

What did we talk about last week?



Last week, we **worked** on getting **some ideas** for an **Easy read** about **safe online communication**.



We **said** that to **communicate safely online**, **people** should be **careful** to **not share** too **important information** about **themselves**.



During the **session**, we **discovered** that **most people** find it **difficult** to **say "no"** to something.



We **said** that **saying "no"** is **not being rude** and that it is **important** for **people** to **communicate** when they **do not** **want** to **do something**.



Saying **"no"** is **part** of **assertive communication**. Assertive communication **means telling** other **people** **what we need** in a **nice way**.



Tonight, we will **help Include** to **make** an **Easy Read** about **being communication online**.



See you all later!