

Welcome to the include choir

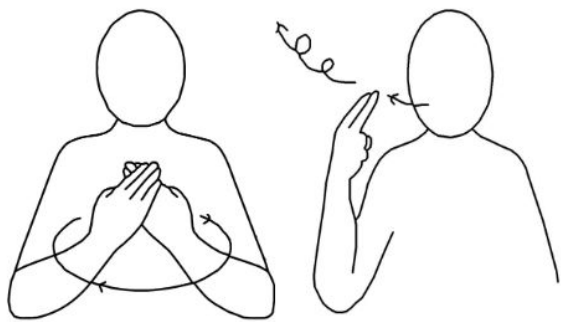


Who will you sing hello to today?

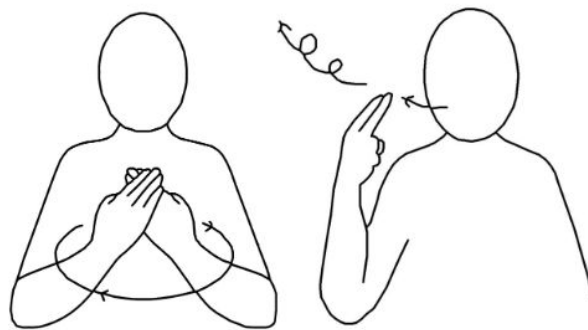


Include Choir Hello Song

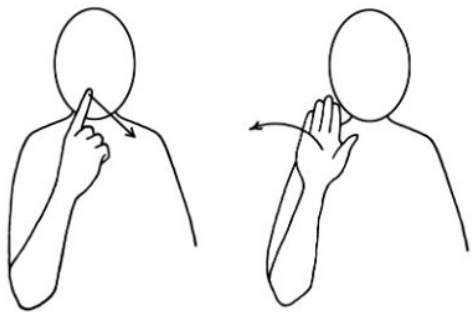




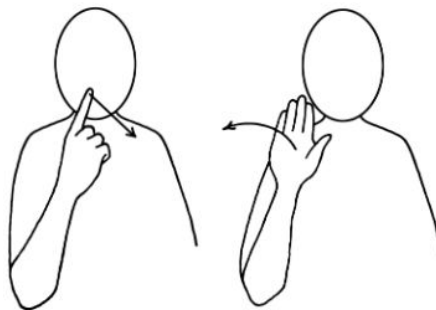
Include Choir



Include Choir

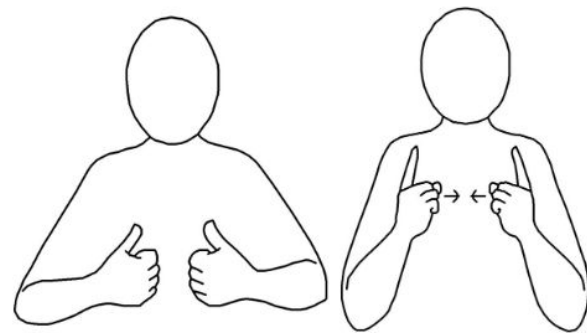
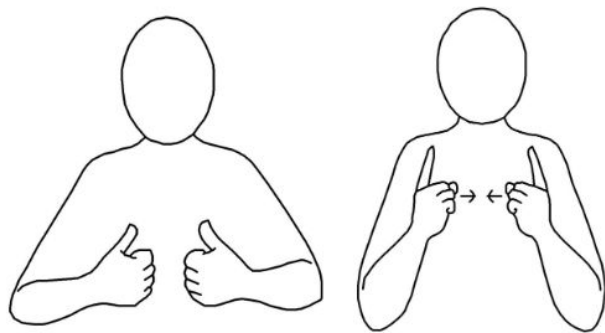


Says hello!

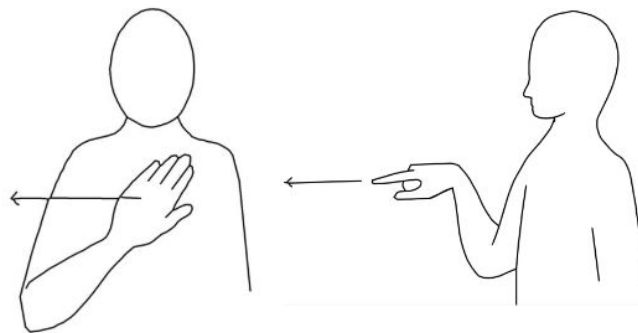
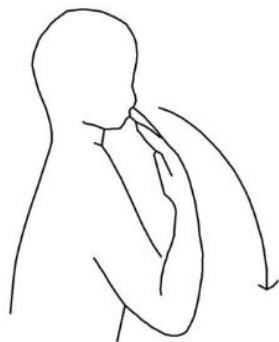


Says hello!





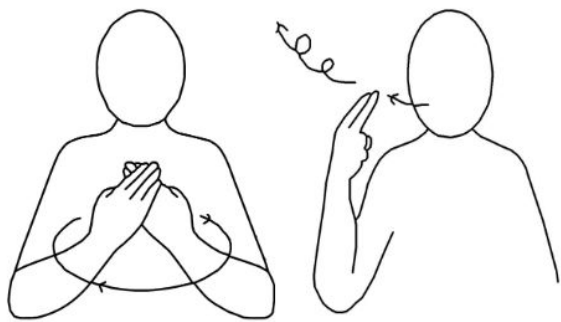
It's really good to meet you, really good to meet you



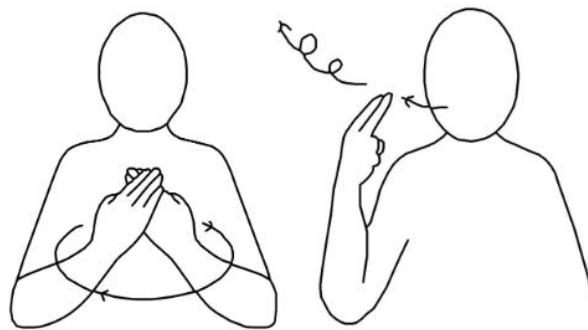
Please don't go,

please don't go!

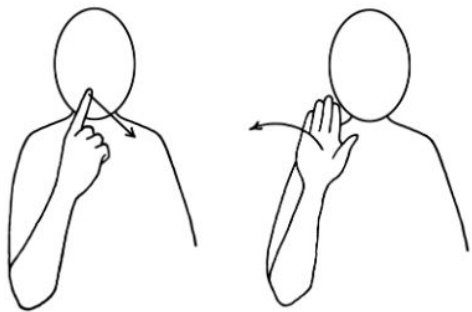




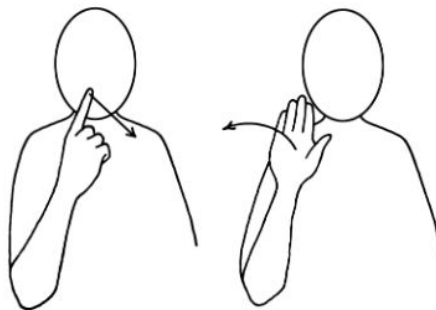
Include Choir



Include Choir



Says hello!

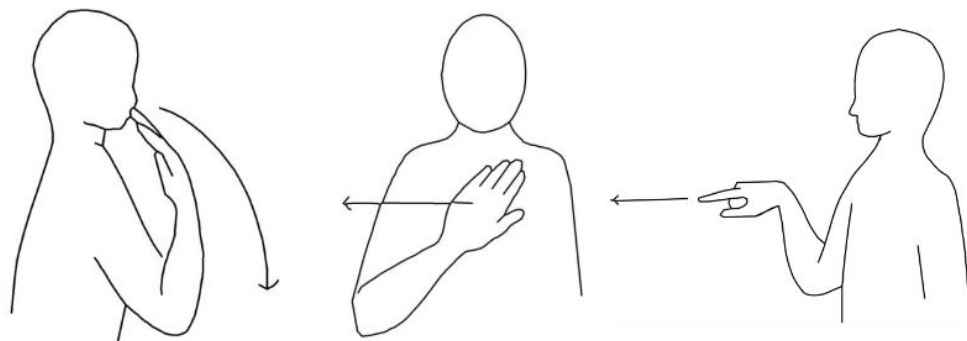


Says hello!





It's really good to meet you, really good to meet you



Please

don't

go!

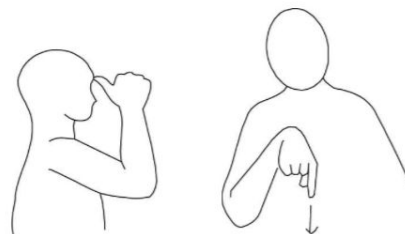




Rules & Regs



Have you signed in? (repeat) It's important! (repeat)



If there's a fire (repeat) We'll know you're here! (repeat)



Tip of middle
finger makes
contact with
body and
makes repeat
movement

2. Where's the toilet? (repeat)



Through the door there (repeat)

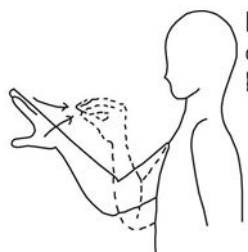


If there's a fire (repeat)

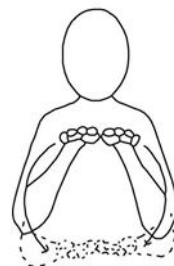


Go outside (repeat)





Direct signs at
object or person
being photographed

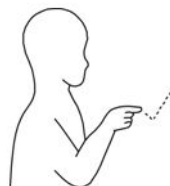


Little fingers
and thumbs
tucked in

3. Can we take a photo? (repeat) Put it on the website? (repeat)



If that's OK (repeat)



Tick the box (repeat)





4. Please no talking (repeat)



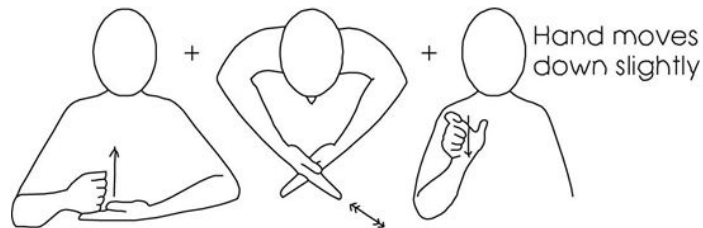
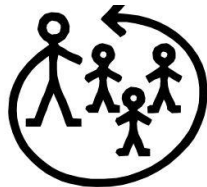
That's what the break's for (repeat)



No phones (repeat)



It's really rude (repeat)

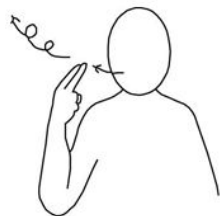
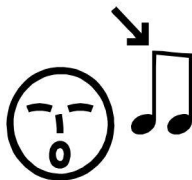


Repeated sawing movement on knuckles of other hand

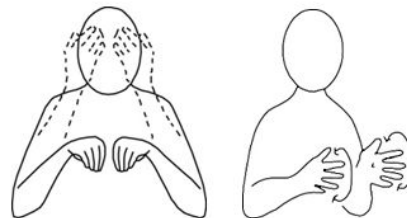
5. Support workers (repeat)



You're included (repeat)



Sing along (repeat)



Learn some signs





Tense hand
Use both
hands if very
worried

6. If you're worried (repeat)



Tell a helper (repeat)



Hand making
small shaking
movements

Most important (repeat) Have some fun (repeat)



Hand making
small shaking
movements

...we all have fun

Warm Up Exercises



Warm Up Songs



the include choir agreement



We don't need no discrimination



We don't need no bullying



We are here to help each other



To have some fun
- and have a si-i-ing





Hey, that's right

We're good at listening



You see the thing is –
we're just here to sing



The Include Choir is here
– so come and join in!



It's OK, we're all supportive



It's OK to take a break



It's OK to ask a question



We have tea and biscuits
and sometimes ca-a-ake





Hey, that's right

Sometimes we have cake



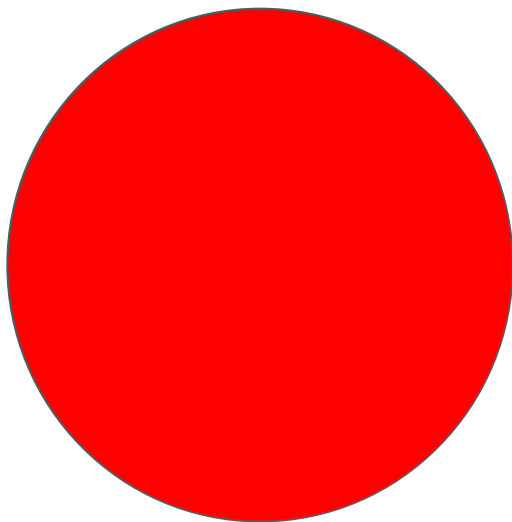
But the thing is –
we're just here to sing



The Include Choir is here
– so come and join in!

We are **filming** and taking **photos**!

Please **wear a red sticker** and **sit to one side** if
you **don't want** to be photographed.

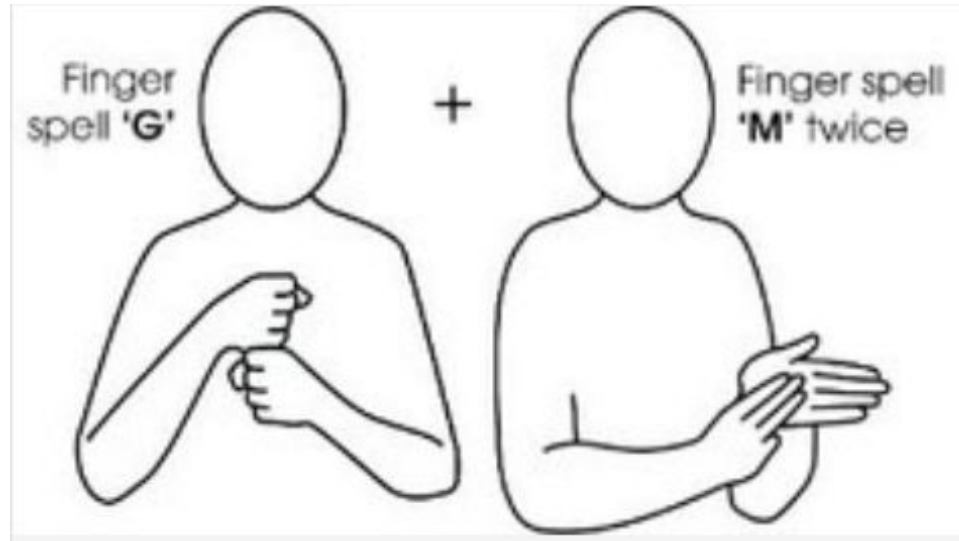


Sign of the week



Autumn

Next Week's Sign of the Week



Grandmother

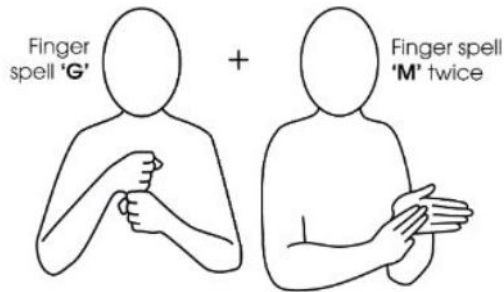
You cannae shove your Granny off a bus



1. O you cannae



shove your



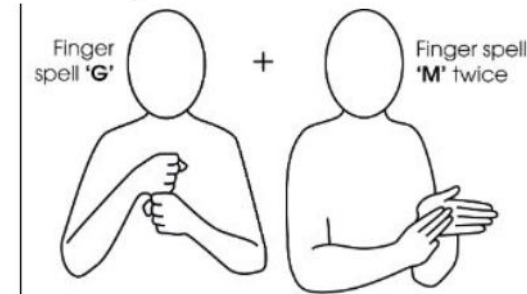
Granny off a bus



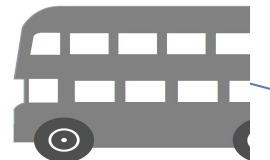
No you cannae



shove your



Granny off a bus





Finger
spell 'G'

+



Finger spell
'M' twice

O you cannae shove your Granny.



Tap twice



Tap twice

Because

she's your Mammy's Mammy...



Finger
spell 'G'

+



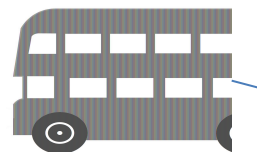
Finger spell
'M' twice

You cannae

shove your

Granny

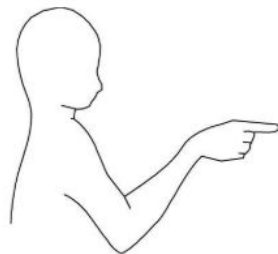
off a bus.



Chorus:



Singing I will



if you will,



so will I



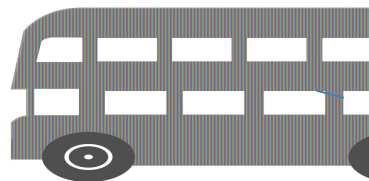
Singing I will

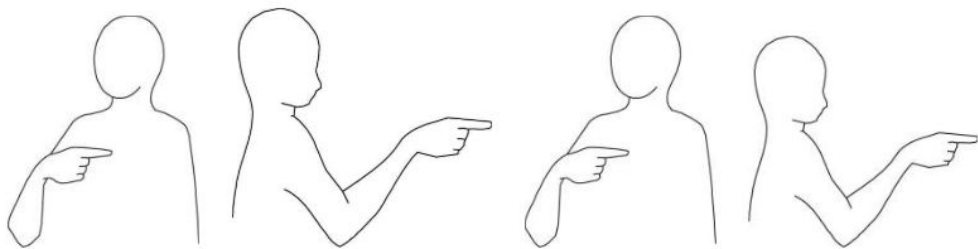


if you will,

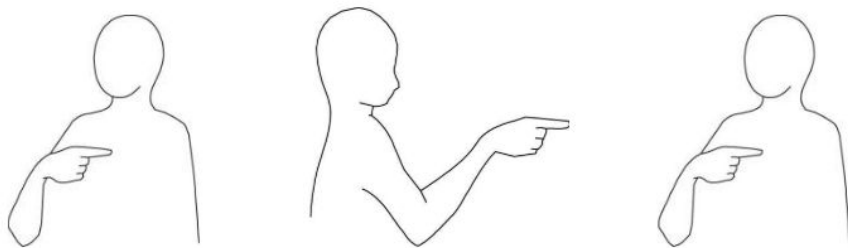


so will I

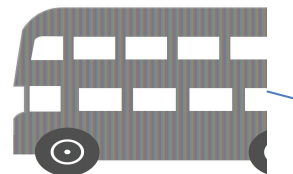


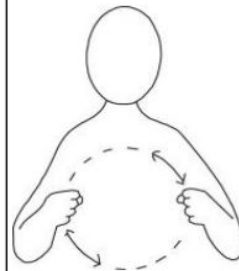
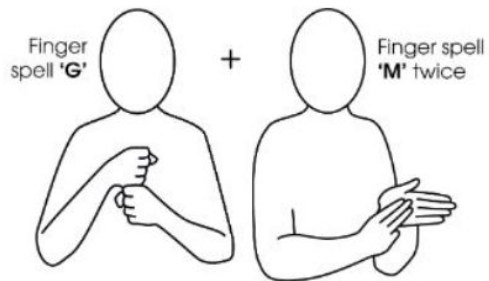


Singing I will if you will, I will if you will

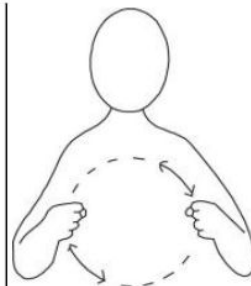
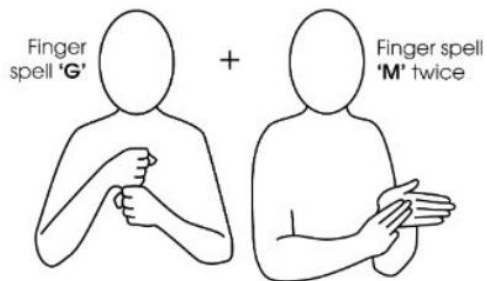


Singing I will if you will, so will I

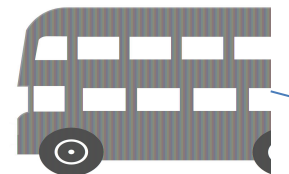


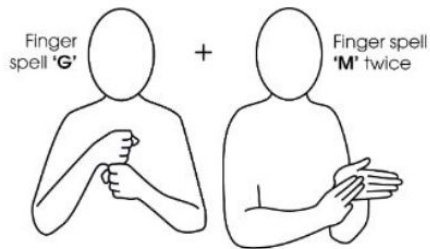


2. You can shove your other Granny off a bus



You can shove your other Granny off a bus





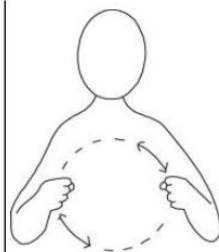
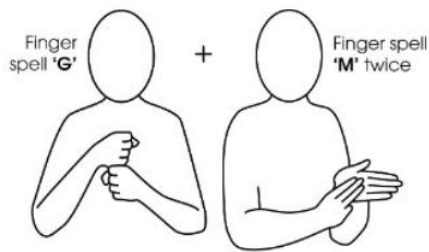
You can shove your other

Granny



Because she's your Daddy's

Mammy...

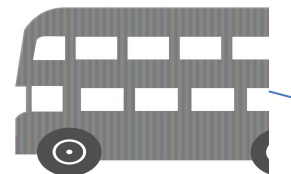


You can shove your ither

Granny off

a

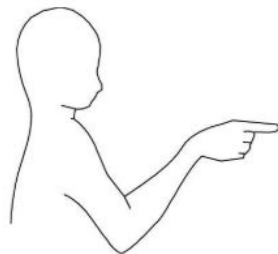
bus



Chorus:



Singing I will



if you will,



so will I



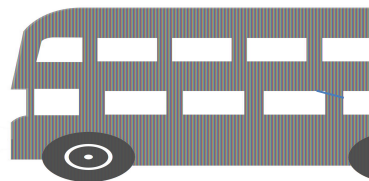
Singing I will

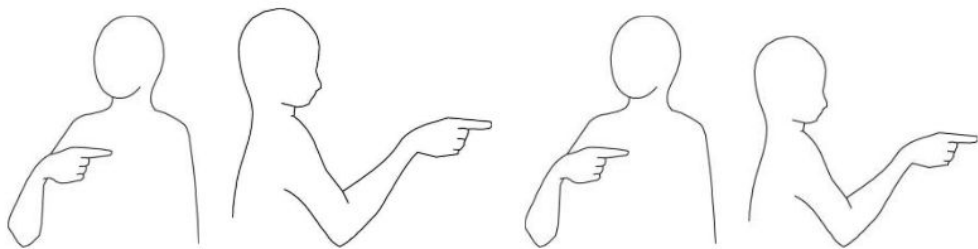


if you will,

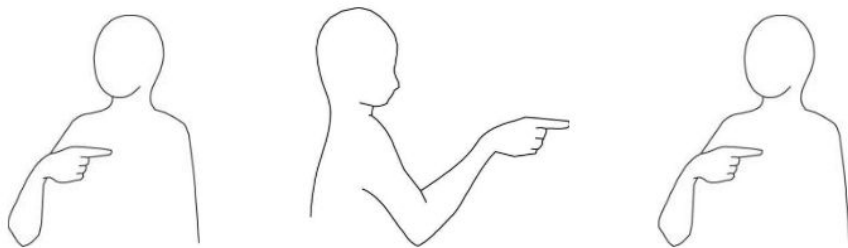


so will I

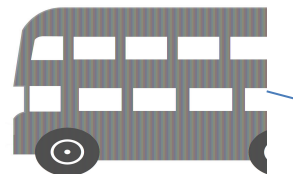




Singing I will if you will, I will if you will



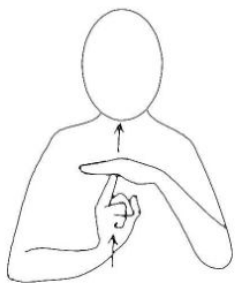
Singing I will if you will, so will I



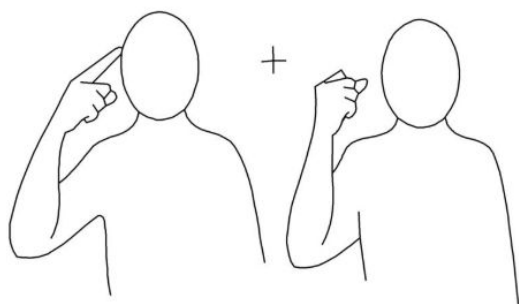
The Paper Chain Song

Lyrics written by the community
Music by Sue Cope & The Include Choir

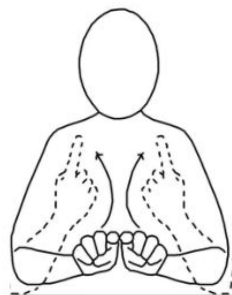




It's important to



remember we're all



different

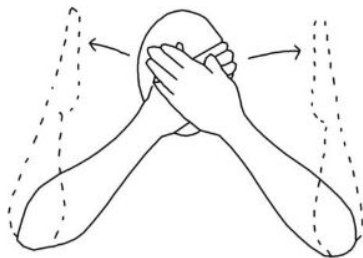


Let's learn Makaton, talk slowly and



be patient





Like a sunrise on a new day



Hand strikes
palm
deliberately

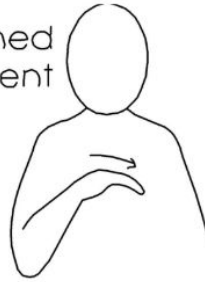


We can make it happen in a new way

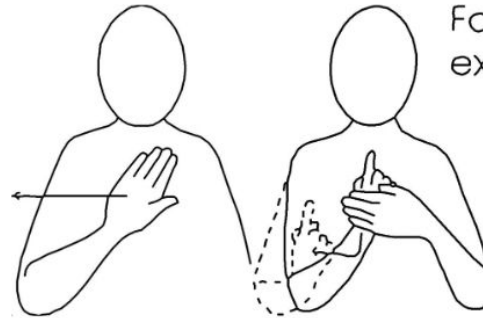
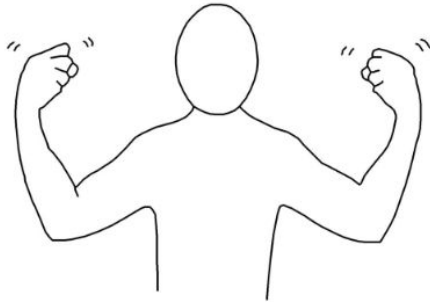




Small arched
movement



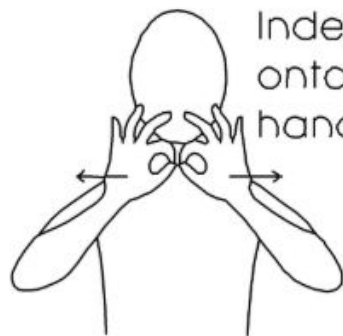
To be included feels like home



Facial
expression

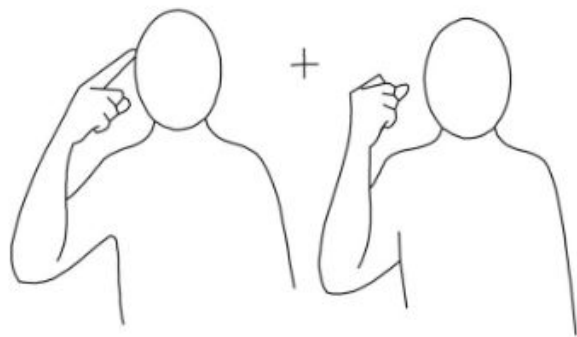
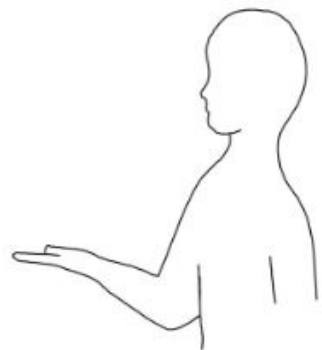
Empowered, motivated, not alone





Index fingers close
onto thumbs, then
hands move outwards

Sharing in joy and peace and kindness



Can you help

remind us?



Bridge



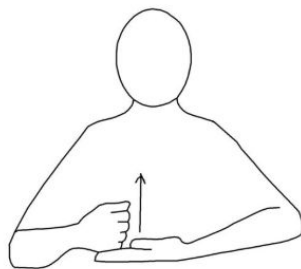
Every link in our paperchain is strong enough



To connect the words that made a song for us to sing...



Chorus

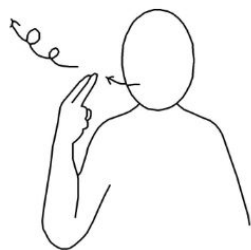


Flat hand
moves slightly
forward to
GOOD hand

Sing

together,

help us find our courage



Sing

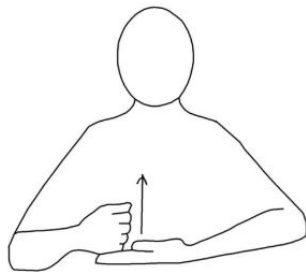
together,

it's about communication





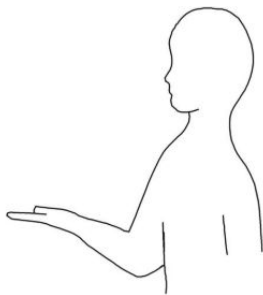
Be an Includer,



help us to be

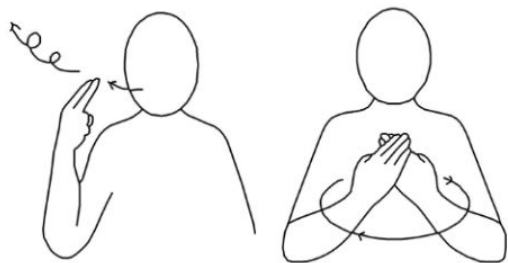


understood

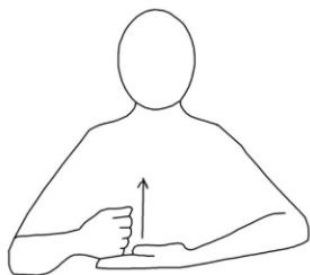


It starts with you and what you do to make inclusion happen





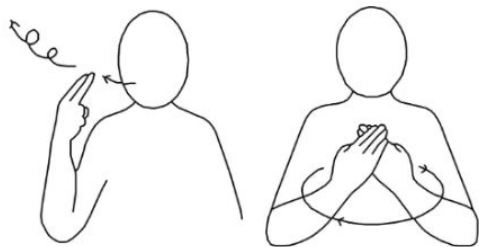
Sing together,



help us find our courage



Flat hand
moves slightly
forward to
GOOD hand

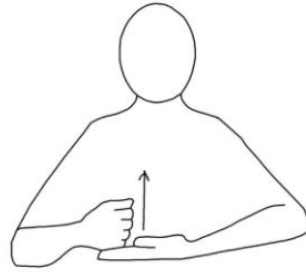


Sing together,

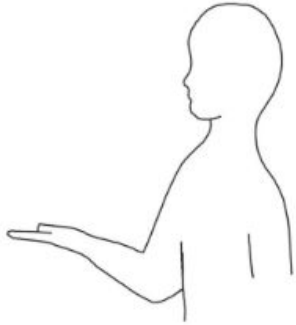


it's about communication





Be an Includer, help us to be understood



It starts with you and what you do to make inclusion happen x 2



Bridge



Every link in our paperchain is strong enough

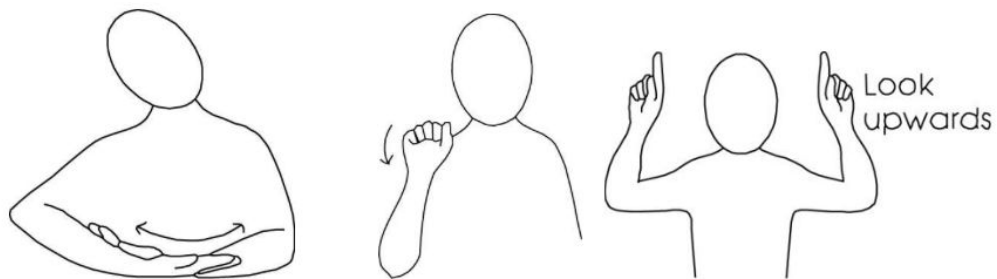


To connect the words that made a song for us to sing...

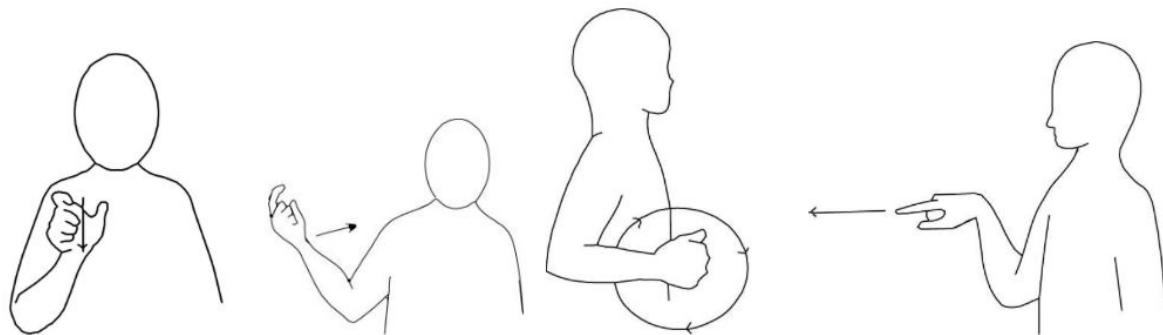


Mary had a baby



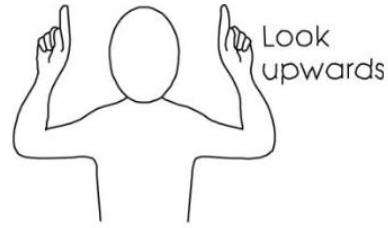
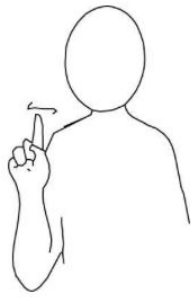


1. Mary had a baby, yes, Lord; x3

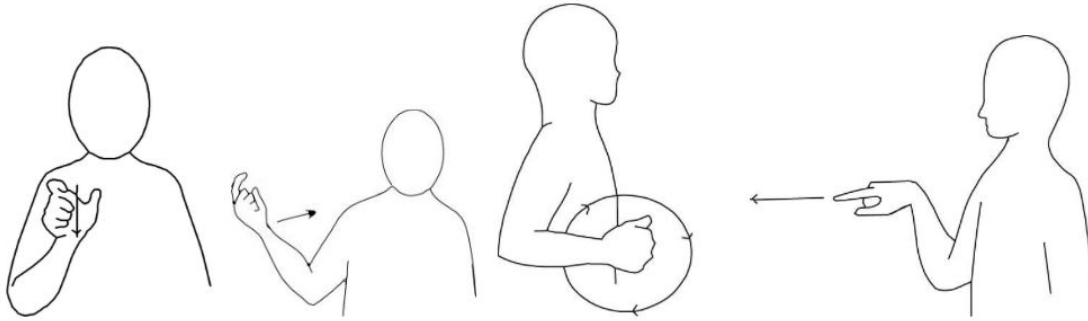


The people keep a-coming but the train done gone!



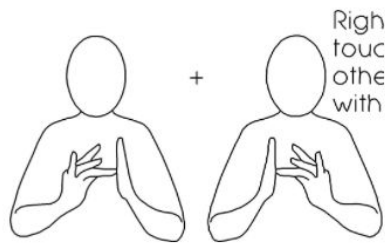


2. What did she name him, yes, Lord; x3

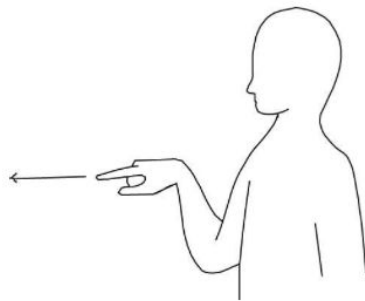


The people keep a-coming but the train done gone!



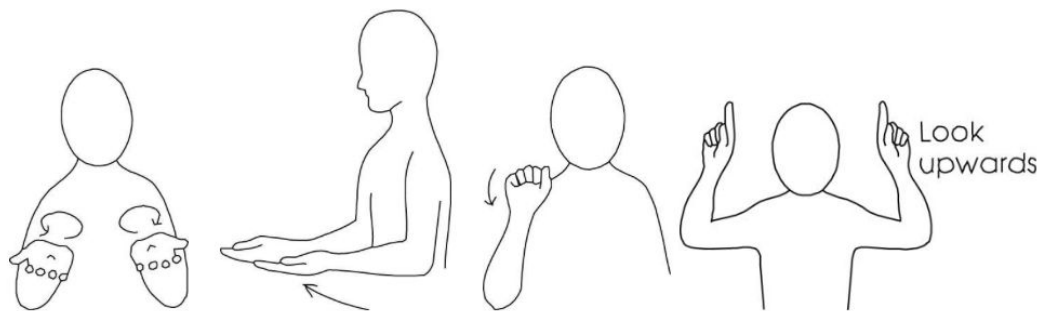


3. Mary named him Jesus, yes, Lord; x3

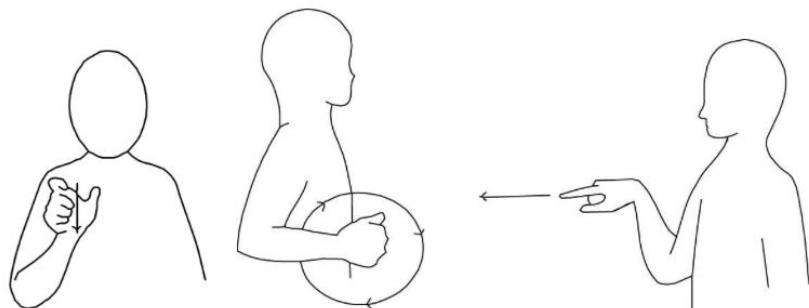


The people keep a-coming but the train done gone!



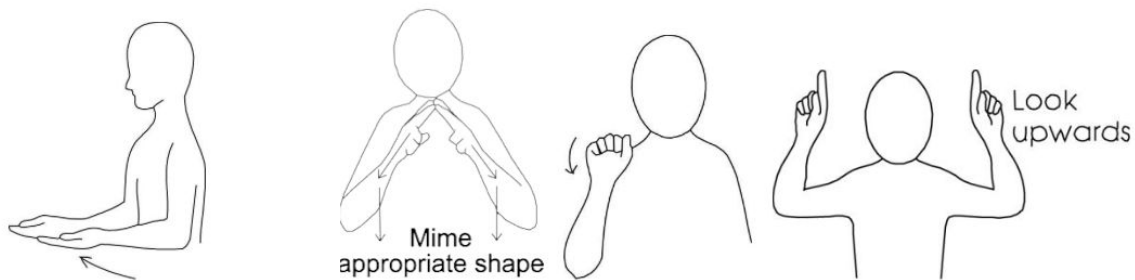


4. Where was he born, yes, Lord; x3

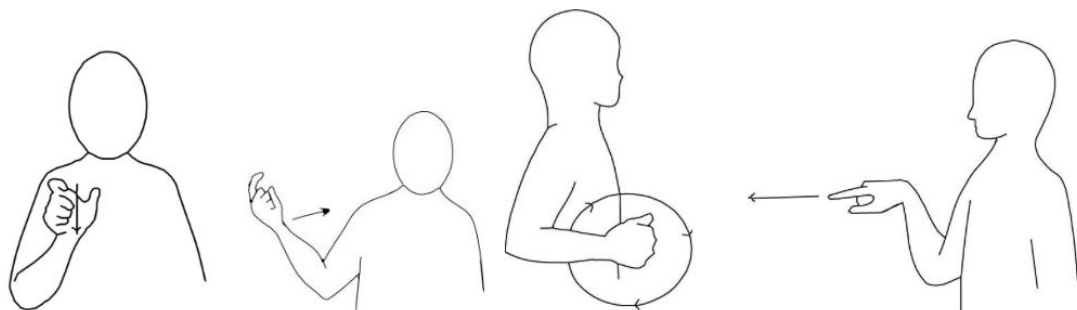


The people keep a-coming but the train done gone!



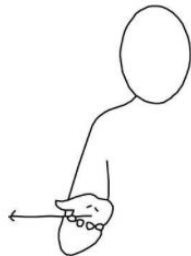
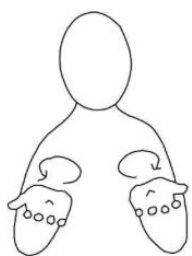


5. Born in a stable, yes, Lord; x3



The people keep a-coming but the train done gone!





Right flat hand,
palm up,
makes short
movement to
the right.
Directional



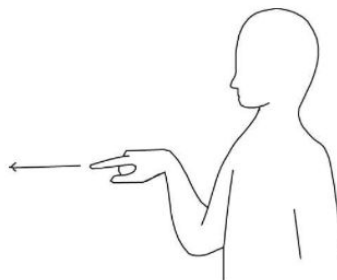
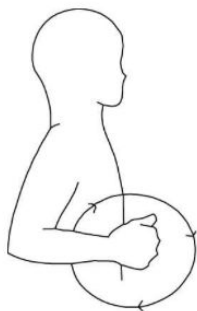
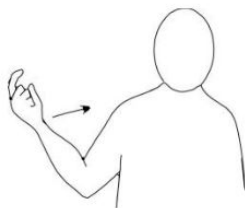
Look
upwards

6. Where did she lay him,

yes,

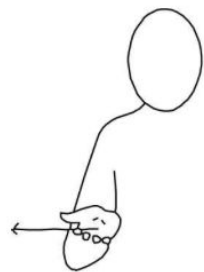
Lord;

x3

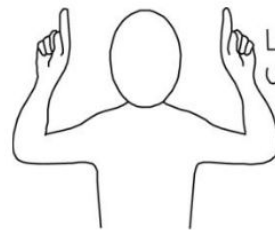


The people keep a-coming but the train done gone.



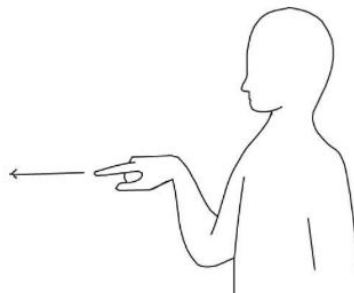
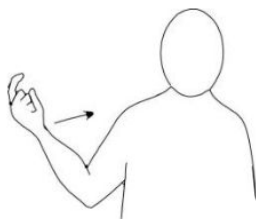


Right flat hand,
palm up,
makes short
movement to
the right.
Directional



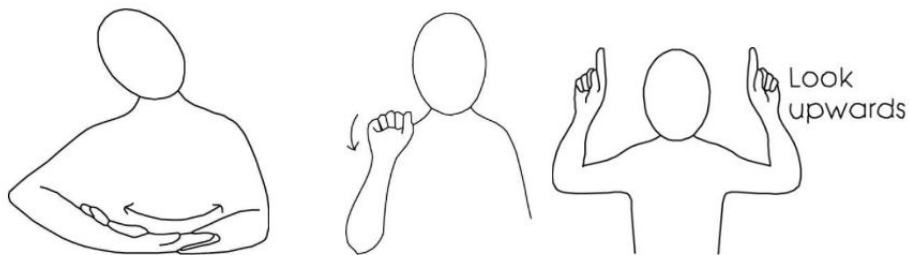
Look
upwards

7. Laid him in a manger, yes, Lord; x3

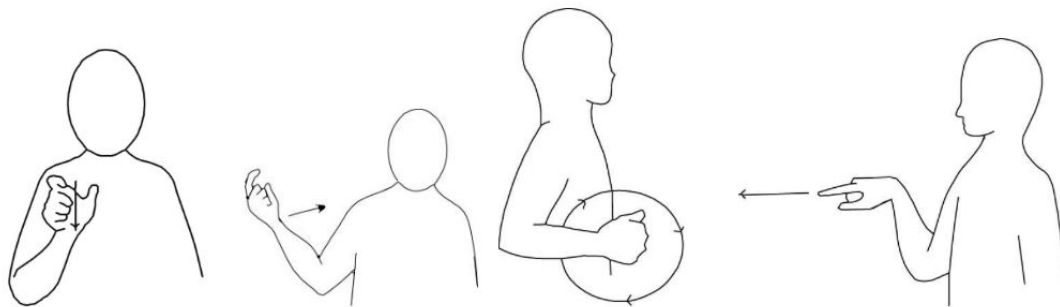


The people keep a-coming but the train done gone!



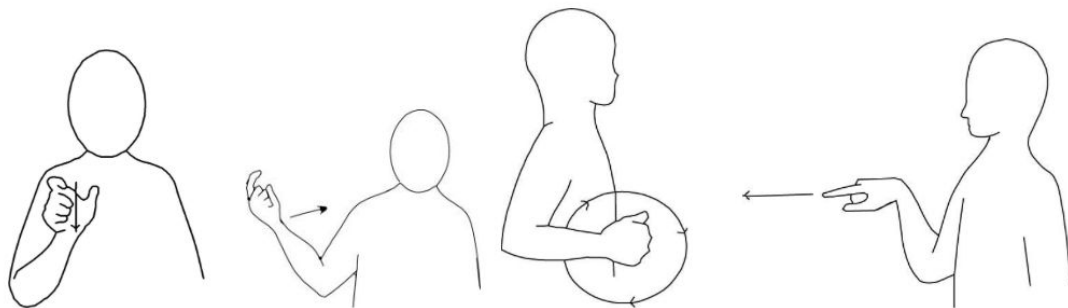


1. Mary had a baby, yes, Lord; x3

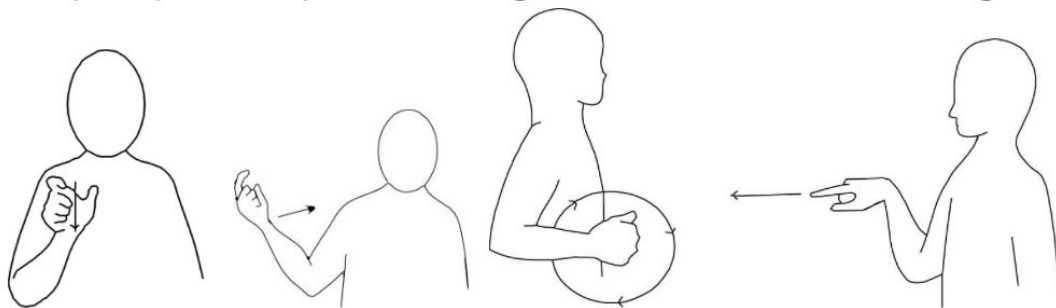


The people keep a-coming but the train done gone!





The people keep a-coming but the train done gone!

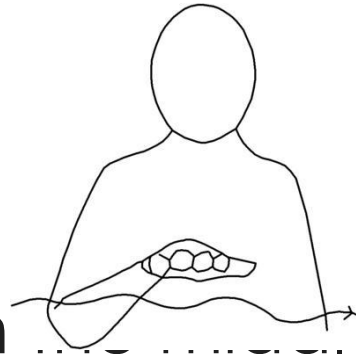
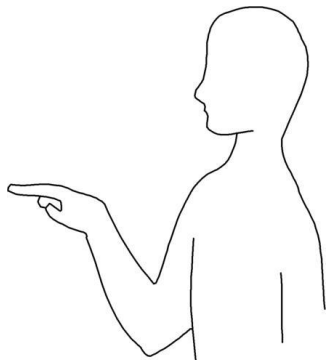


The people keep a-coming but the train done gone!

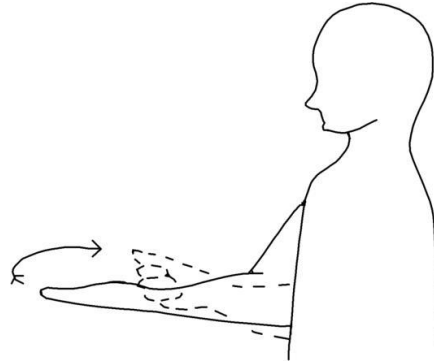
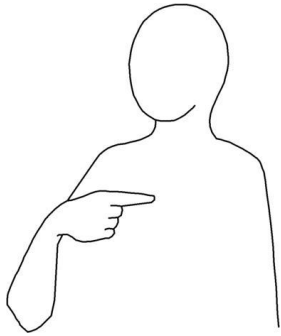


Count On Me



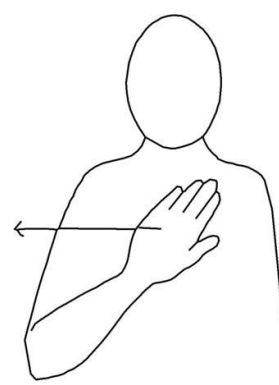
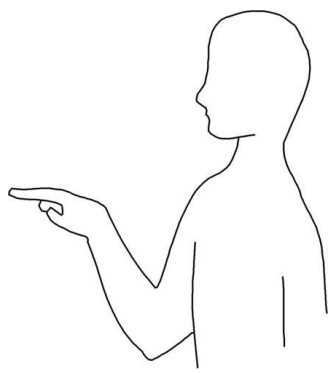


If you ever find yourself stuck in the middle of the sea

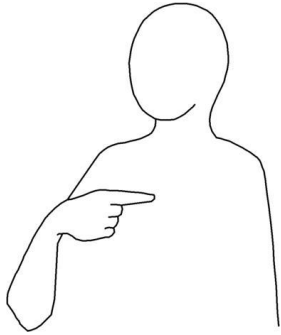


I'll sail the world to find you

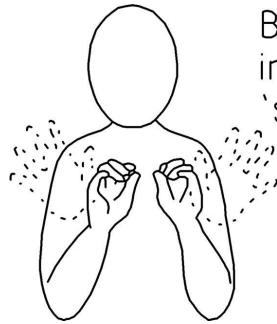




If you ever find yourself lost in the dark you can't see



I'll be



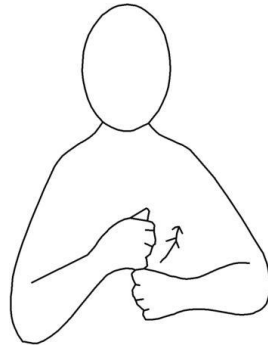
Bunched hands
in front of body
'spring open'

the light

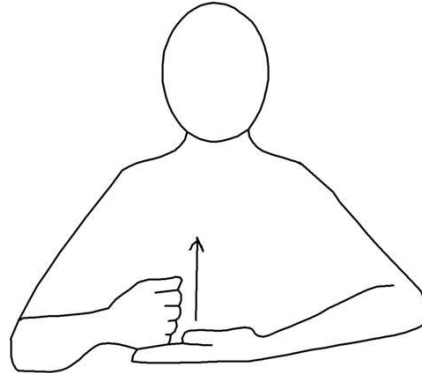
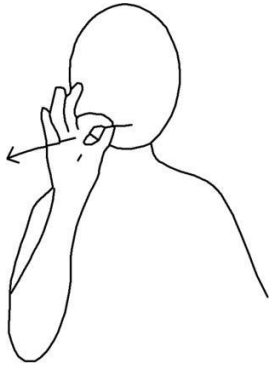


to guide you



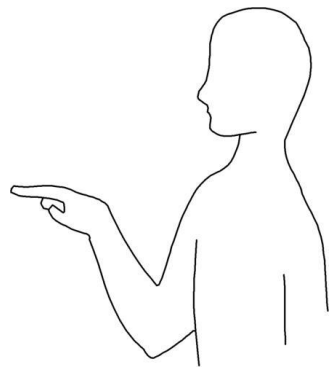


We find out what we're made of



When we are called to help our friends in need



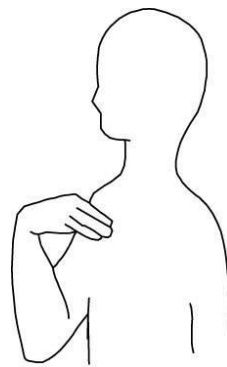


You can

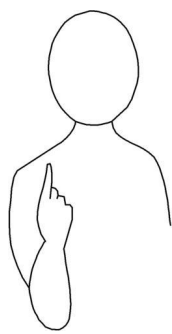


Hand strikes
palm
deliberately

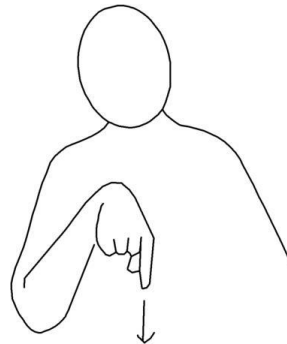
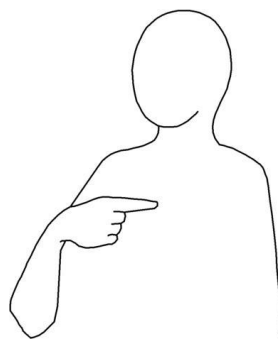
count on



me



Like 1, 2, 3,

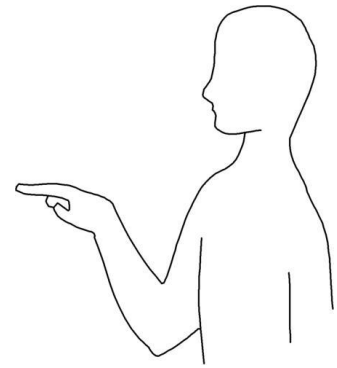


I'll be there

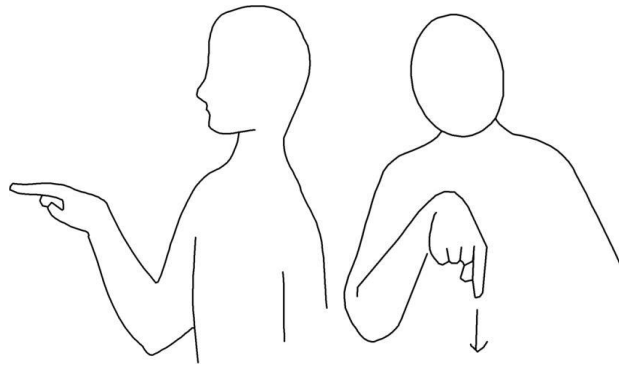
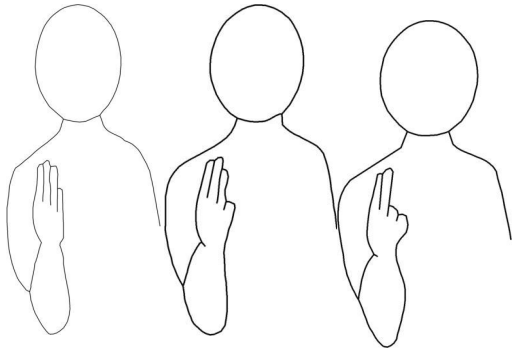




Hand strikes
palm
deliberately



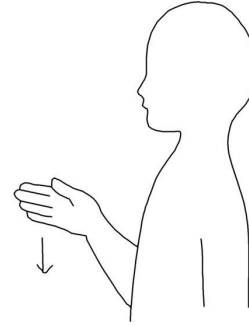
And I know when I need it I can count on you



Like 4, 3, 2,

you'll be there

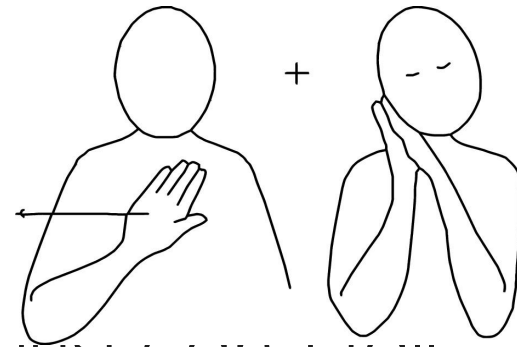
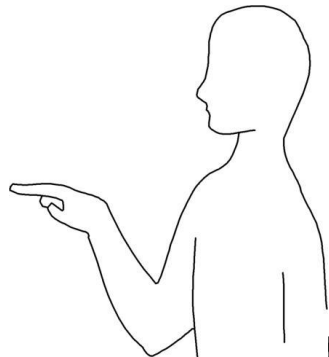




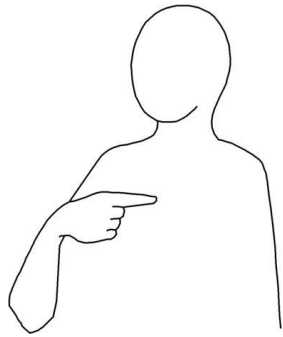
'Cause that's what friends are supposed to do

Oh yeah, ooh-ooh-ooh, ooh, yeah, yeah...

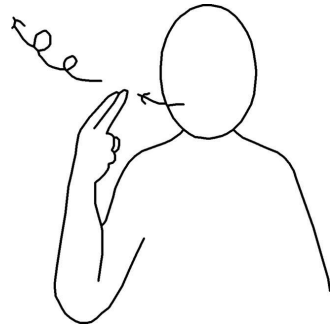




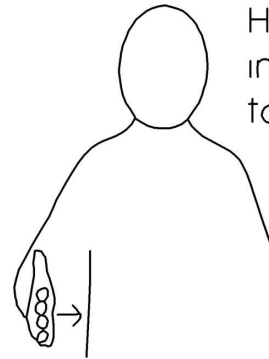
If you ... and turning, you just can't fall asleep



I'll



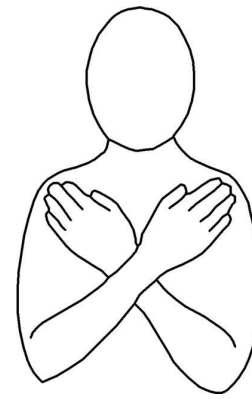
sing a song



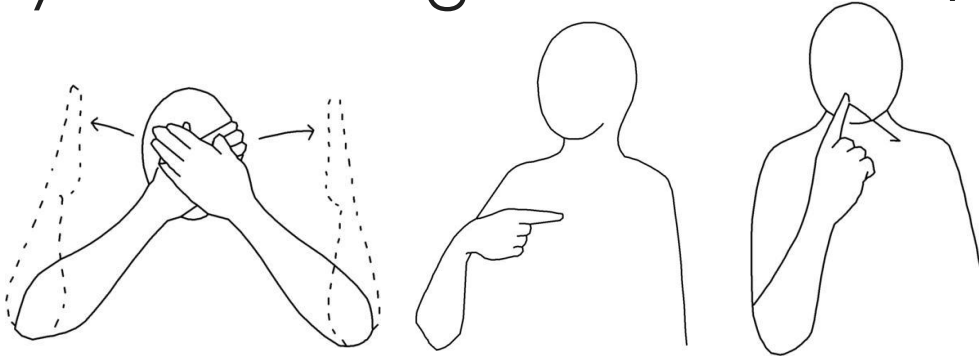
Hand draws in closely to body

beside you



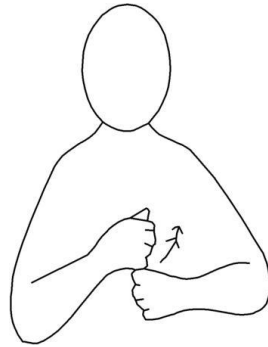


If you ever forget how much you really mean to me

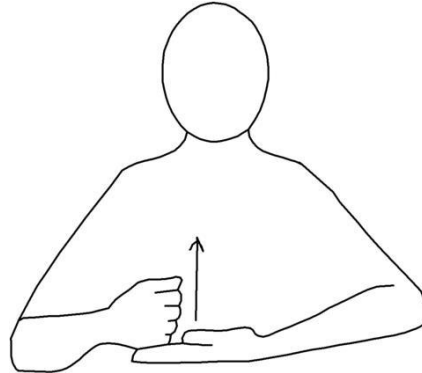
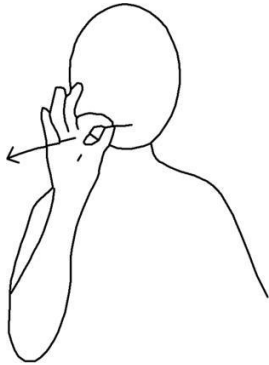


Every day I will remind you



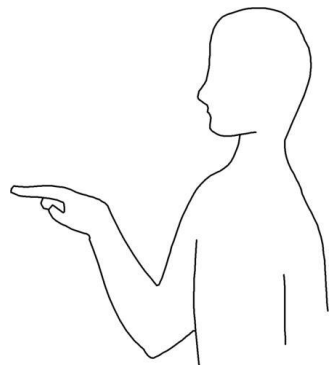


We find out what we're made of



When we are called to help our friends in need



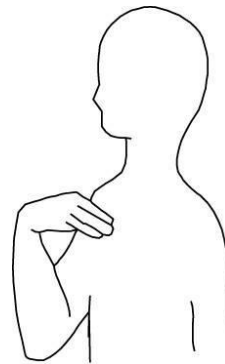


You can

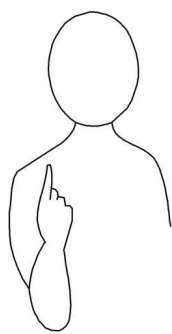


Hand strikes
palm
deliberately

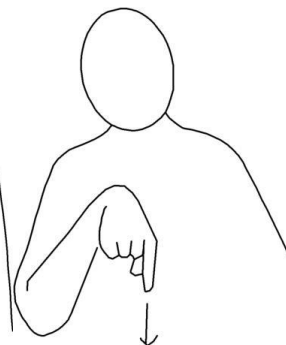
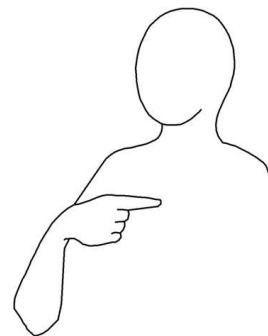
count on



me



Like 1, 2, 3,

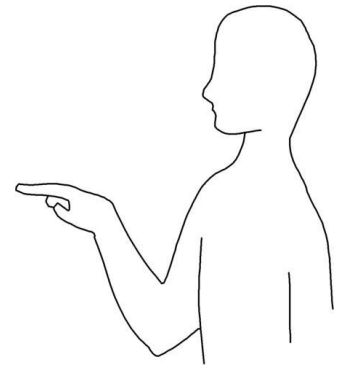


I'll be there

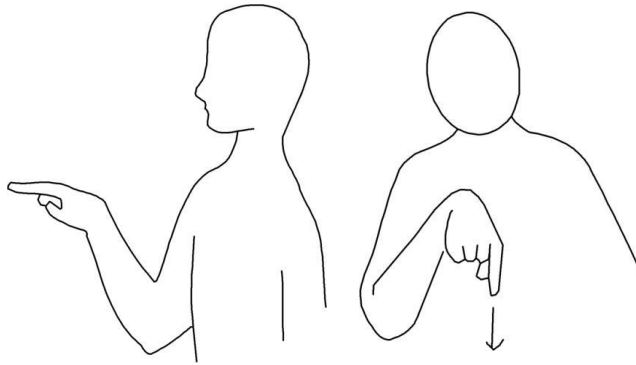
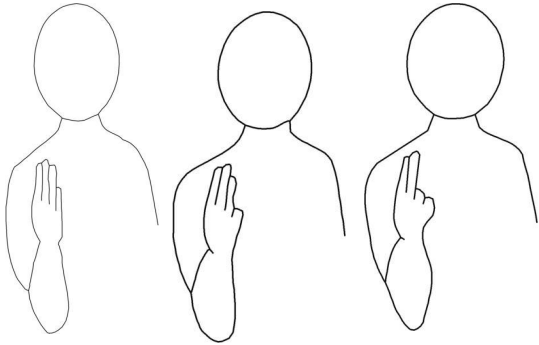




Hand strikes
palm
deliberately



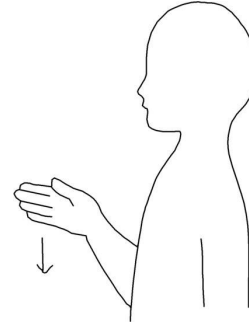
And I know when I need it I can count on you



Like 4, 3, 2,

you'll be there

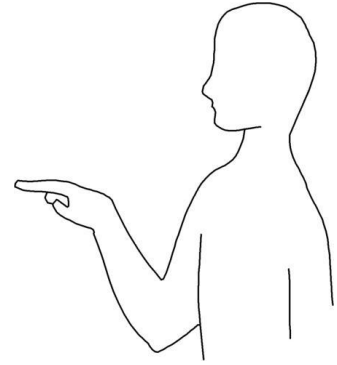
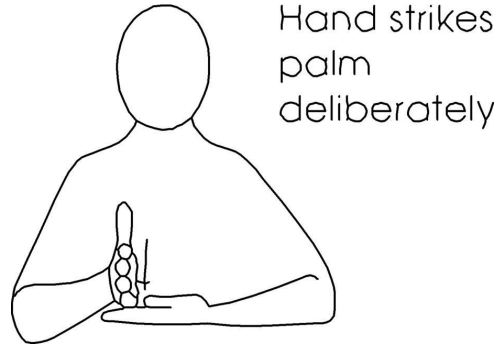
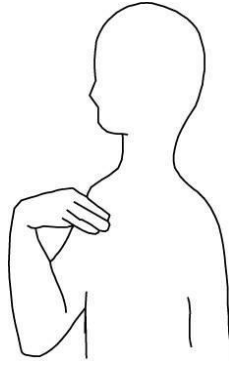
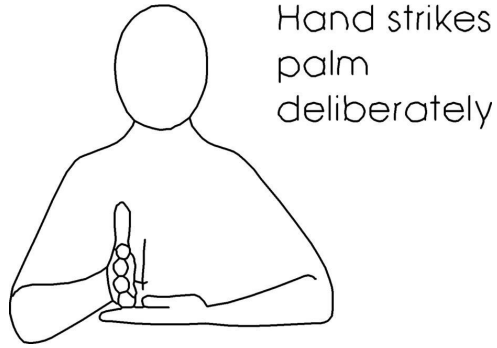




'Cause that's what friends are supposed to do

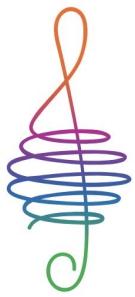
Oh yeah, ooh-ooh-ooh, ooh, ooh-ooh-ooh...





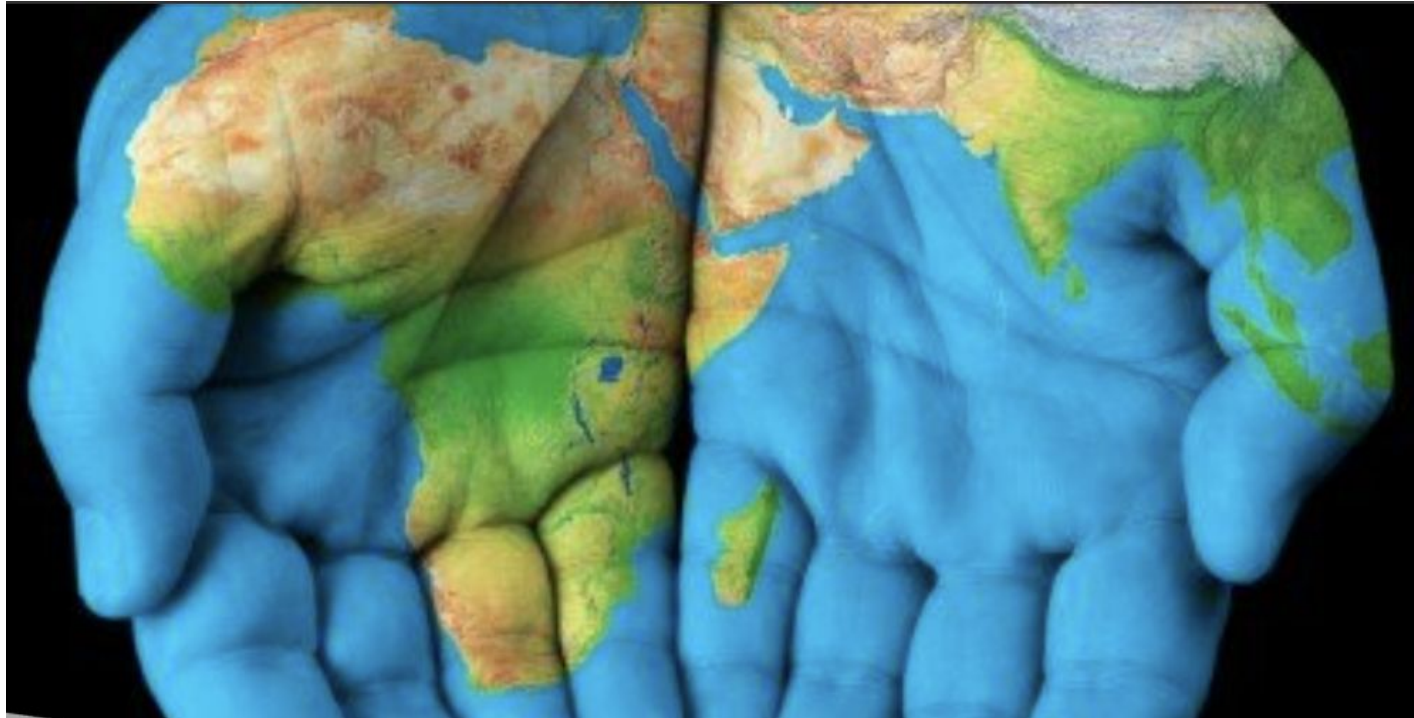
You can count on me 'cause I can count on you.



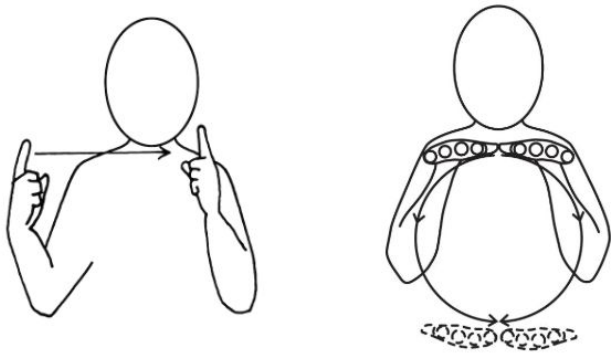


World Singing Day

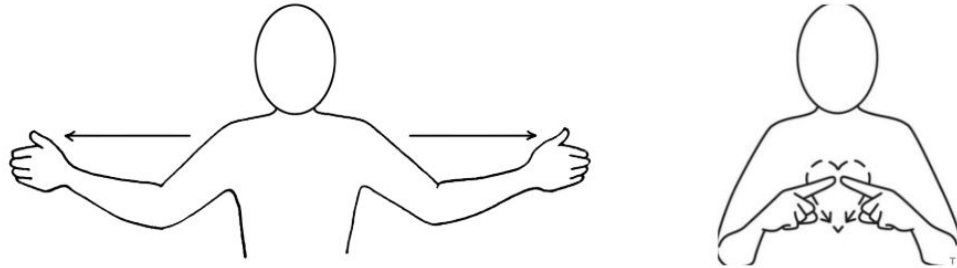
Sing together.
Unite the world.



V1

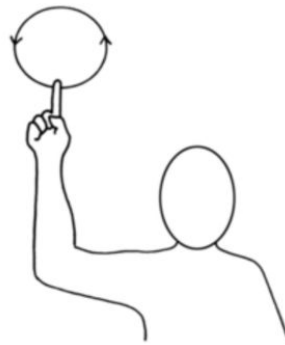
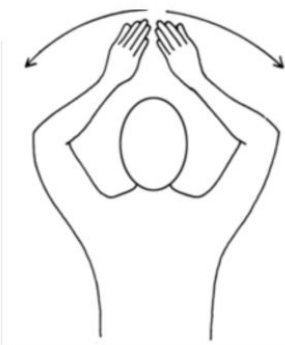


We live close together in worlds apart

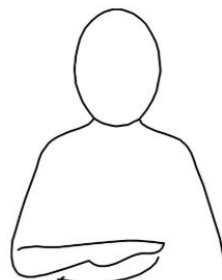
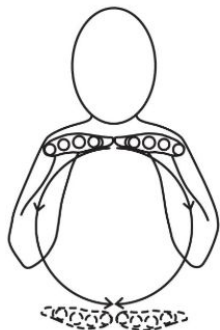


And need plenty of room inside our hearts.





We share the sky, we share the sun.



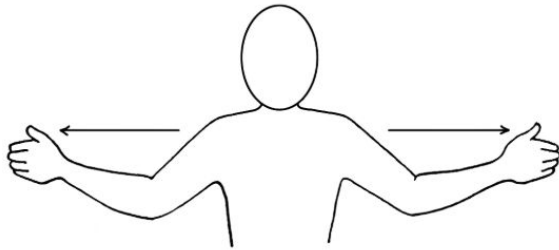
Can't we share the world with ev'ryone?



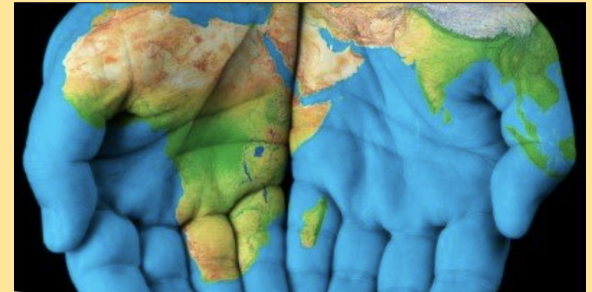
Chorus

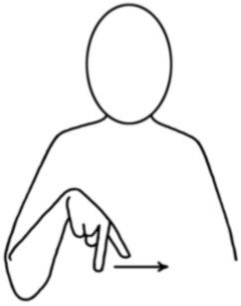


Sometime soon the time must come

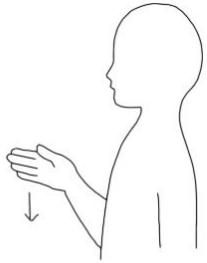


When there'll be room for everyone

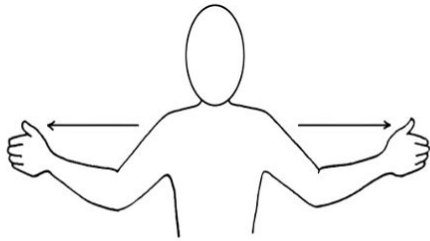




A place to walk and a place to run.



Got to be



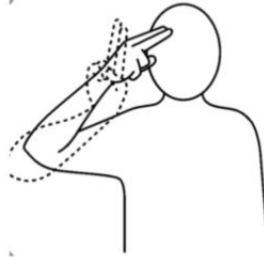
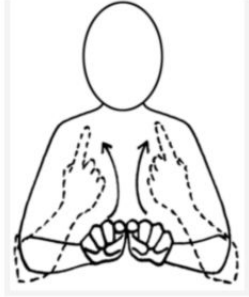
room for



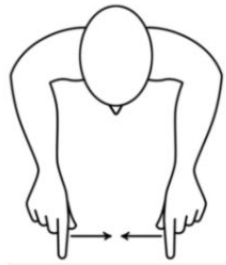
everyone



V2



We've got different dreams with different names

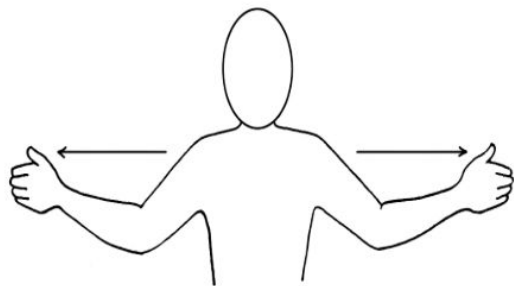


But it seems our hearts still beat the same.





It'll take some love, it'll take some trust



To make some room



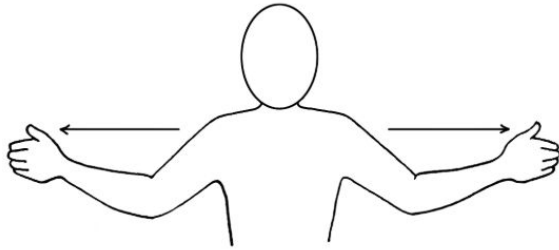
for all of us.



Chorus



Sometime soon the time must come

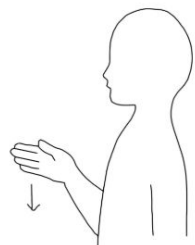


When there'll be room for everyone

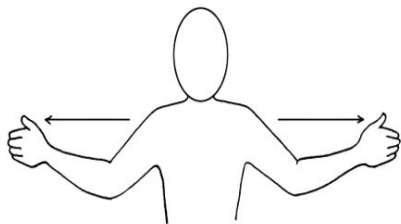




A place to walk and a place to run.



Got to be



room for

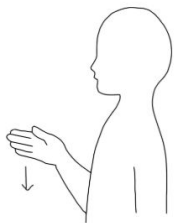


everyone

X 2

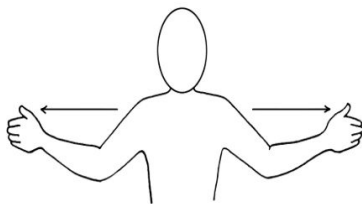
Instrumental



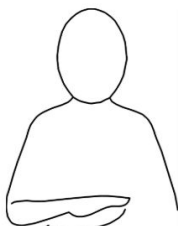


Got to be

Chorus



room for



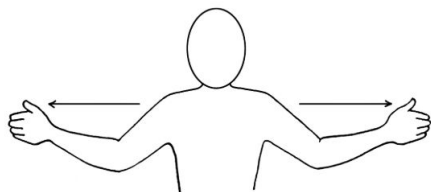
everyone



Sometime soon



the time must come

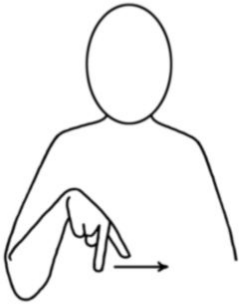


When there'll be room

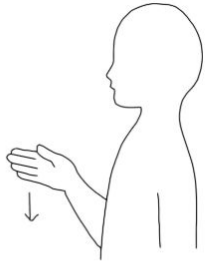


for everyone

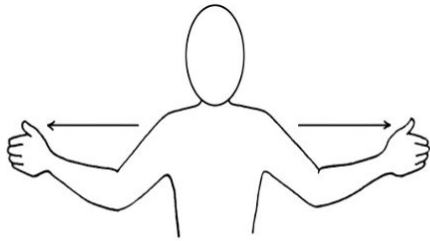




A place to walk and a place to run.



Got to be



room for



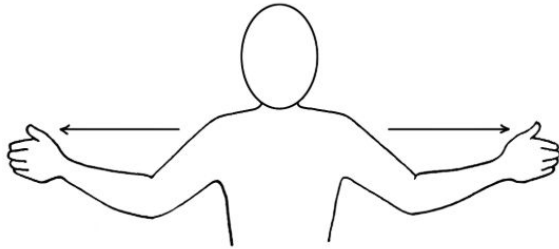
everyone



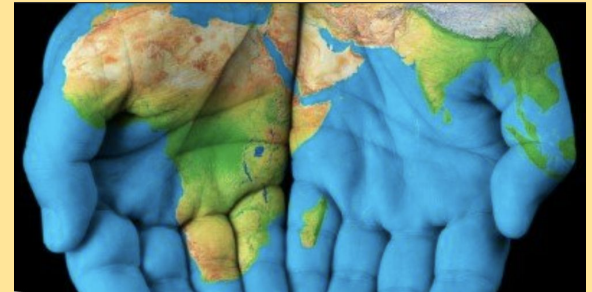
Chorus

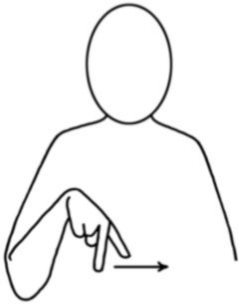


Sometime soon the time must come

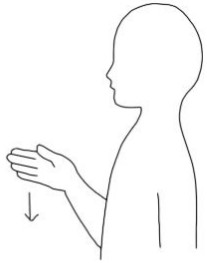


When there'll be room for everyone

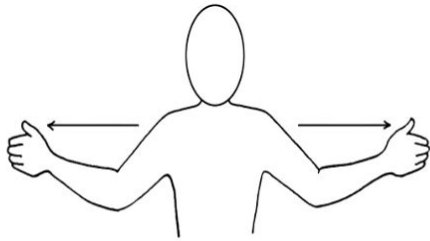




A place to walk and a place to run.



Got to be



room for



everyone

X 2



News



Thank You!



Thank You!



FREE wellbeing day! **Friday 25th September**, Salford Village Hall, Honeycrock Lane, Redhill, RH1 5DG.



Supporting Confidence, Connection & Inclusion
Social Care Staff/Charity Staff - 10-11:30am

Building Confidence, Connection & Friendship
Adults with learning disabilities and autistic adults - 12-1:30pm

Reminder



EAST SURREY COLLEGE
ORBITAL SOUTH COLLEGES



FREE 10 Week course

Hair & Beauty Course

For adults with learning disabilities

Start Date: Thurs 17 September

Time: 2:30pm – 4:30pm

Duration: 10 Weeks

Venue: East Surrey College



SEPT 17 → NOV 26
2:30pm → 4:30pm



This course is an ideal opportunity to discover a range of skills in an inclusive and welcoming setting.

You will learn beauty skills (hand care and massage, filing and painting nails) as well as hair care (basic shampoo, condition and blow dry skills).

If you require personal support, then your carer must attend.

It's easy to book!

Simply scan the QR code to enrol:



East Surrey College, London Road, Redhill, Surrey RH1 2JX

www.esc.ac.uk



EAST SURREY COLLEGE
ORBITAL SOUTH COLLEGES



FREE 10 Week course

Digital Skills Course

For adults with learning disabilities

Start Date: Tues 15 September

Time: 5:30pm – 7:30pm

Duration: 10 Weeks

Venue: East Surrey College



SEPT 15 → DEC 1
5:30pm → 7:30pm



This course is an ideal opportunity to discover a range of skills in an inclusive and welcoming setting.

You will learn a range of topics including: online safety, Microsoft applications, using AI (safety, social media, life skills) and digital tech for audio / visual use.

If you require personal support, then your carer must attend.

It's easy to book!

Simply scan the QR code to enrol:

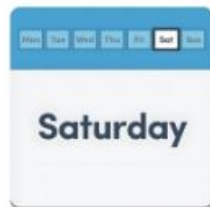


East Surrey College, London Road, Redhill, Surrey RH1 2JX

www.esc.ac.uk

Stroll and Sign - Saturday 26th September 2026

Mercers Lake



Please join us on **Saturday 26th September** for our next Stroll and Sign.



We are going to walk and enjoy Mercers Lake. The postcode for **Mercers Lake** is **Nuffield Marsh Road, Redhill, RH14EU**.



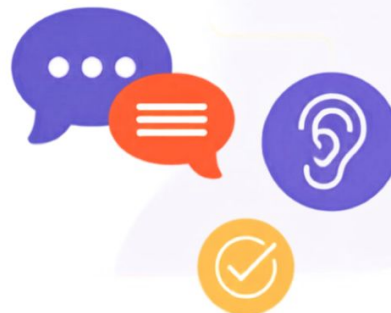
We will meet at at **11:00am** and will walk until approximately **12:30pm**.

Carers, **have your say**

Help us improve annual health checks

Do you support, care for, or have a family member with a learning disability? We want to hear about your experiences of annual health checks and how they can be improved.

Your views will help shape future healthcare services and ensure people with a learning disability receive the best possible support to stay healthy and well.



Wednesday 14 October



6:00pm - 7:00pm



Online via Microsoft Teams



Participants will receive a £25 One4All voucher as a thank you for their time.



We are keen to hear from:

Family members • Unpaid carers • Support workers • Personal assistants



To register your interest, contact:

Isabel.clark3@nhs.net



World Singing Day



We will be singing the World Singing Day song 'Room for everyone' at **Epsom Library in the Ebbisham Centre, Epsom, KT19 8AG**



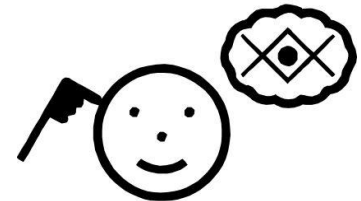
We will meet in the library at **2:15pm** and start singing at **2:30pm**. We will finish at 3pm.

Birthdays

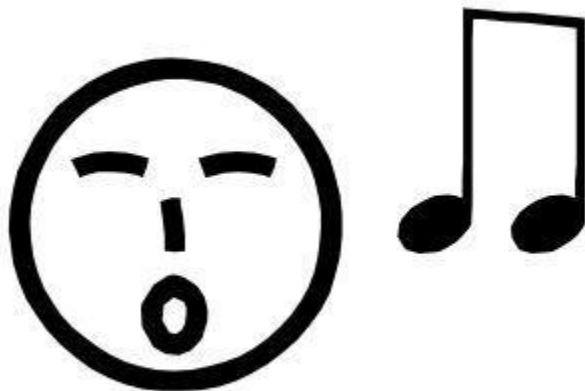


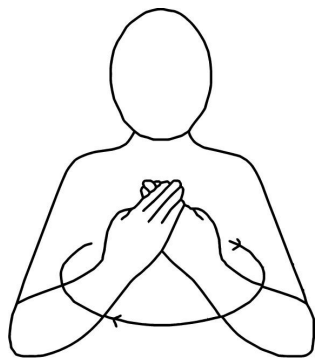
Break

& Sign of the Week Video

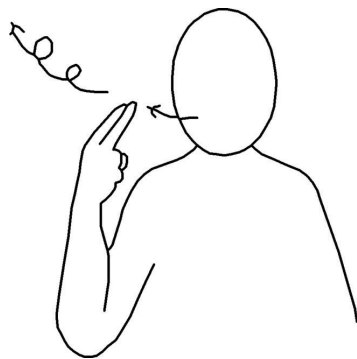


Welcome Back!

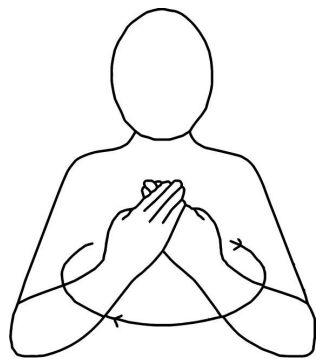




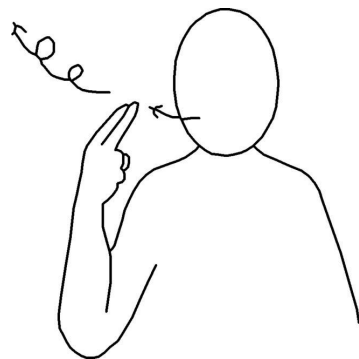
Include



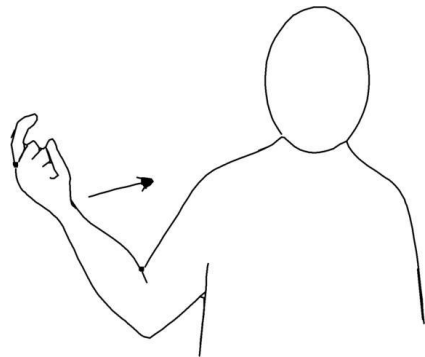
Choir



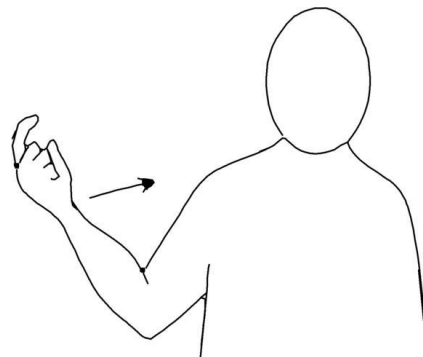
Include



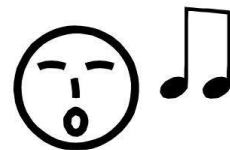
Choir

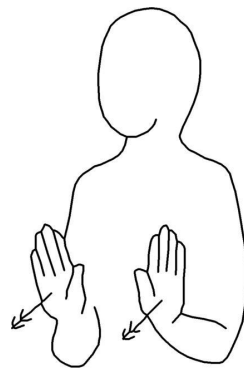
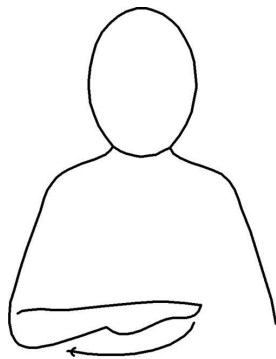
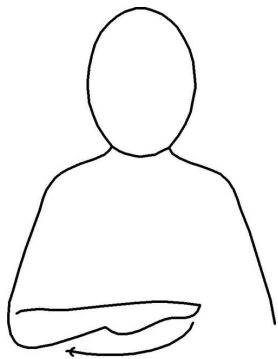


Come and sing!

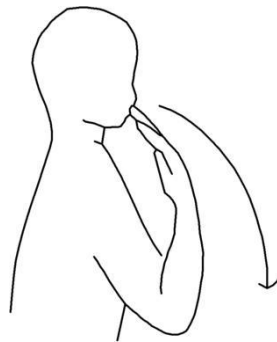
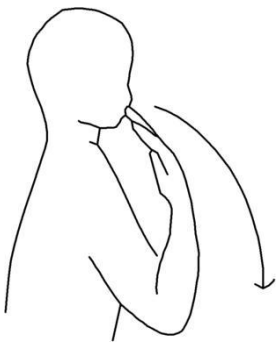


Come and sing!



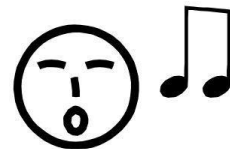


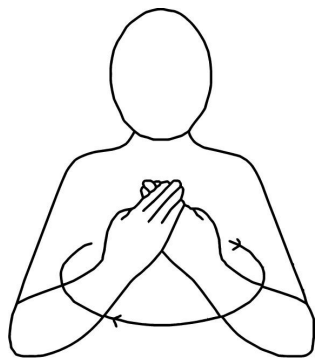
Everybody's waiting, everybody's waiting



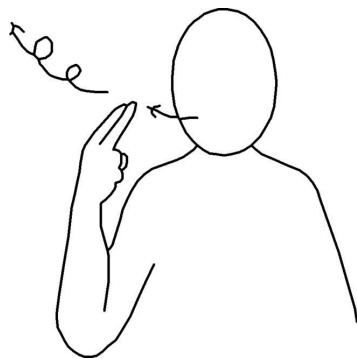
Please join in!

Please join in!

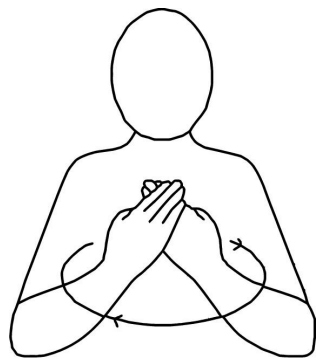




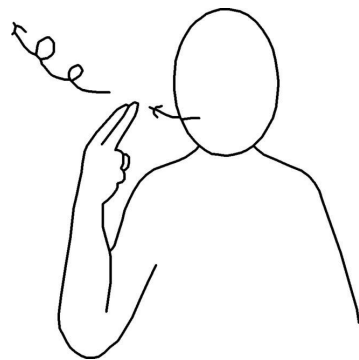
Include



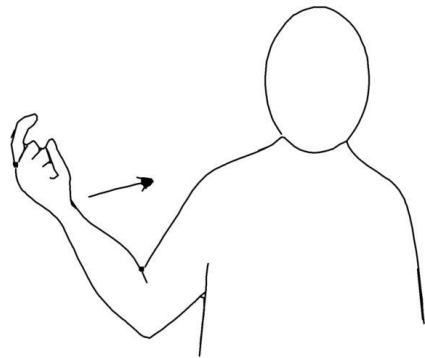
Choir



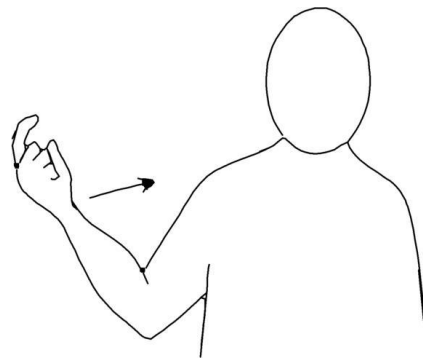
Include



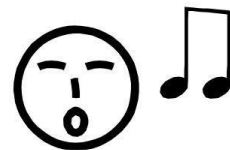
Choir

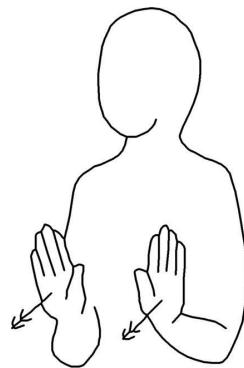
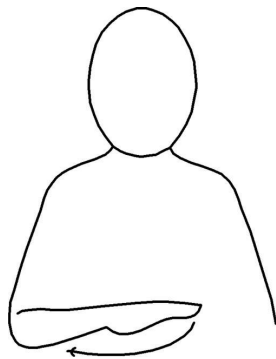
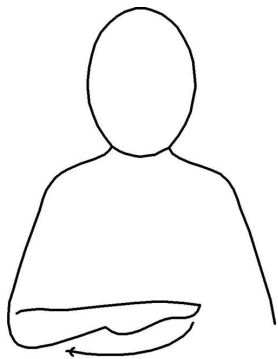


Come and sing!

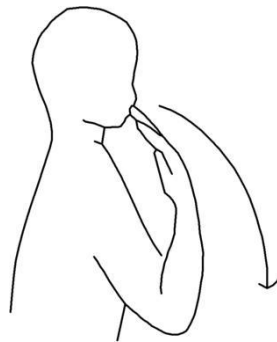
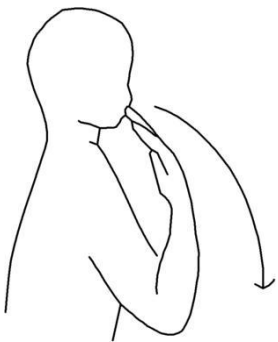


Come and sing!



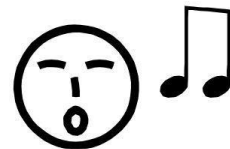


Everybody's waiting, everybody's waiting



Please join in!

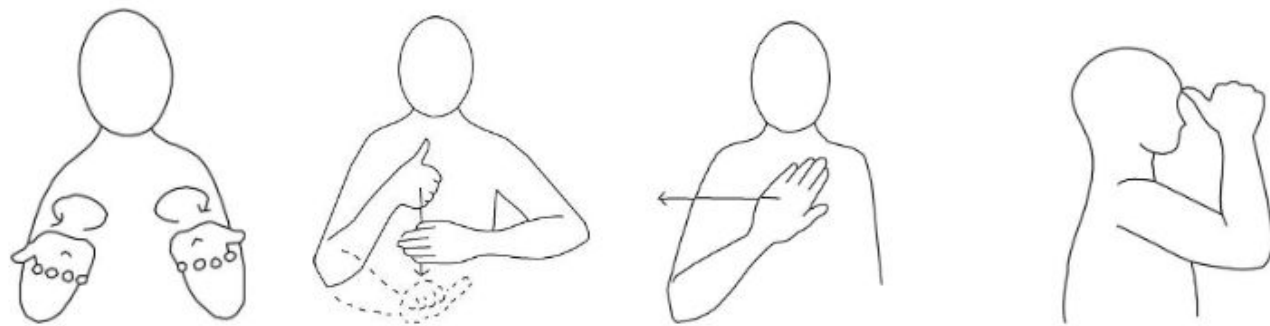
Please join in!





Sweet Caroline





Where it began, I can't begin to knowin'



But then I know it's growing strong.

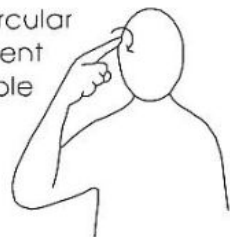




Fists twist
towards body
and circle
backwards
around each
other

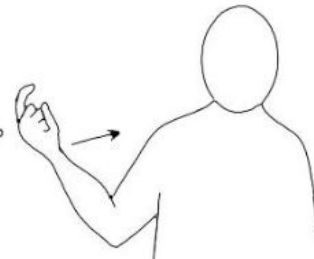
Was in the spring - And spring became the summer

Small circular
movement
on temple



+

Hand strikes
palm
deliberately



Who'd have believed you'd come along?

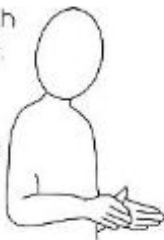




Touch back of
right or left hand
as appropriate
For plural touch
back of both
hands

Fingers touch
palm gently

Place as
appropriate

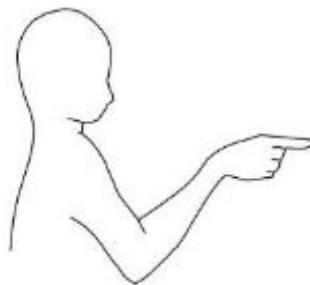
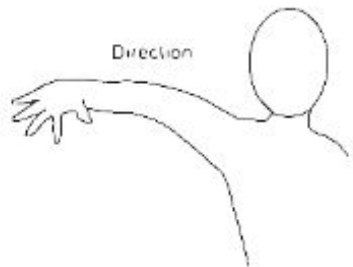


Touch back of
right or left hand
as appropriate
For plural touch
back of both
hands

Hands,

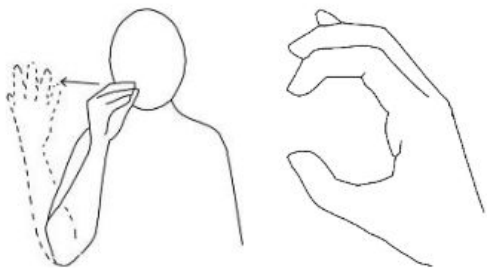
touchin'

hands



Reachin' out, touchin' me, Touchin' you





Sweet

Caroline



Good



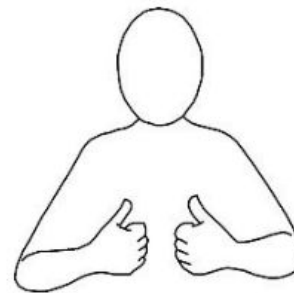
times

Tap
twice



Flat hand in
front of face, moves
forward and down

never seemed

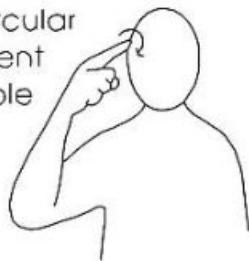


so good





Small circular
movement
on temple

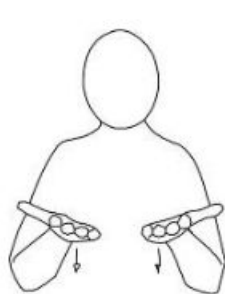
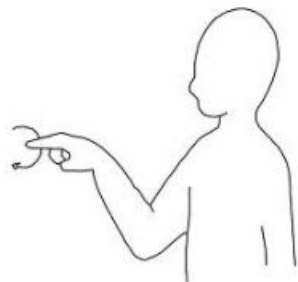


+

Hand strikes
palm
deliberately



I've been inclined ... To believe they never would



But now I.....

look at the night





Right index finger
moves sharply down
behind left hand, both
open to flat hands, palms
down, and move forward

And it don't seem so lonely



We fill it up with only two





Position hand at appropriate part of body and shake hand



And when I hurt, hurtin' runs off my shoulders



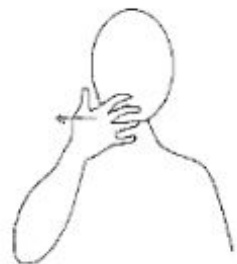
Position hand at appropriate part of body and shake hand



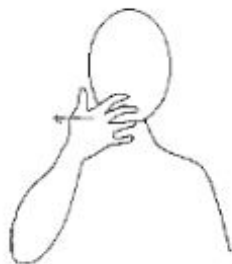
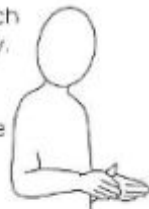
Facial expression as appropriate

How can I hurt when holding you?





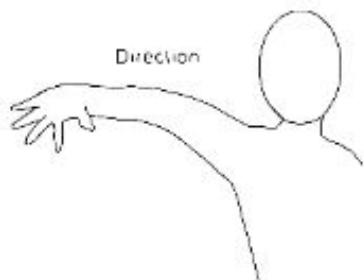
Fingers touch
palm gently.
Place as
appropriate



Warm,

touchin'

warm

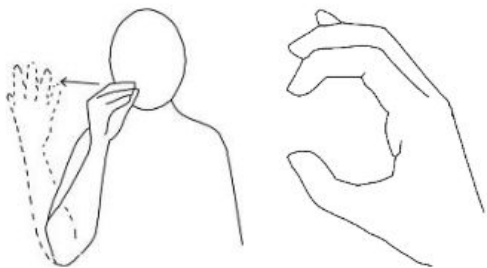


Direction



Reachin' out, touchin' me, Touchin' you





Sweet

Caroline



Good



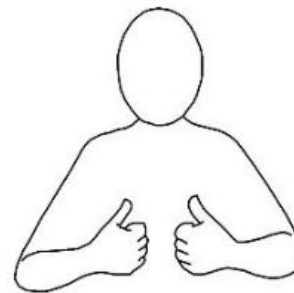
times

Tap
twice



Flat hand in
front of face, moves
forward and down

never seemed

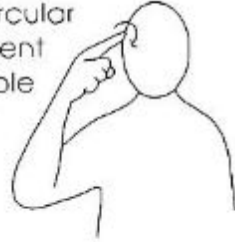


so good





Small circular
movement
on temple



+



Hand strikes
palm
deliberately

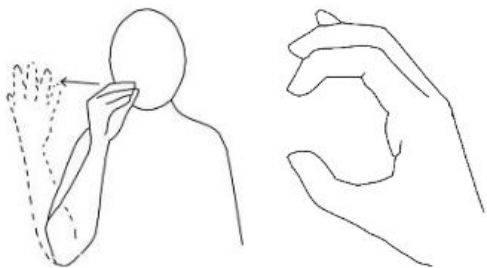


I've been inclined ... To believe they

never would

Instrumental





Sweet

Caroline



Good



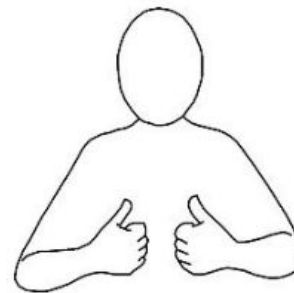
times

Tap
twice



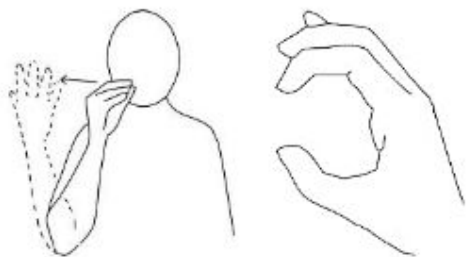
Flat hand in
front of face, moves
forward and down

never seemed



so good



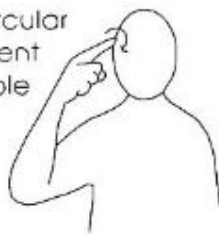


Sweet Caroline



I

Small circular
movement
on temple



+



Hand strikes
palm
deliberately

believe they

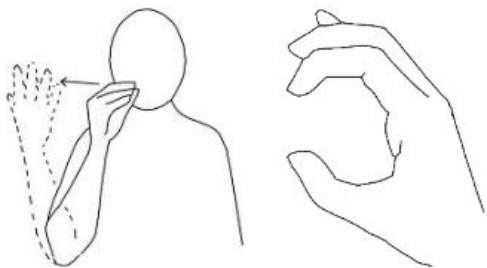


never



could





Sweet

Caroline



Good



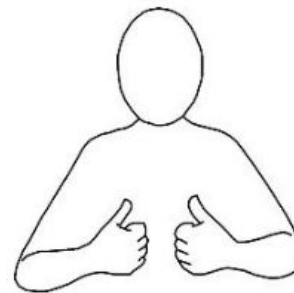
times

Tap
twice



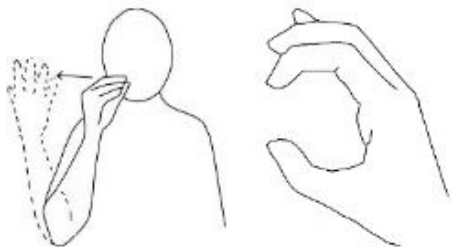
Flat hand in
front of face, moves
forward and down

never seemed



so good



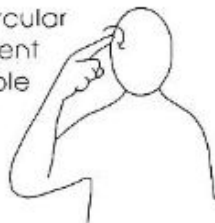


Sweet Caroline



I

Small circular
movement
on temple



+

Hand strikes
palm
deliberately



believe they

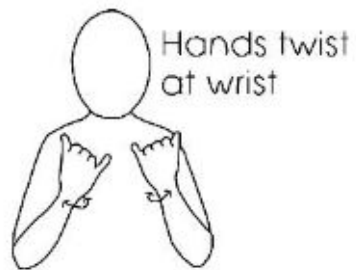


never



could



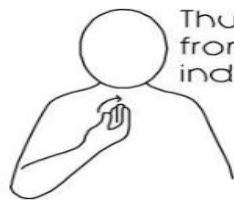


Time for celebrations x 6



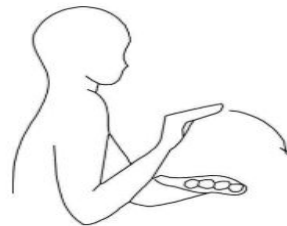
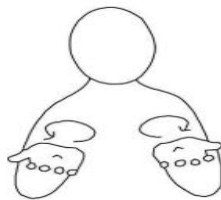
Somewhere over the rainbow





Thumbs rubs fingertips
from small finger to
index finger

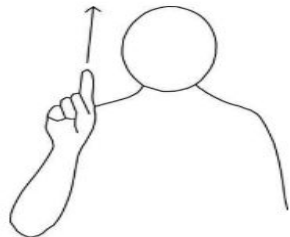
1. Somewhere



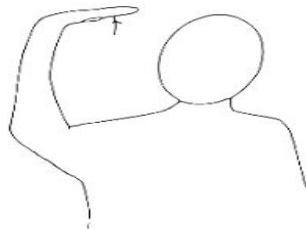
over



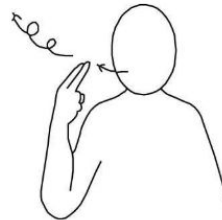
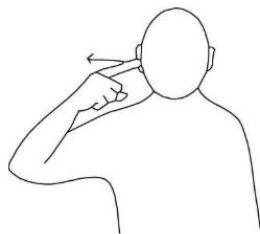
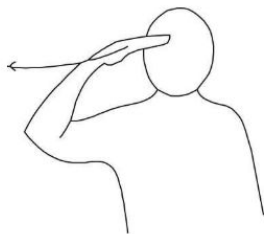
the rainbow



Way up



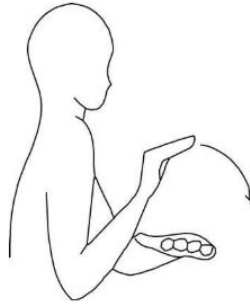
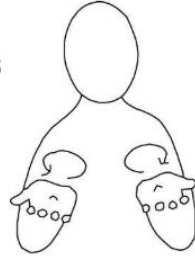
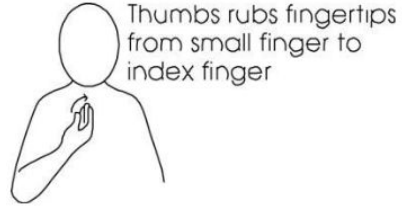
high



There's a land that I've heard of, once

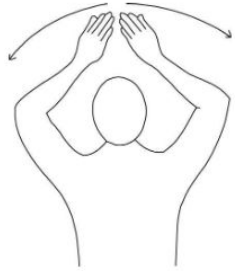
in a

lullaby.



2. Somewhere

over the rainbow,



Skies are blue





And the dreams that you dare to dream,

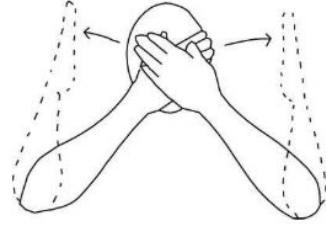


Hand strikes
palm
deliberately



Hand strikes
palm
deliberately

Really do come true.



ch. Someday I'll

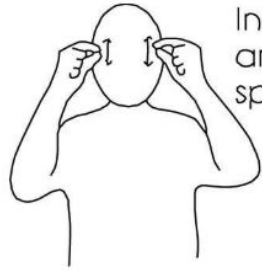


wish

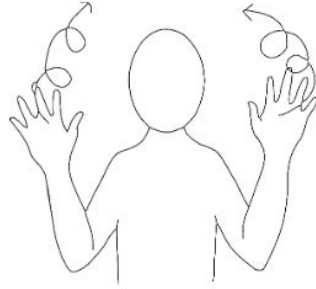


Sign one
star only

upon a star



Index fingers
and thumbs
spring apart



And wake up where the clouds are far behind me.



Small light
slap on back
of hand

Where troubles



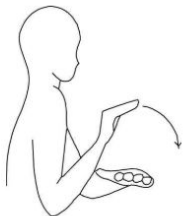
melt

like

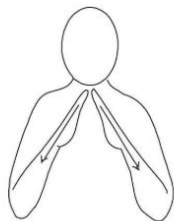


Rotate finger
slightly

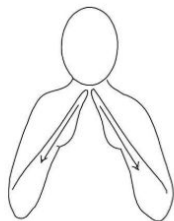
lemon drops,



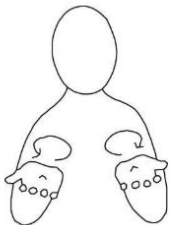
Way above the



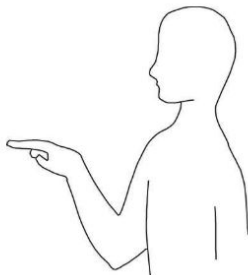
chimney



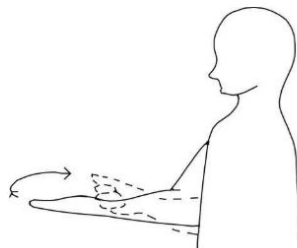
tops,



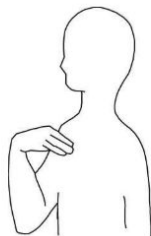
That's where



you'll



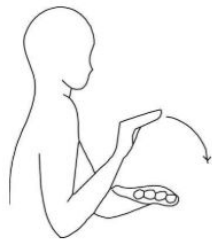
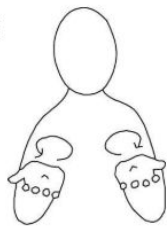
find



me.



Thumbs rubs fingertips
from small finger to
index finger



3. Some

where

over

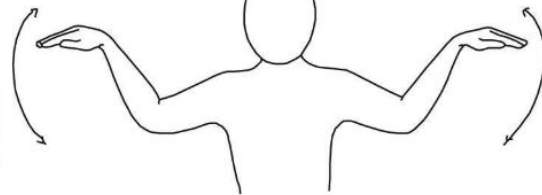
the rainbow,



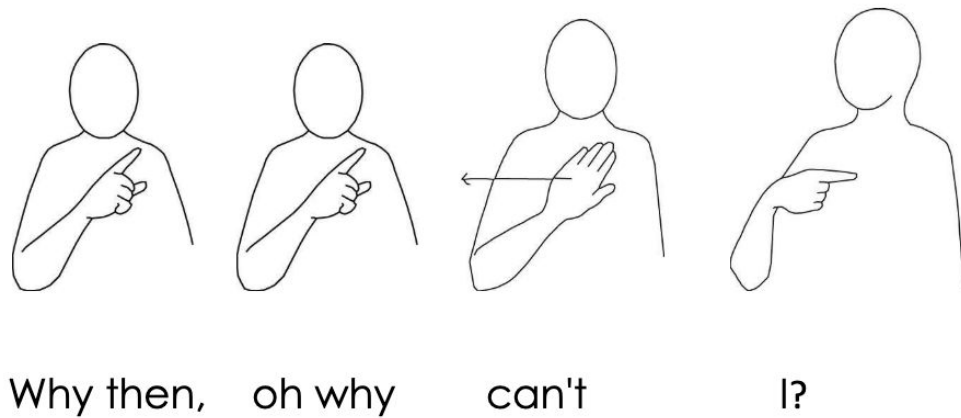
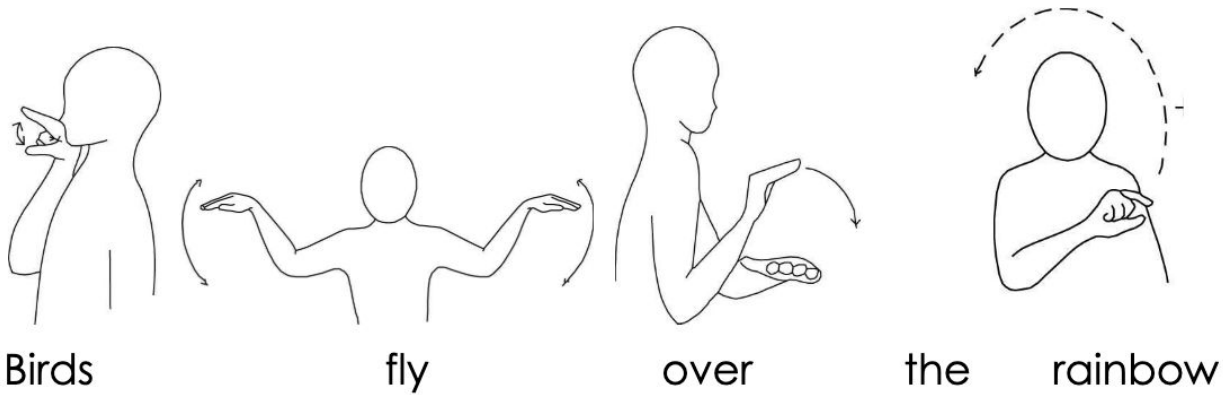
Blue



birds



fly

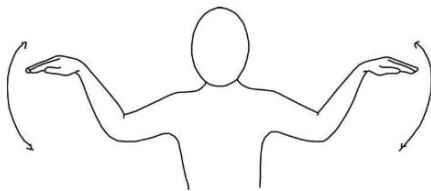




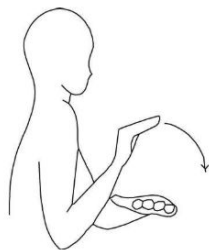
If happy little



bluebirds



fly



Beyond the



rainbow



Why,



oh



why

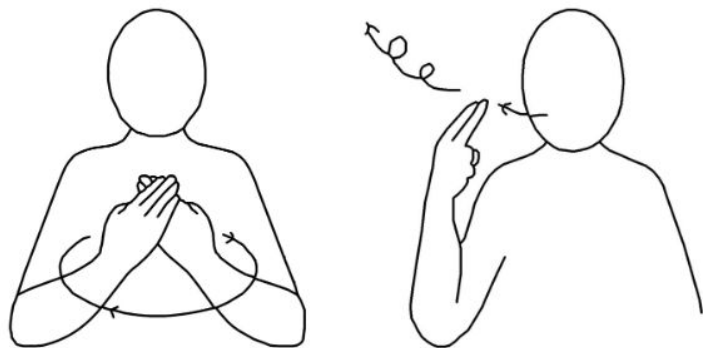
can't



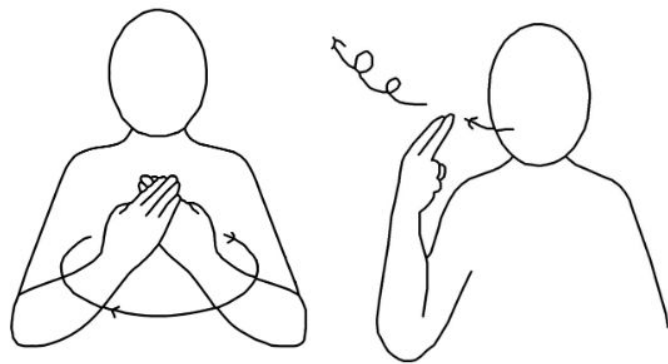
I?

Include Choir Goodbye Song

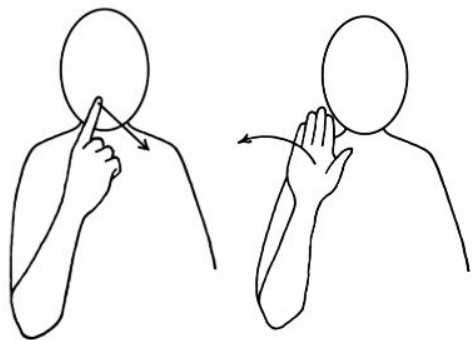




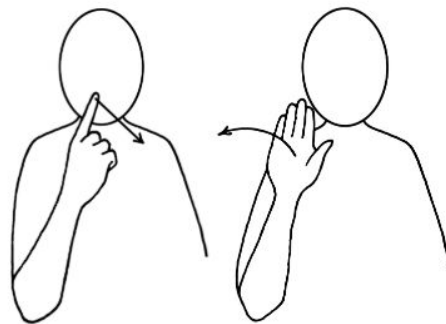
Include Choir



Include Choir



Says goodbye!

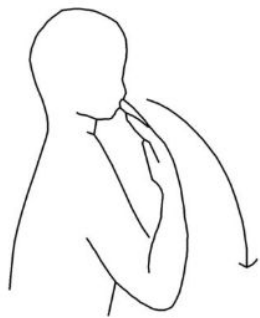


Says goodbye!





It was really good to see you, really good to see you

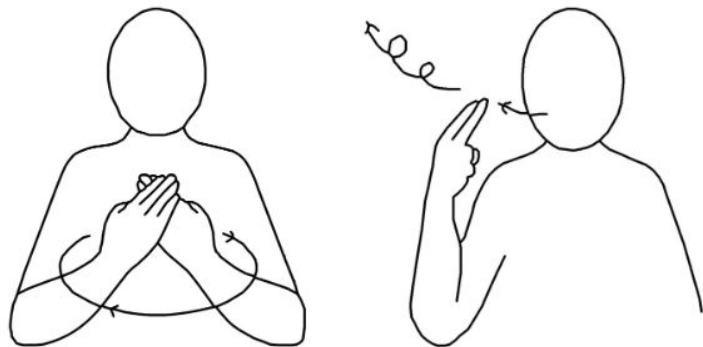


Index fingers
shows tears trickling
down cheeks

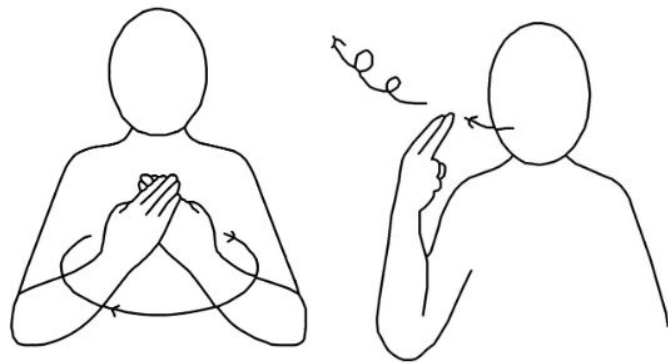
Please don't cry,

please don't cry!

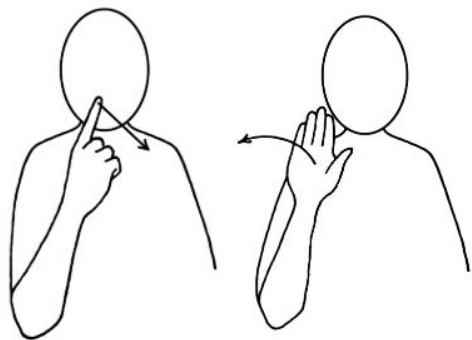




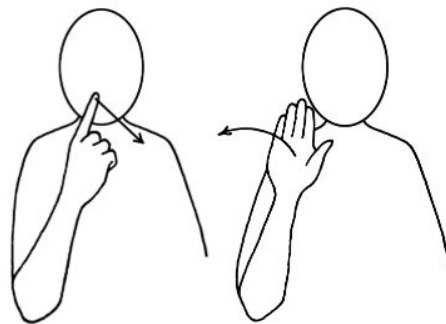
Include Choir



Include Choir

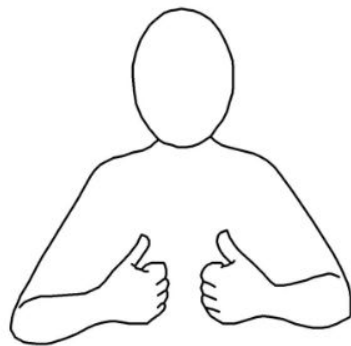
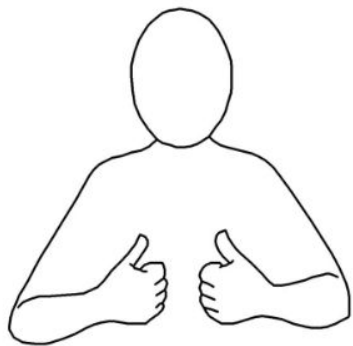


Says goodbye!

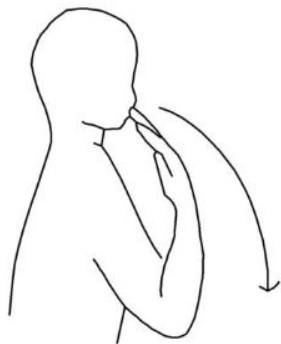


Says goodbye!





It was really good to see you, really good to see you



Index fingers
shows tears trickling
down cheeks

Please don't cry!





The Include Choir Session has now finished. Thank you for coming!

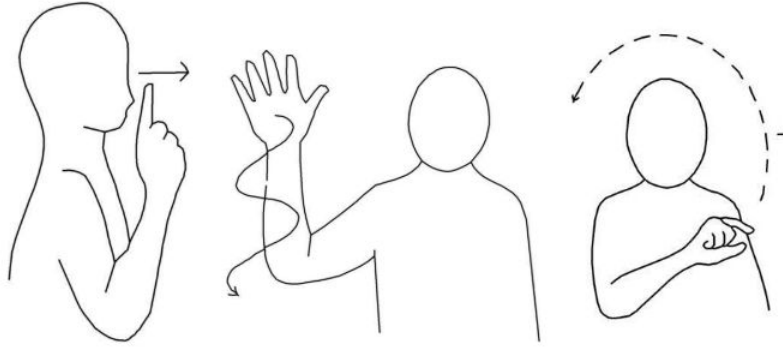


**Thank you
and see you
next week!**

In My World



Verse 1



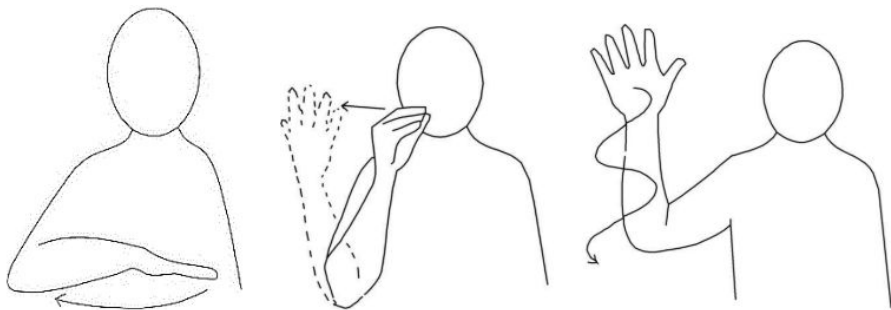
I see colours in the rainbow



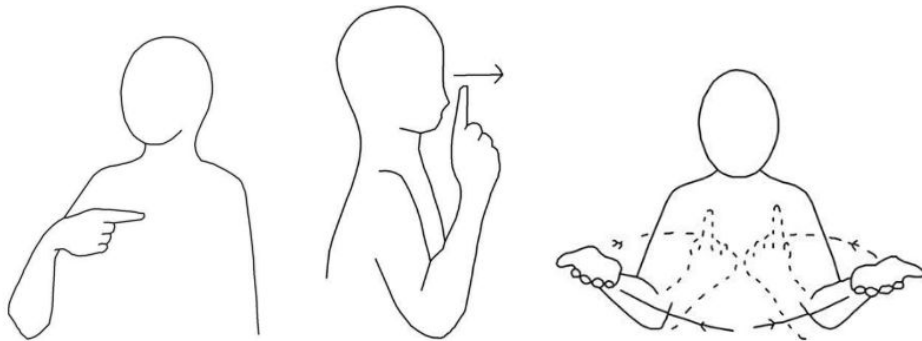
Show
several stars

I see stars in the sky at night



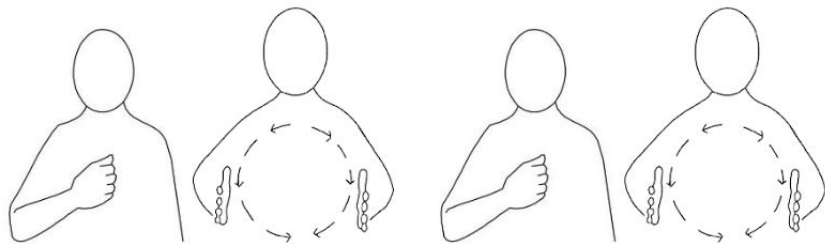


All the beautiful colours

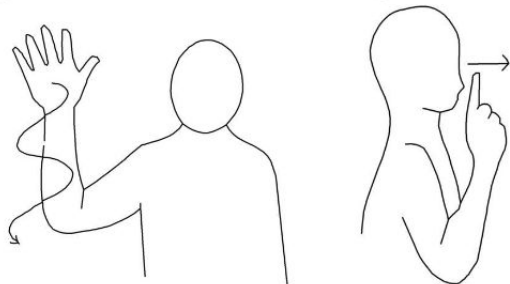


That I see make everything bright

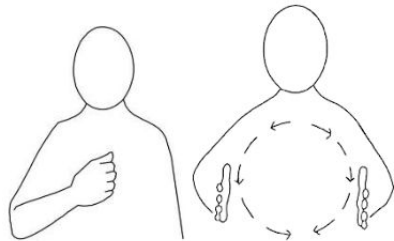




In my world, in my world



These are the colours that I see



In my world



Verse 2

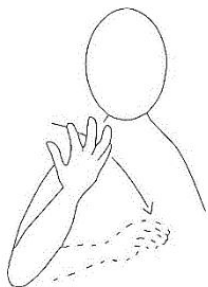


The blushing pink of the roses

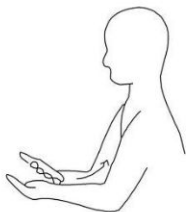


And the hazy blue of the sky



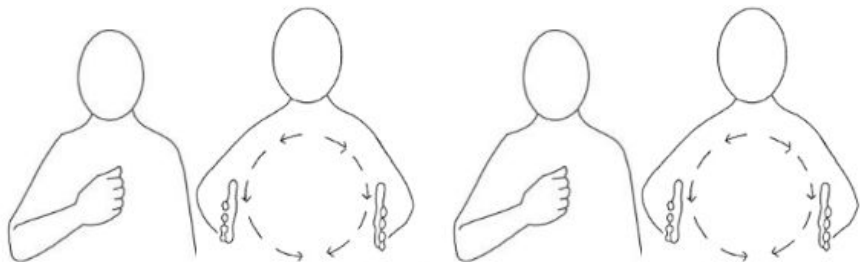


Sunsets over the calming sea

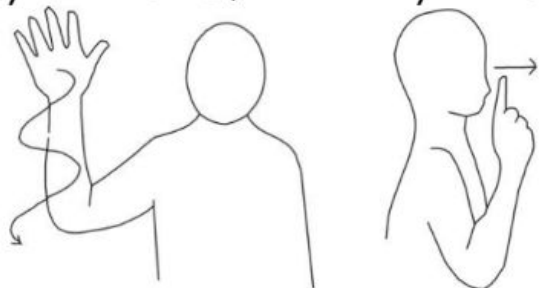


The green of the fields we're passing by

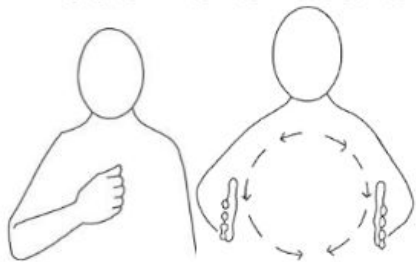




In my world, in my world



These are colours that I see



In my world



Middle



Squeeze
orange at corner
of mouth



Orange,

purple,

yellow and red



Pink and blue and green.





Hand moves
down slightly.
For plural
repeat placing
one next to
the other



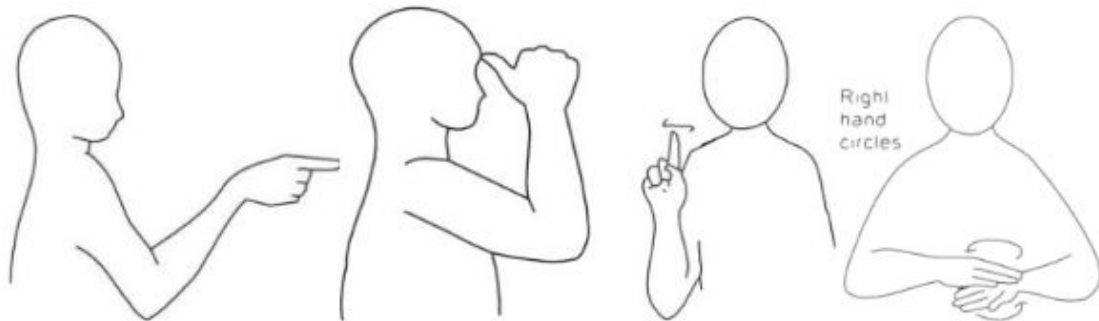
Some might

say

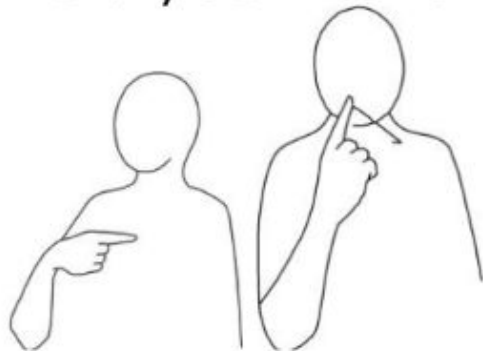


it's already been said





But. you know what I mean



When I say...



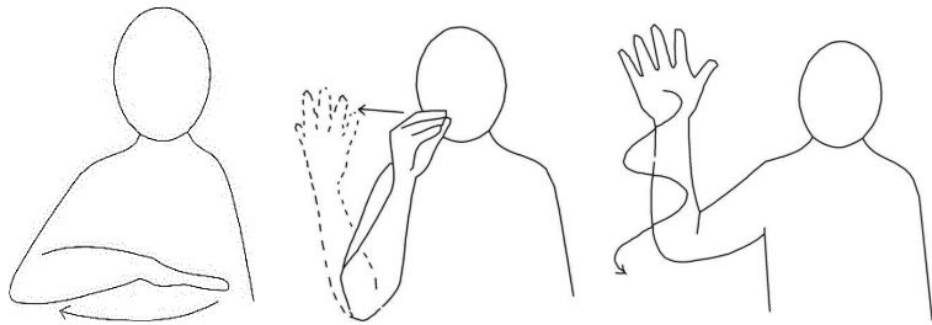


I see colours in the rainbows

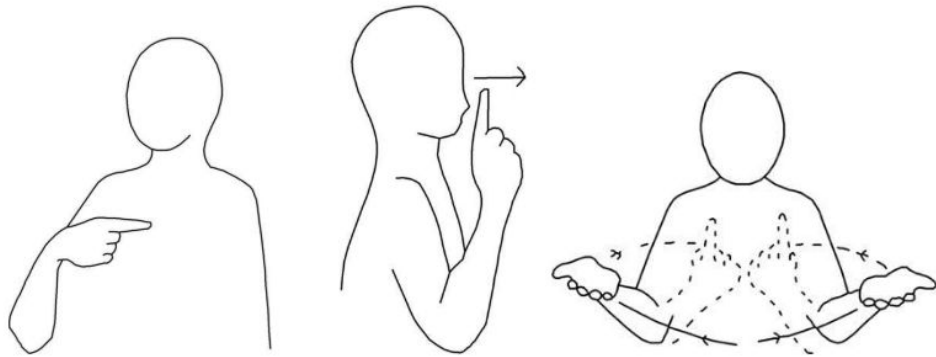


I see stars in the sky at night



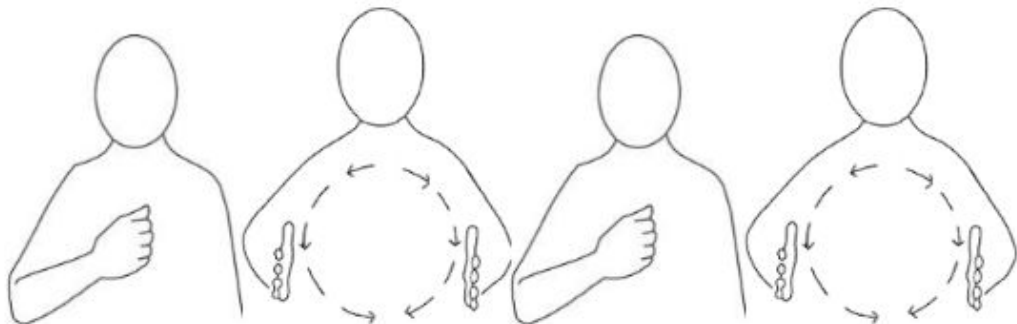


All the beautiful colours

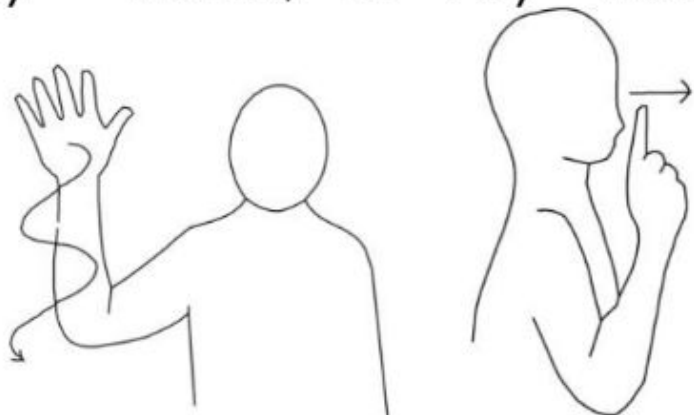


That I see make everything bright



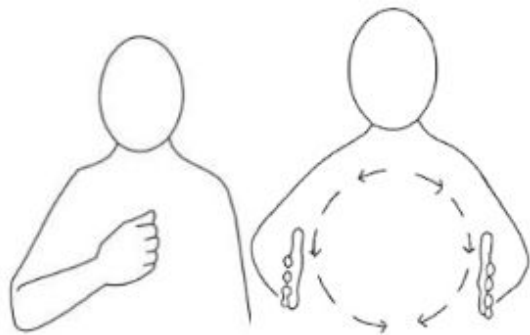


In my world, in my world



These are colours that I see





In my world

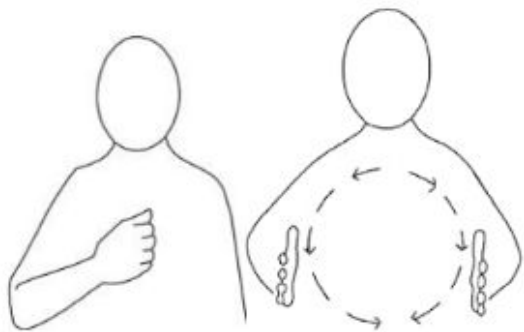


Right
hand
circles



That's what colours mean to me





In my world,



these are the colours.

