

Welcome to the include choir

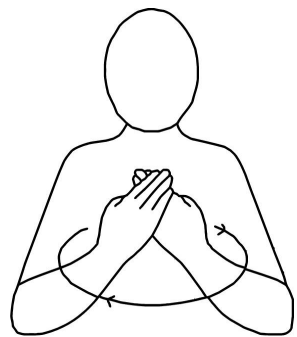


Who will you sing hello to today?

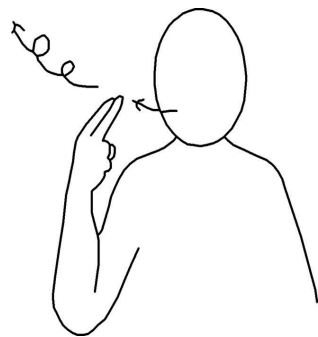


Include Choir Hello Song

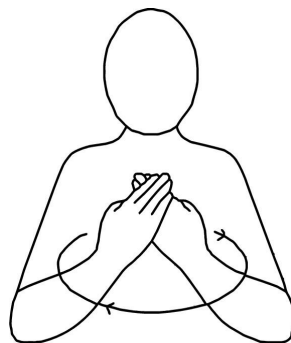




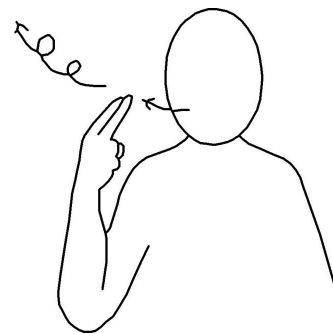
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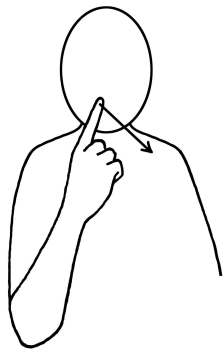
Choir



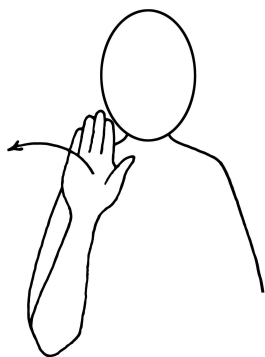
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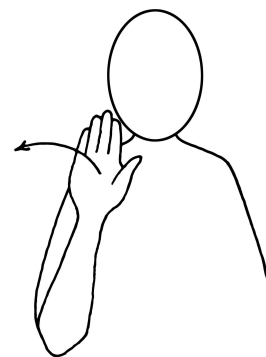
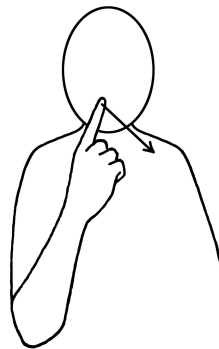
Choir

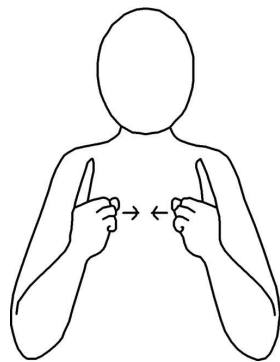
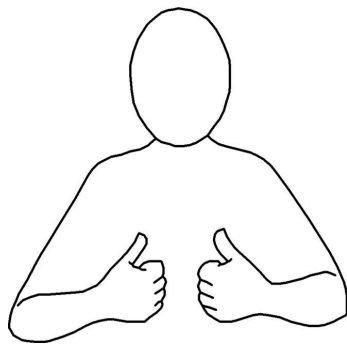
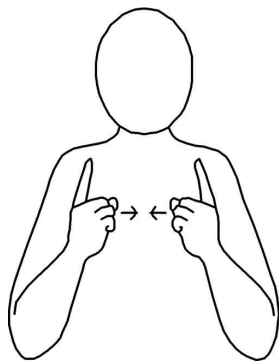
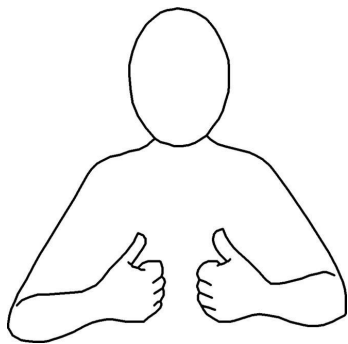


Says hello!

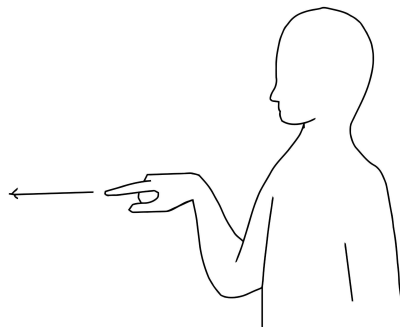
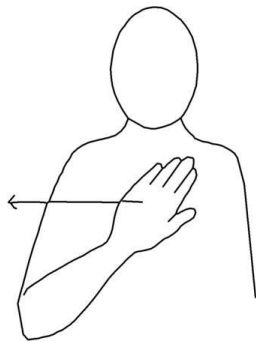
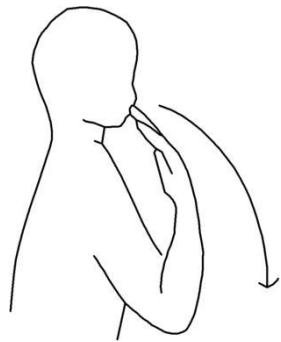


Says hello!



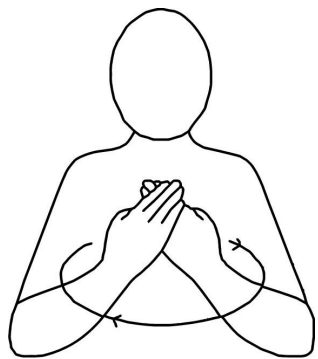


It's really good to meet you, really good to meet you

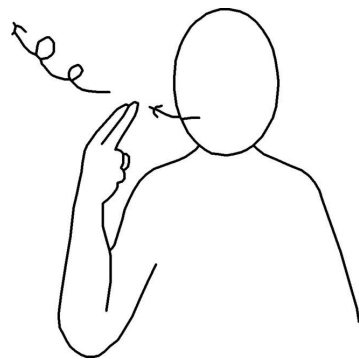


Please don't go, please don't go!

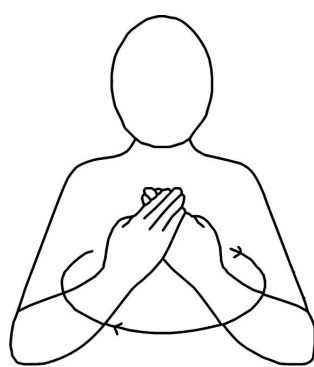




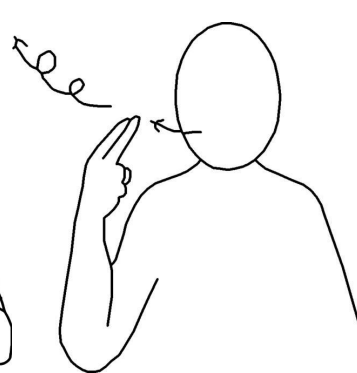
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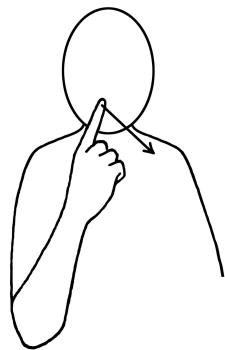
Choir



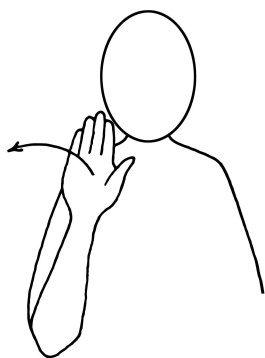
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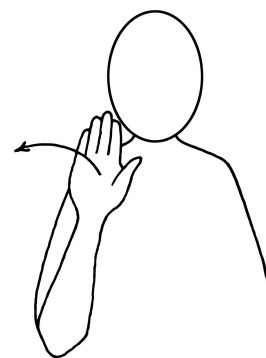
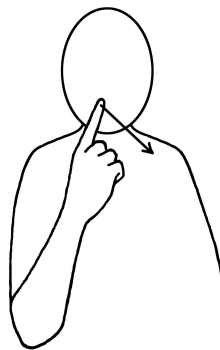
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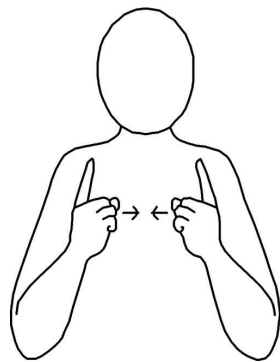
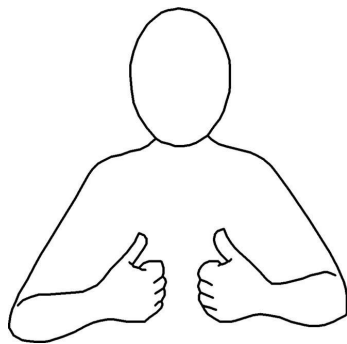
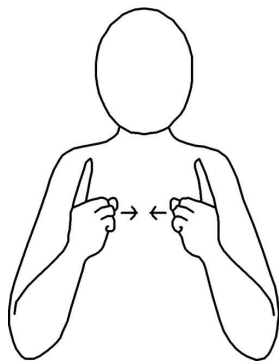
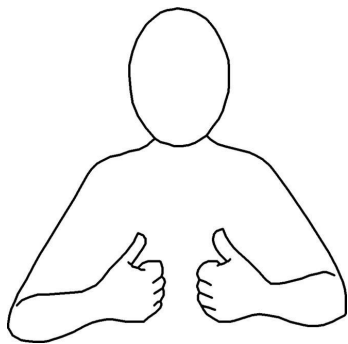


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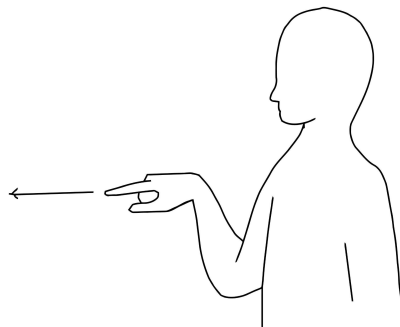
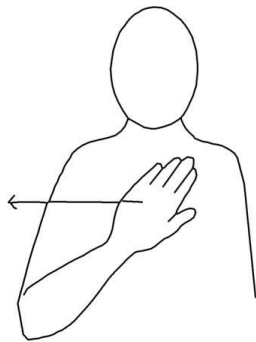
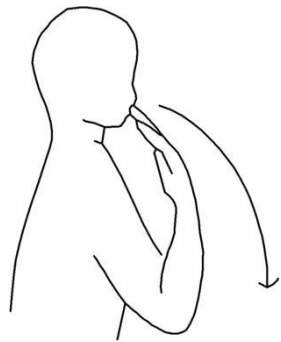


Says hello!





It's really good to meet you, really good to meet you



Please don't go, please don't go!

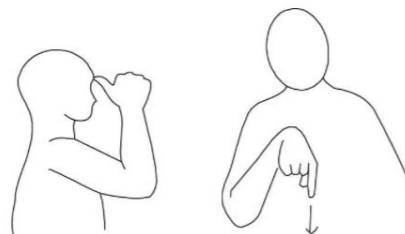




Rules & Regs



Have you signed in? (repeat) It's important! (repeat)



If there's a fire (repeat) We'll know you're here! (repeat)



Tip of middle
finger makes
contact with
body and
makes repeat
movement

2. Where's the toilet? (repeat)



Through the door there (repeat)

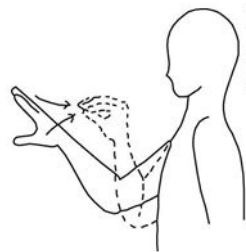


If there's a fire (repeat)

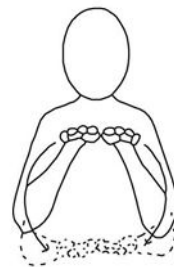


Go outside (repeat)





Direct signs at
object or person
being photographed

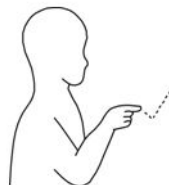


Little fingers
and thumbs
tucked in

3. Can we take a photo? (repeat) Put it on the website? (repeat)



If that's OK (repeat)



Tick the box (repeat)





4. Please no talking (repeat)



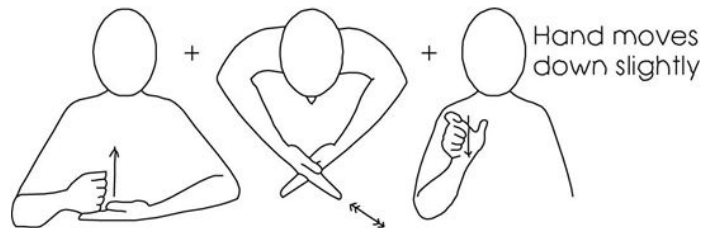
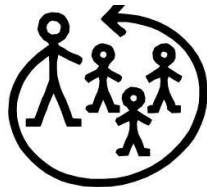
That's what the break's for (repeat)



No phones (repeat)



It's really rude (repeat)

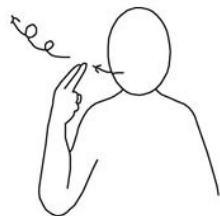
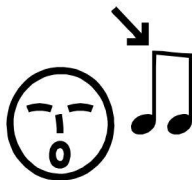


Repeated sawing movement
on knuckles of other hand

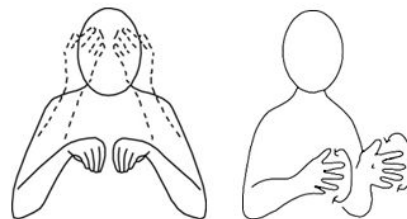
5. Support workers (repeat)



You're included (repeat)



Sing along (repeat)



Learn some signs





Tense hand
Use both
hands if very
worried

6. If you're worried (repeat)



Tell a helper (repeat)



Most important (repeat)



Hand making
small shaking
movements

Have some fun (repeat)



Hand making
small shaking
movements

...we all have fun

Welcome!



Warm Up Exercises



Warm Up Songs

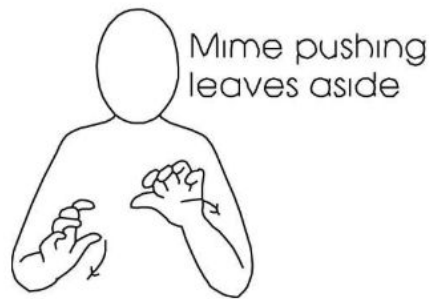


Weee-eee-eeama weh
Oo-Weee-eee-eeama weh

A-weema-weh, a-weema-weh, a-weema-weh, a-weema-weh
A-weema-weh, a-weema-weh, a-weema-weh, a-weema-weh

A-weema-weh, a-weema-weh, a-weema-weh, a-weema-weh
A-weema-weh, a-weema-weh, a-weema-weh, a-weema-weh

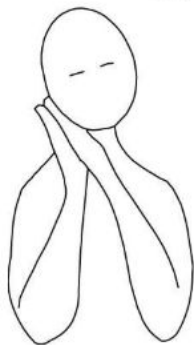
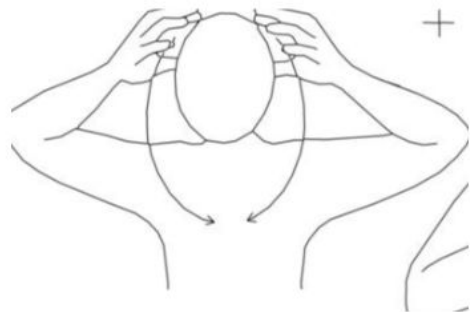




1. In the jungle,

the mighty

jungle

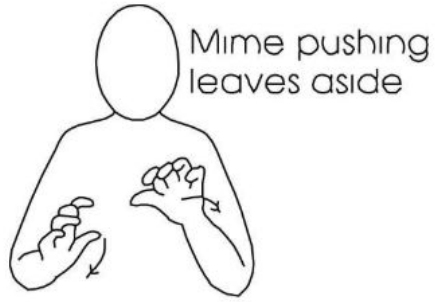


The lion

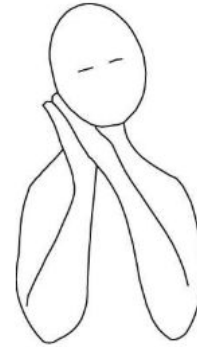
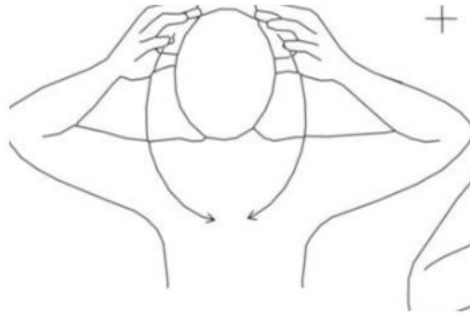
sleeps

tonight





In the jungle the quiet jungle



The lion sleeps tonight



Top Part /

Weee....ooh ee oo ee ooh mum o weh

Weee....ooh ee oo ee ooh mum o weh



Bottom Part /

A-weema-weh, a-weema-weh, a-weema-weh, a-weema-weh

A-weema-weh, a-weema-weh, a-weema-weh, a-weema-weh

A-weema-weh, a-weema-weh, a-weema-weh, a-weema-weh

A-weema-weh, a-weema-weh, a-weema-weh, a-weema-weh



the include choir agreement



We don't need no discrimination



We don't need no bullying



We are here to help each other



To have some fun
- and have a si-i-ing





Hey, that's right

We're good at listening



You see the thing is –
we're just here to sing



The Include Choir is here
– so come and join in!



It's OK, we're all supportive



It's OK to take a break



It's OK to ask a question



We have tea and biscuits
and sometimes ca-a-ake





Hey, that's right

Sometimes we have cake

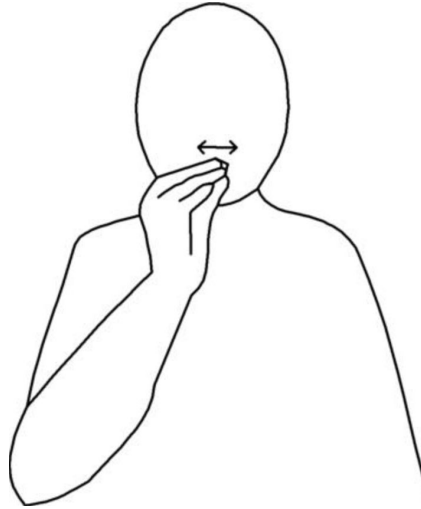
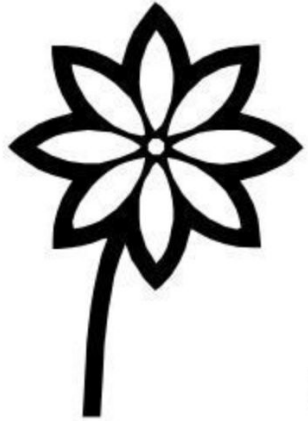


But the thing is –
we're just here to sing



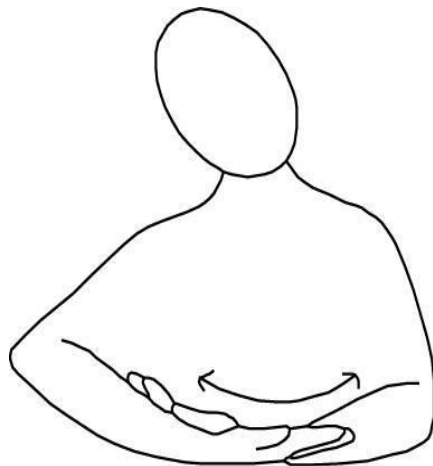
The Include Choir is here
– so come and join in!

Sign of the week



Flower

Next Week's Sign of the Week



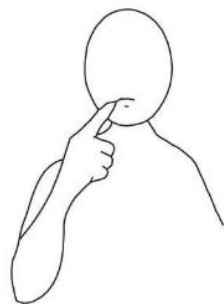
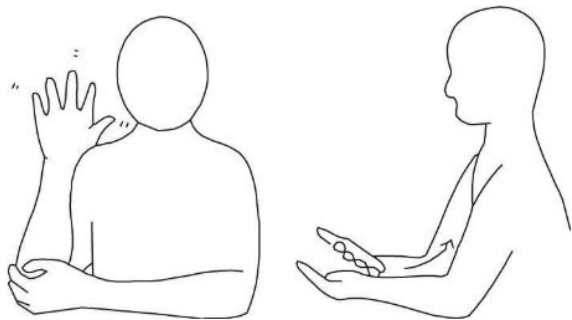
Baby

**We film our Sign Of
The Week Song!**

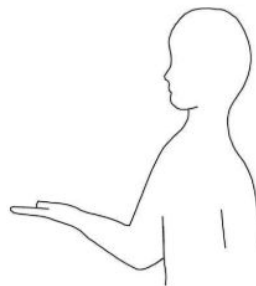
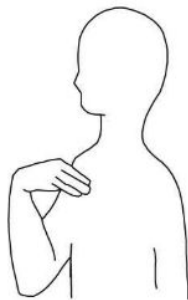
**Please wear a red
sticker and move
to the side if you
do not want to be
in the video!**

What a Wonderful World



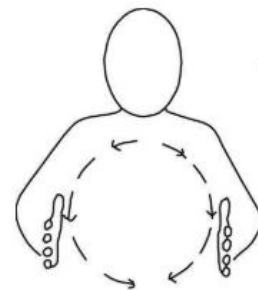
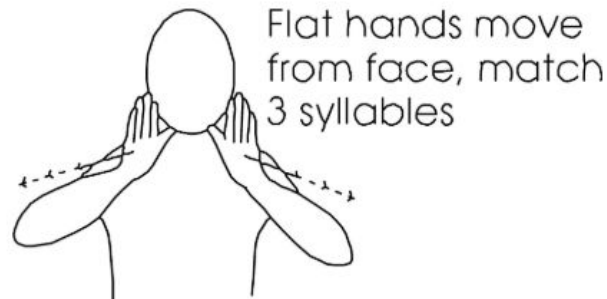
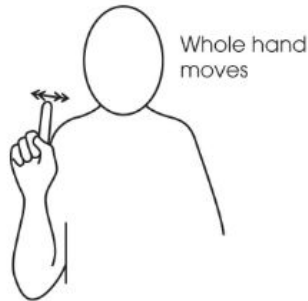


1. I see trees of green, red roses too,



I see them bloom, for me and you



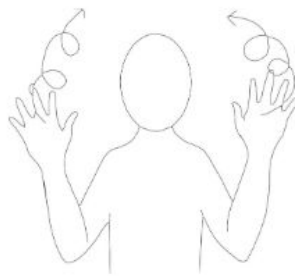
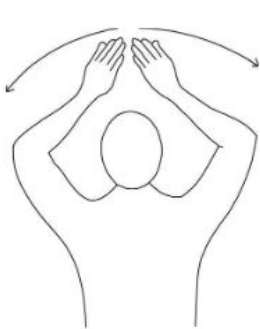


And I think to myself - What

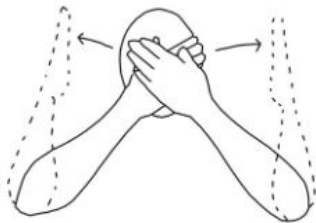
a wonderful

world.



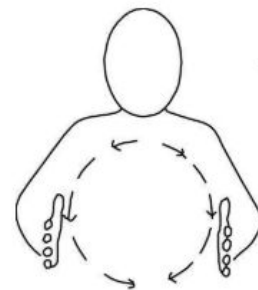
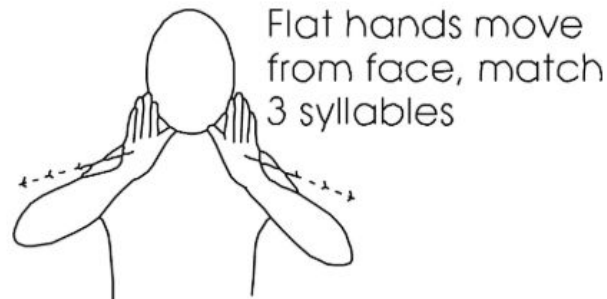
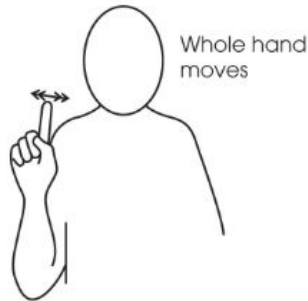


2. I see skies of blue, and clouds of white,



The bright blessed day, the dark sacred night





And I think to myself - What

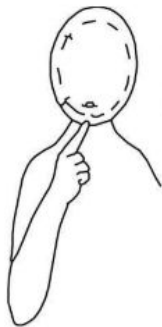
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world.





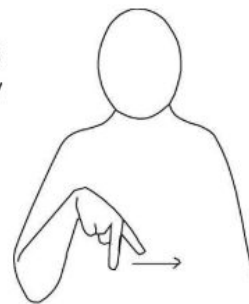
The colours of the rainbow, so pretty in the sky,



Index finger
outlines face

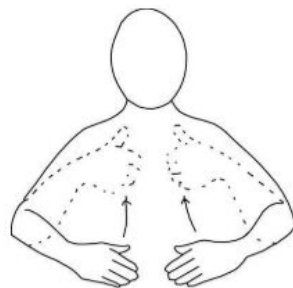


Hand moves
down slightly

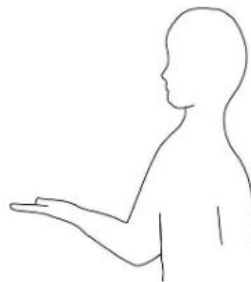


Are also on the faces of the people passing by.





I see friends shaking hands, sayin', "How do you do?"

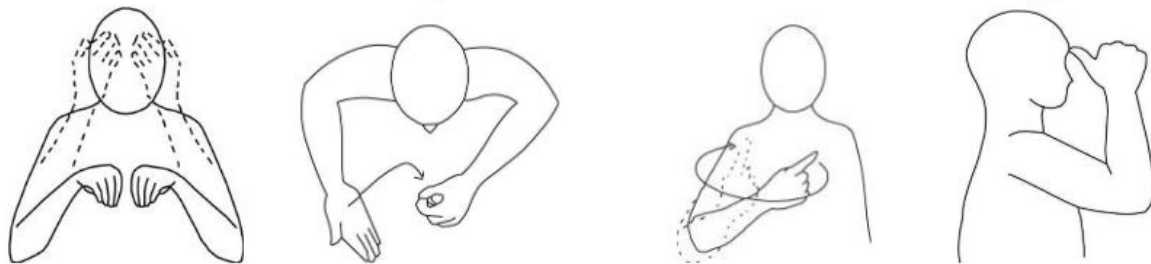


They're really sayin', "I love you."



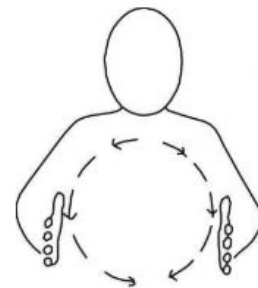
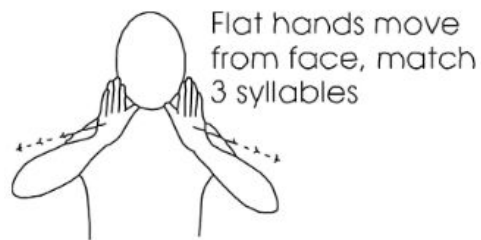
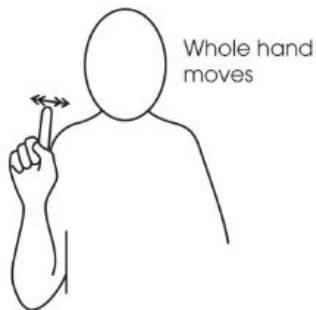


3. I hear babies cry, I watch them grow



They'll learn much more than we'll ever know

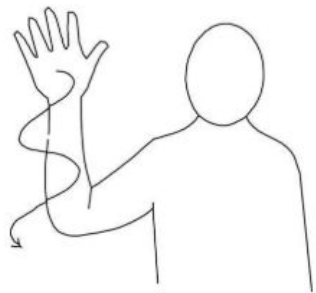




And I think to myself - What a wonderful world.

(instrumental)





The colours of the rainbow, so pretty in the sky,



Index finger
outlines face

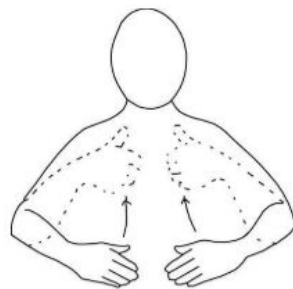
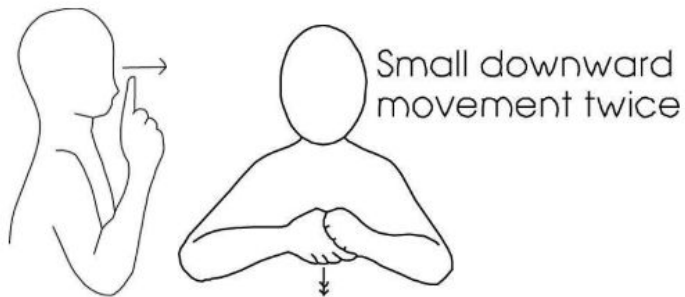


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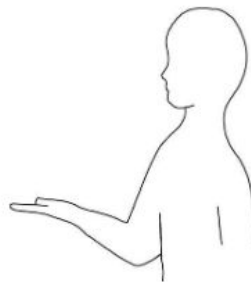


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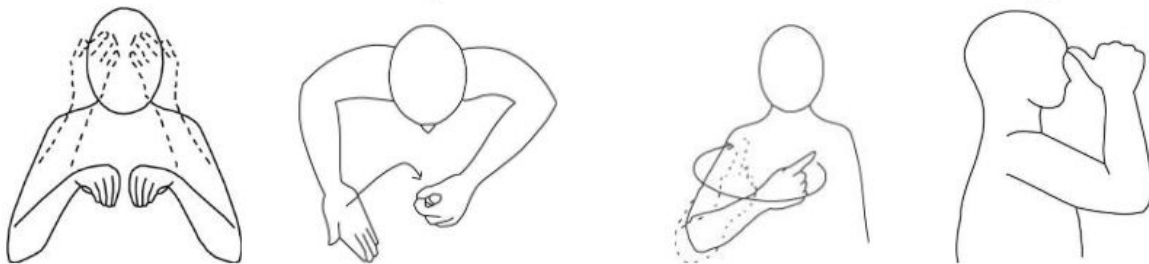


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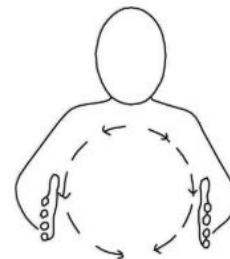
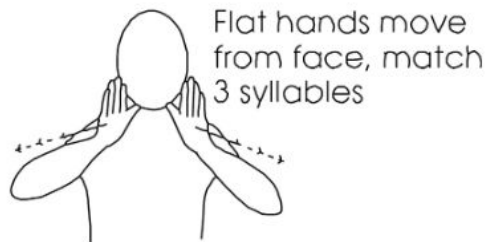
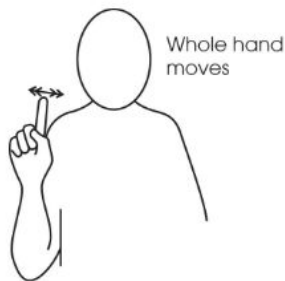


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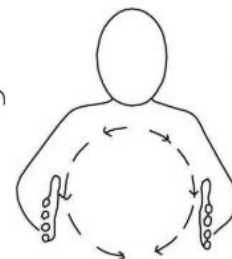
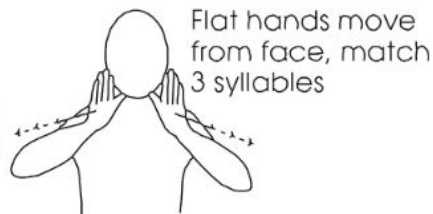


They'll learn much more than we'll ever know





And I think to myself - What a wonderful world.



(Slow) Yes, I think to myself – what a won – der – ful world.



The Include Choir Song



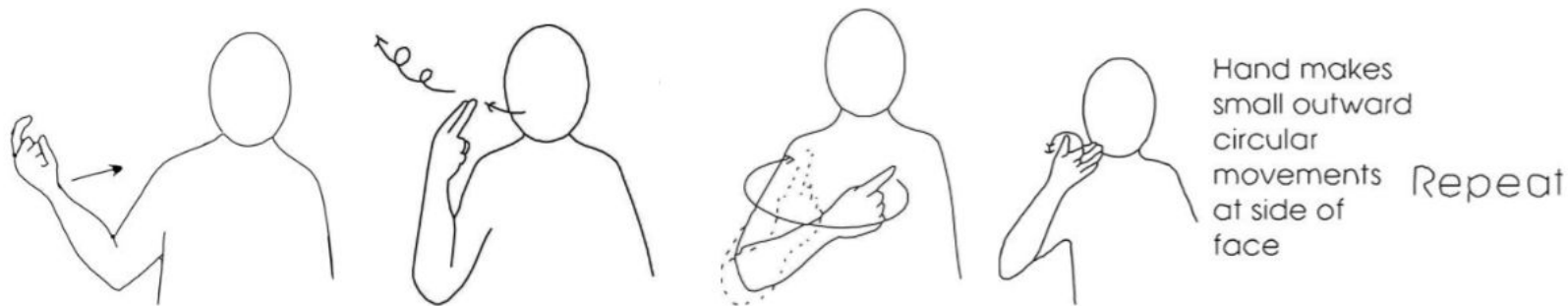
The Include Choir



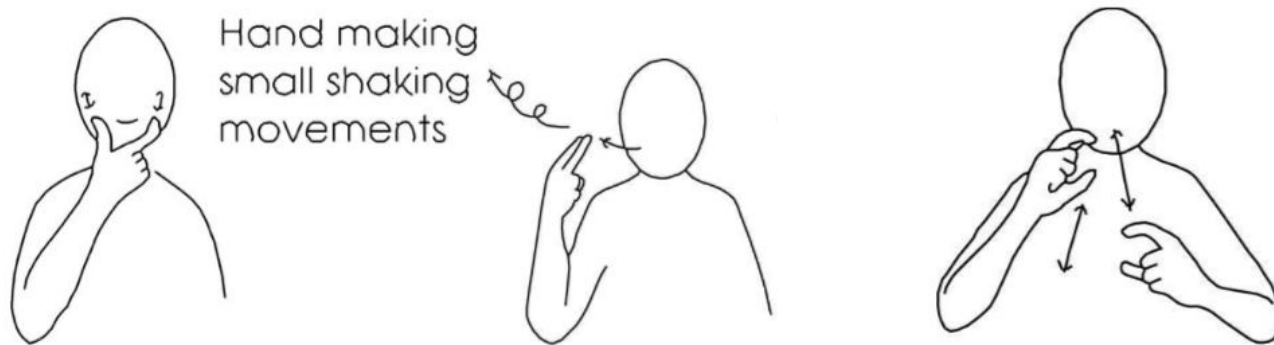
Include everyone, we'll listen to your ideas



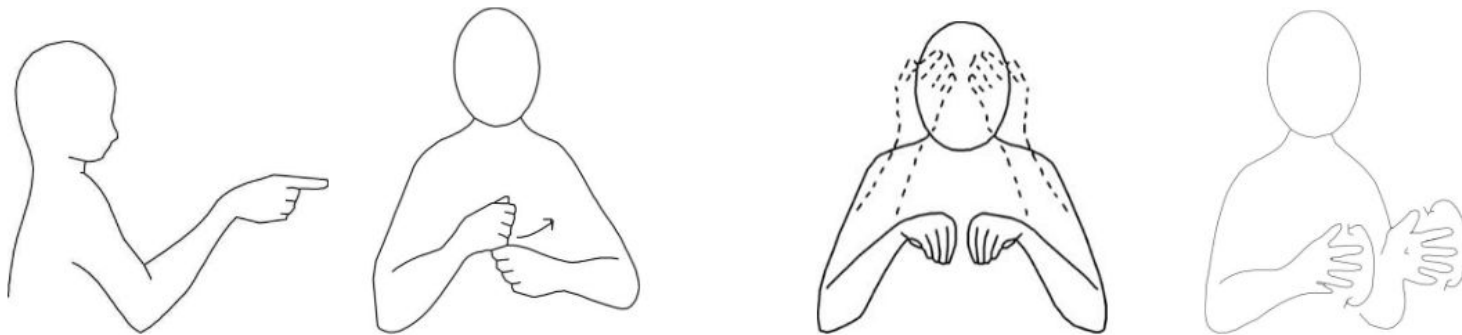
No - one left out – we're all included here



Come and join the choir, we'll have a lot of fun



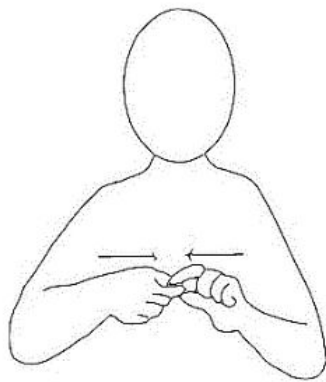
Laugh or sing – it's all communication.



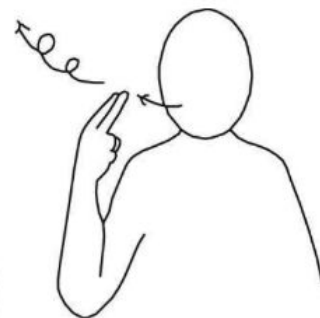
U can do it, come and learn some signs



Don't you worry – cos you will be just fine



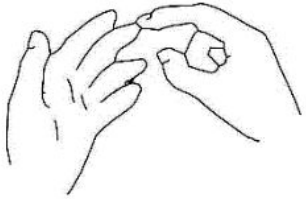
Each and everyone who joins – will be inspired



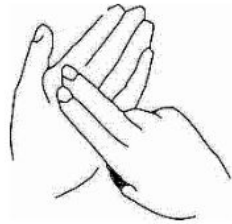
It's a happy place, it's the

Include

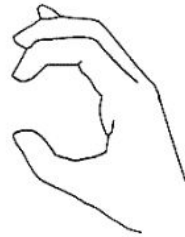
Choir!



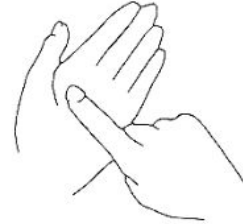
I to the



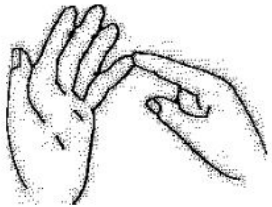
N to the



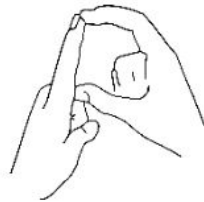
C to the



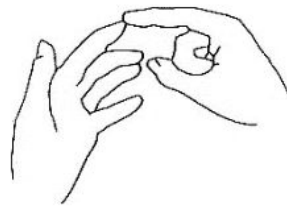
L



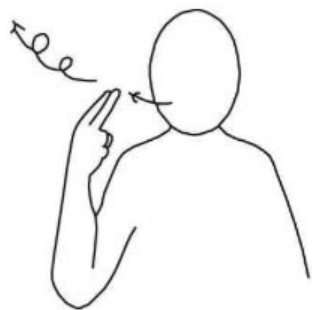
U to the



D to the



E



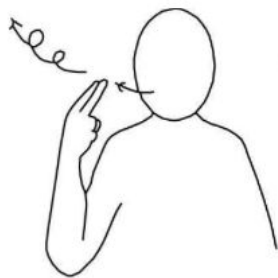
Singing the songs that we know so well



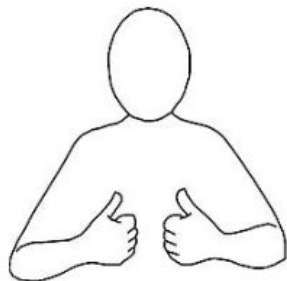
That's how we came to be



Include

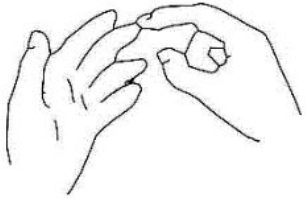


Choir

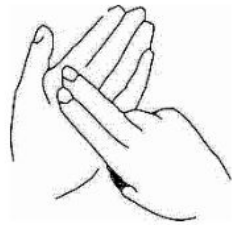


Takes us higher

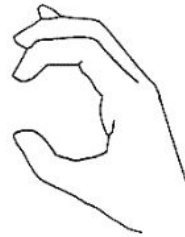
Instrumental



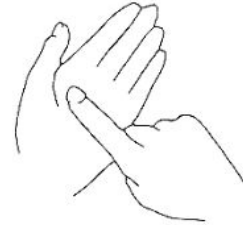
I to the



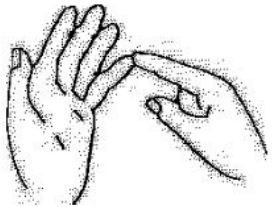
N to the



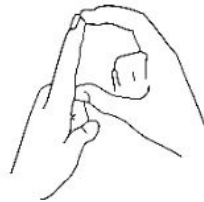
C to the



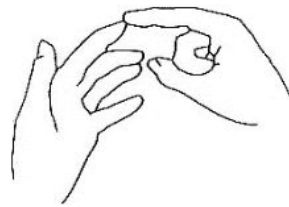
L



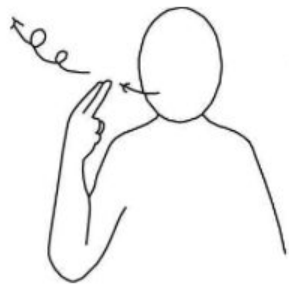
U to the



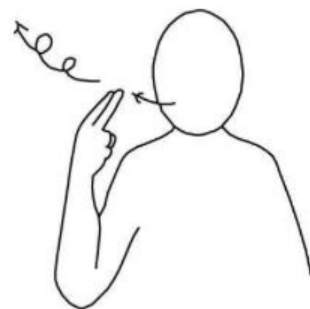
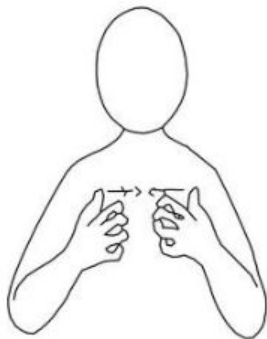
D to the



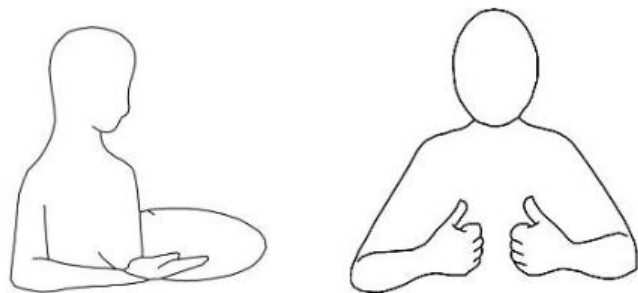
E



Singing the songs that we know so well



That's how we came to be - Include Choir



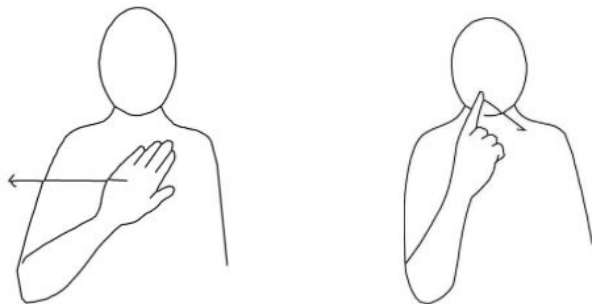
Takes us higher...



Include everyone!

Make your own kind of music

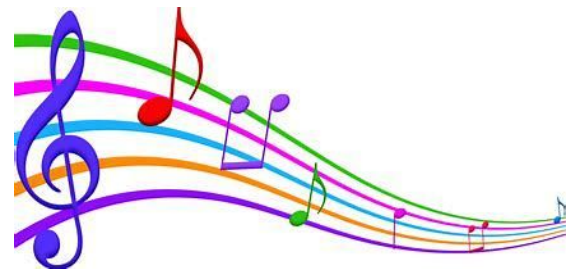




1. Nobody can tell ya'

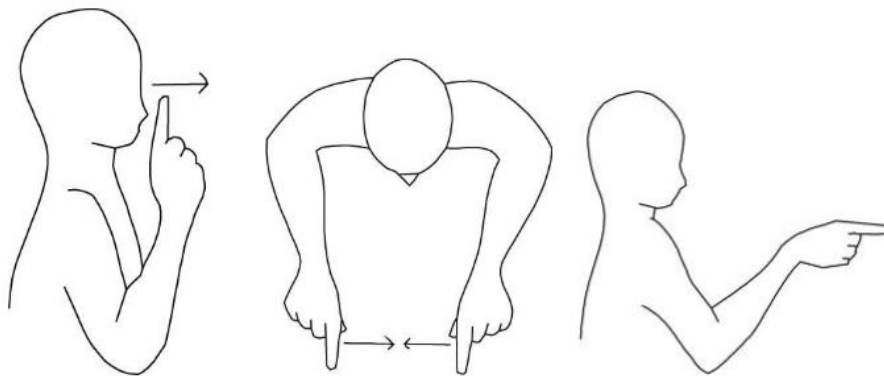


There's only one song worth singin'

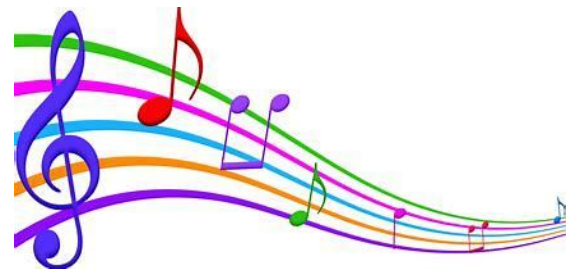




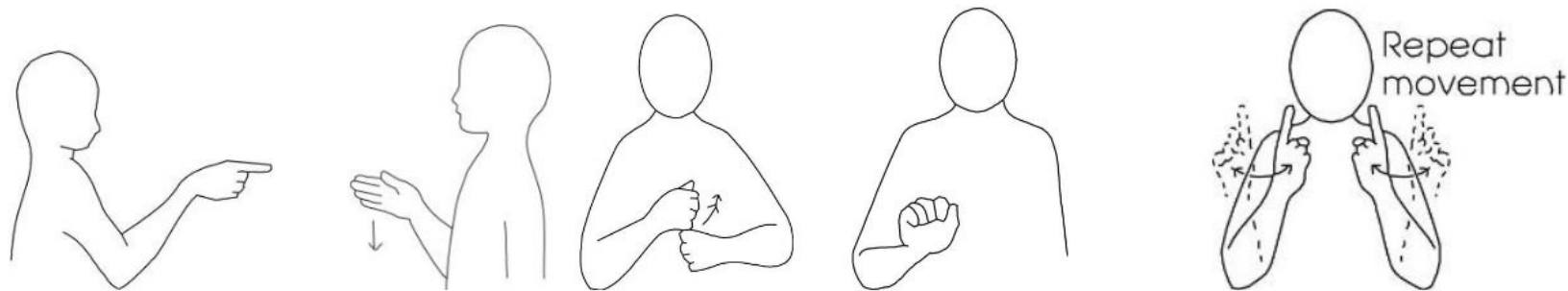
They may try and sell ya', 'Cos it hangs them up



To see someone like you



Chorus

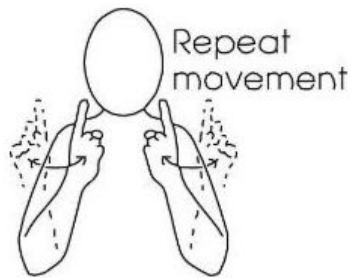


But you've gotta make your own kind of music

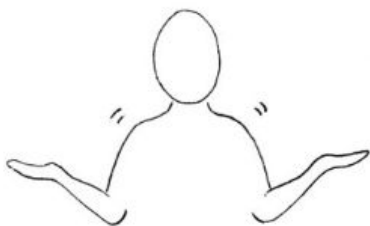


Sing your own special song





Make your own kind of music



Even if nobody else sings along



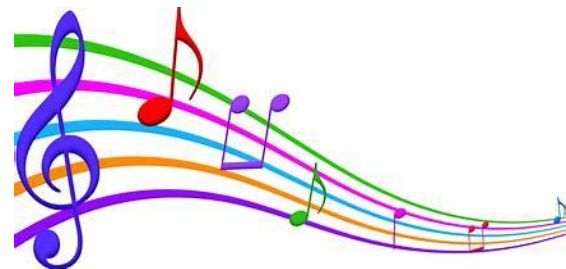


2. You're gonna be nowhere,



Right index finger
moves sharply down
behind left hand, both
open to flat hands, palms
down, and move forward

The loneliest kind of lonely





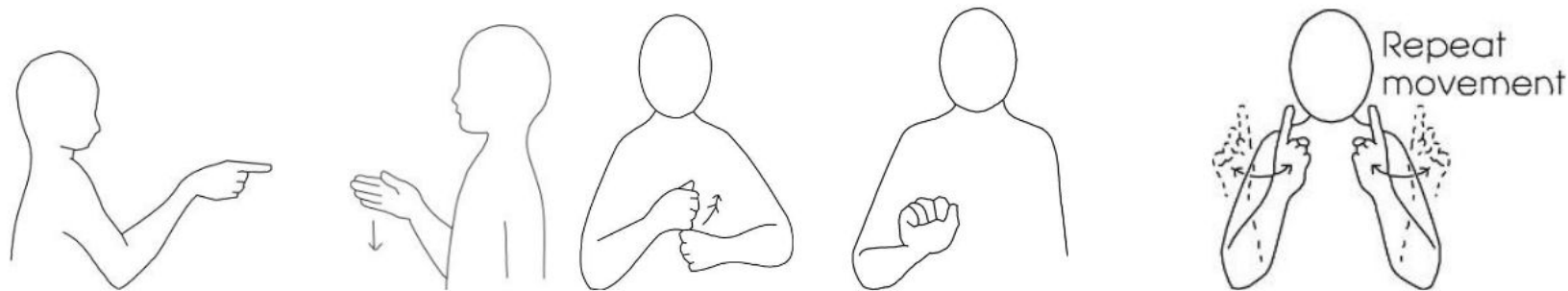
It may be rough goin'



Just to do your thing's the hardest thing to do



Chorus

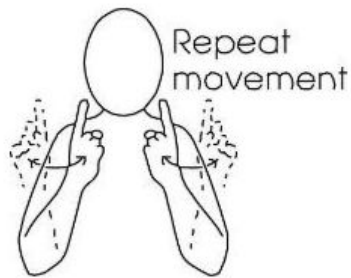


But you've gotta make your own kind of music

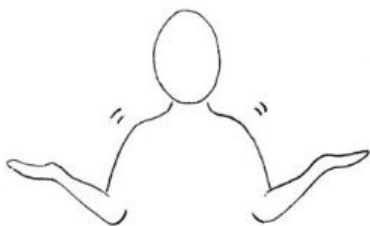


Sing your own special song



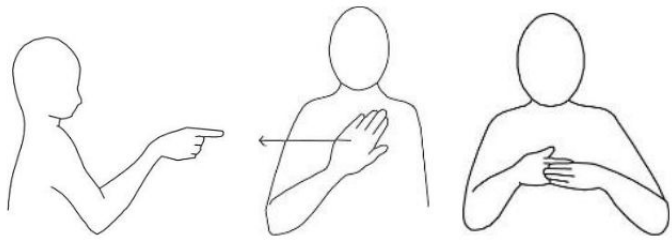


Make your own kind of music

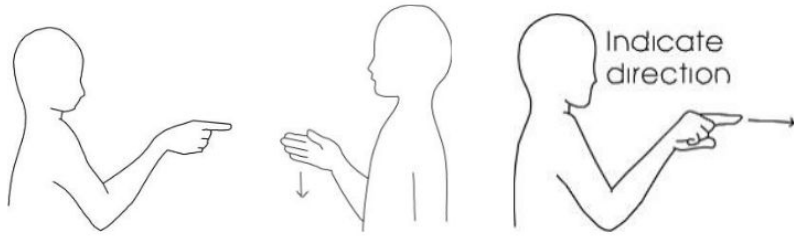


Even if nobody else sings along

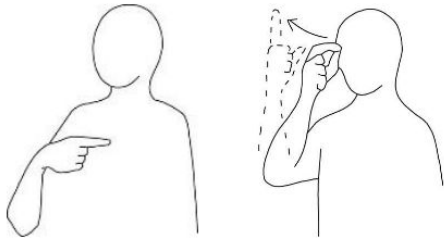




So if you cannot take my hand



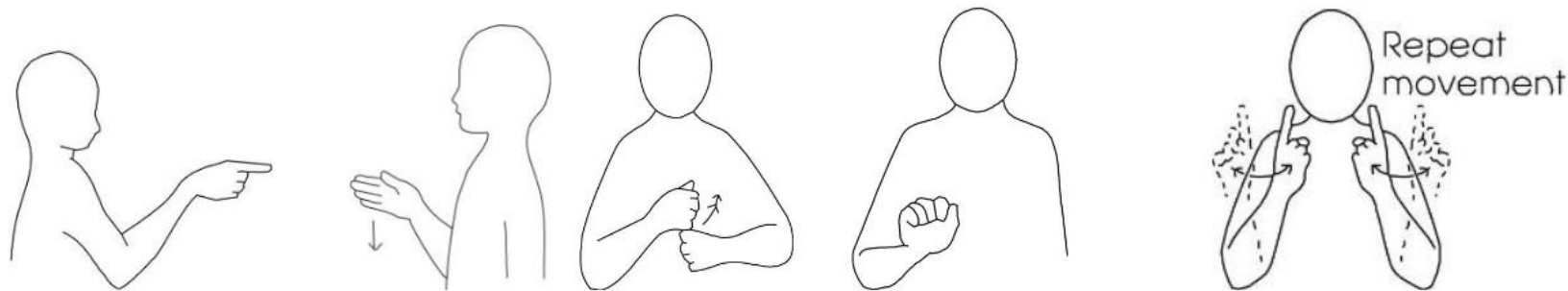
And if you must be goin'



I will understand



Chorus

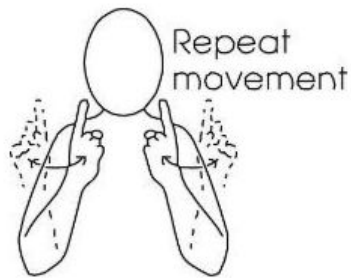


But you've gotta make your own kind of music

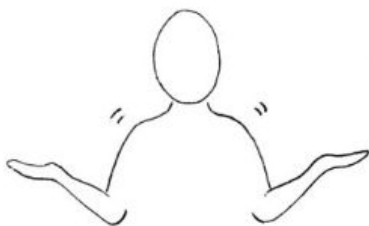


Sing your own special song





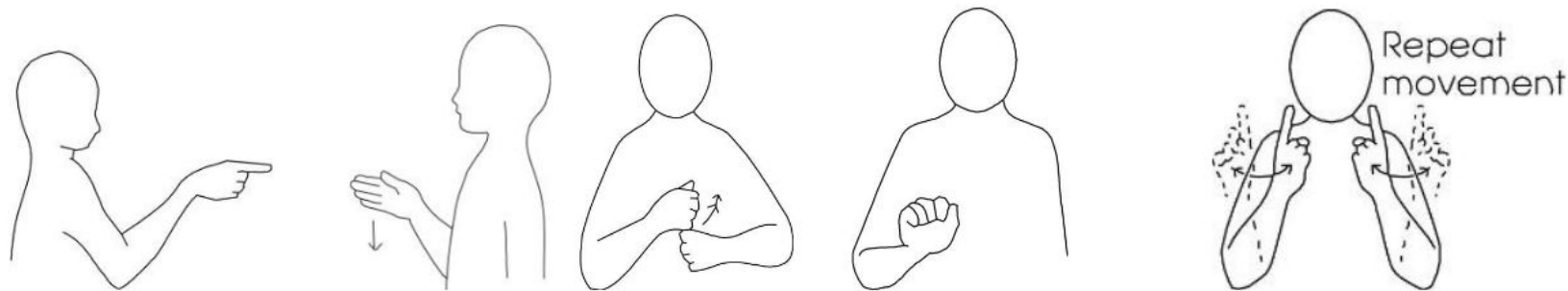
Make your own kind of music



Even if nobody else sings along



Chorus

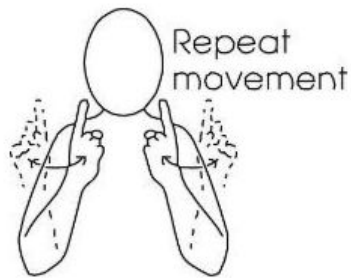


But you've gotta make your own kind of music

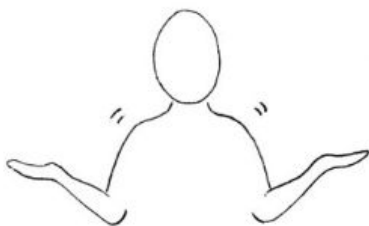


Sing your own special song



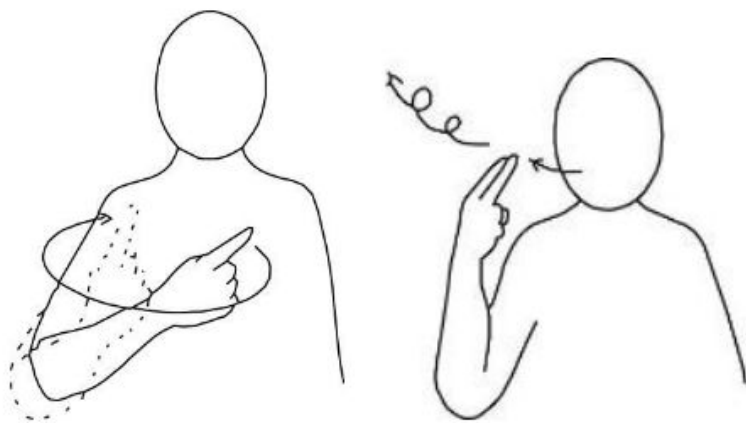


Make your own kind of music

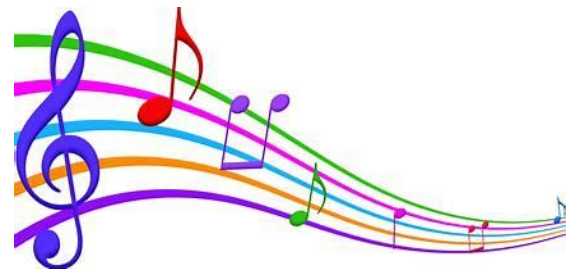


Even if nobody else sings along





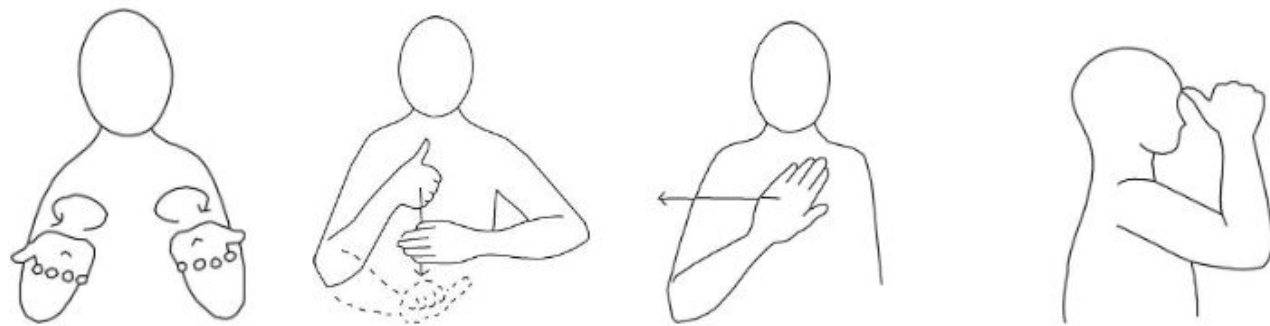
We're gonna Sing!





Sweet Caroline





Where it began, I can't begin to knowin'



But then I know it's growing strong.

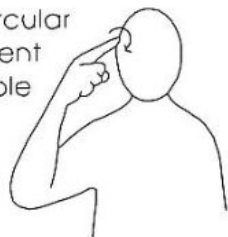




Fists twist
towards body
and circle
backwards
around each
other

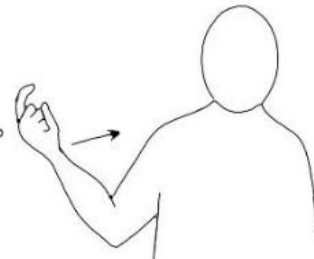
Was in the spring - And spring became the summer

Small circular
movement
on temple



+

Hand strikes
palm
deliberately



Who'd have believed you'd come along?

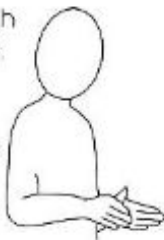




Touch back of
right or left hand
as appropriate
For plural touch
back of both
hands

Fingers touch
palm gently

Place as
appropriate

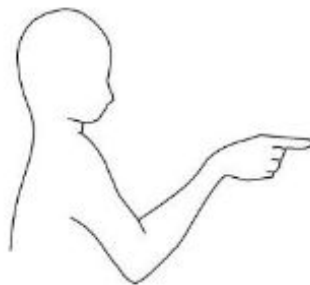
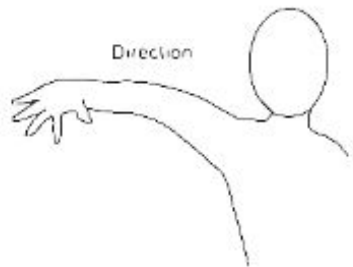


Touch back of
right or left hand
as appropriate
For plural touch
back of both
hands

Hands,

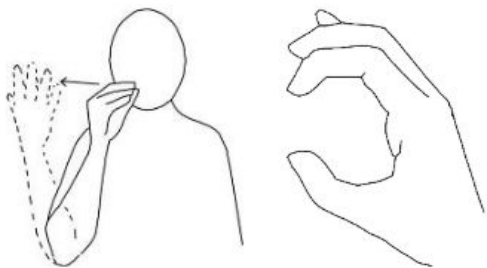
touchin'

hands



Reachin' out, touchin' me, Touchin' you





Sweet

Caroline



Good



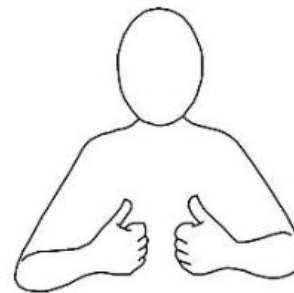
times

Tap
twice



Flat hand in
front of face, moves
forward and down

never seemed

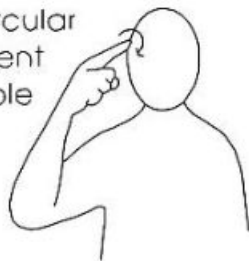


so good





Small circular
movement
on temple

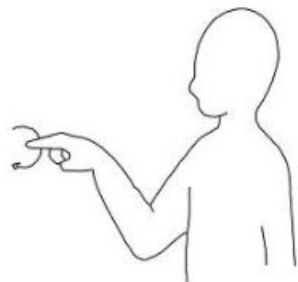


+

Hand strikes
palm
deliberately



I've been inclined ... To believe they never would



But

now

I.....

look at the night





Right index finger
moves sharply down
behind left hand, both
open to flat hands, palms
down, and move forward

And it don't seem so lonely



We fill it up with only two

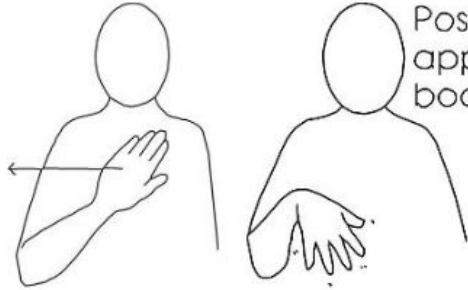




Position hand at
appropriate part of
body and shake hand



And when I hurt, hurtin' runs off my shoulders



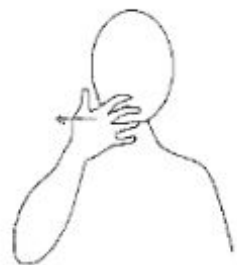
Position hand at
appropriate part of
body and shake hand



Facial
expression
as appropriate

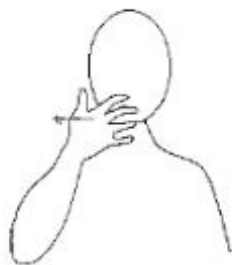
How can I hurt when holding you?





Fingers touch
palm gently.

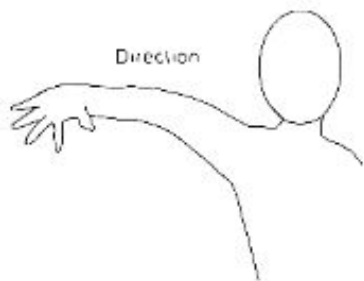
Place as
appropriate



Warm,

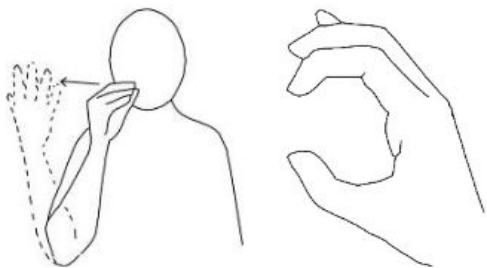
touchin'

warm



Reachin' out, touchin' me, Touchin' you





Sweet

Caroline



Good



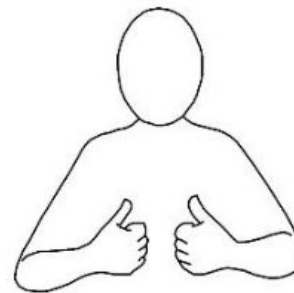
times

Tap
twice



Flat hand in
front of face, moves
forward and down

never seemed

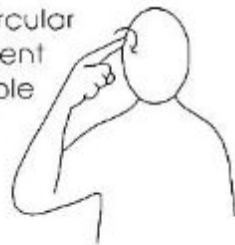


so good





Small circular
movement
on temple



+



Hand strikes
palm
deliberately

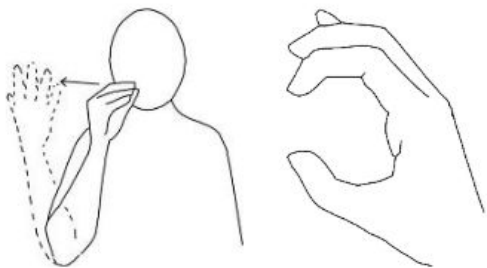


I've been inclined ... To believe they

never would

Instrumental





Sweet

Caroline



Good



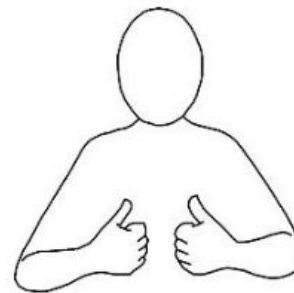
times

Tap
twice



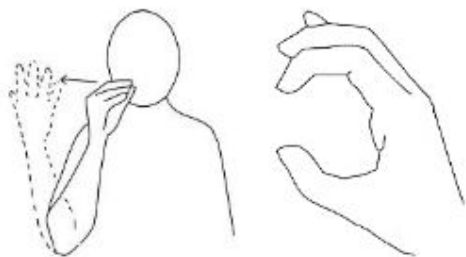
Flat hand in
front of face, moves
forward and down

never seemed



so good



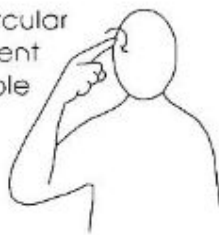


Sweet Caroline



I

Small circular
movement
on temple



+



Hand strikes
palm
deliberately

believe they

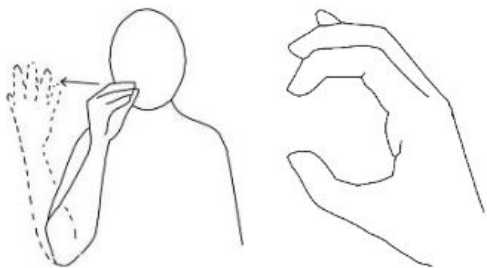


never



could





Sweet

Caroline



Good



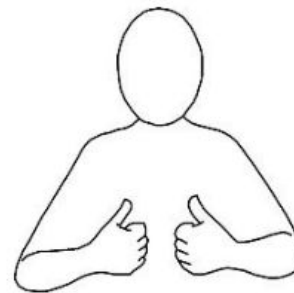
times

Tap
twice



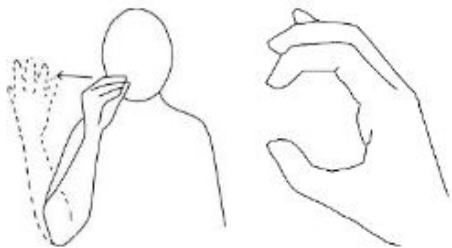
Flat hand in
front of face, moves
forward and down

never seemed



so good



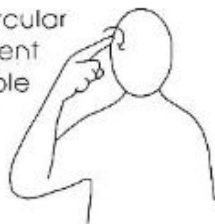


Sweet Caroline



I

Small circular
movement
on temple



+



Hand strikes
palm
deliberately

believe they

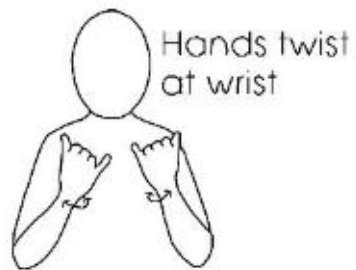


never



could



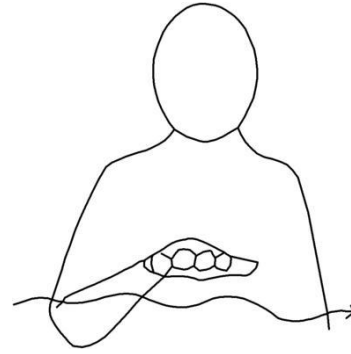
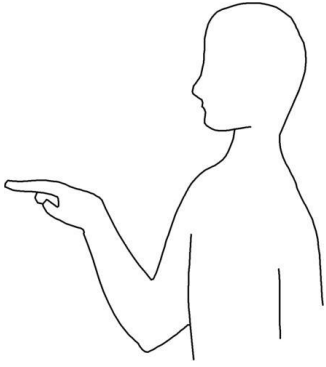


Time for celebrations x 6

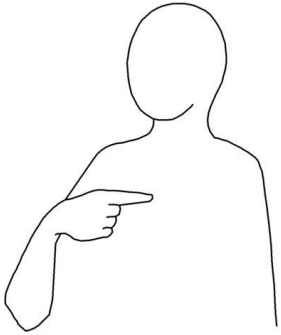


Count On Me





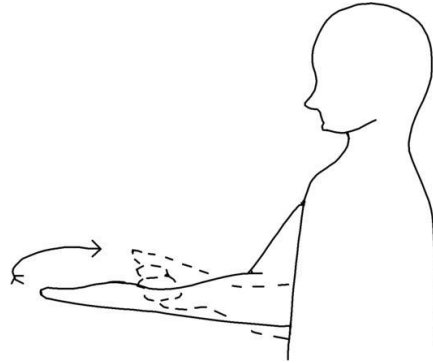
If you ever find yourself stuck in the middle of the sea



I'll

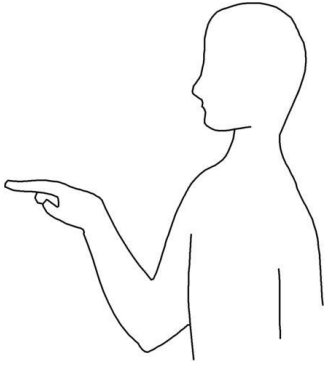


sail the world

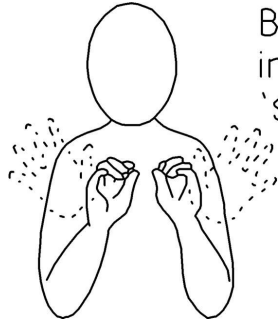
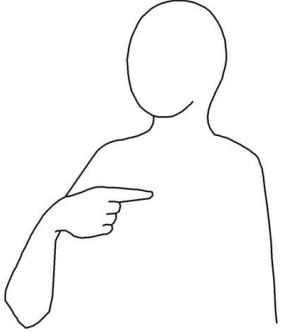


to find you





If you ever find yourself lost in the dark you can't see



Bunched hands
in front of body
'spring open'

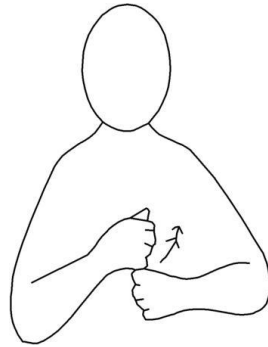


I'll be

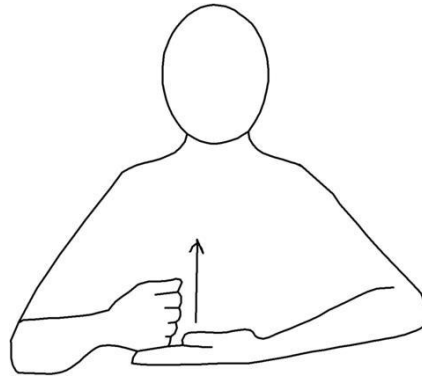
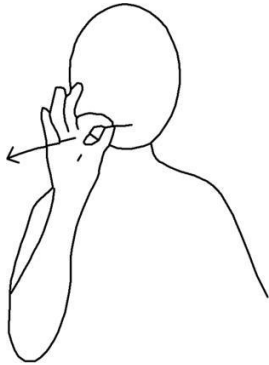
the light

to guide you



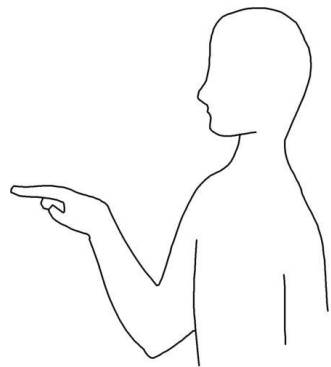


We find out what we're made of



When we are called to help our friends in need



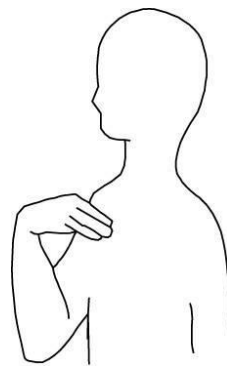


You can

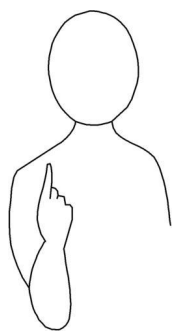


Hand strikes
palm
deliberately

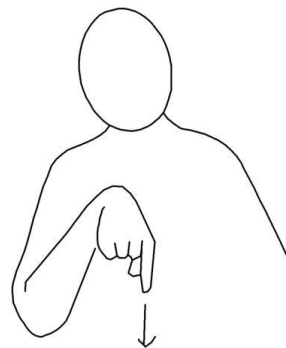
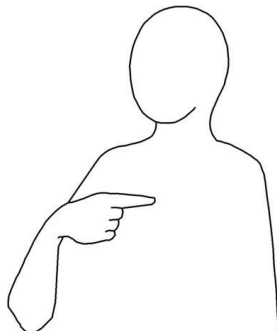
count on



me



Like 1, 2, 3,

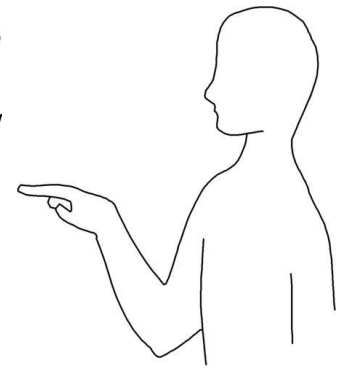


I'll be there





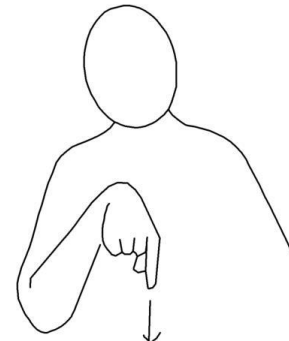
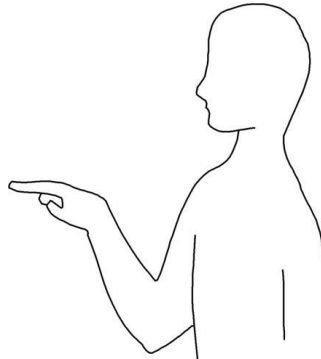
Hand strikes
palm
deliberately



And I know when I need it I can count on you

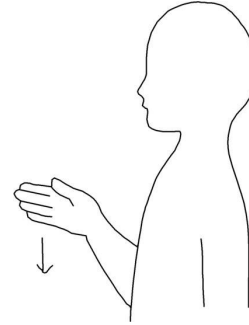


Like 4, 3, 2,



you'll be there

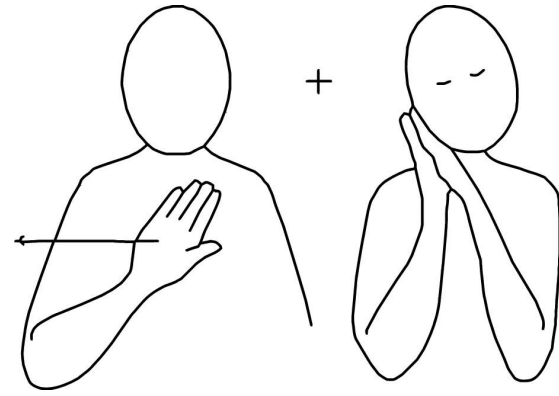
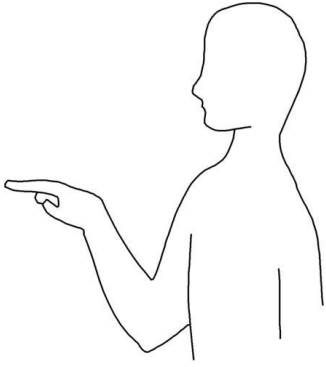




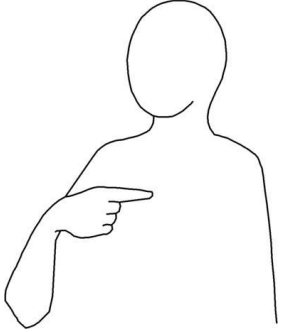
'Cause that's what friends are supposed to do

Oh yeah, ooh-ooh-ooh, ooh, yeah, yeah...

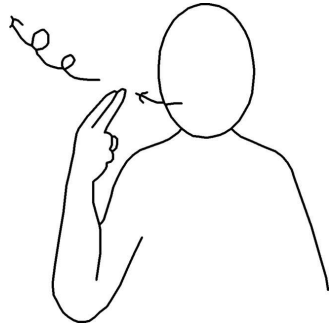




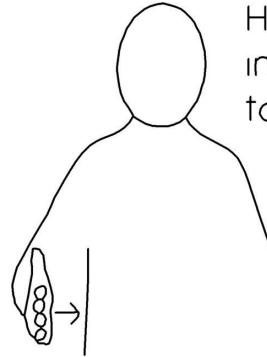
If you're tossing and turning, you just can't fall asleep



I'll



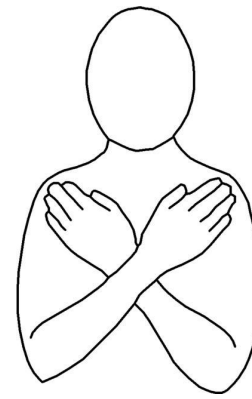
sing a song



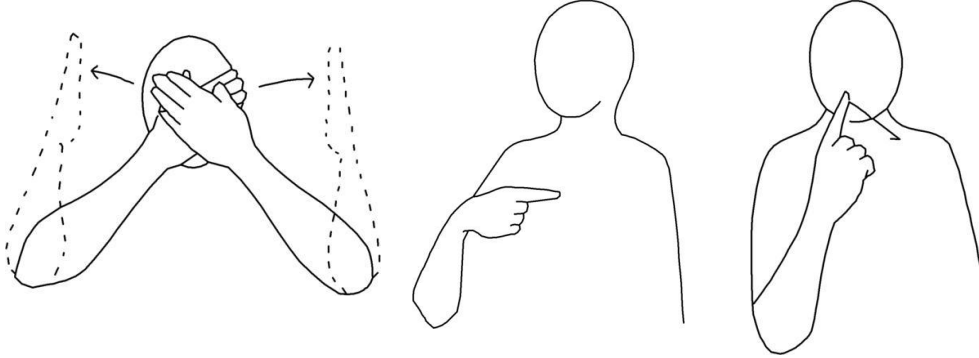
Hand draws
in closely
to body

beside you



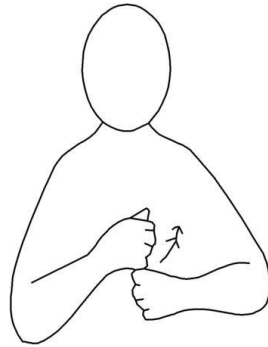


If you ever forget how much you really mean to me

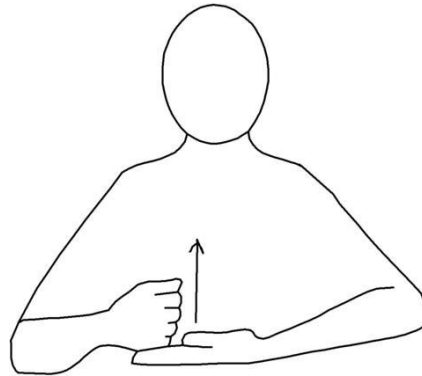
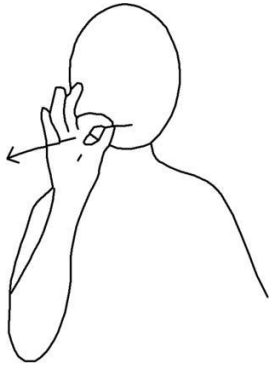


Every day I will remind you



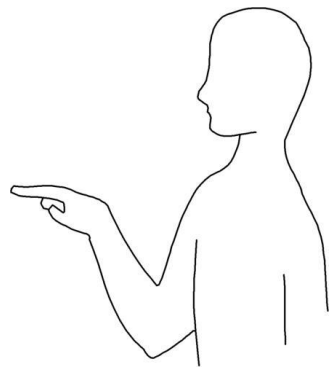


We find out what we're made of



When we are called to help our friends in need



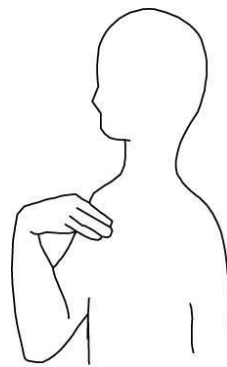


You can

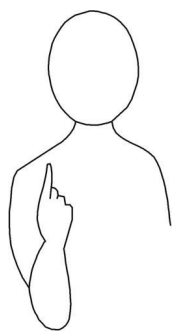


Hand strikes
palm
deliberately

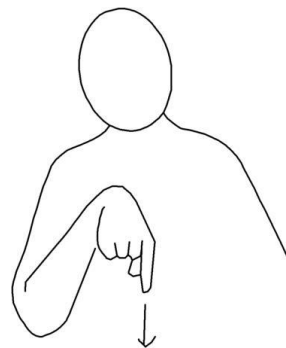
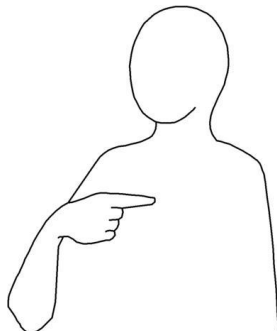
count on



me



Like 1, 2, 3,

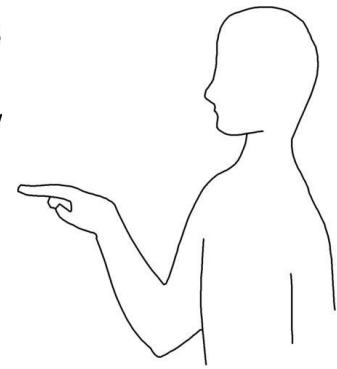


I'll be there





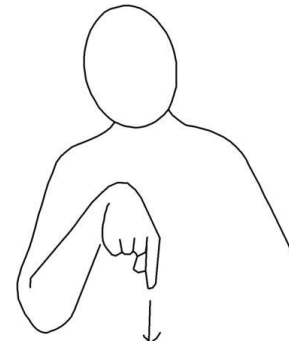
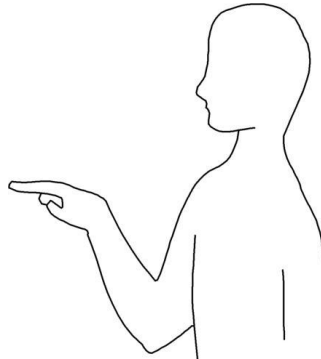
Hand strikes
palm
deliberately



And I know when I need it I can count on you

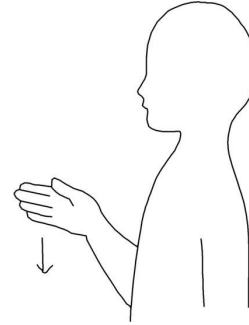


Like 4, 3, 2,



you'll be there

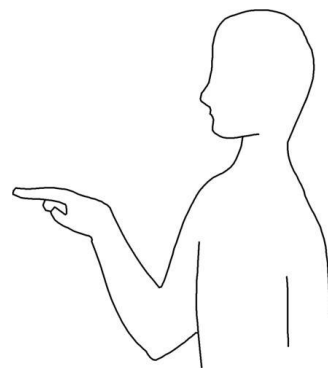
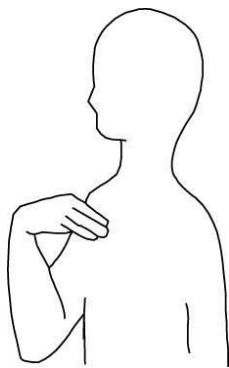




'Cause that's what friends are supposed to do

Oh yeah, ooh-ooh-ooh, ooh, ooh-ooh-ooh...





You can count on me 'cause I can count on you.

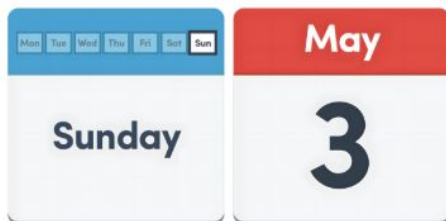


News





Include Choir's 10th Birthday Tea!



Please join us on Sunday 3rd May for our 10th birthday **cake sale!** It will be held at **Brockham Green Church Hall, Brockham RH3 7JR.**



The cake sale will last from **2.30pm to 5pm.** Please let us know if you would like to make a cake for Include to sell.



We will do a **short, fun performance** at **around 3.30pm**



ACISS Africa Day



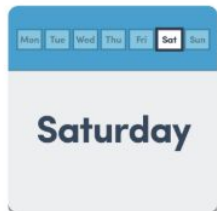
Please join us on **Saturday 30th May** at the
ACISS Africa Day, **Horley Recreation Ground,**
Vicarage Lane, Horley, RH6 8AR

Please meet at the **Include stall at 1.30pm.**
We will be singing from 2 - 2.30pm.



Please wear your choir polo shirt and black bottoms.

10th Anniversary Concert



Please join us for our 10th Anniversary Concert on **Saturday 6th June** at **St Mary's Church, Reigate, RH2 7RN**



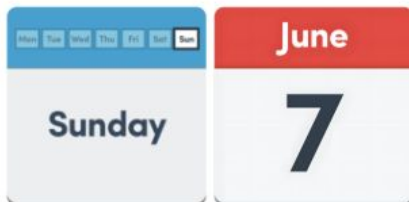
We will meet at **6pm** for a practice. The concert will start at 7.30pm and finish at around 9.30pm.



After we have sung, there will be an **interval and a raffle**. You can stay after the interval to listen to **Franklin Voices Choir** singing.



Merstham Summer Fair



Please join us on **Sunday 7th June** at the **All Saints Summer Fair**, Crossways Green, Battlebridge Lane, Merstham RH1 3LH.



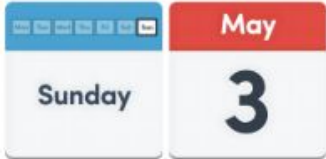
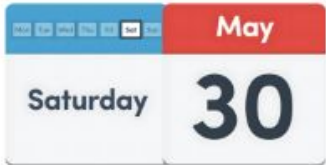
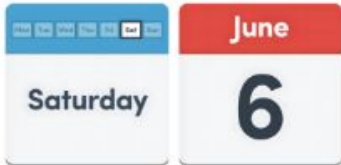
There is **free parking** available on the neighbouring streets.

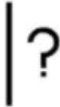


The fair is open from **11.30am to 3pm** and Include will have a stand. Come and chat to us and have a look at all the other stalls.



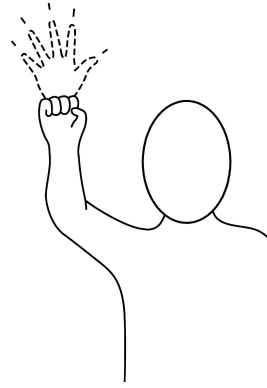
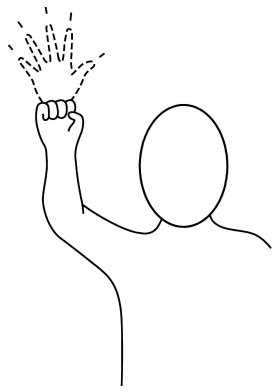
Please meet at the **Include stall at 12.30pm**. We will be singing from 1 - 1.45pm.

What? 	When? 	Where? 
10th Birthday Teas On The Green!	 	Brockham Green Church Hall, Brockham RH3 7JR.
ACISS Africa Day	 	Horley Recreation Ground, Vicarage Lane, RH6 8AR
Include's 10th Birthday Concert	 	St Mary's Church, Reigate, RH2 7RN
All Saints Summer Fair	 	Crossways Green, Battlebridge Lane, Merstham RH1 3LH.

What? 	When? 	Where? 
NESCOT Performance	  	Reigate Road , Epsom KT17 3DS
Arts and Laughs Workshop	  	Bletchingley Village Hall , 78 High St, Redhill, RH1 4PA
Reigate Summer Festival	  	Old Town Hall , High Street, Reigate, RH2 9AA
Gatton Park Country Fair	  	Gatton Park , Redhill, Reigate RH2 0TW .

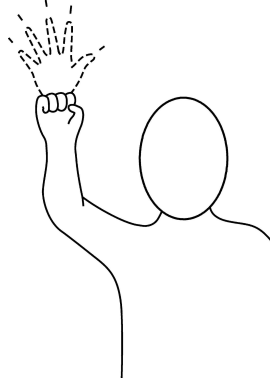
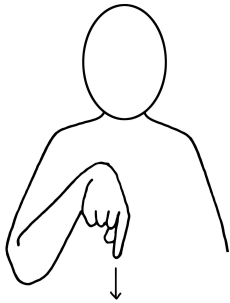
Star of the Month





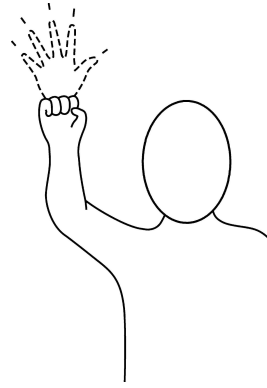
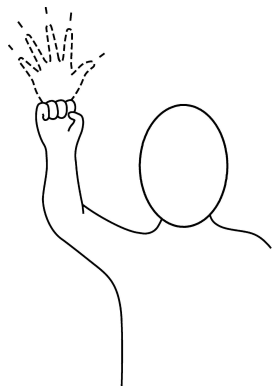
Star of the Month,

star of the month



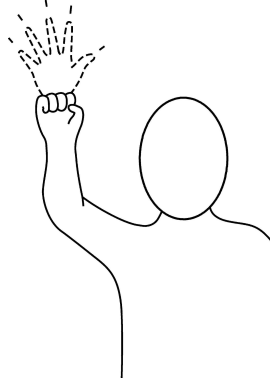
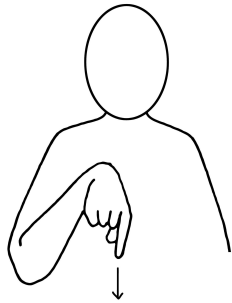
This is the star of the month!





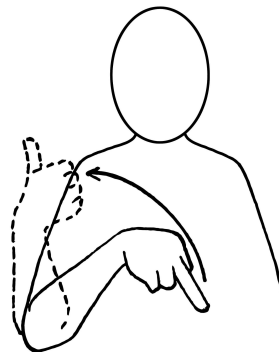
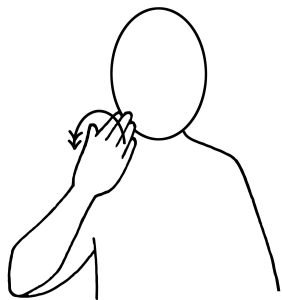
Star of the Month,

star of the month

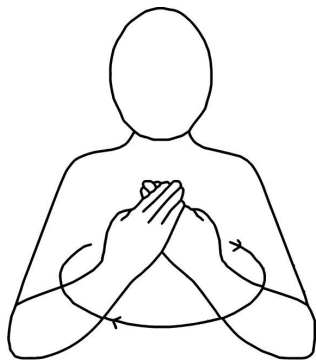


This is the star of the month!



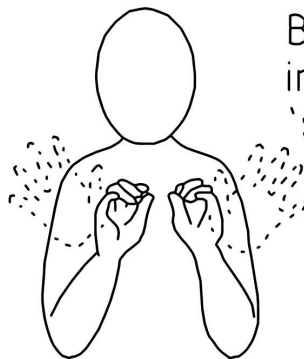
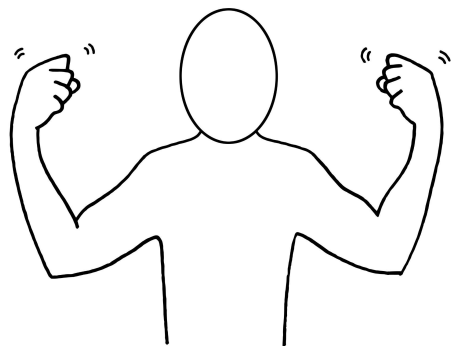


You're fun, respectful and you're kind



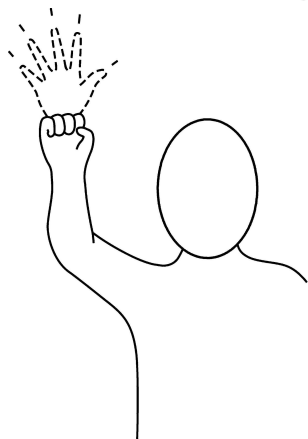
Including us all of the time





Bunched hands
in front of body
'spring open'

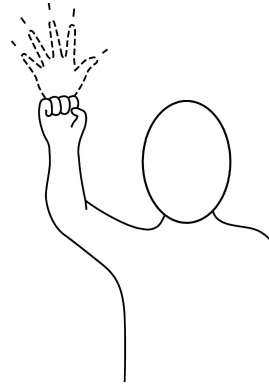
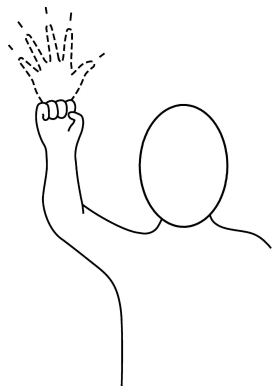
Empowering us, how you shine -



'M' hand taps
lightly on left
palm

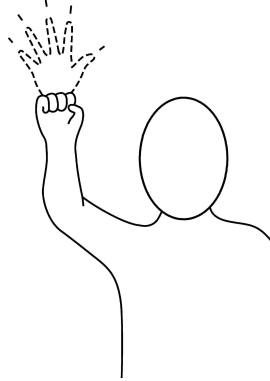
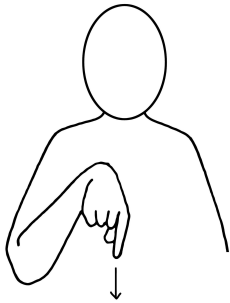
Our Star Of The Month...





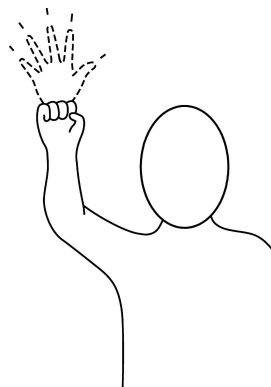
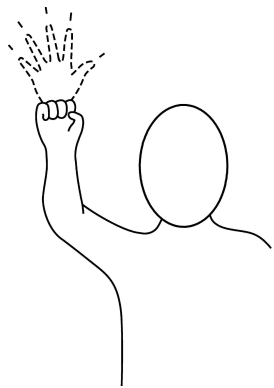
Star of the Month,

star of the month



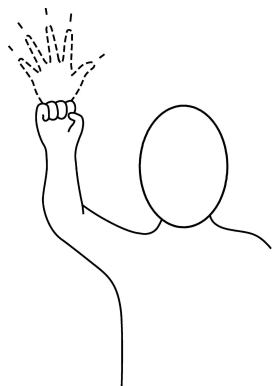
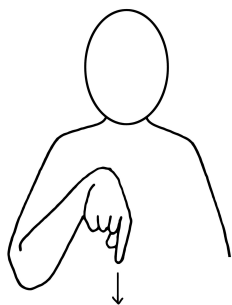
This is the star of the month!





Star of the Month,

star of the month



This is the star... of the month!





You are our Star of the Month because you have shown our values:



kind



empowering



fun



inclusive



respectful

Thank you for helping to make the world a better, more inclusive place.



include.org

The Include Project
Charity Number: 1177785

Birthdays

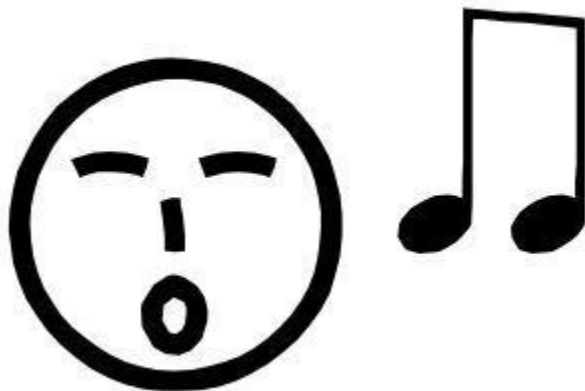


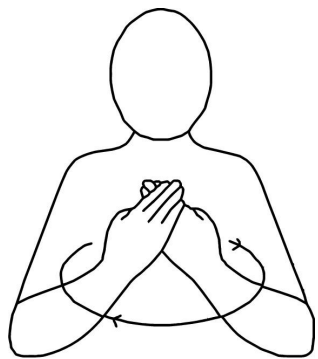


Break & Sign of the Week Video

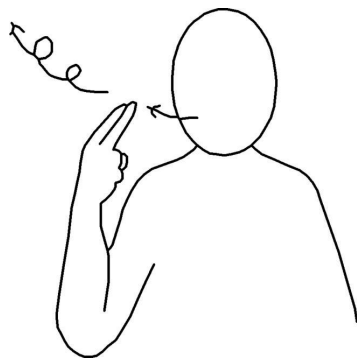


Welcome Back!

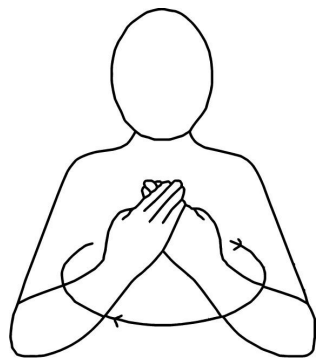




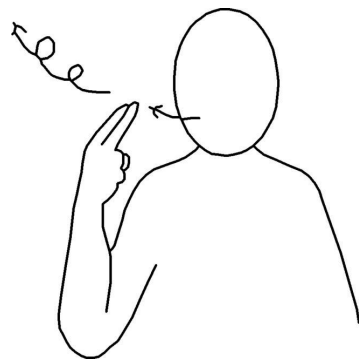
Include



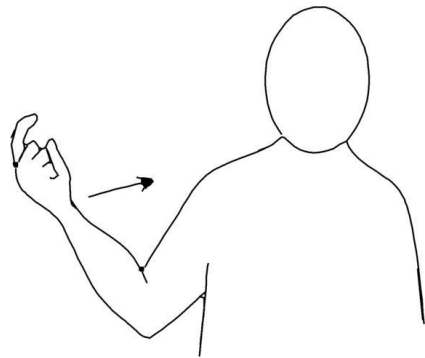
Choir



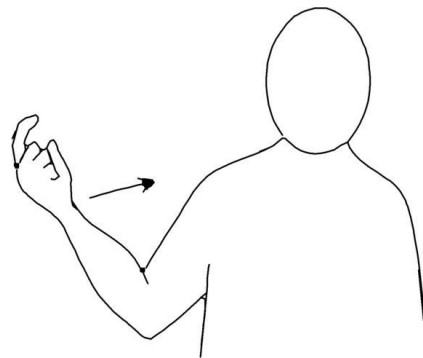
Include



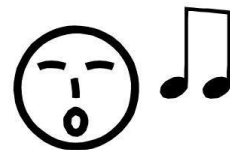
Choir

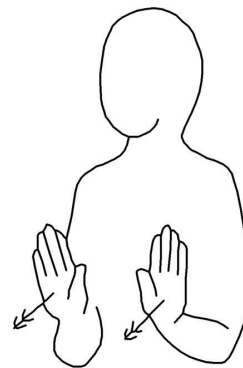
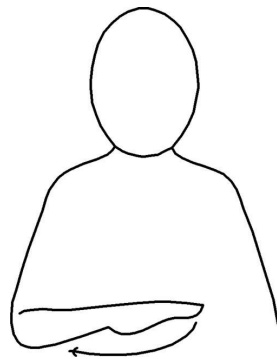
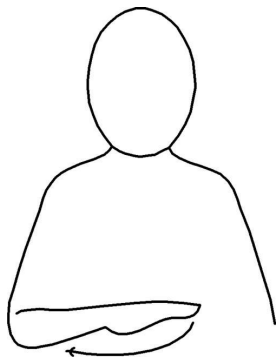


Come and sing!

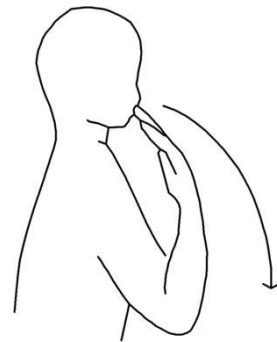
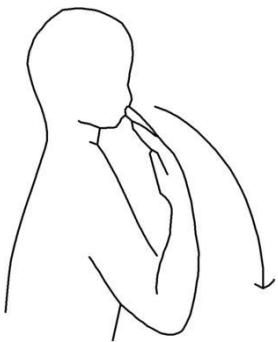


Come and sing!



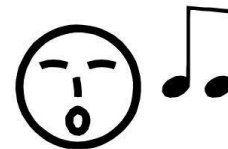


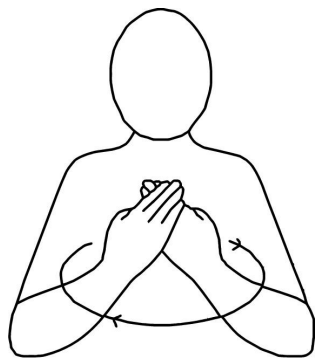
Everybody's waiting, everybody's waiting



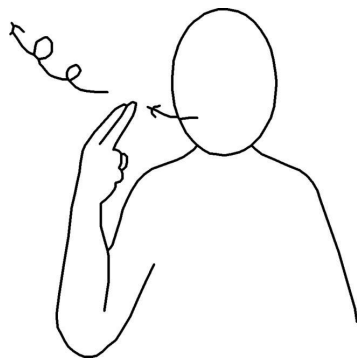
Please join in!

Please join in!

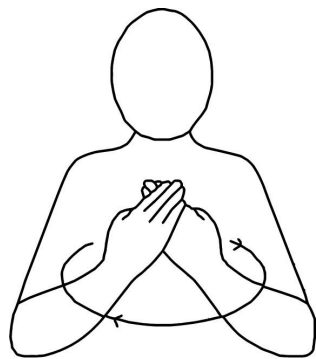




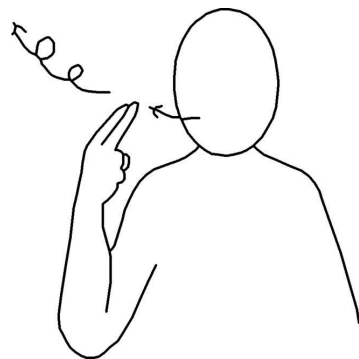
Include



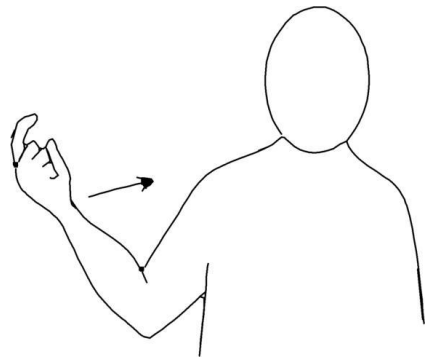
Choir



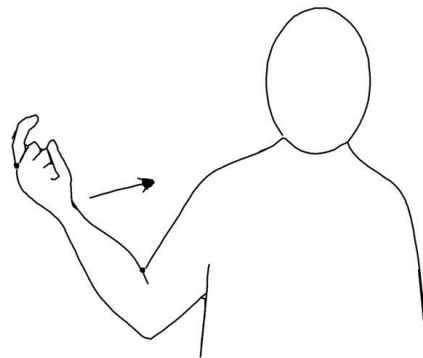
Include



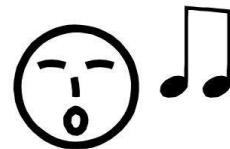
Choir

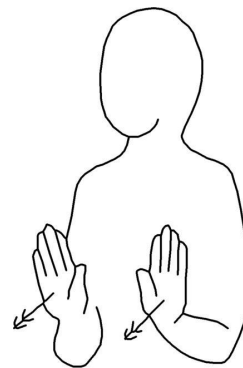
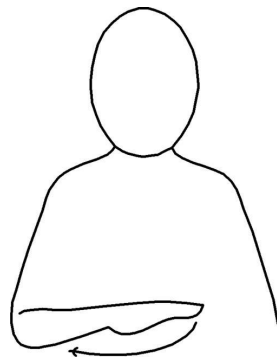
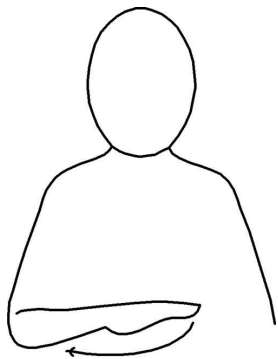


Come and sing!

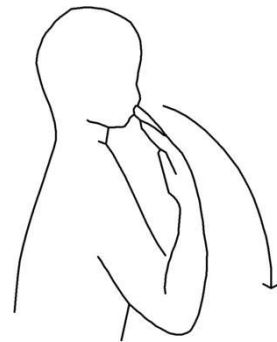
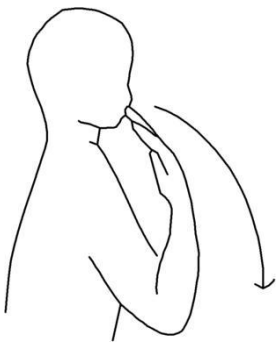


Come and sing!



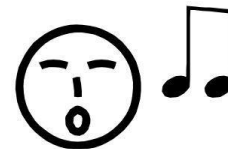


Everybody's waiting, everybody's waiting



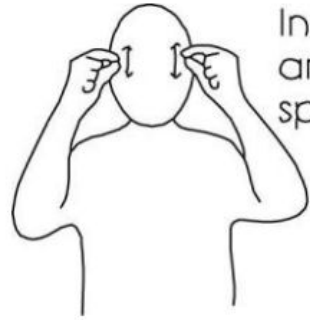
Please join in!

Please join in!



Lovely Day



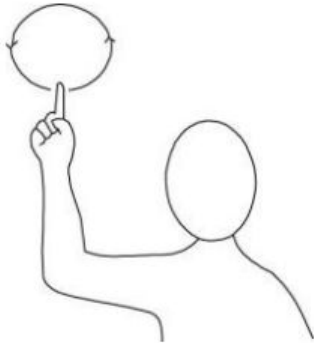


Index fingers
and thumbs
spring apart



Touch chest
with fingertips

1. When I wake up in the morning, love



Position hand
at appropriate
part of body
and shake
hand

And the sunlight hurts my eyes





And something



without



Move finger
forward
with
emphasis

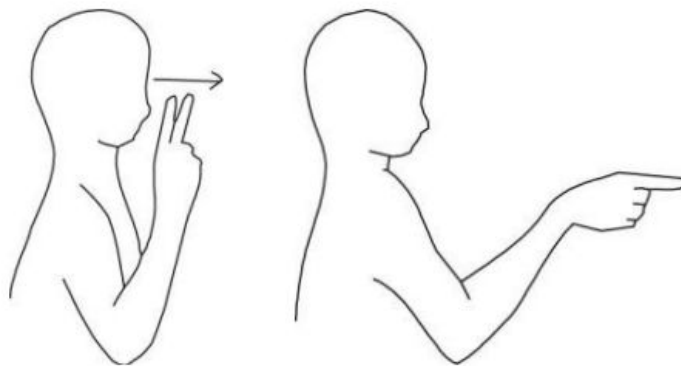
warning, love



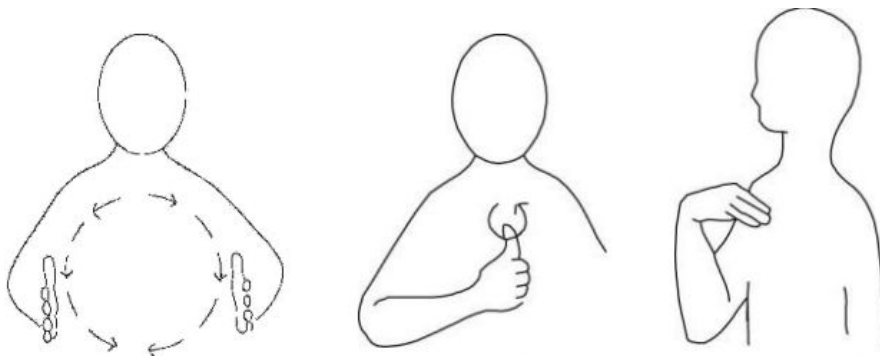
Tense hand
Use both
hands if very
worried

Bears heavy on my mind



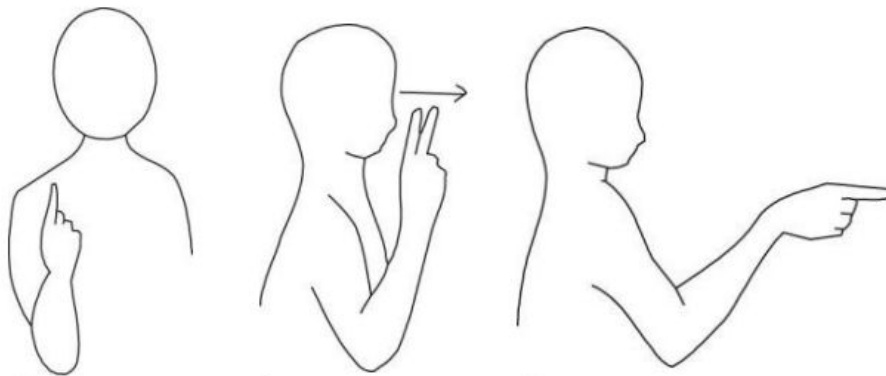


Then I look at you

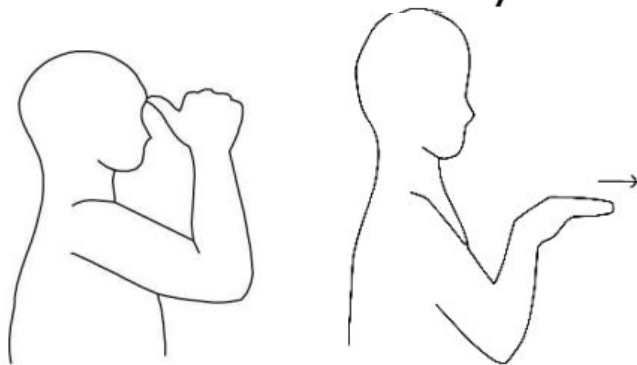


And the world's alright with me



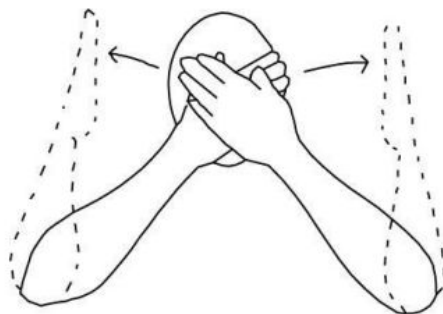


Just one look at you



And I know it's gonna be



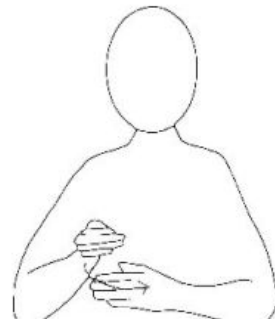
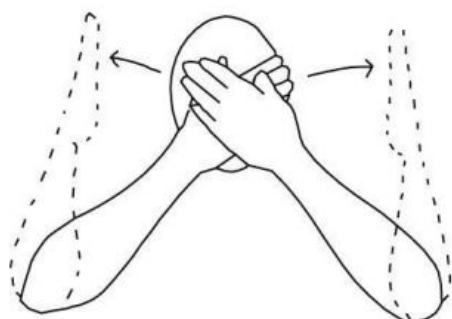


A lovely day
(lovely day x 8)



A lovely day
(lovely day x 8)





2. When the day that lies ahead of me



Repeat

Seems impossible to face

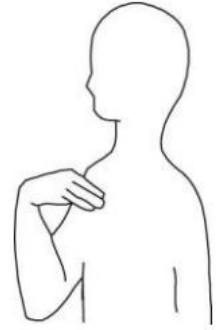


Very small
circular
movement



+

Hand moves
down slightly



When someone else

instead of

me

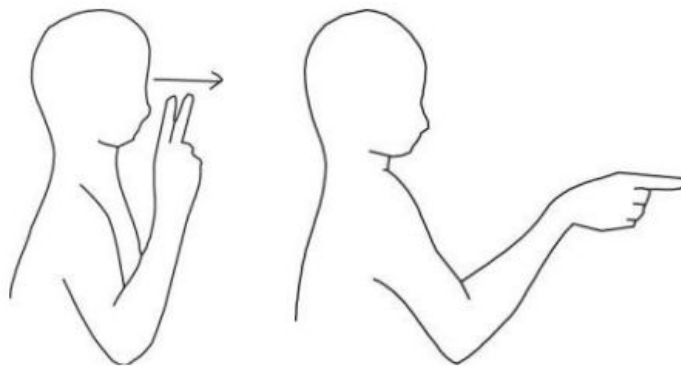


Always seems to know

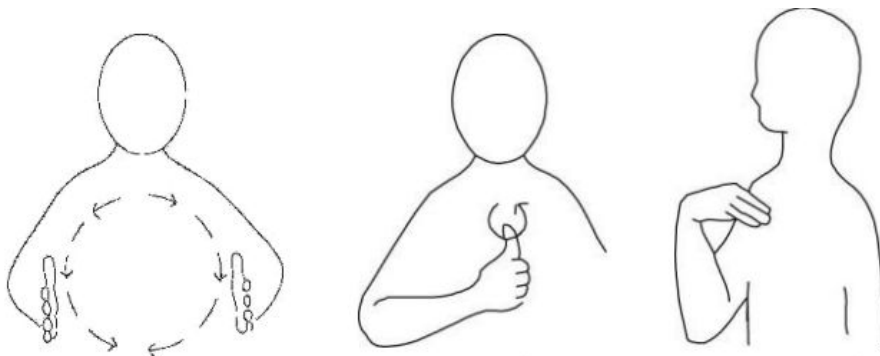


the way



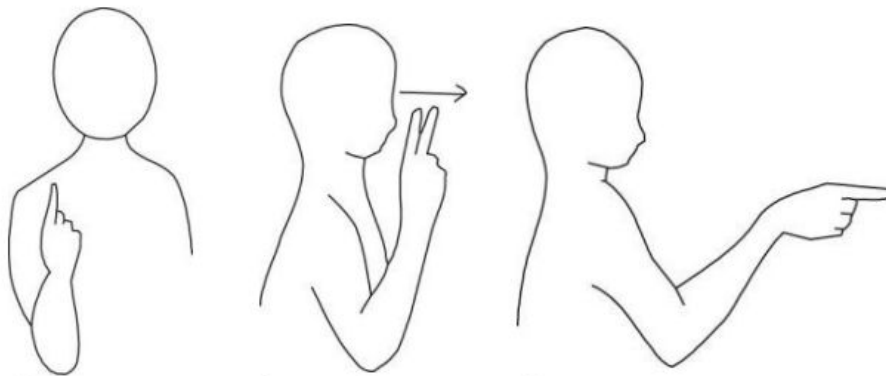


Then I look at you

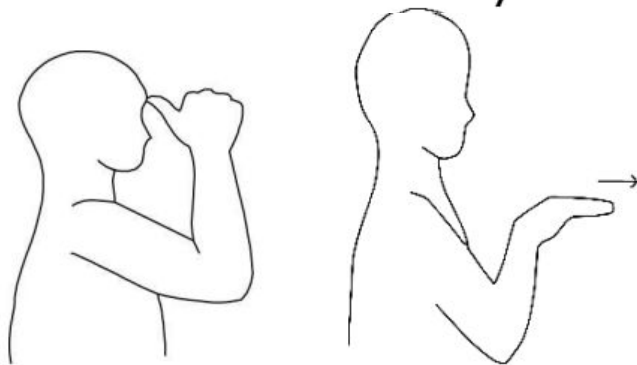


And the world's alright with me



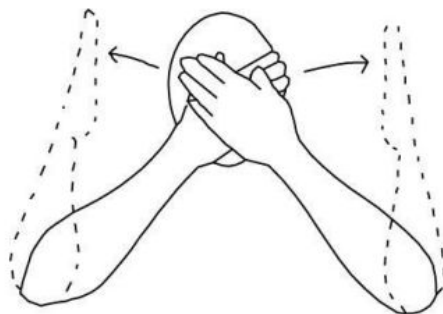


Just one look at you



And I know it's gonna be



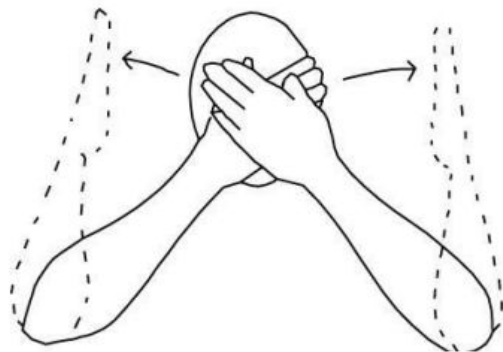


A lovely day
(lovely day x 8)



A lovely day
(lovely day x 8)





3. When the day that lies ahead of me



Repeat

Seems impossible to face



Very small
circular
movement



+



Hand moves
down slightly



When someone else

instead of

me



Always seems

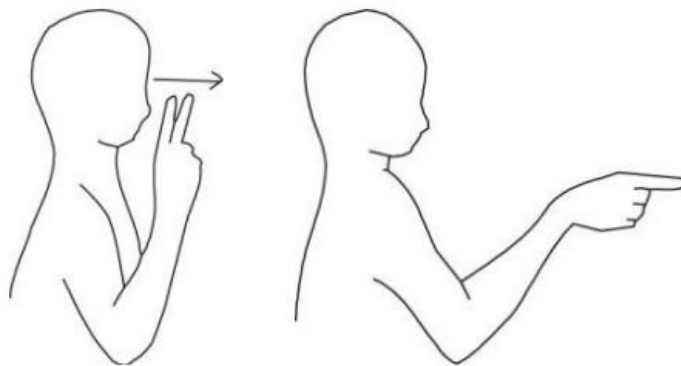


to know

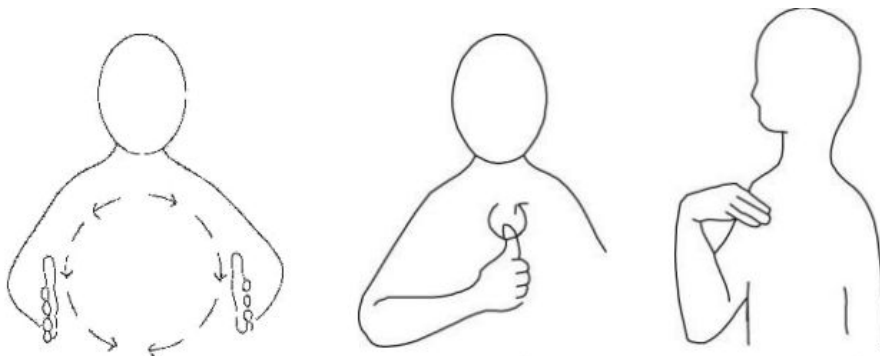


the way



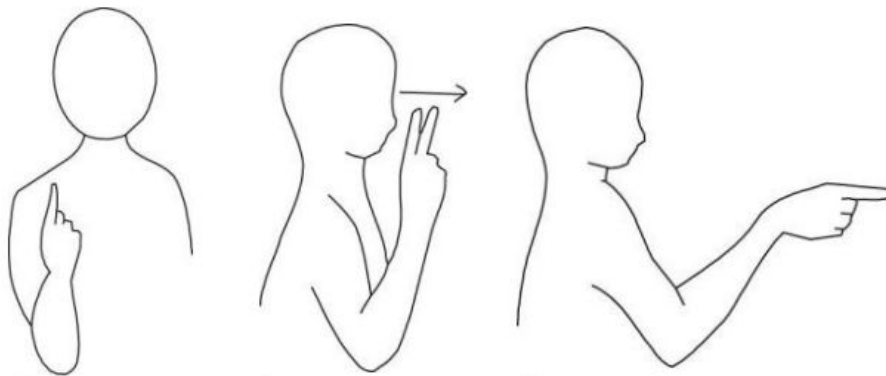


Then I look at you

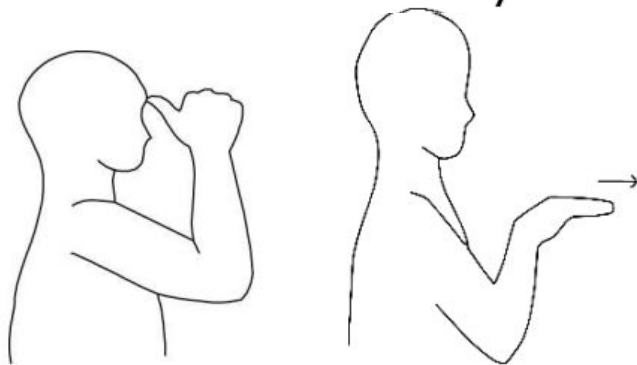


And the world's alright with me



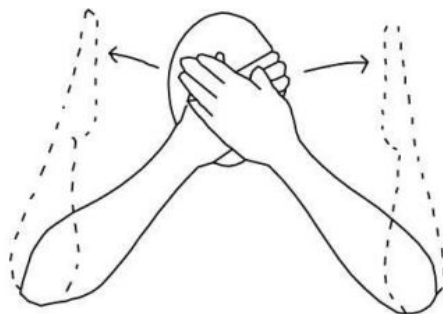


Just one look at you



And I know it's gonna be





A lovely day
(lovely day x 8)



A lovely day
(lovely day x 8)



I'm a Believer

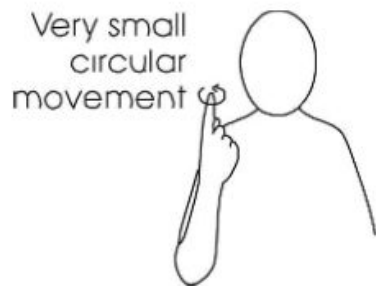




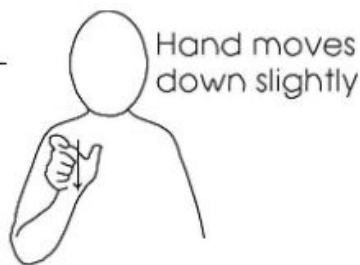
Hand strikes
palm
deliberately



I thought love was only true in fairy tales



+



Meant for someone else but not for me.



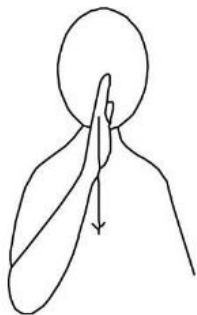


Hands move firmly forward slightly to the left and head turns away. Facial expression important



Flat hand in front of face, moves forward and down

Oh, love was out to get me. That's the way it seems



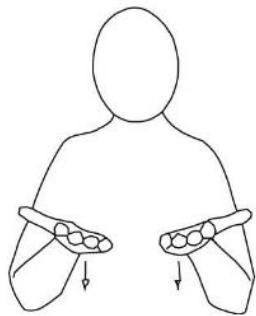
Disappointment haunted all my dreams.



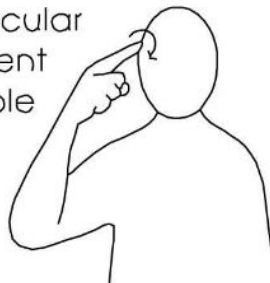


Index finger
outlines face

Then I saw her face



Small circular
movement
on temple



+



Hand strikes
palm
deliberately

Now

I'm a

believer.





Not

a



trace



of doubt



in my mind.

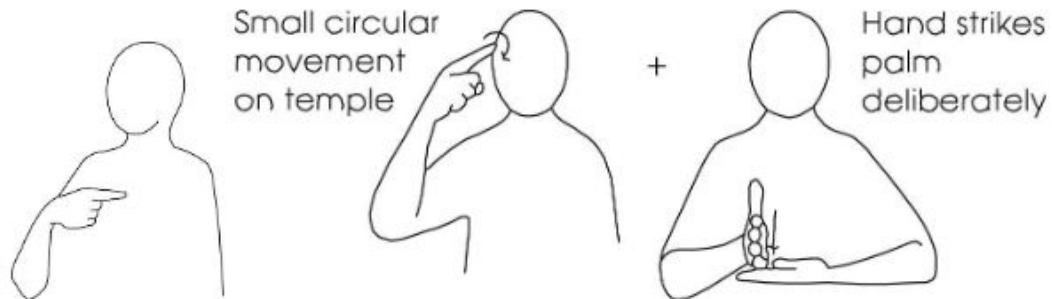


I'm in

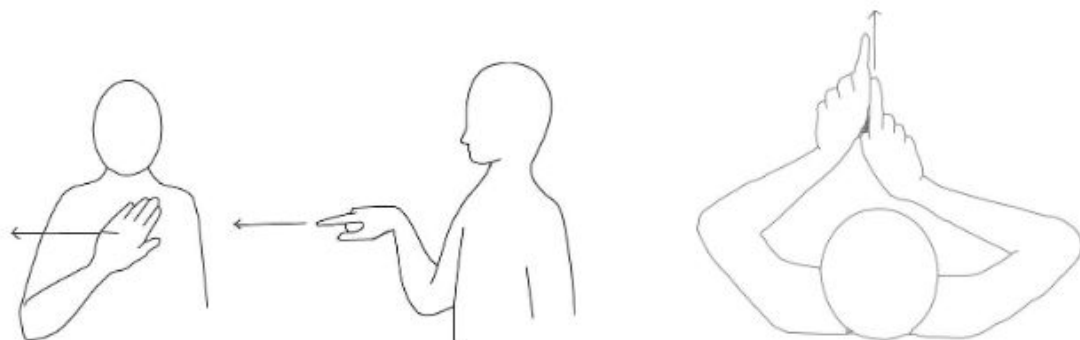


love (oooh)





I'm a believer,



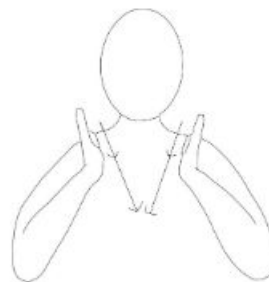
I couldn't leave her if I tried





V2.1 thought

love was more or less a given thing



Seems the more

I

gave

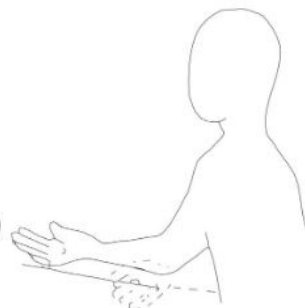
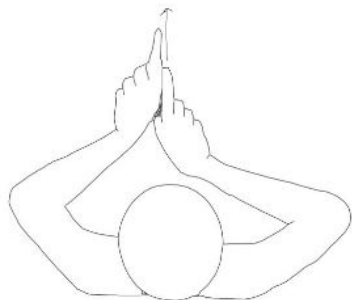
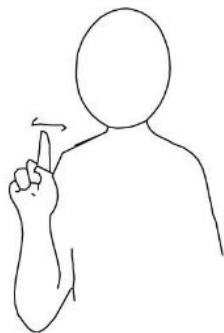
the

less

I

got.



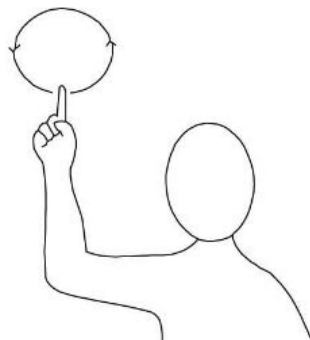


Position hand
at appropriate
part of body
and shake
hand

Oh, what's the use in trying - All you get is pain



With flat palm,
thumb on side
of chest, hand
moves down
then forward.
Repeat for
needs



When I needed

sunshine

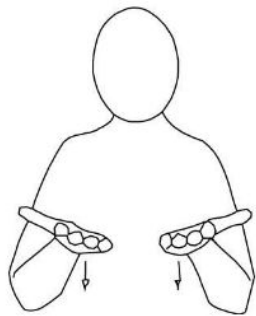
I got rain



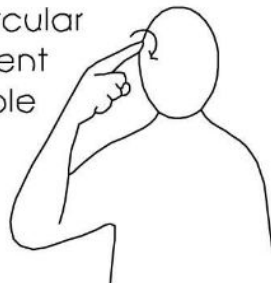


Index finger
outlines face

Then I saw her face



Small circular
movement
on temple



+



Hand strikes
palm
deliberately

Now

I'm a

believer.





Not

a



trace



of doubt



in my mind.

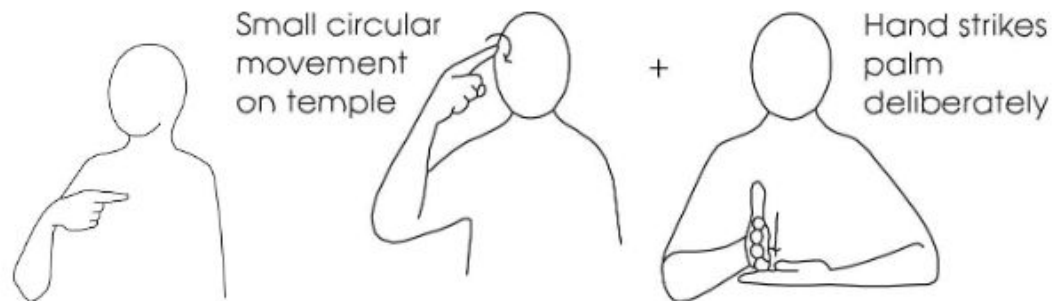


I'm in

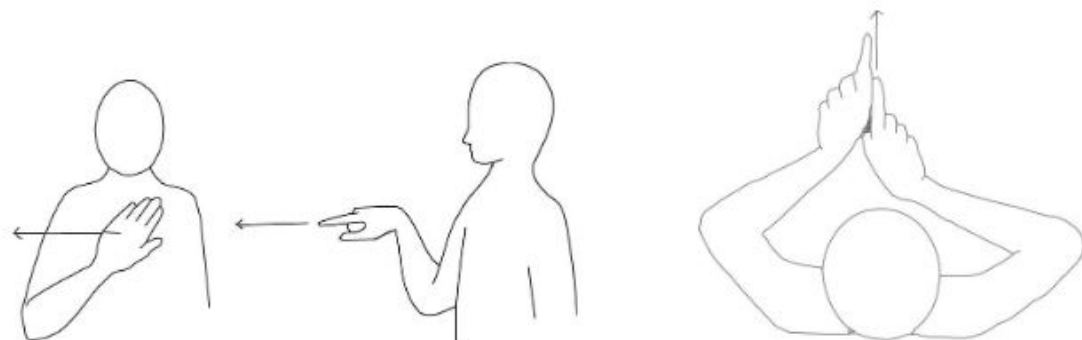


love (oooh)





I'm a believer,

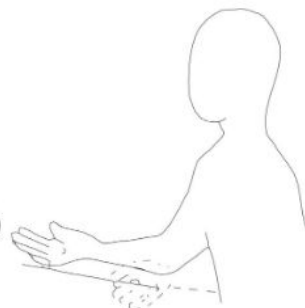
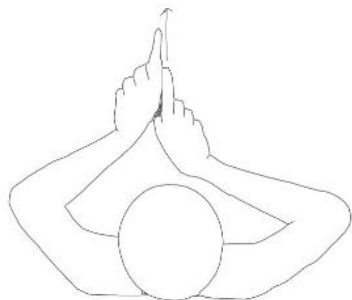
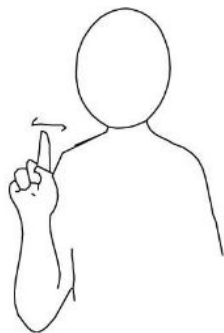


I couldn't leave her if I tried



instrumental



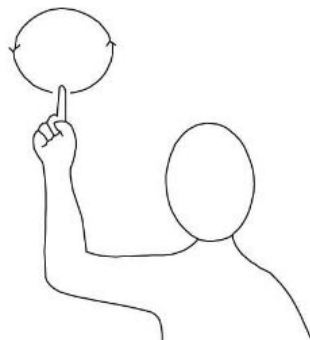


Position hand
at appropriate
part of body
and shake
hand

Oh, what's the use in trying - All you get is pain



With flat palm,
thumb on side
of chest, hand
moves down
then forward.
Repeat for
needs



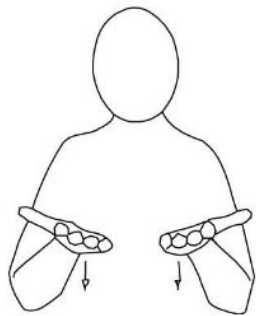
When I needed sunshine I got rain



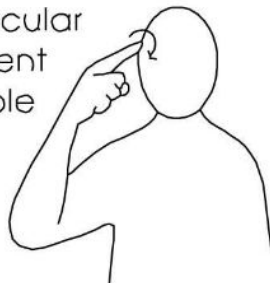


Index finger
outlines face

Then I saw her face



Small circular
movement
on temple



+



Hand strikes
palm
deliberately

Now

I'm a

believer.





Not

a



trace



of doubt



in my mind.

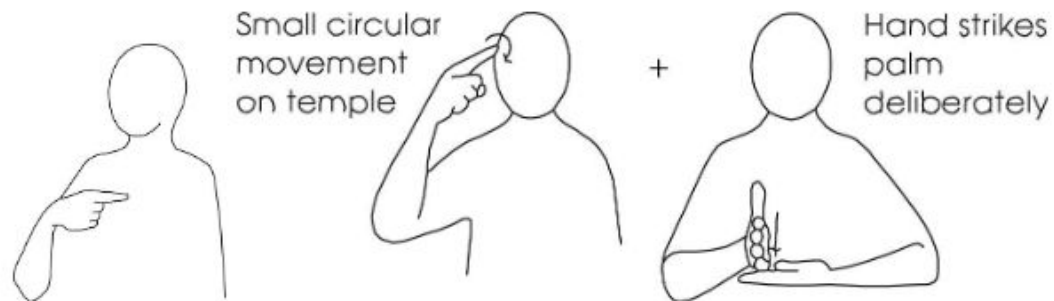


I'm in

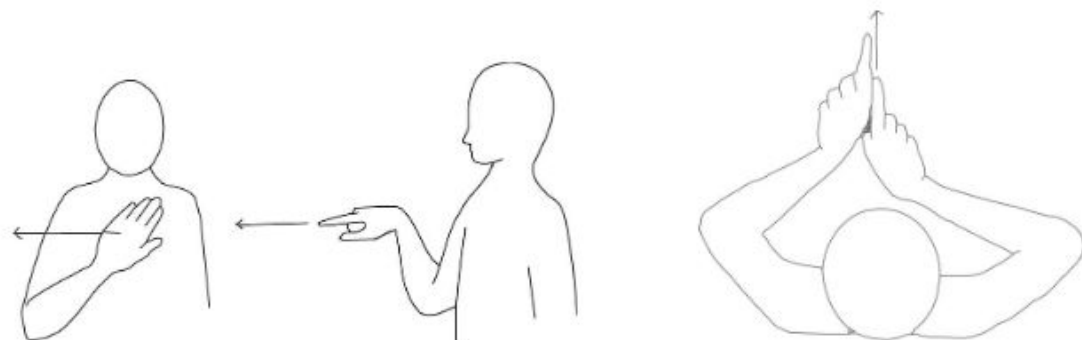


love (oooh)



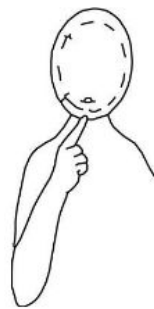


I'm a believer,



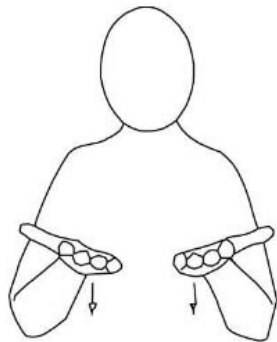
I couldn't leave her if I tried



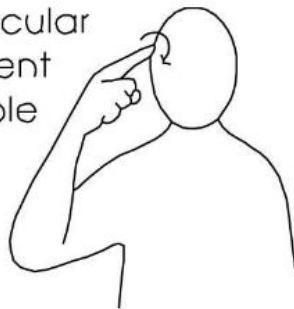


Index finger
outlines face

Yes I saw her face



Small circular
movement
on temple



+



Hand strikes
palm
deliberately

Now

I'm a

believer.





Not

a



trace



of doubt



in my mind.

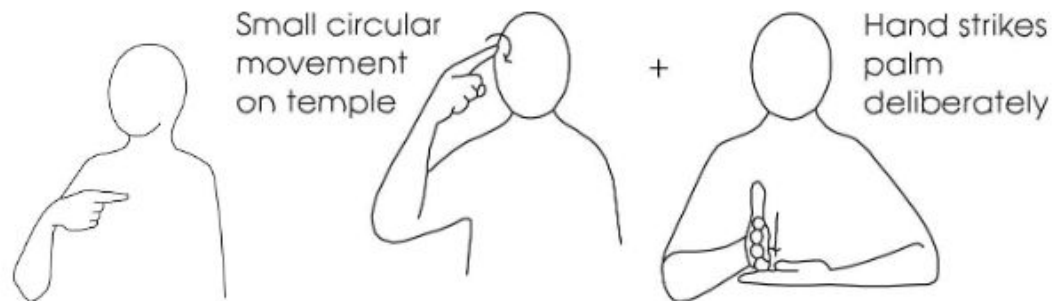


I'm in

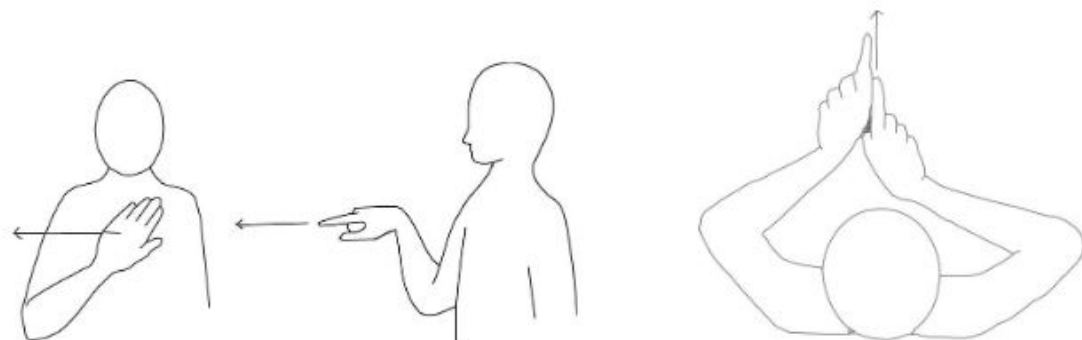


love (oooh)



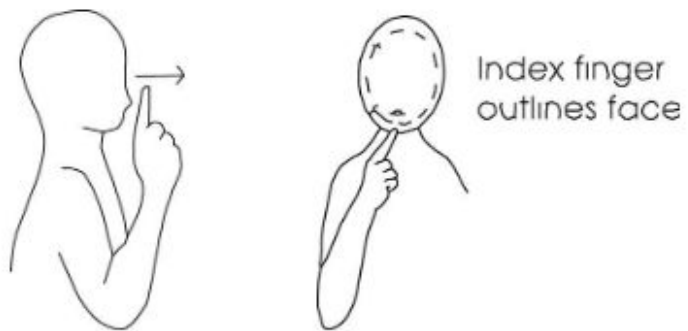


I'm a believer,



I couldn't leave her if I tried





Then I saw her face!!!

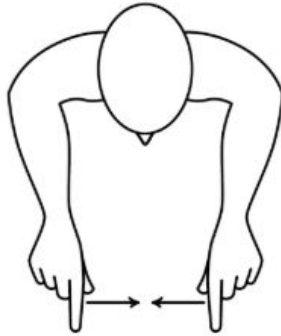




Defying Gravity

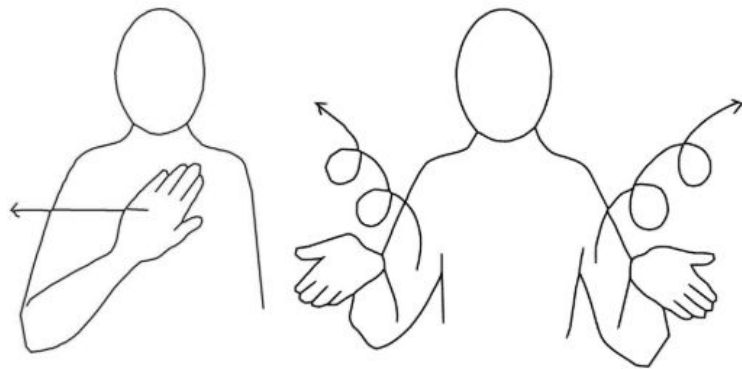


V1: Something has changed within me



Something is not the same





I'm through with playing by

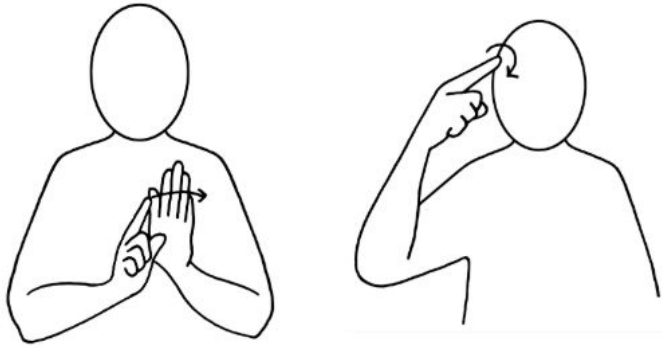


Hand moves
down slightly.
For plural
repeat placing
one next to
the other



the rules of someone else's game





Too late for second guessing,

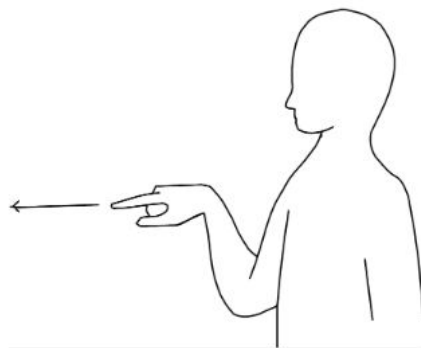


too late to go back to sleep





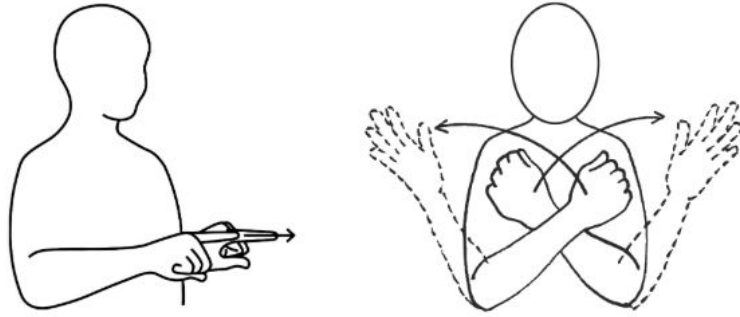
It's time to trust my instincts,



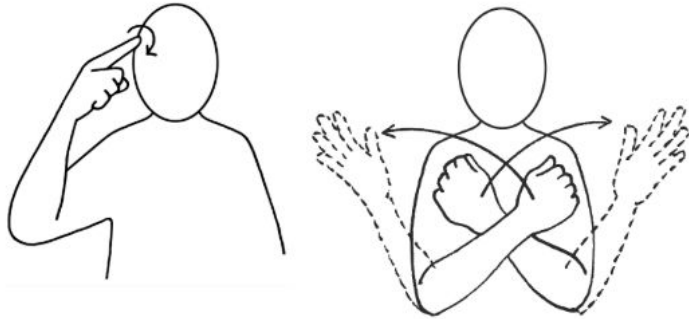
Close my eyes....and leap...



Chorus

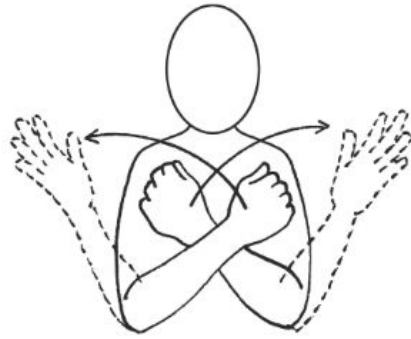
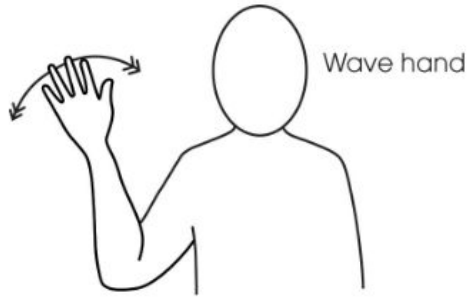


It's time to try defying gravity



I think I'll try defying gravity



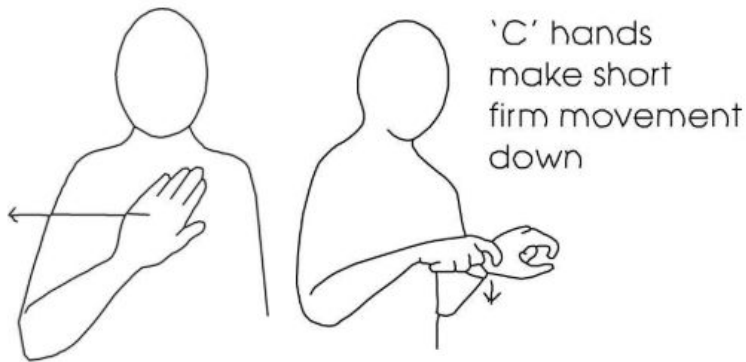


Kiss me goodbye, I'm defying gravity



and you won't bring me down





V2: I'm through accepting limits

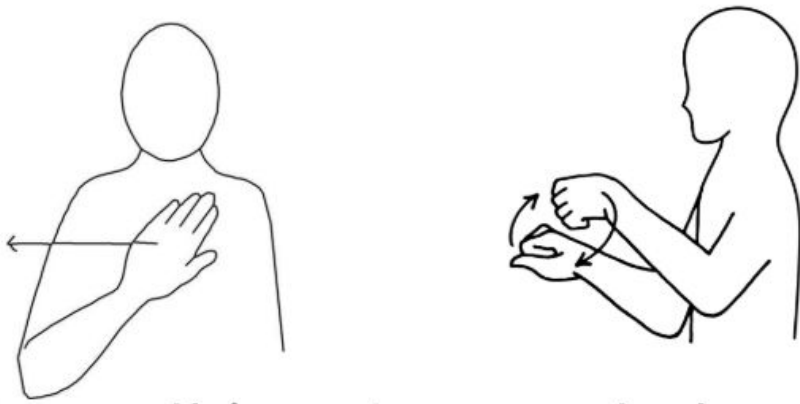


Hand moves
down slightly.
For plural
repeat placing
one next to
the other



'Cause someone says they're so





Some things I cannot change,

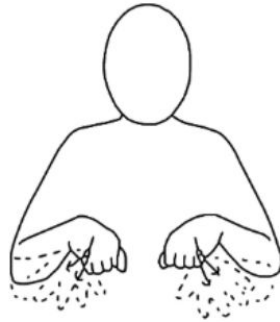


but till I try I'll never know





Too long I've been afraid



of losing love I guess I'd lost





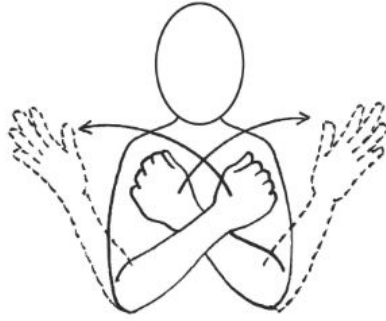
Well if that's love,



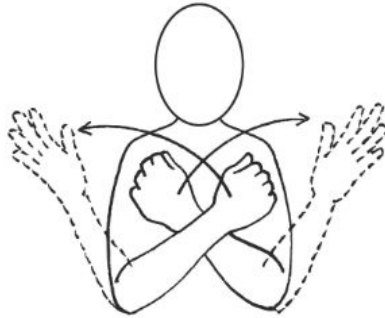
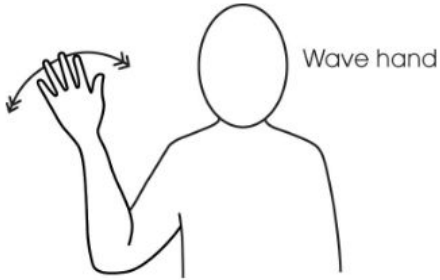
it comes at much too high a cost!



Chorus

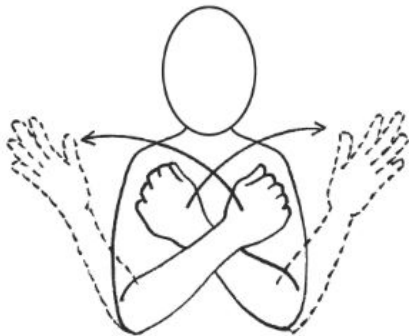


I'd sooner buy defying gravity



Kiss me goodbye, I'm defying gravity





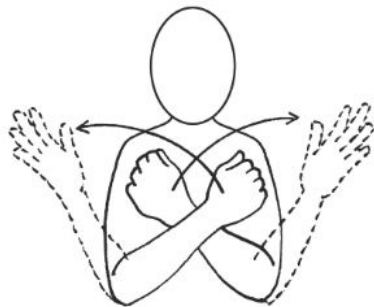
I think I'll try defying gravity



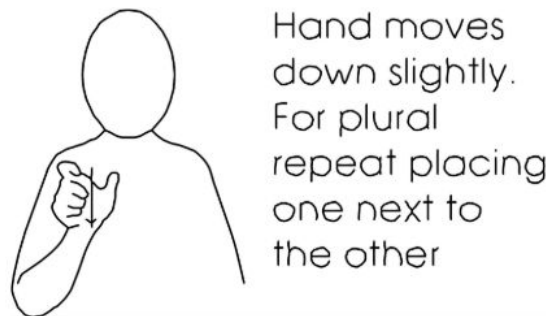
and you won't bring me down



Middle 8

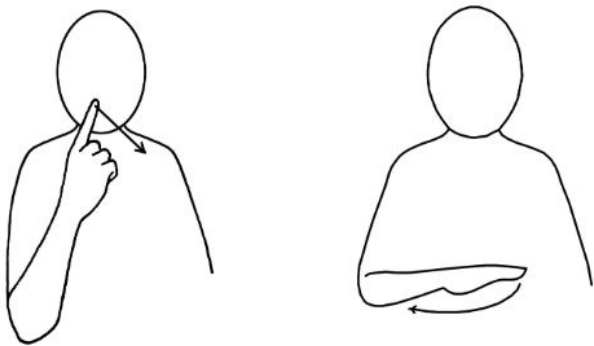


And if I'm flying solo, at least I'm flying free



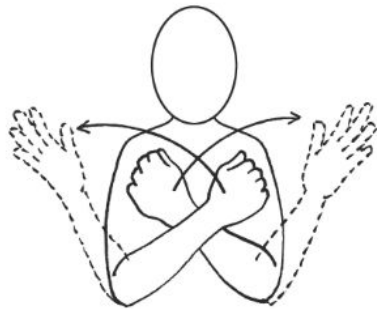
To those who'd ground me



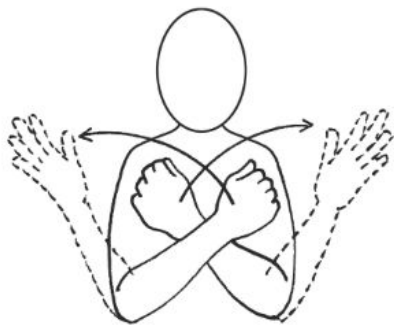


Take a message back from me...



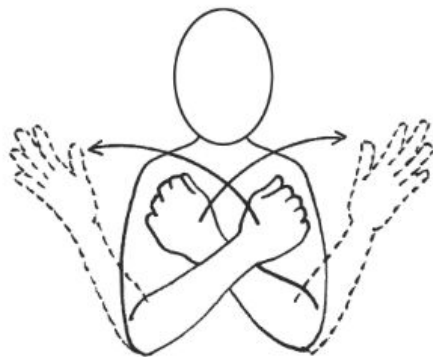
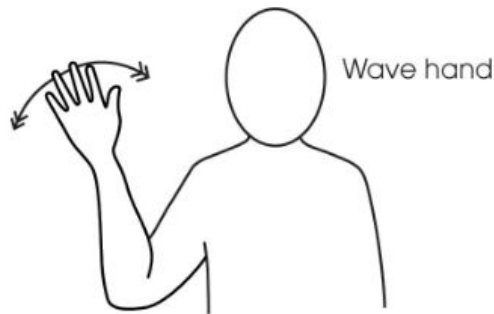


Tell them how I'm defying gravity



I'm flying high, defying gravity



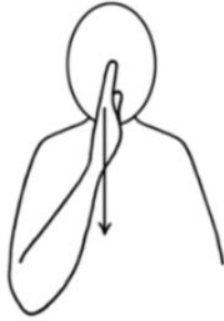


Kiss me goodbye, I'm defying gravity

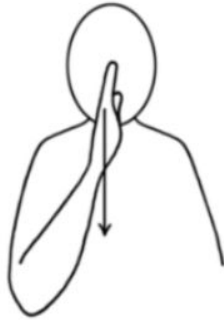


And you won't bring me down...



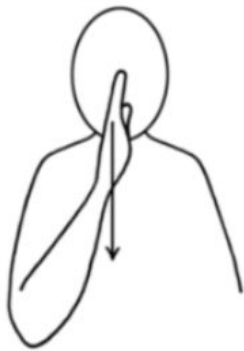


You won't bring me down...



You won't bring me down...



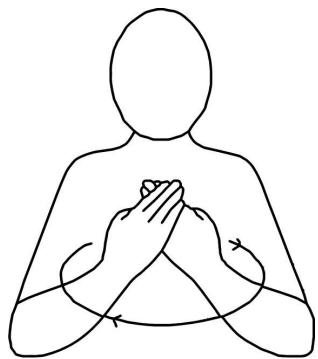


You won't bring me down...

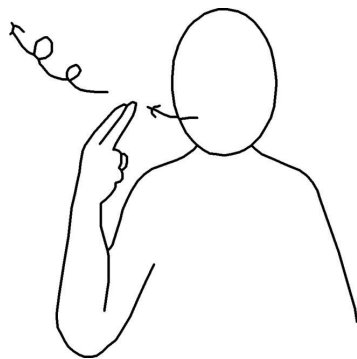


Include Choir Goodbye Song

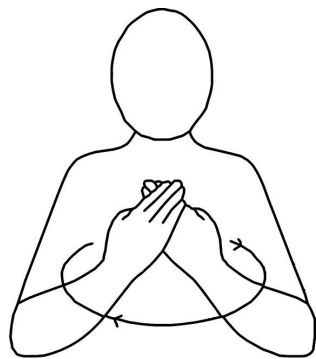




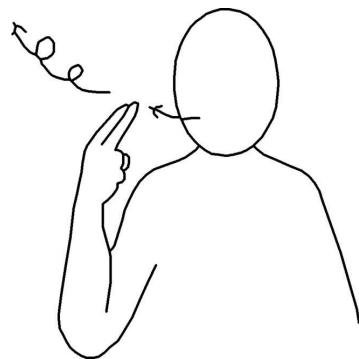
Include



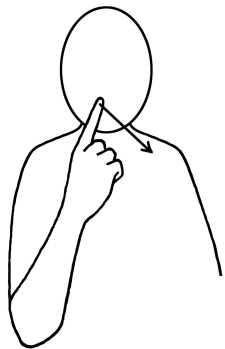
Choir



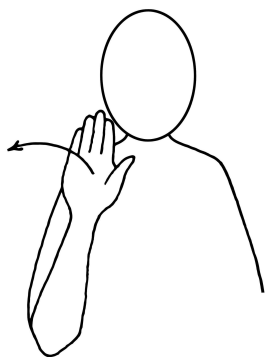
Include



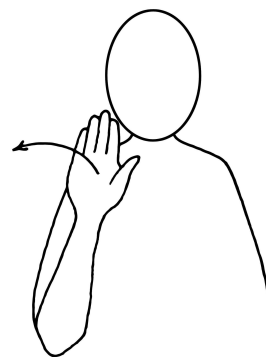
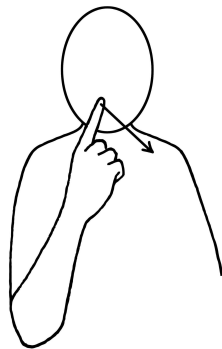
Choir

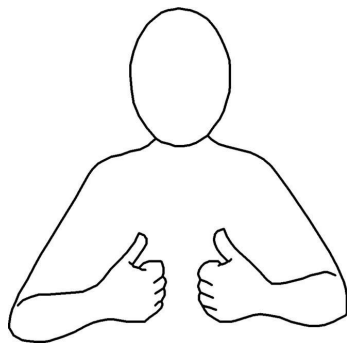
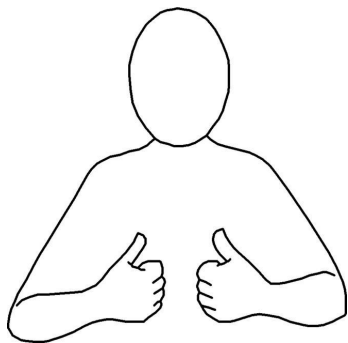


Says goodbye!

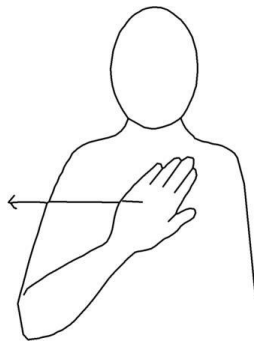
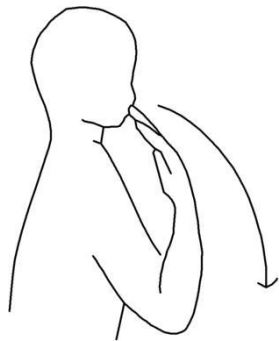


Says goodbye!





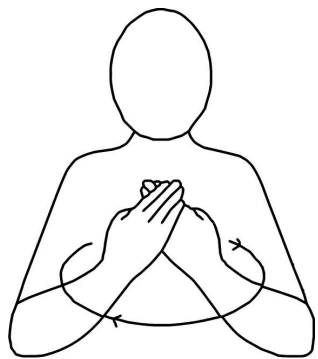
It was really good to see you, really good to see you



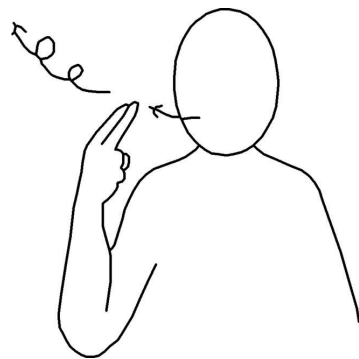
Index fingers
shows tears trickling
down cheeks

Please don't cry, please don't cry!

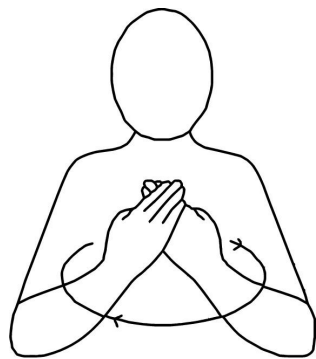




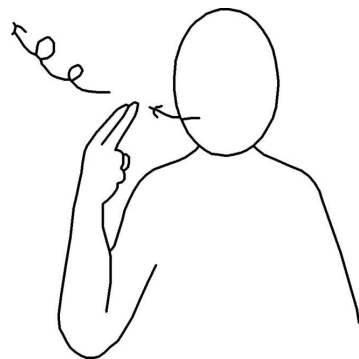
Include



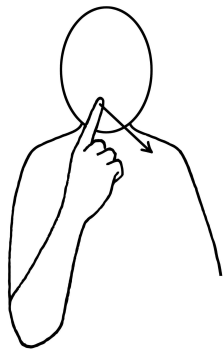
Choir



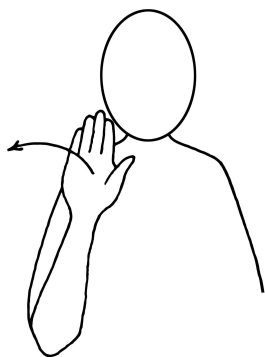
Include



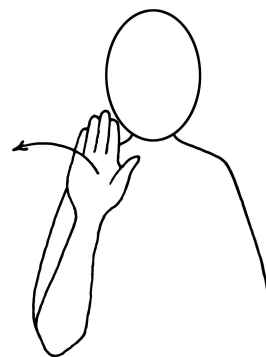
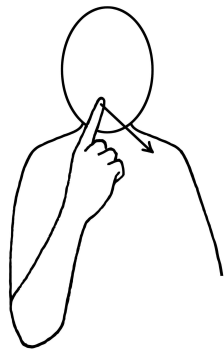
Choir

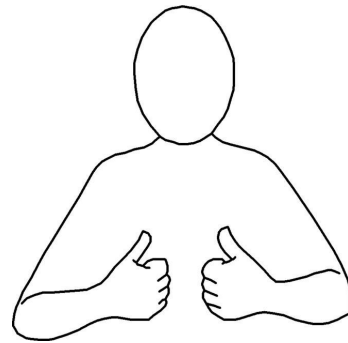
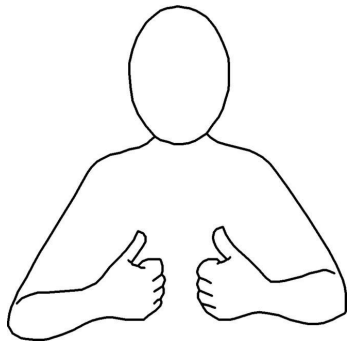


Says goodbye!

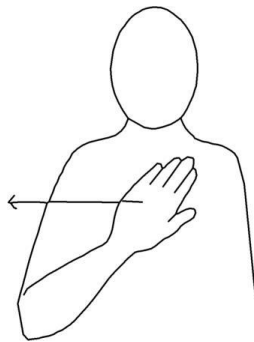
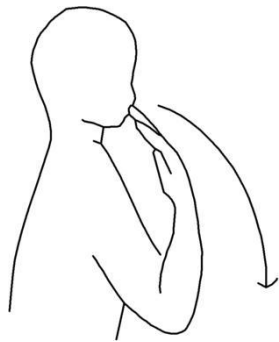


Says goodbye!





It was really good to see you, really good to see you



Index fingers
shows tears trickling
down cheeks

Please don't cry!





The Include Choir Session has now finished. Please exit safely and quickly so that we have time to pack up and tidy the church!



**Thank you
and see you
next week!**