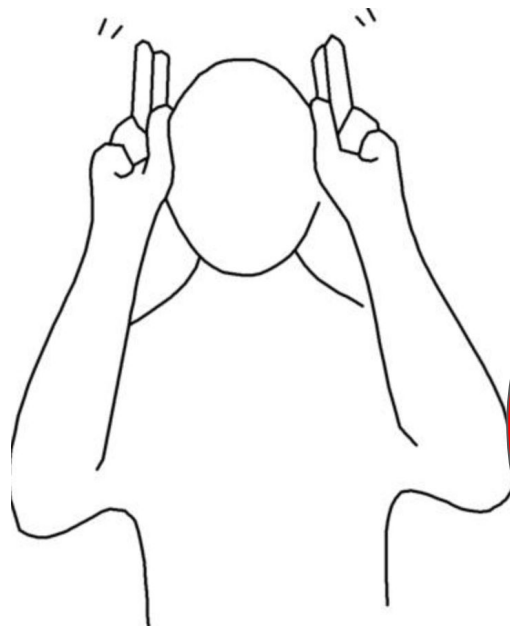
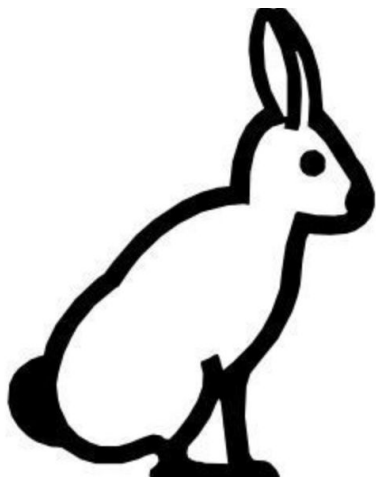
The Include Choir is here
– so come and join in!

Sign of the week



Purple

Next Week's Sign of the Week

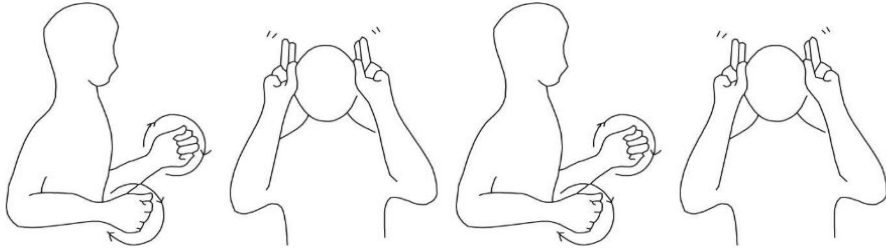


Rabbit

We film our Sign Of
The Week Song!

Please wear a red
sticker and move
to the side if you
do not want to be
in the video!

Run Rabbit Run

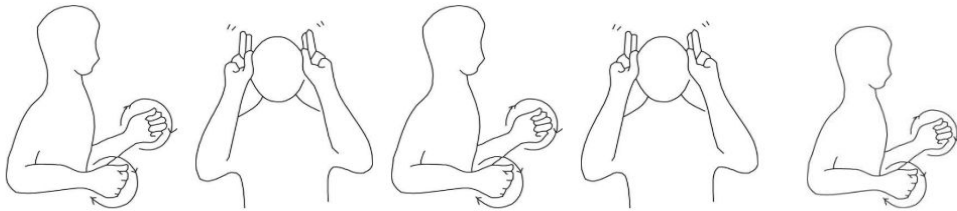


Run rabbit,

run rabbit



Run! Run! Run!

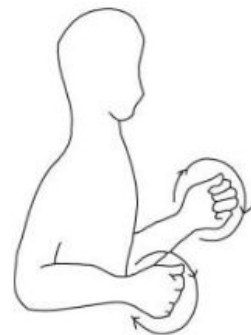
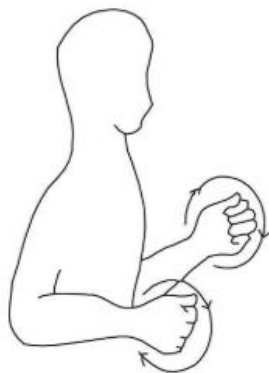
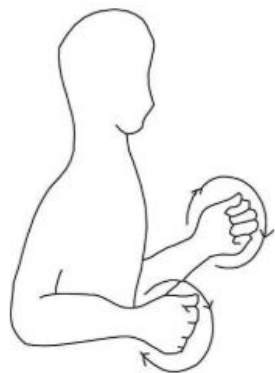


Run rabbit,

run rabbit, Run! Run! Run!



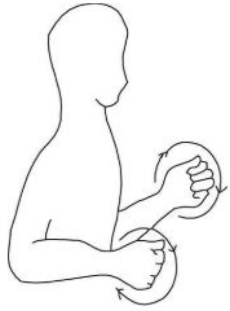
Bang! Bang! Bang! Bang! Goes the farmer's gun



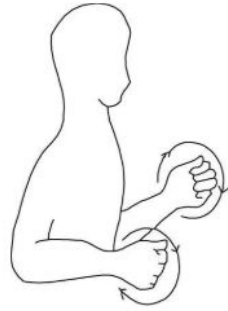
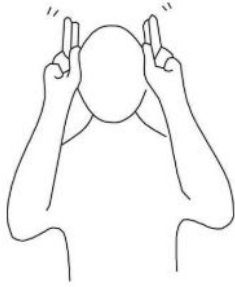
Run rabbit,

run

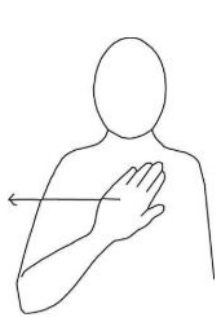
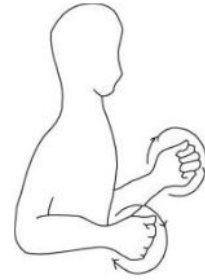
rabbit, Run! Run! Run!



Run rabbit,



run rabbit, Run! Run! Run!

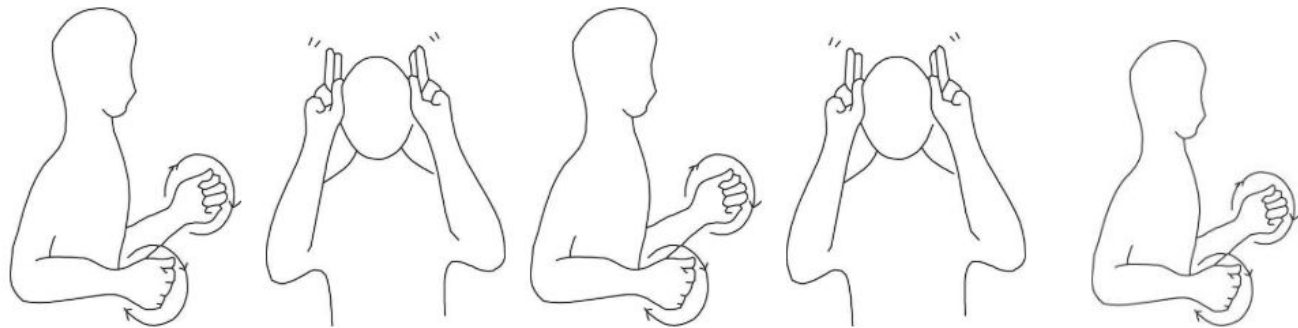


Hand makes
small outward
circular
movements
at side of
face Repeat

Don't let the farmer have his fun! Fun! Fun!



He'll get by without his rabbit pie



Run rabbit, run rabbit, Run!

Redhill Rising - Full Song



REDHILL **RIISING**
FRANKLIN **MUSIC**



Music and lyrics by Dr Nikki Franklin
Makaton translation by Include.org

Verse 1



REDHILLRISING
FRANKLINMUSIC

From the streets where the stories begin

To the voices that echo within

We carry the hopes of those who have gone

Passing the torch to their daughters and sons

Verse 2



REDHILLRISING
FRANKLINMUSIC

From the hill to the common they laid

Paths to show us the future to make

Planting the seeds, not just flowers and trees

But roots so deep and strong, to carry on



REDHILLRISING
FRANKLINMUSIC

Pre-Chorus 1

From every story, every name

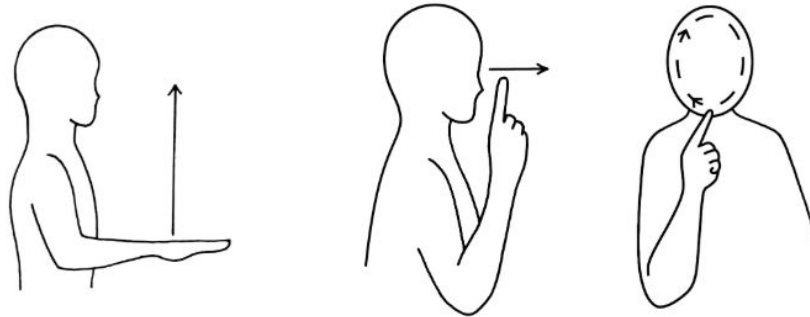
We rise up proud to hold

The fire they lit, the hopes they raised

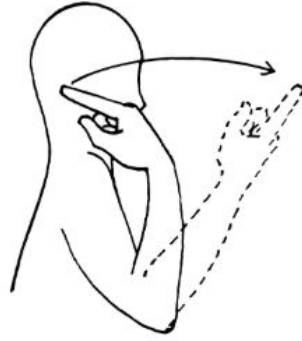
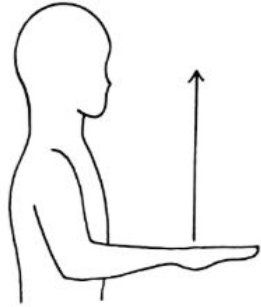
The stories to be told



We're rising, to a better place



We're rising, can you see my face?

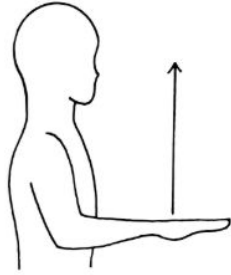


We're rising, to a better day

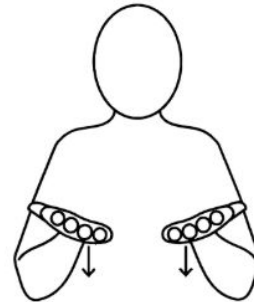
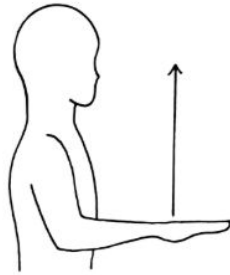


Listen to what we say, I tell you

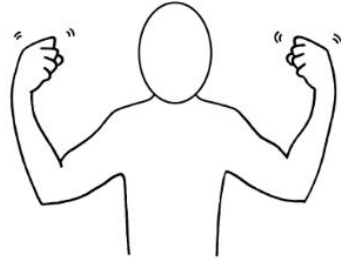




We're rising, and we'll show you how

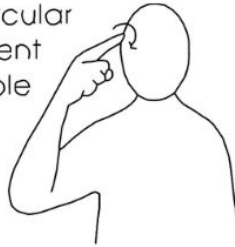


We're rising, 'cause our time is now



Gotta find the strength to make a change

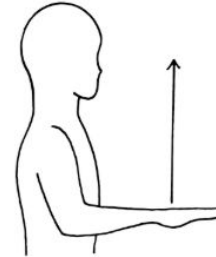
Small circular
movement
on temple



+



Hand strikes
palm
deliberately



And believe in what it takes...

To rise

Verse 3

They came by road, by wind, by wave

To build a new life strong and brave

Hands that forged both iron and stone

Laid the tracks and built the homes



REDHILLRISING
FRANKLINMUSIC

Verse 4

Markets rose with scent and song

Different tongues entwine and bond

Til' ev'ry street rings with diversity

Voices deep and strong, to carry on



REDHILLRISING
FRANKLINMUSIC

Pre-Chorus 2

Through every age, every trial

We've walked this road with pride

Their song goes on, stories strong,

Our voices now unite



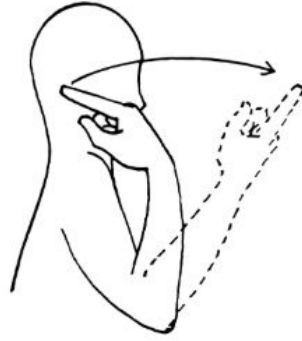
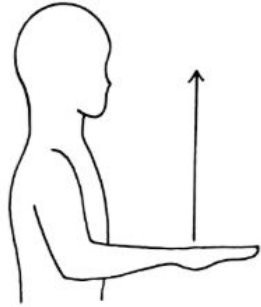
REDHILLRISING
FRANKLINMUSIC



We're rising, to a better place



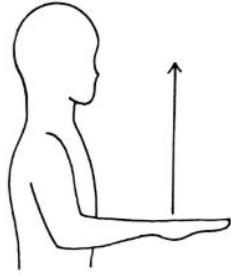
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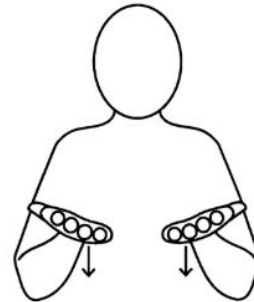
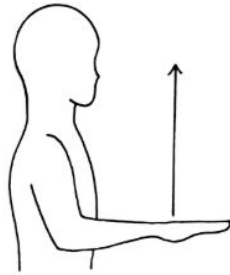
We're rising, to a better day



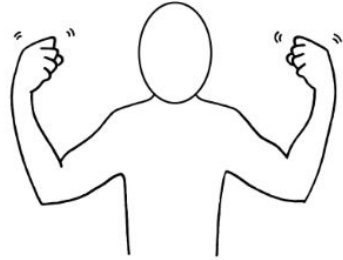
Listen to what we say, I tell you



We're rising, and we'll show you how

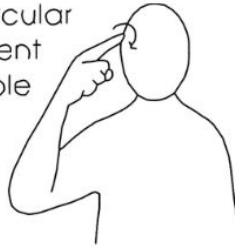


We're rising, 'cause our time is now



Gotta find the strength to make a change

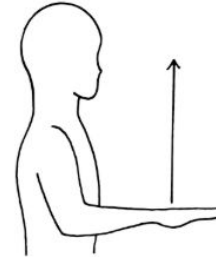
Small circular
movement
on temple



+



Hand strikes
palm
deliberately



And believe in what it takes...

To rise

Middle 8



REDHILLRISING
FRANKLINMUSIC

It won't be easy, it never was

But change begins because it must

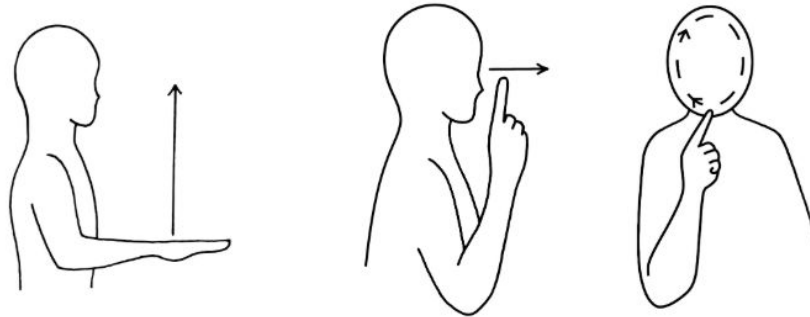
We've seen the cracks, we've felt the cost

Still we move on, no moment lost.

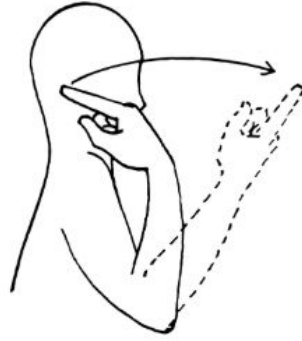
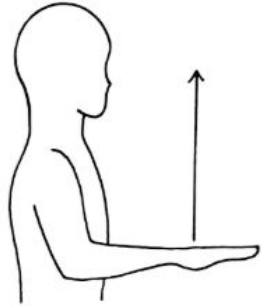
Not just dreaming, but alive, and now...



We're rising, to a better place



We're rising, can you see my face?

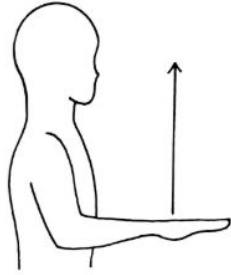


We're rising, to a better day

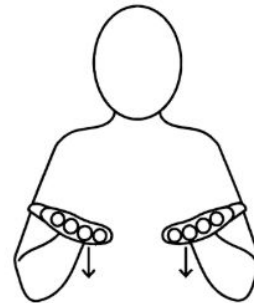
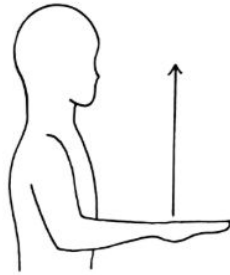


Listen to what we say, I tell you

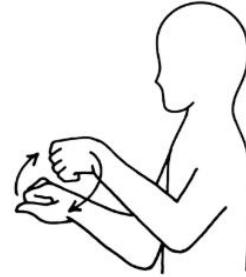
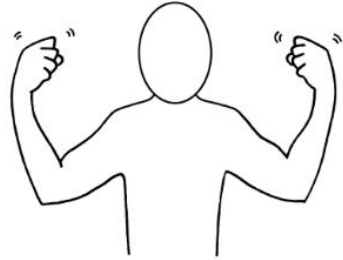




We're rising, and we'll show you how

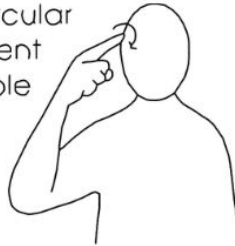


We're rising, 'cause our time is now



Gotta find the strength to make a change

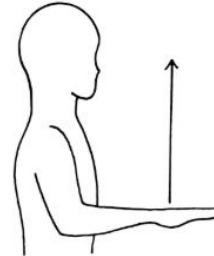
Small circular
movement
on temple



+



Hand strikes
palm
deliberately



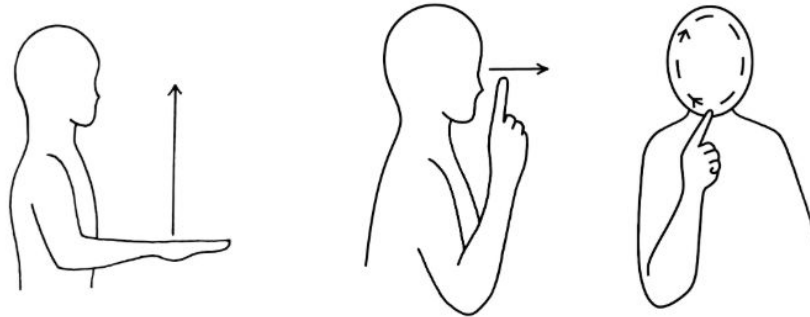
And believe in what it takes...

To rise

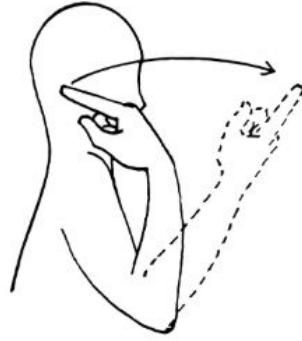
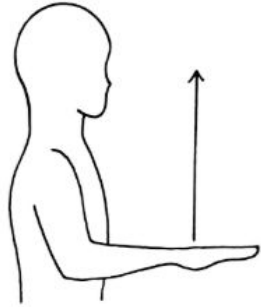




We're rising, to a better place



We're rising, can you see my face?

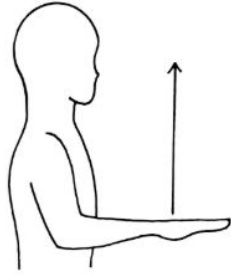


We're rising, to a better day

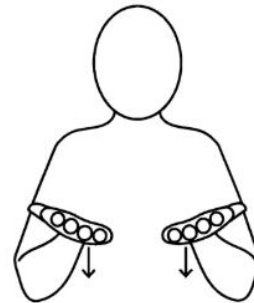
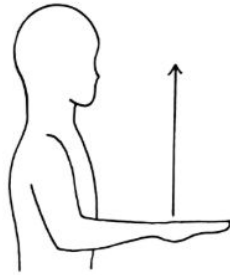


Listen to what we say, I tell you

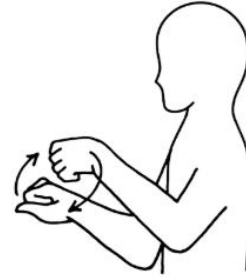
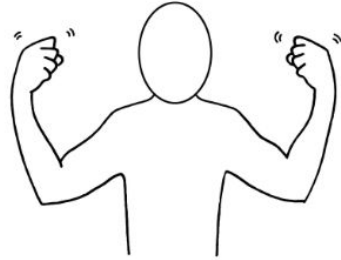




We're rising, and we'll show you how

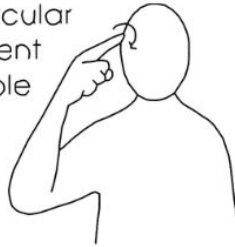


We're rising, 'cause our time is now



Gotta find the strength to make a change

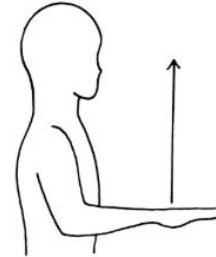
Small circular
movement
on temple



+

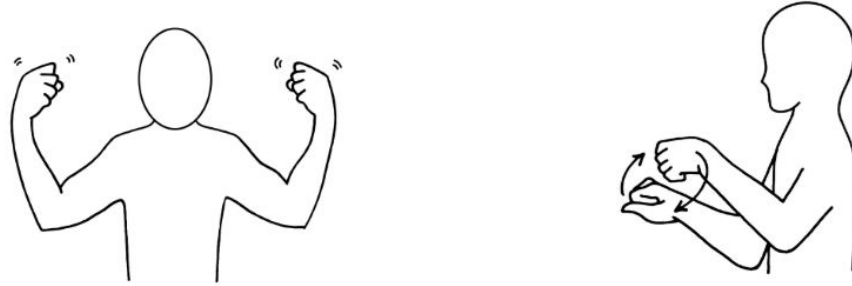


Hand strikes
palm
deliberately

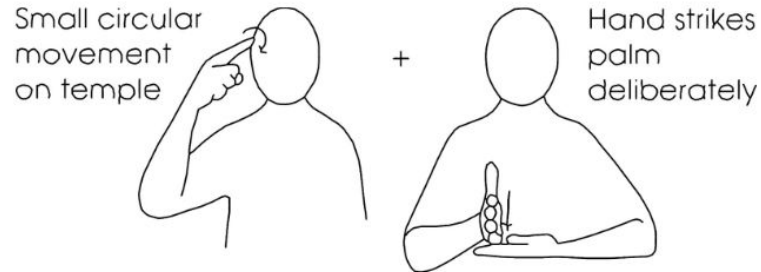


And believe in what it takes...

To rise



Gotta find the strength to make a change



And believe in what it takes...





To rise, come on, Redhill, let's rise!

News



March

25

The Redhill Choir's **last session** of this term will be on **Wednesday 25th March**.



April

15

The Redhill Choir's **first session** of next term will be on **Wednesday 15th April**.



LIVE PODCAST EVENT!

with

**ANNA KENNEDY OBE
& CIARA LAWRENCE**



Autism's Got Talent performers on the night and a raffle!

THURSDAY 26TH MARCH
7PM - 9PM
AT THE EPSOM METROPOLIS

THURSDAY 26TH MARCH
7PM - 9PM
AT THE EPSOM METROPOLIS



Ciara Lawrence's
Pink Sparkle Podcast

 **AKO ANNA KENNEDY ONLINE**
RAISING AUTISM AWARENESS

Tickets are £6 on [eventbrite.co.uk](https://www.eventbrite.co.uk)

You will find the link in your emails.



11.00 AM



Nonsuch
Park



Friday

include
.org



Include Outdoors

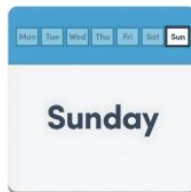
include.org

Save the date for a fun day out with Include

Day	Month	Year
3	Apr	2026

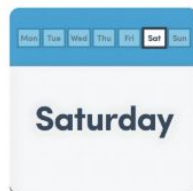
Online

Sing, Sign and Smile



Facebook Live - The Include Choir Online Group

Online Tea Break



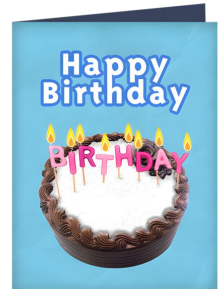
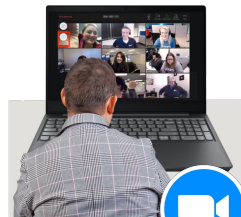
On Zoom - details to be sent out via email

Share Your Ideas Session

- **The Include Choir is 10 this year!**
- Do you have ideas of ways to celebrate?
- And launch our 'Be an Includer' Campaign?
- Join us at **6pm, 13th April 2026 on Zoom** if you have an idea to share (link will be emailed)



6:00





Redhill Rising



Please join us on **Thursday April 16th** for a performance at The Belfry Shopping Centre, Redhill, **Station Rd, RH1 1ST**

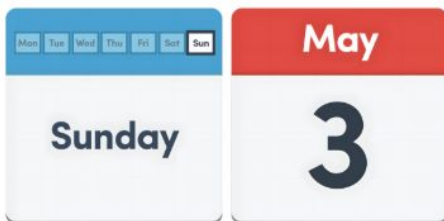


We will meet on the **lower ground floor** outside Superdrug at **10.30**. We will be singing from 11am.

REDHILL RISING
FRANKLIN MUSIC



Include Choir's 10th Birthday Tea!



Please join us on Sunday 3rd May for our 10th birthday **cake sale!** It will be held at **Brockham Green Church Hall, Brockham RH3 7JR.**

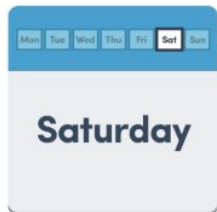


The cake sale will last from **2.30pm to 5pm.** Please let us know if you would like to make a cake for Include to sell.



We will do a **short, fun performance** at **around 3.30pm**

10th Anniversary Concert



Please join us for our 10th Anniversary Concert on **Saturday 6th June** at **St Mary's Church, Reigate, RH2 7RN**



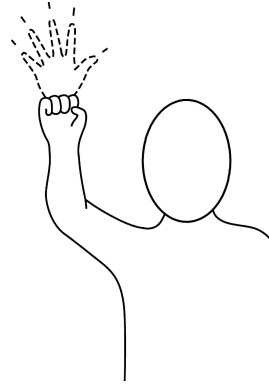
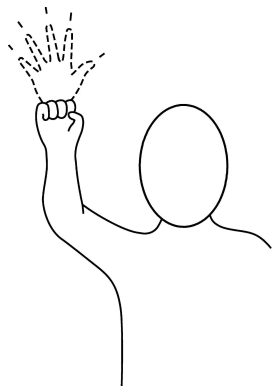
We will meet at **6pm** for a practice. The concert will start at 7.30pm and finish at around 9.30pm.



After we have sung, there will be an **interval and a raffle**. You can stay after the interval to listen to **Franklin Voices Choir** singing.

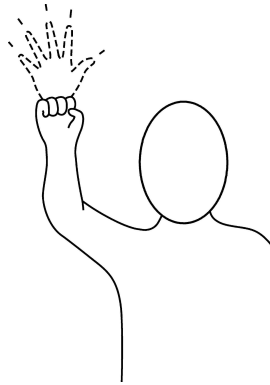
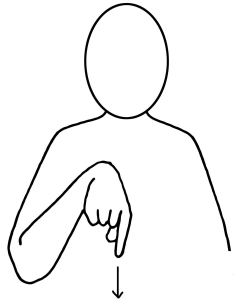
Star of the Month





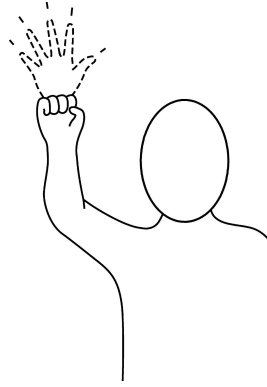
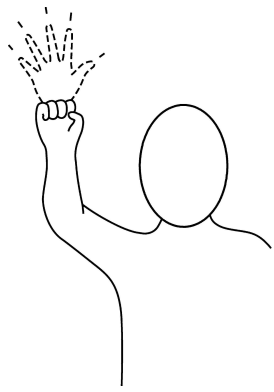
Star of the Month,

star of the month



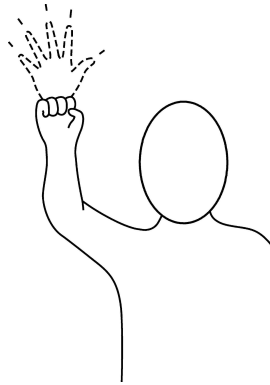
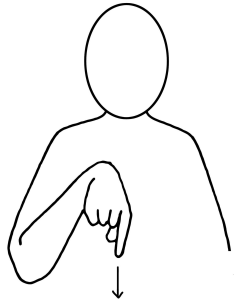
This is the star of the month!





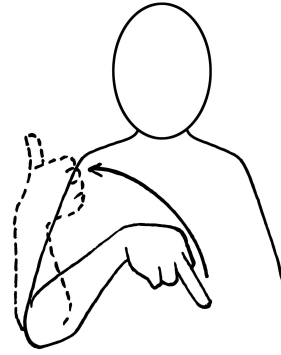
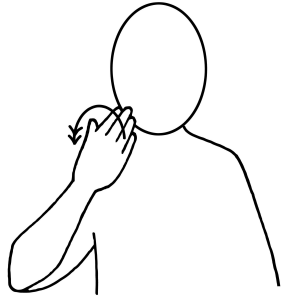
Star of the Month,

star of the month

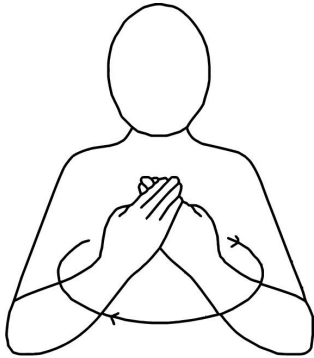


This is the star of the month!



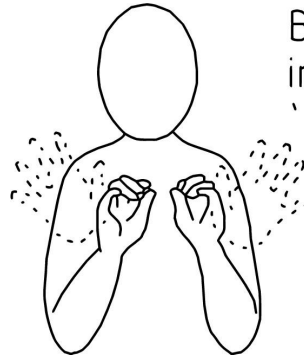
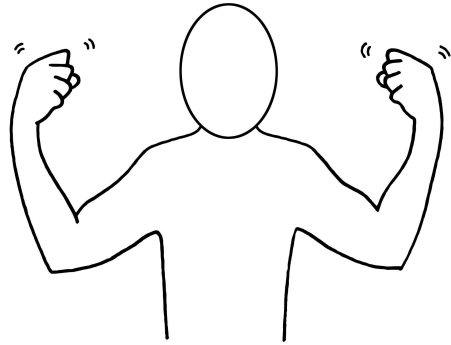


You're fun, respectful and you're kind



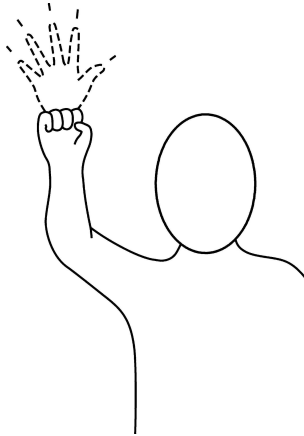
Including us all of the time





Bunched hands
in front of body
'spring open'

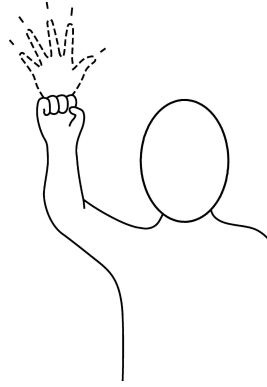
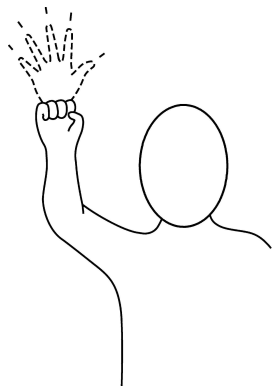
Empowering us, how you shine -



'M' hand taps
lightly on left
palm

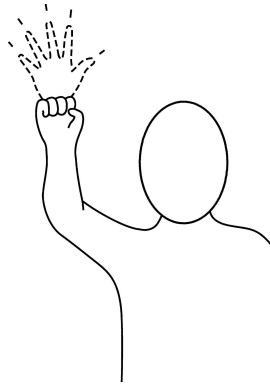
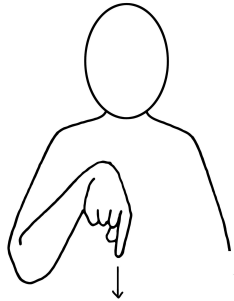
Our Star Of The Month...





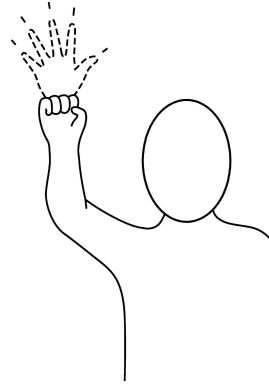
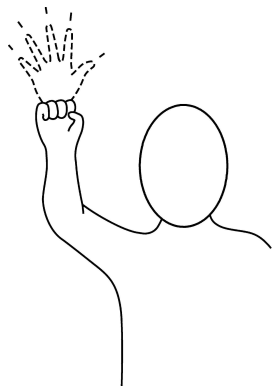
Star of the Month,

star of the month



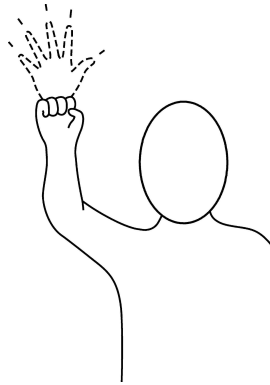
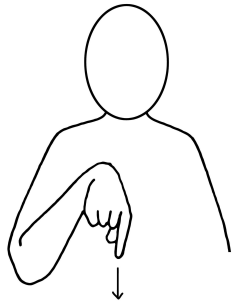
This is the star of the month!





Star of the Month,

star of the month



This is the star... of the month!





Is Star of the Month





You are our Star of the Month because you have shown our values:



kind



empowering



fun



inclusive



respectful

Thank you for helping to make the world a better, more inclusive place.



The Include Project
Charity Number: 1177785

Birthdays



Break

& Sign of the Week Video

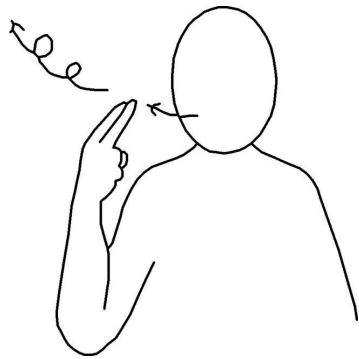


Welcome Back!





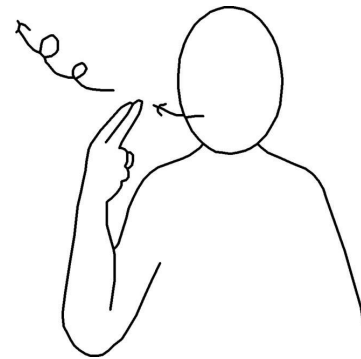
Include



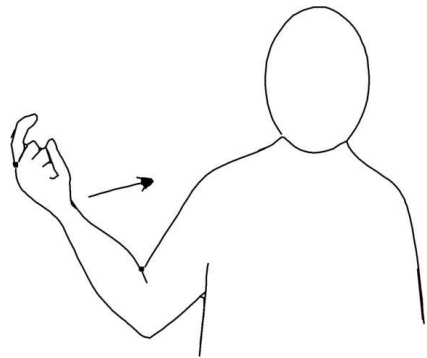
Choir



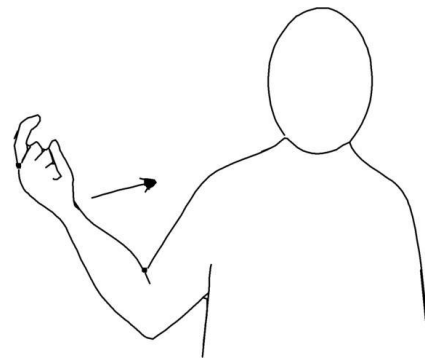
Include



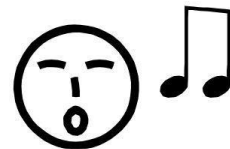
Choir

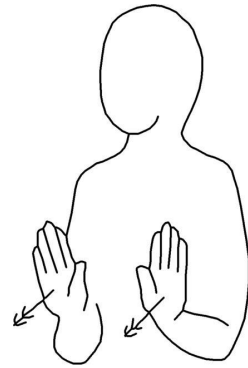
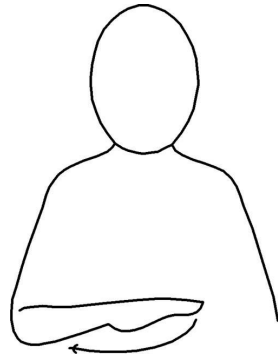
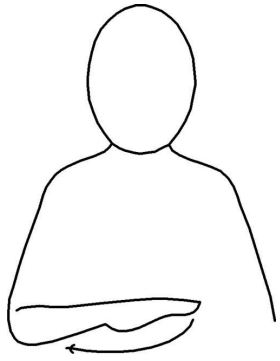


Come and sing!

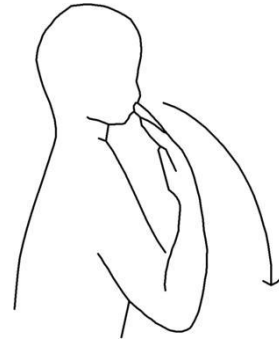
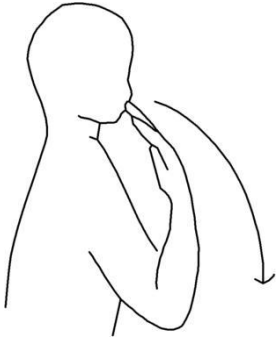


Come and sing!



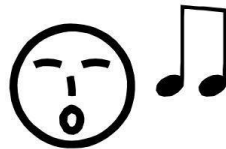


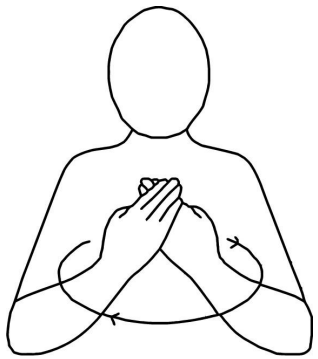
Everybody's waiting, everybody's waiting



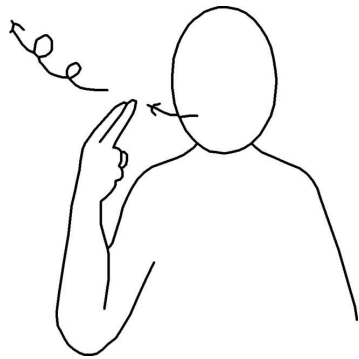
Please join in!

Please join in!





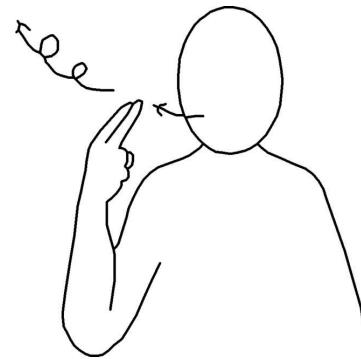
Include



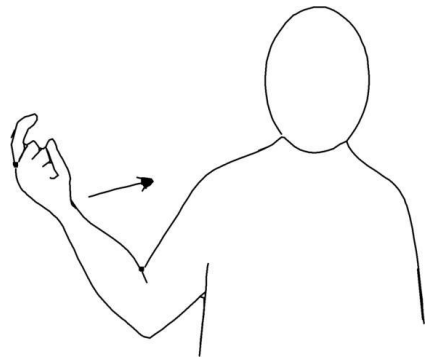
Choir



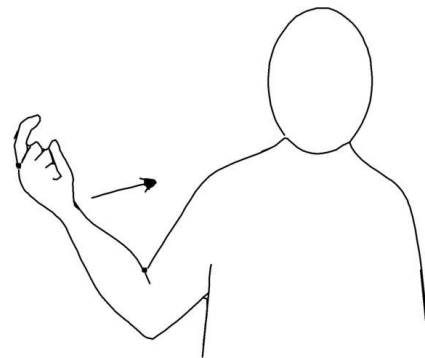
Include



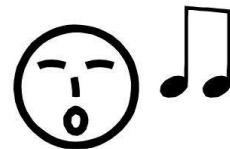
Choir

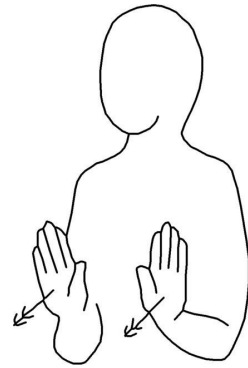
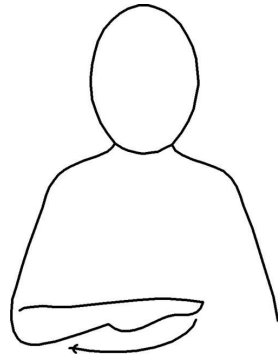
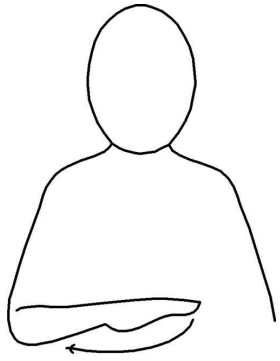


Come and sing!

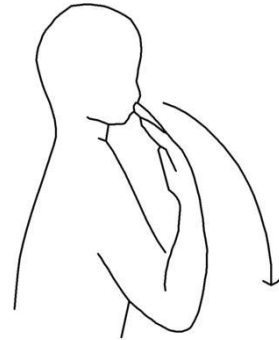
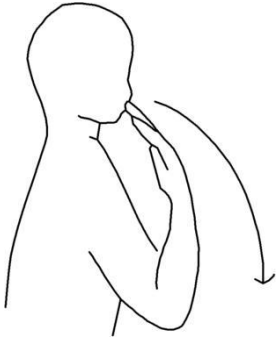


Come and sing!



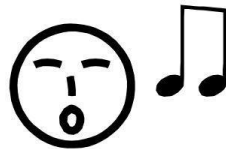


Everybody's waiting, everybody's waiting



Please join in!

Please join in!



Include Open Mic Slots



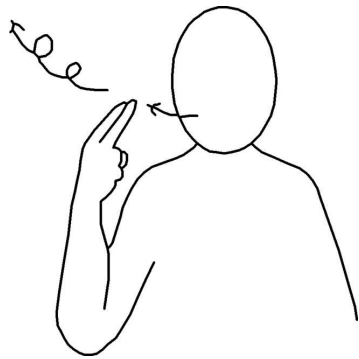
We are sorry if we can't fit everyone in - if you don't get to sing, you can be first on the list for next time.

Include Choir Goodbye Song





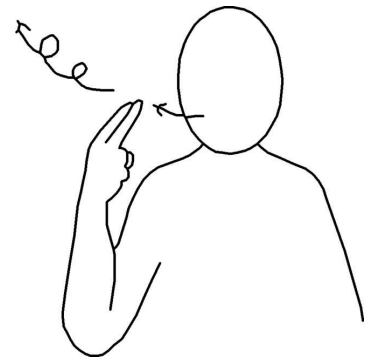
Include



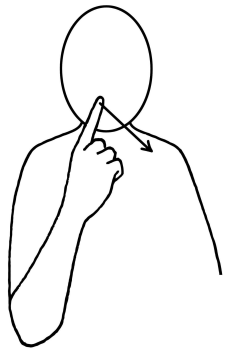
Choir



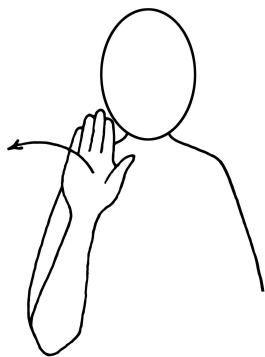
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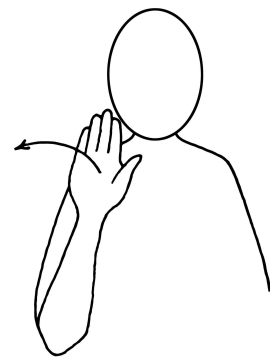
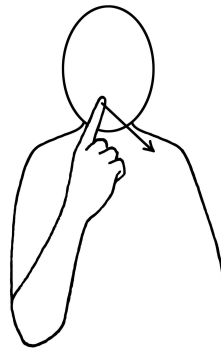
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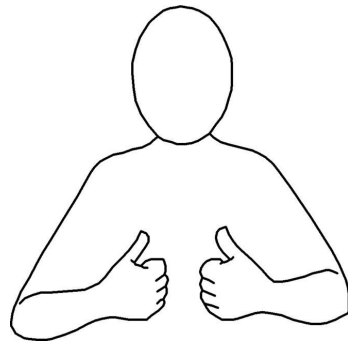
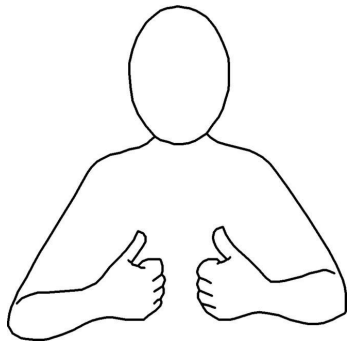


Says goodbye!

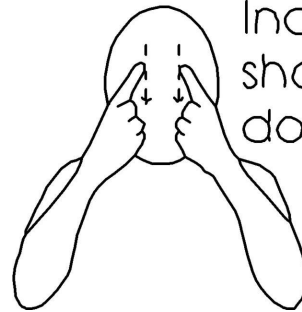
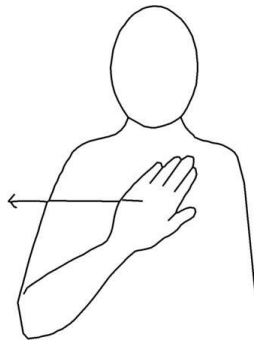
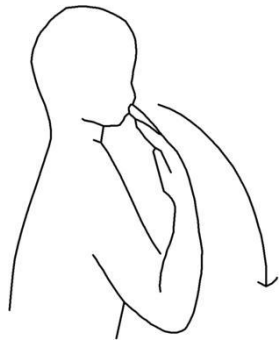


Says goodbye!





It was really good to see you, really good to see you



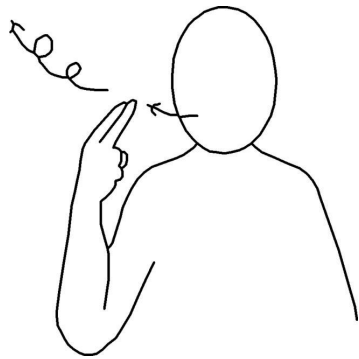
Index fingers shows tears trickling down cheeks

Please don't cry, please don't cry!





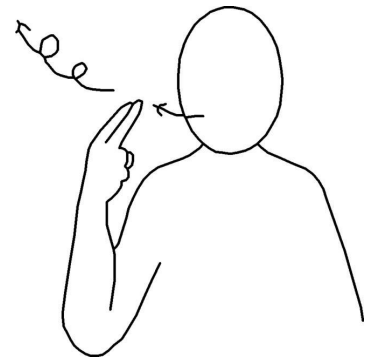
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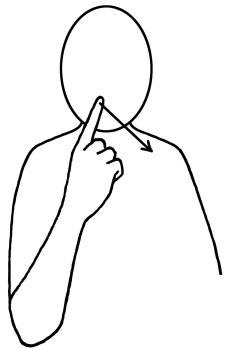
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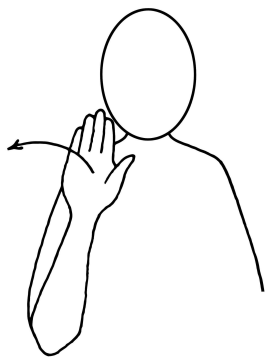
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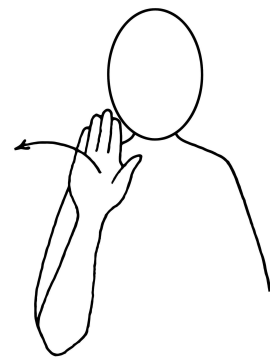
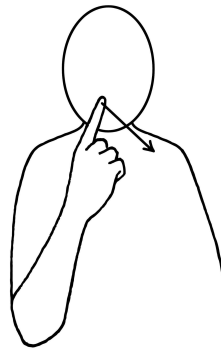
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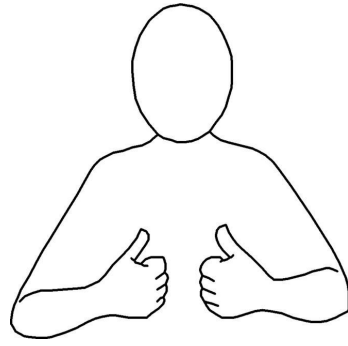
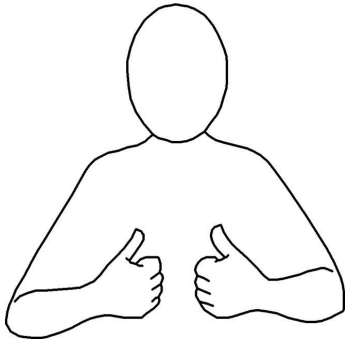


Says goodbye!

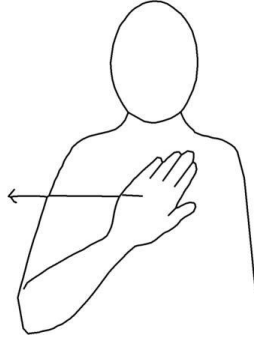
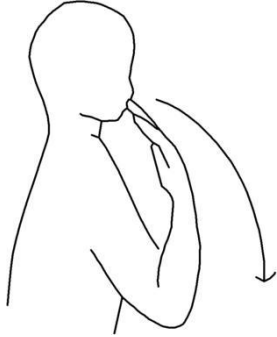


Says goodbye!





It was really good to see you, really good to see you



Index fingers shows tears trickling down cheeks

Please don't cry!





The Include Choir Session has now finished. Please exit safely and quickly so that we have time to pack up and tidy the church!



**Thank you
and see you
after Easter!**