

# Stroll and Sign - Saturday 18th July 2026

## Merstham Recreation Ground



Please join us on **Saturday 18th July 2026** for our next Stroll and Sign.



We are going to walk and enjoy the park. The postcode for **Merstham Recreation Ground** is **Weldon Way RH1 3QB**.



We will meet at at **11:00am** and will walk until approximately **12:30pm**.



Parking is available in the roads nearby. There are **toilets** in the park



Please wear **sensible shoes**. Please **consider the weather** and bring sun protection. It may be sunny and hot.



Please **bring a bottle of water** with you and some **money** if you would like to get a drink or some food from a nearby shop/cafe afterwards.



This is a grade **Level 1** – Suitable for all, wheelchairs included



Best Wishes

Please tell us if you are coming on [info@include.org](mailto:info@include.org) / **07349983731**.



**Scan the QR code to complete the walker form.**