

What did we talk about last week?



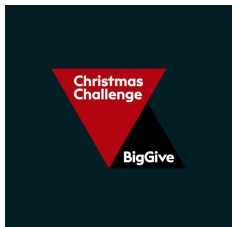
Last week, we **talked about all we** are **going to do** this **term**.



We said that **in the next 2 sessions**, we will be **talking about men's mental health**.



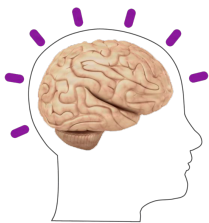
This **term** we are **also going to work** on a **project** about **high blood pressure** (hypertension)



In **November** we are **going to help Include prepare** for the **Big Give**.



During the **Big Give**, **donations** are **doubled**. This **means** when **someone donates 5** pounds, **Include gets 10**.



Tonight, we will be **helping Surrey** with a **project** about **improving men's mental health!**



See you all later!